

WOODHALL SPA TRIATHLON 2013 - PROVISIONAL RESULTS

IF YOU HAVE AN ENQUIRY REGARDING THE RESULTS PLEASE CONTACT STEVE@JAGUARTIMING.CO.UK / IF YOU HAVE AN ENQUIRY REGARDING THE EVENT PLEASE CONTACT INFO@ONESTEPBEYOND.ORG.UK

Pos	Race No.	Name	Surname	Cat	Club	Team Name	Swim	T1	Bike	T2	Run	Finish
1	638	NICK	DUNN	M 30 - 34			5:30	0:37	35:40	0:32	16:09	58:25
2	648	MATTHEW	NELSON	M 20 - 24	HUUB TFN RT		5:13	0:39	35:52	0:36	17:42	59:59
3	649	MARK	REDWOOD	M 40 - 44	TFN TRI CLUB		5:42	0:42	36:42	0:29	17:09	1:00:43
4	645	CHRIS	JOYCE	M 25 - 29	HUUB TFN RT		5:23	0:34	38:09	0:30	16:49	1:01:22
5	642	SIMON	GEORGE	M 30 - 34	LINCOLN TRI CLUB		5:16	0:38	37:23	0:36	17:45	1:01:36
6	643	PETE	SHUTTLEWORTH	M 30 - 34	SHEFFIELD TRI CLUB		5:47	0:41	38:52	0:32	16:42	1:02:32
7	627	PATRICK	CUTMORE	M 15 - 19			6:04	0:40	37:45	0:34	18:11	1:03:11
8	609	AARON	WARD	M 25 - 29	BURNTWOOD TRIATHLON CLUB		6:41	0:48	37:42	0:36	17:29	1:03:14
9	634	CHRIS	PRATT	M 25 - 29	SPALDING TRI CLUB		5:52	0:40	38:23	0:35	17:49	1:03:16
10	637	ALEX	MEAD	M 30 - 34	MVH TRIATHLON CLUB		6:12	0:41	39:11	0:32	18:06	1:04:40
11	1	STEVEN	PALEY	M 35 - 39	LINCOLN TRI CLUB		6:01	0:35	38:19	0:31	19:26	1:04:49
12	595	SIMON	WOOD	M 45 - 49			7:25	0:55	38:42	0:42	17:24	1:05:05
13	591	JAMES	ROBINSON	M 35 - 39	CASSON COACHING		6:38	0:46	38:20	0:37	18:54	1:05:14
14	611	ROSS	MCGREGOR	M 25 - 29	LOUTH TRIATHLON CLUB		6:26	0:37	40:13	0:35	17:41	1:05:30
15	622	DARREN	JONES	M 45 - 49	CHARNWOOD TRIATHLON CLUB		6:25	0:51	39:20	0:42	18:15	1:05:30
16	632	ANDY	JOHNSON	M 45 - 49	LINCOLN TRI CLUB		5:42	0:57	38:42	0:47	19:37	1:05:43
17	562	STEVEN	WIGGLESWORTH	M 50 - 54	VEGETARIAN C&AC		7:40	0:58	37:43	0:46	18:47	1:05:53
18	644	JAMES	FEARN	M 20 - 24			5:14	0:45	41:45	0:51	17:22	1:05:56
19	625	JONO	BROMFIELD	M 25 - 29	LOUTH TRIATHLON CLUB		6:02	0:44	39:51	0:44	18:45	1:06:04
20	602	COLIN	WARDEN	M 30 - 34	DERBY TRIATHLON CLUB		7:05	0:50	39:23	0:40	18:33	1:06:30
21	584	MATTHEW	COTTON	M 20 - 24			6:51	0:43	39:33	0:43	18:48	1:06:37
22	574	ROLAND	EVANS	M 40 - 44			7:10	0:58	38:56	0:49	18:55	1:06:46
23	20	DEL	PITCHER	M 40 - 44	POLICE SPORT		5:13	0:41	42:27	0:40	17:58	1:06:57
24	487	ANTHONY	PHILBIN	M 40 - 44	LINCSQUAD		7:49	0:49	39:14	0:36	18:45	1:07:10
25	628	JOHN	DYER	M 35 - 39	TFN TRI CLUB		5:50	0:47	40:10	0:40	19:46	1:07:12
26	573	BOHDAN	DAWYD	M 20 - 24	NO LIMITS TRIATHLON AND RUNNING CLUB		6:55	1:01	39:39	0:58	18:48	1:07:19
27	599	DARREN	RIDOUT	M 35 - 39	BOLSOVER AND DISTRICT CYCLING CLUB		7:04	0:58	41:04	0:37	17:40	1:07:21
28	535	CHRIS	DAVIES	M 15 - 19	LINCOLN TRI CLUB		7:17	0:54	41:13	0:40	17:20	1:07:22
29	597	ALISTAIR	RUDD	M 50 - 54	SPALDING TRI CLUB		7:04	1:06	39:06	0:52	19:19	1:07:26
30	640	TOM	CURTIS	M 40 - 44			6:11	0:50	41:27	0:35	18:31	1:07:33
31	623	MARK	SPEED	M 40 - 44	LINCOLN TRI CLUB		6:15	0:46	40:49	0:44	19:24	1:07:57
32	9	DEREK	HAYDEN	M 30 - 34	TRI CAMP RACE TEAM		7:14	0:36	41:13	0:23	18:39	1:08:02
33	631	STEFAN	LAWRENCE	M 30 - 34	TRI-SL-TRAINING.COM		6:58	0:43	40:22	0:33	19:36	1:08:11
34	13	KYLE	CAMPBELL	M 40 - 44	LINCOLN TRI		6:20	0:52	40:48	0:55	19:31	1:08:24
35	434	CHRIS	KILBURN	M 25 - 29	ABSOLUTE TRIATHLON CLUB		8:51	0:46	40:57	0:31	17:33	1:08:37
36	502	ANDREW	RICHARDSON	M 45 - 49	VO2 MAXIMUM RT		8:04	0:40	41:30	0:39	17:46	1:08:37
37	620	MATTHEW	TAILBY	M 40 - 44	LEICESTER TRIATHLON CLUB		6:27	0:59	41:41	0:45	19:03	1:08:54
38	539	GARETH	CASTLEDINE	M 30 - 34	ABSOLUTE TRIATHLON CLUB		7:57	0:50	40:42	0:39	18:49	1:08:55
39	508	CHRIS	WORKMAN	M 25 - 29	KINGS LYNN TRIATHLON CLUB		8:01	1:07	39:18	0:41	20:19	1:09:23
40	497	ALAN	WHEELER	M 35 - 39	LINCOLN TRI CLUB		8:40	0:59	40:56	0:40	18:26	1:09:38
41	636	EMILIE	VERROKEN	F 35 - 39	LANGSETT CYCLE RACING TEAM		6:05	0:46	41:43	0:57	20:11	1:09:39
42	589	MARTIN	BALL	M 35 - 39	LOUTH TRIATHLON CLUB		6:48	0:50	42:33	0:30	19:02	1:09:41
43	577	THOMAS	THATCHER	M 25 - 29	LINCOLN TRI CLUB		7:29	0:39	43:09	0:31	18:05	1:09:52
44	621	MARK	JOHNSON	M 45 - 49			5:54	1:17	39:38	0:40	22:26	1:09:53
45	451	KARL	HUNT	M 35 - 39			9:15	0:47	39:22	0:39	19:59	1:10:01
46	568	PETER	ROSS	M 40 - 44			7:45	0:56	41:16	0:53	19:14	1:10:03

47	489	RICHARD	MARSHALL	M 30 - 34			8:01	0:53	41:51	0:39	18:53	1:10:15
48	572	DOUGLAS	MALCOLM	M 45 - 49	RAF TRI / LINCOLNTRI		8:06	0:42	42:00	0:47	18:42	1:10:15
49	547	SEAN	POWERS	M 35 - 39	ROYAL AIR FORCE TRIATHLON		7:33	0:45	41:49	0:36	19:53	1:10:34
50	543	RIC	LONGCAKE	M 30 - 34	LINCSQUAD		8:20	1:01	39:59	0:56	20:22	1:10:36
51	478	PAUL	AUBREY	M 45 - 49	LINCOLN TRI CLUB		8:33	1:00	38:54	0:47	21:33	1:10:44
52	629	LUKE	JOHNSON	M 20 - 24	LINCOLN TRI CLUB		5:37	0:46	44:44	0:33	19:24	1:11:03
53	650	LEE	CUTHBERT	M 40 - 44			6:47	1:04	42:48	0:55	19:35	1:11:08
54	495	MARK	JESZKE	M 35 - 39			7:55	0:42	41:43	0:38	20:11	1:11:08
55	580	JORDAN	BOAM	M 15 - 19	MANSFIELD TRIATHLON CLUB		7:34	0:56	44:48	0:34	17:19	1:11:09
56	518	DANIEL	TRIFFITT	M 25 - 29	GRIMSBY TRI CLUB		7:46	1:31	41:16	0:59	19:41	1:11:12
57	607	CHRIS	PITHEY	M 25 - 29			6:05	0:57	41:54	0:43	21:37	1:11:14
58	603	JON-PAUL	HEMMINGS	M 30 - 34			6:30	1:03	43:02	0:35	20:15	1:11:23
59	471	EDDIE	KNIGHTS	M 50 - 54	BASSETLAW TRIATHLON CLUB		8:20	0:32	42:05	0:34	19:58	1:11:26
60	284	IAN	SHAW	M 25 - 29			9:10	1:07	41:03	1:29	18:41	1:11:27
61	601	CHARLES	MUGGLESTONE	M 15 - 19	BRAT		6:47	0:55	44:14	0:49	19:07	1:11:50
62	520	ADAM	JOHNSTON	M 30 - 34			7:08	1:10	42:59	0:49	19:45	1:11:50
63	571	CALLUM	MCPARTLIN	M 20 - 24	SPALDING TRI CLUB							1:11:56
64	641	SEAN	CUFFLEY	M 25 - 29	LINCOLN TRI CLUB		5:36	1:16	44:25	0:51	19:50	1:11:57
65	512	MARK	EPTON	M 40 - 44	TFN TRI CLUB		8:30	1:24	41:03	0:47	20:24	1:12:06
66	592	NICK	BAILEY	M 40 - 44			7:10	0:52	43:57	0:44	19:28	1:12:09
67	483	ADAM	DALTON	M 25 - 29			8:38	0:47	44:34	0:37	17:40	1:12:15
68	519	ADAM	COX	M 30 - 34			7:30	1:08	42:12	0:54	20:42	1:12:24
69	427	ADAM	BAKER	M 15 - 19	LINCOLN WELLINGTON ATHLETICS CLUB		7:00	1:00	46:09	0:28	17:50	1:12:26
70	505	STEPHEN	WALKER	M 50 - 54			8:22	1:07	41:57	0:43	20:20	1:12:27
71	475	SAM	MULLENGER	M 25 - 29			7:20	0:44	43:30	0:41	20:20	1:12:32
72	581	SIMON	BEEDHAM	M 15 - 19	LINCSQUAD		6:19	1:04	41:45	0:35	22:52	1:12:33
73	567	LEE	GASKIN	M 30 - 34			7:50	1:19	40:34	0:58	21:57	1:12:37
74	515	MICHAEL	STAINES	M 55 - 59	SPALDING TRI CLUB		8:03	0:58	41:47	0:53	21:11	1:12:49
75	586	WES	PARKER	M 30 - 34			7:18	1:12	43:36	1:05	19:43	1:12:53
76	613	MARK	DOYLE	M 25 - 29	TFN TRI CLUB		7:12	1:24	43:26	0:42	20:18	1:13:01
77	606	LYDIA	ADELIN	F 30 - 34			7:29	0:50	42:12	0:44	21:52	1:13:06
78	435	JAMES	MURRAY	M 30 - 34			8:43	1:03	44:53	0:48	17:47	1:13:12
79	608	JAMES	GRAHAM	M 45 - 49	SPALDING TRI CLUB		6:57	0:55	42:30	0:53	22:00	1:13:13
80	283	IAN	DENNANT	M 25 - 29	LINCOLN TRI CLUB		7:01	1:12	46:00	0:54	18:09	1:13:15
81	345	MATTHEW	CLARKE	M 40 - 44	GRIMSBY TRI CLUB		9:01	1:22	41:15	0:50	20:50	1:13:16
82	527	BEN	RICHARDS	M 35 - 39	SPALDING TRI CLUB		7:56	1:15	42:27	1:23	20:22	1:13:20
83	404	KEIRAN	ASHCROFT	M 30 - 34			9:21	1:14	41:59	1:04	19:45	1:13:21
84	446	MIKE	CATLEY	M 35 - 39	SCUNTHORPE TRI CLUB		7:13	0:52	43:41	0:49	20:49	1:13:21
85	442	STEVE	BURTON	M 35 - 39	BABLES		8:54	1:01	41:47	0:47	20:58	1:13:26
86	433	MATT	HILL	M 25 - 29	RAF TRI		8:58	1:06	44:50	0:48	17:51	1:13:30
87	459	ROSS	TAYLOR	M 40 - 44	LINCOLN TRI CLUB		8:34	1:03	43:05	0:48	20:02	1:13:30
88	587	RICHARD	BROOKS	M 30 - 34			7:09	1:28	43:25	0:57	20:38	1:13:35
89	526	JOHN-PAUL	ASHTON	M 35 - 39	LEEDS BRADFORD TRIATHLON CLUB		7:07	0:48	45:10	0:38	20:05	1:13:45
90	583	AIDEN	BROWN	M 20 - 24			7:44	0:41	39:53	0:36	24:56	1:13:50
91	485	JIM	NYE	M 40 - 44			6:22	0:46	44:02	0:52	21:49	1:13:50
92	376	STUART	STOTT	M 40 - 44	LINCOLN WHEELERS		8:37	2:35	40:32	0:54	21:18	1:13:54
93	590	NIK	BADHAM	M 35 - 39	RAF TRI		7:23	1:04	44:22	0:52	20:25	1:14:05
94	553	DAVID	GREENWOOD	M 35 - 39			7:50	1:09	46:22	0:55	17:53	1:14:08
95	531	STEVE	BELL	M 45 - 49			6:49	1:35	43:27	0:58	21:24	1:14:11
96	356	DEAN	MELBOURNE	M 25 - 29			9:25	0:55	44:13	0:42	19:03	1:14:16

97	2	ROBERT	HARPER	M 25 - 29			6:57	1:04	45:50	0:55	19:37	1:14:22
98	516	GINNY	MILLS	F 35 - 39	NORTH DORSE TRI		8:05	1:18	43:46	0:56	20:22	1:14:25
99	188	JON	HULLIS	M 40 - 44			8:57	1:06	45:25	0:36	18:27	1:14:30
100	550	JAMIE	BUCKLAND	M 35 - 39	GI TRI		7:22	1:09	44:49	0:56	20:22	1:14:36
101	560	MARK	HOLLINGWORTH	M 45 - 49	LINCOLN TRI CLUB		7:01	0:44	44:39	0:55	21:25	1:14:41
102	441	MATTHEW	CRAVEN	M 30 - 34			8:18	1:01	42:45	1:04	21:37	1:14:42
103	635	MARTYN	MARGARSON	M 25 - 29	LOUTH DOLPHINS		5:43	1:03	47:04	0:38	20:34	1:15:00
104	273	JAMES	BRITTEN	M 40 - 44	BELVOIR TRIATHLON CLUB		8:47	1:12	43:24	0:46	20:53	1:15:00
105	466	STEVE	NEWCOMBE	M 45 - 49	ABSOLUTE TRIATHLON CLUB		8:33	1:32	44:19	0:54	19:57	1:15:14
106	357	JASON	LOVELL	M 25 - 29			8:31	0:55	45:37	0:49	19:27	1:15:16
107	292	RICHARD	JEX	M 35 - 39			8:35	1:07	44:31	0:47	20:23	1:15:21
108	605	CARL	HARRIS	M 30 - 34	SUN CITY TRI		6:10	1:16	46:14	0:52	20:52	1:15:23
109	513	EDWARD	HOLLIDAY	M 45 - 49	SPALDING TRI CLUB		8:09	0:59	42:11	0:59	23:18	1:15:34
110	373	ROB	GILFOYLE	M 40 - 44	LINCOLN TRI CLUB		9:21	1:00	39:44	1:33	24:01	1:15:36
111	569	JOHN	CAMERON	M 45 - 49	GRIMSBY TRI CLUB		7:14	1:14	42:43	0:53	23:40	1:15:43
112	3	GREG	CLARKE	M 40 - 44	SOUTH AXHOLME SHARKS SWIMMING CLUB		6:00	0:39	45:24	0:43	23:01	1:15:43
113	617	OLLIE	LORD	M 35 - 39	RETFORD AC		7:34	0:56	44:16	0:52	22:11	1:15:46
114	14	JONATHAN	GOODHAND	M 50 - 54			9:54	0:55	43:57	1:29	19:38	1:15:52
115	488	DAVID	REGLER	M 45 - 49	GRIMSBY TRI CLUB		8:32	1:17	43:44	0:55	21:26	1:15:53
116	480	AIMEE	STOCKER	F 30 - 34	SPALDING TRI CLUB		8:59	0:46	44:03	0:45	21:24	1:15:55
117	443	CLAIRE	MACKINDER	F 25 - 29			7:54	0:52	44:28	1:03	21:43	1:15:57
118	565	CHRISTOPHER	BROWN	M 55 - 59			8:12	1:11	45:01	0:53	20:47	1:16:02
119	396	AMY	GROCOCK	F 30 - 34			9:02	1:07	44:28	0:45	20:46	1:16:06
120	369	TIM	ROBINSON	M 35 - 39			8:36	1:02	45:04	0:38	20:48	1:16:06
121	463	SEAN	HUTCHINGS	M 40 - 44	LOUTH TRIATHLON CLUB		7:56	1:09	45:15	0:49	21:00	1:16:08
122	523	GARY	MARTIN	M 40 - 44	GRIMSBY TRI CLUB		7:43	1:02	44:09	0:57	22:19	1:16:09
123	506	MICK	DAVENPORT	M 50 - 54			8:25	1:13	44:23	1:11	21:00	1:16:10
124	499	RICHARD	PARRY	M 40 - 44	TEAM MANVERS		8:11	0:54	44:16	0:41	22:11	1:16:12
125	328	CRAIG	TAYLOR	M 30 - 34			10:36	1:07	45:40	0:32	18:19	1:16:13
126	410	WAYNE	KEW	M 50 - 54	MABLETHORPE RUNNING CLUB		8:46	1:02	45:41	0:35	20:11	1:16:13
127	467	RUSSELL	PARKER	M 45 - 49			8:49	0:55	43:22	1:14	21:55	1:16:14
128	596	SANDY	TELFER	M 50 - 54	SLEAFORD STRIDERS		9:17	1:03	41:50	0:43	23:25	1:16:17
129	501	PAUL	DISNEY	M 45 - 49	SALTAIRE STRIDERS		7:29	1:06	47:15	0:55	19:35	1:16:18
130	394	STEVE	SWALLOW	M 45 - 49			8:07	1:15	43:30	1:05	22:28	1:16:23
131	541	KEVIN	CURRELL	M 30 - 34	CHARNWOOD TRIATHLON CLUB		7:51	1:19	44:15	1:17	21:45	1:16:25
132	511	SAMUEL	SMITH	M 35 - 39			7:20	1:28	45:05	1:02	21:34	1:16:26
133	616	MARK	MURPHY	M 35 - 39			6:56	2:07	46:57	0:36	20:01	1:16:36
134	465	UVES	WOOD	M 45 - 49	RN/RM TRI CLUB		8:04	1:08	44:39	1:00	21:51	1:16:41
135	448	GARY	HOWDEN	M 35 - 39	GRIMSBY TRI CLUB		8:18	2:08	45:19	0:51	20:07	1:16:41
136	566	EWEN	MACRURY	M 20 - 24	KNUTSFORD TRIATHLON CLUB		6:57	1:13	44:30	1:11	23:01	1:16:50
137	491	DAVE	GATES	M 55 - 59	LINCOLN TRI CLUB		8:30	0:53	42:52	0:50	23:47	1:16:51
138	530	ROY	JACKSON	M 45 - 49	LINCOLN TRI CLUB		7:28	0:49	45:20	0:45	22:48	1:17:08
139	316	PETER	PRYKE	M 45 - 49			9:18	1:27	44:47	1:06	20:36	1:17:13
140	524	EDDIE	CURRY	M 40 - 44	ABSOLUTE TRIATHLON CLUB		7:58	0:51	45:41	0:53	21:52	1:17:13
141	216	RACHEL	LOVE	F 40 - 44	LINCSQUAD		9:42	1:02	45:01	0:43	20:53	1:17:18
142	326	BEN	RUSSELL	M 35 - 39			8:16	1:17	43:19	1:03	23:32	1:17:25
143	559	ADRIAN	CLARK	M 40 - 44	GI TRI		7:23	1:12	47:50	0:53	20:13	1:17:29
144	614	NEIL	STEVENS	M 25 - 29			7:01	1:04	45:21	0:59	23:08	1:17:30
145	403	INNES	BOYD	M 35 - 39	ARMY TRI		7:48	0:57	46:53	0:45	21:22	1:17:42
146	647	WILLIAM	JOLLY	M 20 - 24			5:04	1:21	44:36	1:04	25:47	1:17:49

147	453	MATTHEW	BLOCKLEY	M 40 - 44			9:13	2:00	44:28	1:21	20:51	1:17:51
148	496	CHRIS	BAKER	M 35 - 39	JUST ME		8:35	1:13	44:27	0:46	22:58	1:17:57
149	630	HELEN	CROSSLEY	F 40 - 44	BASSETLAW TRIATHLON CLUB		6:14	0:58	46:05	0:57	23:48	1:18:00
150	533	SAM	BROOMHEAD	M 15 - 19			6:11	0:56	50:41	0:45	19:36	1:18:07
151	536	RUDY	MAWER BELLINGHAM	M 20 - 24	LEICESTER TRIATHLON CLUB		7:51	0:58	46:38	0:54	21:53	1:18:14
152	509	TIM	MORAN	M 35 - 39			6:58	1:29	46:30	1:03	22:19	1:18:16
153	274	ADAM	WESTROP	M 40 - 44			9:15	1:15	43:45	0:46	23:18	1:18:17
154	476	IAN	WINGFIELD	M 40 - 44			7:28	1:07	46:18	0:43	22:45	1:18:19
155	200	DUNCAN	WORRELL	M 40 - 44			10:17	1:25	46:08	1:04	19:30	1:18:23
156	517	MARTIN	ATTRUP	M 50 - 54	LINCOLN TRI CLUB		7:18	1:59	46:04	1:04	22:04	1:18:26
157	456	BO	HAYWOOD	F 15 - 19	LINCOLN TRI		6:54	0:57	47:51	0:35	22:15	1:18:30
158	339	VANCE	OWEN	M 50 - 54	SOUTHWELL RUNNING CLUB		9:15	1:10	44:01	1:13	22:56	1:18:33
159	296	PAUL	DAWSON	M 35 - 39			7:00	1:15	48:05	1:02	21:16	1:18:35
160	165	STEVEN	WHITE	M 25 - 29			8:04	1:16	46:21	1:21	21:37	1:18:38
161	406	ANDREW	KITCHEN	M 40 - 44	SHEFFIELD TRI CLUB		9:27	1:04	45:13	0:44	22:17	1:18:44
162	490	DAVID	FOSTER	M 45 - 49	LINCOLN TRI CLUB		8:08	1:25	47:38	1:05	20:30	1:18:44
163	557	PAUL	STOKER	M 40 - 44	STAMFORD TRI CLUB		9:00	1:20	45:05	0:58	22:27	1:18:48
164	561	DAVID	MCGILL	M 50 - 54	SPALDING TRI CLUB		7:53	0:47	49:06	0:38	20:32	1:18:54
165	464	RICHARD	DANNATT	M 40 - 44			8:17	0:51	46:55	0:45	22:10	1:18:56
166	223	MARTIN	WOOD	M 55 - 59	LINCOLN TRI / LINCOLNSHIRE POLICE		10:37	1:00	45:33	0:51	20:59	1:18:57
167	514	TOM	DREW	M 45 - 49	SPALDING TRI CLUB		8:37	1:09	48:01	0:46	20:27	1:18:58
168	392	PHIL	WALKER	M 40 - 44	LINCOLN TRI CLUB		8:22	1:13	46:11	1:01	22:23	1:19:08
169	408	CHARLOTTE	WILLIAMSON	F 40 - 44	LINCOLN TRI CLUB		8:20	1:07	45:42	0:52	23:11	1:19:10
170	331	NEIL	MITCHELL	M 30 - 34	SKEGNESS COASTERS		10:27	1:24	46:46	1:27	19:16	1:19:19
171	334	JULIAN	BEAVIS	M 45 - 49	SPALDING TRI CLUB		9:40	0:46	45:06	0:58	22:59	1:19:26
172	469	TIM	WALKER	M 45 - 49			9:40	1:16	44:57	1:04	22:35	1:19:30
173	564	LIZ	FLEUTY	F 40 - 44	LINCOLN TRI CLUB		7:45	1:03	46:57	0:56	22:54	1:19:33
174	361	MATTHEW	CLELLAND	M 25 - 29			9:32	1:11	44:18	1:01	23:34	1:19:34
175	309	DAVID	ROUSE	M 45 - 49	GRIMSBY TRI CLUB		8:39	1:08	47:25	0:58	21:28	1:19:37
176	417	DEAN	LILEY	M 45 - 49			9:00	1:17	46:21	0:49	22:12	1:19:37
177	418	ANDREW	BLACKBURN	M 45 - 49	LINCOLNSHIRE FIRE & RESCUE		8:03	1:01	46:38	0:59	22:59	1:19:37
178	438	EMMA	MARSHALL-TELFER	F 40 - 44	PSOF		9:04	0:56	45:54	0:56	22:52	1:19:40
179	206	MARK	WHEELER	M 45 - 49			8:16	1:21	46:51	0:36	22:37	1:19:41
180	195	ANDREW	BROWN	M 40 - 44			9:16	1:33	45:36	1:07	22:11	1:19:41
181	381	ANDREW	SOUTHGATE	M 45 - 49			8:39	0:52	47:40	0:41	21:55	1:19:45
182	344	ANDY	WEBB	M 60 +			10:09	1:07	46:45	0:54	20:52	1:19:45
183	579	MARK	NEEDHAM	M 50 - 54			7:09	1:15	45:53	0:31	24:59	1:19:46
184	436	JULIO	REBOLLAR	M 30 - 34			8:11	1:33	48:09	2:10	19:44	1:19:46
185	268	DAVID	WATT	M 50 - 54	NOTFAST		8:39	1:20	47:34	1:00	21:15	1:19:47
186	474	KATY	JOHNSON	F 25 - 29	STAMFORD TRI CLUB		7:31	0:46	49:30	0:45	21:17	1:19:48
187	10	MARK	RUHIER	M 45 - 49	LOUTH TRIATHLON CLUB		8:59	1:14	47:21	1:18	20:58	1:19:49
188	202	TIM	TANNER	M 45 - 49	LINCOLN TRI CLUB		8:24	1:11	46:57	1:00	22:32	1:20:01
189	153	SIMON	JONES	M 40 - 44	BALANCED PERFORMANCE		9:59	1:39	47:09	0:37	20:39	1:20:02
190	298	MICHAEL	BEAMAN	M 40 - 44			10:14	1:20	46:08	1:07	21:18	1:20:06
191	302	ANDREW	CLARK	M 40 - 44	LINCOLN TRI CLUB		8:54	0:48	46:10	0:38	23:38	1:20:06
192	498	DIANE	PARPERIS	F 45 - 49	STAMFORD TRI CLUB		8:34	1:12	45:32	0:55	23:56	1:20:06
193	542	ADAM	WORTHINGTON	M 30 - 34	SKEGNESS RUNNING CLUB		7:29	1:16	48:06	1:04	22:13	1:20:07
194	272	CRAIG	FLEMING	M 35 - 39	LINCOLN TRI CLUB		8:48	1:28	47:42	1:08	21:06	1:20:09
195	280	GRAEME	MCGILL	M 15 - 19			9:03	1:50	46:56	1:31	20:55	1:20:13
196	494	CHRIS	COVELEY	M 30 - 34	LOUTH TRIATHLON CLUB		9:22	1:10	48:40	1:15	19:54	1:20:20

197	98	PAUL	DAGG	M 35 - 39	LINCSQUAD		11:23	1:23	47:21	1:22	18:56	1:20:24
198	208	CHRIS	LOCKETT	M 45 - 49	STAMFORD TRI CLUB		8:08	1:42	48:30	1:04	21:01	1:20:24
199	529	MARK	ROWSELL	M 40 - 44			8:04	1:27	48:32	1:05	21:21	1:20:26
200	421	MARK	WILLIAMS	M 35 - 39			7:54	1:40	47:25	1:03	22:26	1:20:28
201	624	LEILA	CHERRY	F 25 - 29			7:03	1:13	50:09	0:38	21:34	1:20:35
202	525	GLENN	BONNER	M 25 - 29	LOUTH TRIATHLON CLUB		8:24	1:10	46:19	0:43	24:09	1:20:42
203	399	MARK	BAILEY	M 40 - 44	BELVOIR TRI CLUB		8:19	1:09	45:15	1:01	25:01	1:20:43
204	183	PHIL	ABBOTT	M 40 - 44	LONG EATON RC		10:11	1:46	48:29	1:20	19:06	1:20:50
205	277	DAMON	HEDGES	M 40 - 44			9:32	1:28	46:36	1:03	22:14	1:20:52
206	171	MATHEW	SKUDDER	M 35 - 39			9:01	1:24	47:51	0:40	22:01	1:20:55
207	401	LUCY	SHAKESPEARE	F 30 - 34	RACING TNT		8:48	1:53	47:45	1:11	21:29	1:21:04
208	184	ANTONIO	COLONNA	M 40 - 44			10:04	1:17	46:57	1:00	21:49	1:21:05
209	343	GARY	HEATH	M 55 - 59			10:56	1:06	47:31	1:09	20:25	1:21:05
210	551	CHRIS	EARL	M 35 - 39	SHEFFIELD TRI CLUB		7:43	0:57	48:16	0:49	23:29	1:21:12
211	74	MICHAEL	HELLAND	M 50 - 54			9:25	2:00	46:58	1:03	21:57	1:21:21
212	137	ALISON	JENKINS	F 35 - 39	LINCOLN TRI CLUB		11:18	1:10	47:08	0:36	21:14	1:21:24
213	238	DAVE	ASHER	M 30 - 34			9:13	1:10	46:40	0:53	23:37	1:21:30
214	148	PETE	CROZIER	M 40 - 44			10:15	2:17	45:30	1:24	22:07	1:21:31
215	311	CLAIRE	ETCHES	F 40 - 44			8:34	1:24	47:17	1:18	23:01	1:21:32
216	367	PAUL	LOGAN	M 35 - 39			9:26	1:16	45:12	0:48	24:56	1:21:37
217	449	JACQUI	GRAY	F 35 - 39	LINCOLN TRI CLUB		8:03	0:55	50:18	0:40	21:53	1:21:47
218	290	MIKE	GALLAGHER	M 30 - 34			9:49	2:54	46:58	2:22	19:48	1:21:48
219	346	RUSSELL	CLARKE	M 45 - 49	FORMULA ONE		9:32	1:58	45:44	1:26	23:11	1:21:49
220	244	CHRIS	ELLIS	M 40 - 44	BOSTON YELLOVELO CYCLING CLUB		9:56	1:34	45:40	0:58	23:42	1:21:49
221	588	BEV	HENDLEY	F 50 - 54			7:37	1:05	48:15	1:09	23:54	1:21:58
222	400	ADAM	BRADLEY	M 45 - 49			9:42	2:02	48:05	1:07	21:06	1:22:00
223	327	MICHAEL	ARMSTRONG	M 50 - 54			11:29	1:24	47:45	0:58	20:26	1:22:01
224	618	KAYLEIGH	ADAMS	F 15 - 19			6:02	1:03	52:15	0:45	22:04	1:22:07
225	304	RICHARD	VINCENT	M 40 - 44	SKEGNESS TRISTARS TRIATHLON CLUB		9:17	0:49	48:12	0:37	23:15	1:22:08
226	397	THOMAS	WHALEN	M 45 - 49	LINCOLN TRI CLUB		9:56	1:47	44:36	1:07	24:49	1:22:14
227	189	JOHN	ARMSTRONG	M 40 - 44			9:40	1:18	47:05	1:16	23:04	1:22:21
228	411	JOHN	WILLIAMSON	M 55 - 59	TEAM TIMMY/LINCOLN TRI		9:17	2:00	46:40	0:56	23:31	1:22:23
229	355	LUKE	CUSHEN	M 20 - 24	DURHAM UNIVERSITY CYCLING CLUB		8:07	1:57	46:27	1:11	24:45	1:22:23
230	576	ANGELA	MCGILL	F 40 - 44	SPALDING TRI CLUB		7:24	1:09	49:11	0:53	23:50	1:22:25
231	472	KARL	BROWN	M 50 - 54			9:41	1:17	46:11	1:09	24:10	1:22:26
232	226	LAWRENCE	COLLINS	M 35 - 39			10:43	1:38	47:32	1:10	21:31	1:22:32
233	257	TESSA	LANGLEY	F 25 - 29	VC BREAD & BITTER		9:18	1:08	45:45	1:01	25:22	1:22:33
234	249	ROYSTON	PLUMLEY	M 40 - 44			10:17	1:38	47:07	1:09	22:25	1:22:35
235	58	STEPHEN	POTTER	M 50 - 54	LINDSEY ROADS CYCLING CLUB		12:27	1:37	45:30	1:26	21:39	1:22:37
236	457	CHRISTOPHER	HYDE	M 40 - 44			8:12	1:33	49:23	0:44	22:48	1:22:37
237	414	JULIE	KITCHEN	F 45 - 49	LINCOLN TRI CLUB		8:08	1:34	48:30	1:11	23:20	1:22:41
238	548	SCOTT	LANE	M 35 - 39	RETFORD		7:42	1:10	49:49	0:54	23:09	1:22:42
239	405	EUAN	CHRISTER	M 35 - 39			8:09	1:17	46:24	0:51	26:13	1:22:51
240	147	ANDY	BARRON	M 40 - 44			10:17	1:57	48:47	0:51	21:06	1:22:55
241	213	DAVE	WORSDALL	M 50 - 54			9:45	1:04	45:13	1:03	25:54	1:22:57
242	28	ANDY	LEGGETT	M 50 - 54			10:00	2:18	47:41	1:40	21:22	1:22:58
243	320	TONY	FOREMAN	M 50 - 54	MANSFIELD TRIATHLON CLUB		9:56	1:40	48:46	1:05	21:33	1:22:59
244	248	MARTYN	JENKINS	M 40 - 44			9:05	2:03	48:21	0:39	22:53	1:22:59
245	255	RICHARD	CONWAY	M 45 - 49	LOUTH TRIATHLON CLUB		9:04	1:22	46:46	1:43	24:13	1:23:06
246	229	NIGEL	EASTAUGH	M 50 - 54			11:01	1:27	46:07	1:07	23:28	1:23:08

247	333	JIM	PRYKE	M 45 - 49	DERBY TRIATHLON CLUB		9:28	1:35	47:33	1:05	23:38	1:23:17
248	207	NIGEL	THOMPSON	M 45 - 49			8:51	2:01	49:58	0:50	21:45	1:23:23
249	271	STEVE	ROBINSON	M 50 - 54	LINCOLN TRI CLUB		9:32	0:57	45:51	0:39	26:26	1:23:24
250	646	DANIEL	CHALLIS	M 15 - 19	LOUTH DOLPHINS SWIMMING CLUB		5:20	1:24	52:45	1:17	22:42	1:23:26
251	256	SIMON	MOSS	M 45 - 49			10:03	1:12	47:18	1:12	23:44	1:23:26
252	241	PETER	NICHOLLS	M 30 - 34	SKEGNESS TRISTARS TRIATHLON CLUB		11:03	1:31	48:36	0:51	21:28	1:23:27
253	507	BRUCE LEE	NAYLOR	M 55 - 59	SAS SWIMMING CLUB EPWORTH		8:01	0:58	46:59	0:58	26:36	1:23:30
254	423	TOM	HAMLIN	M 15 - 19			9:51	1:32	49:23	1:39	21:09	1:23:33
255	363	JONATHAN	KEY	M 30 - 34			9:03	1:34	47:05	1:04	24:52	1:23:36
256	313	ANDREW	BOOKER	M 45 - 49			9:06	1:22	46:53	1:13	25:05	1:23:38
257	492	SARAH	MAPLETHORPE	F 25 - 29			7:58	1:40	49:56	0:55	23:14	1:23:40
258	310	STEPHEN	ROWBOTHAM	M 45 - 49			10:08	1:31	48:52	1:06	22:07	1:23:43
259	212	JOHN	SPENCER	M 50 - 54	TEAM MANVERS		10:52	1:31	47:57	1:23	22:02	1:23:44
260	242	CHRIS	AMIS	M 35 - 39			11:06	2:39	48:38	1:22	20:02	1:23:44
261	391	PERRY	RICHARD	M 55 - 59	GRIMSBY TRI CLUB		9:27	1:27	49:23	1:24	22:12	1:23:50
262	600	HANNAH	HODGSON	F 35 - 39			7:07	1:39	51:49	1:17	22:12	1:24:02
263	500	MARTIN	JESSOP	M 40 - 44			9:09	1:14	49:20	0:38	23:47	1:24:06
264	80	IAN	SMITH	M 45 - 49	LOUTH TRIATHLON CLUB		10:18	1:20	48:28	0:53	23:18	1:24:15
265	366	VICKY	CLARKE	F 35 - 39	STAMFORD TRI CLUB		9:16	1:18	48:49	0:50	24:06	1:24:17
266	350	STEWART	MACKENZIE	M 55 - 59			10:01	2:53	46:32	0:53	24:08	1:24:25
267	349	MICHAEL	SAMPSON	M 30 - 34	EVOLVED ENERGY		8:36	1:35	47:14	1:26	25:37	1:24:26
268	409	ANDREW	CASSIDY	M 45 - 49			9:43	2:01	48:06	1:06	23:39	1:24:33
269	215	KERRY	DREWERY	F 40 - 44	LOUTH TRIATHLON CLUB		9:43	1:04	50:22	0:50	22:39	1:24:35
270	351	KYLE	CLOUGH	M 40 - 44			8:16	1:00	49:33	0:54	24:59	1:24:40
271	330	CLAIRE	CLOUGH	F 35 - 39			8:42	1:13	50:59	1:01	22:51	1:24:45
272	387	JOHN	HUBBARD	M 50 - 54			9:59	1:35	50:44	0:47	21:49	1:24:52
273	358	LUKE	LOVELL	M 25 - 29			8:45	1:01	49:09	0:50	25:13	1:24:57
274	338	DAVID	LEE	M 50 - 54			8:49	1:20	48:59	1:11	24:40	1:24:57
275	52	PETER	JOYCE	M 40 - 44			9:23	1:49	49:50	1:00	22:59	1:24:59
276	151	DAVE	HARRIS	M 50 - 54			12:29	1:20	46:34	1:06	23:34	1:25:00
277	170	MATTHEW	BAILEY	M 30 - 34			9:34	1:24	43:53	0:51	29:26	1:25:07
278	230	RICHARD	BARNFATHER	M 40 - 44			10:55	1:31	48:51	0:44	23:15	1:25:14
279	190	ROB	TAYLOR	M 40 - 44			10:16	1:51	48:15	0:52	24:06	1:25:18
280	430	PHIL	TOWERSEY	M 25 - 29			8:22	1:02	48:35	0:35	26:48	1:25:20
281	87	NICHOLAS	GIBBS	M 30 - 34			9:06	2:12	52:13	0:38	21:12	1:25:20
282	479	JOHN	MAHER	M 45 - 49	BASSETLAW TRIATHLON CLUB		9:22	1:07	50:22	1:02	23:30	1:25:21
283	445	MIKE	BELL	M 35 - 39			10:28	1:08	48:13	1:14	24:20	1:25:22
284	199	MARK	DOUGHTY	M 35 - 39			11:31	1:16	47:56	0:58	23:46	1:25:25
285	130	DEAN	HOLVEY-HUTCHINSON	M 40 - 44			9:33	1:54	46:00	1:17	26:46	1:25:28
286	477	KEITH	DUNKINSON	M 45 - 49			7:51	2:21	47:32	1:18	26:30	1:25:30
287	308	RICHARD	STUART	M 40 - 44	LOUTH TRIATHLON CLUB		11:22	0:59	49:00	1:02	23:10	1:25:30
288	265	CARL	HUGHES	M 45 - 49			10:35	1:39	46:23	1:14	25:46	1:25:34
289	385	STEVEN	MARSHALL	M 45 - 49			10:06	1:36	50:26	1:21	22:09	1:25:37
290	359	CLAIRE	DUFFIN	F 40 - 44	RIPLEY RUNNING CLUB		8:46	1:27	50:47	0:55	23:44	1:25:37
291	426	GEORGINA	JENNINGS	F 60 +	PACTRAC		8:46	1:21	47:11	1:08	27:19	1:25:44
292	455	SALLY	LADLOW	F 40 - 44			8:20	1:32	49:56	1:18	24:57	1:26:01
293	412	JOHN	JOYCE	M 55 - 59			10:28	1:21	49:10	1:16	23:50	1:26:03
294	99	CHRIS	HART	M 40 - 44	LINCOLN TRI CLUB		13:29	1:55	46:23	1:19	22:59	1:26:03
295	380	RAY	BLACK	M 45 - 49			8:11	1:22	48:22	0:51	27:30	1:26:14
296	353	SOPHIE	WOOD	F 35 - 39	LINCSQUAD		8:17	1:07	53:08	0:39	23:07	1:26:17

297	315	HAMISH	MCCONCHIE	M 45 - 49			10:40	1:22	49:49	0:58	23:34	1:26:21
298	281	RACHEL	NEEDHAM	F 20 - 24	GI TRI		8:39	1:16	53:29	0:40	22:26	1:26:29
299	432	SADIE	AUBREY	F 40 - 44	LINCOLN TRI CLUB		8:16	1:09	51:37	1:11	24:18	1:26:30
300	570	REBECCA	DESERTIAUX	F 40 - 44			7:08	1:27	52:08	1:09	24:47	1:26:38
301	285	MARTIN	BARRACLOUGH	M 25 - 29	TFN TRI CLUB		9:07	1:12	50:19	1:28	24:35	1:26:39
302	175	GAVIN	SKUDDER	M 35 - 39			10:42	1:42	51:30	0:37	22:12	1:26:42
303	94	LEIGH	MACDONALD	M 25 - 29	LINCOLN TRI CLUB		12:59	2:41	51:12	0:45	19:07	1:26:42
304	278	CHRIS	BATES	M 50 - 54	LINCOLN TRI CLUB		9:51	1:43	47:07	1:03	27:15	1:26:57
305	450	JANE	CLARKE	F 35 - 39	LINCSQUAD		9:33	1:41	51:45	1:09	22:54	1:27:00
306	254	MICHAEL	BUTTERICK	M 40 - 44			9:25	1:54	51:35	1:30	22:42	1:27:05
307	141	PETER	ROBINSON	M 55 - 59			11:30	2:39	47:08	1:20	24:30	1:27:05
308	610	ADAM	GRANT	M 25 - 29	RAF TRI		6:31	0:46	57:53	0:38	21:22	1:27:07
309	303	BOB	CARRUTHERS	M 40 - 44	LINCOLN TRI CLUB		7:53	0:59	51:06	0:43	26:28	1:27:07
310	124	ANDY	EVISON	M 35 - 39			10:21	1:57	49:53	1:20	23:39	1:27:08
311	177	MARC	WALKER	M 35 - 39			9:08	1:48	48:41	1:07	26:28	1:27:09
312	425	ALISON	WRIGHT	F 50 - 54			8:50	1:15	51:39	0:38	24:57	1:27:17
313	219	GREG	ELLIOTT	M 50 - 54			9:11	5:14	47:29	1:59	23:28	1:27:19
314	44	DAVID	ROBINSON	M 35 - 39			7:36	1:52	52:08	0:58	24:49	1:27:21
315	537	STUART	MEANWELL	M 25 - 29			10:15	1:49	51:04	0:45	23:31	1:27:22
316	117	ALAN	HAYWARD	M 45 - 49	SYTRI (SHREWSBURY TRIATHLON)		9:44	2:54	45:54	1:11	27:45	1:27:26
317	129	IAN	SACKREE	M 40 - 44			11:44	1:24	49:46	1:20	23:19	1:27:30
318	132	RACHEL	SHELDON	F 35 - 39	LINCOLN TRI CLUB		11:47	1:36	52:46	1:08	20:19	1:27:34
319	370	DANIEL	REDDINGS	M 40 - 44			8:55	2:09	51:39	1:22	23:35	1:27:38
320	552	SARAH	SCOTT	F 25 - 29			9:39	1:43	52:07	0:52	23:29	1:27:48
321	325	REBECCA	SHARROCK	TEAM		WE'RE TRI-ING	8:43	0:49	50:38	0:44	27:06	1:27:58
322	444	JESSICA	LEONARD	F 30 - 34			7:32	1:52	53:04	1:23	24:12	1:28:02
323	470	PAUL	GREEN	M 45 - 49	SLEAFORD TOWN RUNNERS		8:55	2:29	52:45	1:17	22:38	1:28:02
324	27	CHRISTOPHER	LISTON	M 30 - 34			8:50	2:38	51:23	1:39	23:37	1:28:04
325	386	SIMON	GALLON	M 50 - 54			10:18	1:34	50:17	1:17	24:41	1:28:05
326	300	JESSICA	COVELEY	F 35 - 39	LOUTH TRIATHLON CLUB		8:35	1:12	54:35	1:16	22:41	1:28:17
327	178	SIMON	LAMBERT	M 35 - 39			8:38	1:44	53:31	1:00	23:31	1:28:23
328	546	ROSALIND	COOPER	F 15 - 19			6:44	1:05	56:36	0:36	23:25	1:28:23
329	481	PAUL	ELGENIA	M 45 - 49			7:24	1:48	50:19	1:30	27:26	1:28:25
330	372	ANNETTE	WYLD	F 45 - 49	PACTRAC		8:32	1:18	46:28	1:24	30:46	1:28:26
331	701	KAREN	HAMES	F 55 - 59	GRIMSBY TRI CLUB		8:26	0:52	55:33	0:49	22:57	1:28:36
332	266	RODDY	CLYNES	M 45 - 49			9:11	1:53	50:45	0:57	25:52	1:28:36
333	420	CHRISTINE	HORROCKS	F 45 - 49			8:16	2:12	50:57	1:27	25:51	1:28:42
334	267	DAVID	SIMPSON	M 45 - 49			8:58	1:58	51:07	1:17	25:24	1:28:42
335	46	ADAM	CORMACK	M 35 - 39			14:15	2:09	48:41	0:50	22:55	1:28:48
336	337	MARK	GABBITAS	M 45 - 49			9:45	1:51	51:58	0:49	24:30	1:28:52
337	352	OLIVER	ROYLANCE	M 15 - 19			9:16	2:49	55:58	0:40	20:21	1:29:02
338	382	ANDREW	DIXON	M 45 - 49			9:07	1:23	48:19	0:57	29:23	1:29:06
339	297	CHARLES	PATRICK	M 40 - 44			5:06	1:32	56:07	1:09	25:15	1:29:08
340	194	GRAEME	ROSS	M 40 - 44			12:16	1:39	49:38	1:18	24:28	1:29:17
341	182	BRIAN	DARRINGTON	M 40 - 44			10:13	1:40	53:33	1:06	22:51	1:29:21
342	486	SARAH	TURNER	F 25 - 29			6:56	1:36	51:28	1:32	27:56	1:29:25
343	362	DAVID	CROSS	M 30 - 34			9:47	1:18	50:16	0:55	27:15	1:29:29
344	582	NICOLA	WEBB	F 45 - 49			8:16	1:01	52:57	1:01	26:19	1:29:31
345	288	HELEN	BONNER	F 30 - 34			9:59	1:01	51:00	1:23	26:15	1:29:36
346	263	KATE	SIMONS	F 35 - 39	LOUTH TRIATHLON CLUB		10:09	1:05	52:04	0:41	25:45	1:29:42

347	225	PAUL	DUNCAN	M 60 +	LINCOLN TRI/DUNSTON DUCKS		10:27	1:37	50:14	1:05	26:22	1:29:44
348	416	RUTH	ROWSELL	F 30 - 34			8:56	1:16	49:41	1:08	28:47	1:29:47
349	291	DAVID	ROBSON	M 35 - 39			8:34	1:35	48:57	1:29	29:18	1:29:51
350	104	NEILL	MISON	M 45 - 49	FERNWOOD RUNNING CLUB		13:41	3:09	49:37	1:08	22:21	1:29:54
351	633	ROSS	LITTLE	TEAM		LITTLE AIREY BINGHAM	7:17	0:57	1:00:16	0:35	20:54	1:29:56
352	162	CAT	BADHAM	F 35 - 39			9:31	1:13	52:30	0:33	26:17	1:30:01
353	368	KEVIN	ORNSBY	M 35 - 39	LINCSQUAD		8:44	0:58	52:33	0:54	26:58	1:30:05
354	4	SCOTT	HILL	M 25 - 29	GI TRI/OSB		8:12	1:15	50:44	0:51	29:06	1:30:07
355	224	GLENN	RAVEN	M 55 - 59			11:35	2:16	51:28	1:13	23:46	1:30:16
356	152	TONY	PATTERSON	M 55 - 59	BOLSOVER AND DISTRICT CYCLING CLUB		11:51	1:46	49:04	1:14	26:27	1:30:20
357	354	WENDY	LANE	F 40 - 44	SPALDING TRI CLUB		9:39	1:24	51:03	1:03	27:18	1:30:25
358	133	ANTHONY	RILEY	M 55 - 59			11:40	0:50	52:17	0:43	24:57	1:30:25
359	185	MELANIE	WHEELER	F 40 - 44	LINCOLN TRI CLUB		11:02	1:08	50:37	0:53	26:49	1:30:28
360	158	MICHAEL	GILDER	M 35 - 39			10:41	1:28	51:49	0:46	25:46	1:30:29
361	253	MARCUS	WRIGHT	M 40 - 44			10:45	2:46	46:56	1:55	28:09	1:30:30
362	236	GREG	IACOBINI	M 25 - 29			10:24	2:06	55:53	0:51	21:19	1:30:30
363	192	SHARON	KITCHEN	F 45 - 49			9:50	1:31	52:41	0:39	25:52	1:30:30
364	419	KELLY	OLSEN	F 45 - 49	SPALDING TRI CLUB		9:12	1:39	52:41	1:08	25:55	1:30:32
365	233	MICHYLA	CLARK	F 40 - 44								1:30:33
366	79	CRAIG	MACDOUGALL	M 40 - 44	STAMFORD CHAINGANG		13:41	2:10	47:25	1:26	25:56	1:30:37
367	231	KENETH	HOLMES	M 25 - 29			10:44	1:43	53:00	1:15	24:06	1:30:46
368	437	SHELLEY	ANDERSON	F 45 - 49	LINCOLN TRI CLUB		8:56	1:07	51:03	0:59	28:47	1:30:50
369	299	JO	SUMMERS	F 30 - 34	BASSETLAW TRIATHLON CLUB		9:09	1:12	52:33	0:59	27:05	1:30:57
370	106	SIMON	BRYSON	M 45 - 49			10:25	2:21	53:49	1:15	23:11	1:30:59
371	187	HUGH	SHAW	M 40 - 44			10:54	1:58	54:43	0:48	22:42	1:31:02
372	360	LOUISE	RIGHTON	F 40 - 44			9:45	1:14	51:25	1:20	27:22	1:31:04
373	193	ANDY	MCROBBIE	M 40 - 44			12:01	1:51	53:58	1:06	22:17	1:31:11
374	364	RUARY	EDMOND	M 35 - 39			10:09	1:19	54:06	1:01	24:39	1:31:11
375	341	LUCY	STEPHEN	F 35 - 39	GI TRI		8:47	1:32	51:57	0:51	28:15	1:31:20
376	329	BELINDA	GREEN	F 35 - 39	STAMFORD TRI CLUB		9:49	1:50	52:20	1:40	25:52	1:31:30
377	164	THOMAS	ATHERTON	M 25 - 29			12:33	1:52	52:37	1:27	23:04	1:31:31
378	365	AMELIA	CRISP	F 30 - 34			8:56	1:34	53:00	1:19	27:08	1:31:54
379	318	CATHERINE	WADE	F 25 - 29			8:20	1:32	56:13	0:41	25:13	1:31:57
380	312	JUDITH	HUBBARD	F 45 - 49			9:03	1:41	55:03	0:49	25:25	1:31:59
381	218	RUSSELL	JONES	M 50 - 54			10:46	1:43	51:57	1:30	26:06	1:31:59
382	462	NICOLA	COX	F 25 - 29			8:47	1:39	53:52	1:05	26:42	1:32:04
383	424	LIAM	HORROCKS	M 15 - 19			8:47	2:32	53:15	2:15	25:26	1:32:12
384	97	BEN	ASHCROFT	M 30 - 34			10:07	3:06	48:24	1:19	29:19	1:32:12
385	324	AMY	LANSDOWN	F 30 - 34	LINCOLN TRI CLUB		8:52	1:11	55:32	0:34	26:09	1:32:17
386	264	TRACEY	HAYWARD	F 40 - 44	SYTRI (SHREWSBURY TRIATHLON)		9:07	2:08	56:56	1:05	23:05	1:32:19
387	270	RACHEL	MCCRORY	F 40 - 44			10:32	1:21	53:57	1:28	25:13	1:32:28
388	173	CLARE	ALLISTON	F 35 - 39			10:30	2:11	55:28	1:11	23:17	1:32:34
389	228	KAREN	CHRISTER	F 35 - 39			9:40	1:11	51:41	1:12	28:56	1:32:39
390	439	RICHARD	EATON	M 30 - 34			9:46	2:38	55:57	0:47	23:36	1:32:41
391	156	REBECCA	CADLE	F 25 - 29			11:21	1:25	53:14	0:54	25:53	1:32:46
392	335	PENNY	KNIGHT	F 40 - 44	ABSOLUTE TRIATHLON CLUB		9:32	1:20	56:36	0:51	24:29	1:32:46
393	128	CHRIS	KURKOWSKI	M 35 - 39			10:01	2:00	51:54	0:57	28:00	1:32:50
394	447	ASHLEY	COCKERILL	M 35 - 39			8:59	2:33	53:26	1:19	26:42	1:32:56
395	234	KATIE	GOSLING	F 40 - 44			9:59	1:39	52:09	0:53	28:21	1:32:59
396	314	PATRICK	MAHON	M 45 - 49			10:18	1:31	54:49	1:24	25:06	1:33:05

397	12	ANNE	MORTIMER	F 50 - 54	WOLDS VETERANS		12:54	1:27	53:33	0:56	24:24	1:33:12
398	204	MARGRET	HUTCHINGS	F 45 - 49			9:31	1:36	52:27	1:39	28:06	1:33:17
399	322	STEVE	NEWHAM	M 55 - 59			9:25	2:45	51:16	2:17	27:37	1:33:18
400	85	JODY	LEGGATE	M 35 - 39			12:15	1:42	54:55	1:26	23:04	1:33:20
401	348	RACHEL	ASPEY	F 30 - 34			9:42	1:33	55:48	0:44	25:41	1:33:26
402	126	BARBARA	BROWN	F 60 +	WOLDS VETERAN RUNNERS CLUB		12:30	2:29	54:37	1:22	22:35	1:33:31
403	92	CRAIG	LANGLEY	M 35 - 39			10:42	1:37	55:09	1:10	25:03	1:33:39
404	11	HEIDI	FIELDER	F 40 - 44			8:21	1:22	53:22	0:45	29:53	1:33:41
405	8	BRIAN	HORSFALL	M 55 - 59			12:05	1:54	51:38	1:08	26:58	1:33:41
406	260	MICHAEL	CLARK	M 60 +			10:03	1:49	52:14	0:42	28:59	1:33:46
407	651	JO	BROOKS	F 45 - 49	DUNSTON DUCKS		10:49	1:40	52:55	0:44	27:41	1:33:48
408	342	HELEN	PURDY	F 40 - 44	SPALDING TRI CLUB		10:03	2:14	53:35	1:19	26:39	1:33:49
409	196	JONATHAN	HYDE	M 40 - 44			9:16	2:55	55:04	0:58	25:41	1:33:53
410	240	BEVERLEY	OWEN	F 50 - 54			10:23	1:52	52:35	1:43	27:28	1:33:57
411	174	SARAH	HEWSON	F 40 - 44	LINCOLN TRI CLUB		10:17	1:23	55:15	0:48	26:18	1:33:59
412	159	FABIEN	BUREL	M 30 - 34			9:15	3:11	55:07	1:50	24:40	1:34:01
413	428	DAVID	WEBB	M 20 - 24			8:46	1:43	57:06	1:04	25:29	1:34:05
414	88	JONATHAN	PERRY	M 35 - 39			11:24	1:45	53:43	1:03	26:19	1:34:12
415	38	RICHARD	SMITH	M 45 - 49			10:27	2:17	54:26	1:17	25:48	1:34:14
416	93	LIAM	WILSON	M 20 - 24			10:56	2:31	53:33	1:06	26:11	1:34:16
417	247	CHRISTOPHER	MAIR	M 40 - 44			9:49	2:27	55:40	2:05	24:17	1:34:16
418	6	LIZ	DOCKERTY	F 45 - 49	LINCOLN TRI CLUB		12:17	1:56	50:30	1:04	28:31	1:34:17
419	91	ANDREW	WEBB	M 45 - 49			12:17	1:22	51:10	1:08	28:32	1:34:27
420	402	SARAH	DEARNLEY	F 35 - 39			9:39	2:49	53:51	1:15	26:56	1:34:28
421	109	PHILIP	DEAKIN	M 50 - 54			13:39	2:35	50:57	1:25	26:01	1:34:35
422	168	LOU	HENDERSON	F 35 - 39			10:45	1:22	55:39	0:33	26:21	1:34:39
423	259	RAYMOND	RICHARDSON	M 50 - 54			9:20	2:01	55:23	2:19	25:39	1:34:41
424	440	ANDREW	POLLARD	M 30 - 34			9:50	2:28	56:51	0:35	25:03	1:34:45
425	390	KRISTINA	WEST	F 25 - 29	LOUTH TRIATHLON CLUB		8:28	1:25	55:05	1:13	28:39	1:34:48
426	431	EMILY	WOOD	F 35 - 39	LINCOLN TRI CLUB		8:46	1:19	57:52	0:42	26:12	1:34:50
427	371	LINDSEY	STUART	F 40 - 44	LOUTH TRIATHLON CLUB		10:09	0:58	55:49	0:59	27:04	1:34:57
428	222	SUE	WALKER	F 30 - 34			8:57	1:41	57:17	1:07	25:59	1:35:00
429	26	JANE	LAMMIMAN	TEAM	MABLETHORPE RUNNING CLUB	MABO LADIES	11:20	0:57	59:05	0:58	22:42	1:35:00
430	75	STUART	FIELDER	M 55 - 59			12:36	1:19	52:31	1:18	27:23	1:35:04
431	379	ASHLEY	BARWICK	M 40 - 44			9:02	1:58	56:05	1:41	26:23	1:35:07
432	301	JASON	MASTERMAN	M 40 - 44			11:15	1:41	51:29	1:06	29:41	1:35:10
433	7	STEVEN	POLE	M 30 - 34			11:02	2:20	54:37	0:53	26:20	1:35:10
434	384	BILLIE	MATCHETT	F 15 - 19			8:31	1:51	54:14	1:15	29:23	1:35:13
435	221	APRIL	BROADHURST	F 30 - 34			10:14	1:58	55:07	0:50	27:09	1:35:15
436	55	JONATHAN	WILSON	M 40 - 44			9:38	2:52	53:07	1:51	27:50	1:35:16
437	82	RUSS	MCLUCKIE	M 60 +	DUNSTON DUCKS		11:30	2:33	53:02	1:12	27:09	1:35:24
438	123	STEVE	HARRIS	M 45 - 49			10:02	2:39	53:29	0:54	28:21	1:35:24
439	305	KATY	WILSON	F 40 - 44	MANSFIELD TRIATHLON CLUB		9:41	1:40	53:04	1:14	29:48	1:35:25
440	110	PETE	CABLE	M 50 - 54			8:52	3:24	53:02	1:09	29:00	1:35:25
441	261	GLEN	SWAIN	M 45 - 49	LOUTH TRIATHLON CLUB		10:11	1:44	58:11	0:51	24:32	1:35:26
442	180	KATY	NEVITT	F 40 - 44			10:01	1:45	56:23	0:44	26:35	1:35:27
443	521	CHRIS	JOHNSON	M 35 - 39	BASSETLAW TRIATHLON CLUB		7:44	1:32	1:01:14	0:51	24:08	1:35:28
444	16	JIM	PARKER	M 40 - 44	LINCOLN TRI CLUB		10:53	1:18	54:09	1:09	28:11	1:35:39
445	139	ALEX	HOLE	M 45 - 49			12:47	2:22	52:46	1:42	26:06	1:35:40
446	111	STEPHEN	WILSON	M 55 - 59			11:26	3:15	53:21	2:06	25:51	1:35:57

447	269	CLAIRE	TURNER	F 30 - 34			9:04	1:53	53:17	1:19	30:30	1:36:01
448	144	GEORGINA	SPENCER	F 15 - 19	TEAM MANVERS		9:58	4:58	55:16	0:45	25:21	1:36:14
449	294	CLAIRE	SHARPE	F 30 - 34			8:31	1:38	57:44	0:46	27:40	1:36:17
450	143	LOUISE	BEEHAM	F 15 - 19	LINCSQUAD		7:53	1:13	51:43	0:54	34:36	1:36:18
451	22	STACY	CLEAVER	F 35 - 39		TEAM WHITE	7:24	1:48	57:23	1:07	28:43	1:36:23
452	503	CHARLES	BOARDMAN	M 45 - 49	GRIMSBY TRI CLUB		8:19	2:28	53:32	1:20	30:55	1:36:32
453	282	RACHEL	COETZEE	F 20 - 24			7:03	2:34	58:52	2:13	25:58	1:36:39
454	131	KATE	CONWAY	F 40 - 44	LOUTH TRIATHLON CLUB		11:29	2:00	54:44	1:29	27:08	1:36:47
455	34	JAMIE	FULLER	M 40 - 44			9:04	3:05	56:34	1:34	26:48	1:37:03
456	150	JENNY	GAMMON	F 25 - 29			11:42	1:09	53:46	1:18	29:15	1:37:08
457	163	JAMIE	BURGESS	M 25 - 29			8:10	2:24	58:09	1:15	27:14	1:37:10
458	321	JIMMY	CLARK	M 55 - 59			11:11	3:49	52:37	2:17	27:20	1:37:12
459	378	JANET	PULLAN	F 55 - 59			8:17	2:05	57:37	0:51	28:32	1:37:21
460	286	ANDREW	FOSKETT	M 25 - 29			8:11	2:32	56:49	0:45	29:19	1:37:33
461	62	MICHAEL	BIRD	M 60 +	MANSFIELD TRIATHLON CLUB		14:22	2:30	51:39	1:02	28:05	1:37:36
462	25	SIMON	GOODALE	M 40 - 44			10:20	3:21	1:00:31	1:18	22:10	1:37:37
463	142	ADRIEN	FORTAT	M 30 - 34			9:55	4:09	59:34	0:42	23:24	1:37:43
464	179	JOANNE	PATCH	F 40 - 44			10:53	2:52	58:45	2:00	23:17	1:37:46
465	307	NICK	DUTTON	M 40 - 44			10:51	2:14	54:41	1:57	28:06	1:37:47
466	21	STEVE	NEEDHAM	M 60 +	GI TRI		15:54	1:28	51:33	1:23	27:36	1:37:52
467	172	KEITH	JONES	M 35 - 39			11:55	2:13	57:37	0:51	25:29	1:38:03
468	39	ANDREW	CLARKSON	M 45 - 49			11:42	3:21	57:44	0:51	24:36	1:38:12
469	154	DANIEL	DOLBY	M 35 - 39			8:37	3:53	53:13	2:09	30:41	1:38:32
470	473	KEITH	WRIGHT	M 60 +	STAMFORD TRI CLUB		9:40	2:19	51:45	1:23	33:40	1:38:44
471	119	MICHELLE	TEARE	F 45 - 49			9:50	3:43	55:00	1:12	29:10	1:38:53
472	18	SARAH	HALL	F 45 - 49			11:52	2:26	57:06	1:05	26:28	1:38:55
473	112	MARTIN	DOUGHTY	M 25 - 29			12:52	2:19	57:16	1:21	25:13	1:38:59
474	63	JOHN	TUCK	M 60 +			14:30	2:55	53:58	1:33	26:10	1:39:04
475	458	PETER	HILL	M 40 - 44	LINCOLN TRI CLUB		8:44	1:38	54:10	1:35	32:59	1:39:05
476	245	JACKIE	SCRUTON	F 50 - 54			11:09	2:22	54:57	1:34	29:21	1:39:21
477	227	LYNDSAY	JORDAN	F 35 - 39			11:09	2:35	58:50	1:20	25:36	1:39:28
478	388	MARK	MOTLEY	M 50 - 54	BASSETLAW TRIATHLON CLUB		7:51	2:39	56:08	1:10	31:43	1:39:30
479	415	DAVID	MEENAN	M 40 - 44			8:11	2:06	56:16	1:13	31:59	1:39:42
480	32	ADRIAN	RICHARDSON	M 40 - 44			11:42	1:33	54:09	1:12	31:25	1:39:59
481	522	JACKIE	ROSS	F 50 - 54			8:18	4:08	49:18	4:20	33:58	1:40:01
482	167	KATE	BROWN	F 35 - 39			10:51	1:43	59:15	1:13	27:02	1:40:02
483	84	DIANE	WENDT	F 35 - 39			12:32	1:06	54:03	0:51	31:39	1:40:09
484	377	CLAIRE	TOMLINSON	F 25 - 29	LONDON FIELDS TRIATHLON CLUB		8:55	1:54	59:26	1:08	28:53	1:40:14
485	71	JANINE	SHEEHAN	F 45 - 49	STAMFORD TRI CLUB		13:02	3:10	53:09	1:46	29:16	1:40:21
486	77	JESSICA	FISHER	F 20 - 24			10:04	2:32	56:15	1:29	30:04	1:40:22
487	90	MICHELLE	HOPPING	F 35 - 39			12:10	2:11	56:17	1:01	28:49	1:40:26
488	49	MARK	ASKEW	M 35 - 39	SCUNTHORPE AND DISTRICT ATHLETICS CLUB		17:24	2:51	55:56	1:10	23:09	1:40:28
489	68	ADAM	TATTERSALL	M 35 - 39			12:54	1:12	58:33	1:00	27:06	1:40:43
490	43	MATTHEW	MOSS	M 30 - 34			12:46	2:52	57:03	0:57	27:12	1:40:47
491	246	ANNETTE	EASOM	F 50 - 54	BASSETLAW TRIATHLON CLUB		11:48	2:50	57:18	1:25	27:35	1:40:54
492	76	CHARLIE	ANDERSON	M 45 - 49			13:39	2:01	52:59	0:50	31:45	1:41:12
493	534	LOUISE	TYLER	F 45 - 49			8:05	1:42	59:34	1:18	30:35	1:41:12
494	61	PAUL	CARTWRIGHT	M 55 - 59	LINCOLN TRI CLUB		18:05	2:20	55:37	1:32	23:45	1:41:17
495	146	MAVINDER	GOSAL	M 35 - 39			12:29	2:19	1:01:52	0:53	24:00	1:41:32
496	78	CATHERINE	KIRKPATRICK	F 30 - 34			10:56	2:31	56:18	1:54	29:57	1:41:35

497	197	DIANE	SPENCER	F 45 - 49	ROTHERHAM HARRIERS AC		10:11	2:01	52:56	1:47	34:47	1:41:39
498	95	SUE	FROST	F 45 - 49			13:30	2:21	52:00	1:11	32:46	1:41:47
499	101	KIM	TAYLOR	F 25 - 29	LINCOLN TRI CLUB		12:26	1:16	58:29	1:15	28:46	1:42:10
500	209	NICOLA	MARSHALL	F 40 - 44			11:00	2:41	58:04	1:18	29:11	1:42:11
501	243	CARL	DOUGHTY	M 30 - 34			13:12	3:07	55:13	0:55	29:54	1:42:19
502	122	GARRY	ORNSBY	M 40 - 44			11:46	2:52	56:03	1:33	30:09	1:42:21
503	454	CHRIS	BANHAM	M 40 - 44	STAMFORD TRI CLUB		8:13	2:13	1:02:39	1:17	28:02	1:42:23
504	203	CLARE	BEVAN	F 50 - 54			11:28	3:02	57:58	1:15	29:05	1:42:47
505	389	CHRISTINA	FINLAY	F 20 - 24			9:41	3:44	59:40	1:38	28:11	1:42:52
506	258	KIMBERLEY	WARD-PAWSON	F 25 - 29			9:20	2:39	57:51	1:39	31:27	1:42:54
507	107	CLAIRE	LAPWORTH	F 40 - 44			13:29	2:50	1:00:30	1:15	24:59	1:43:01
508	262	NIGEL	LAW	M 40 - 44			9:30	1:32	1:07:16	1:33	23:20	1:43:10
509	105	STEWART	LANCASTER	M 45 - 49			15:17	2:01	56:55	1:00	28:28	1:43:39
510	24	ANNABEL	BRADLEY	F 45 - 49	SKEGNESS COASTERS		14:45	1:51	56:42	1:43	28:46	1:43:45
511	65	CONSUELA	SACKFIELD	F 60 +	LINCOLN & DISTRICT RUNNERS		14:17	2:10	57:53	0:58	28:34	1:43:51
512	186	JO	FLINT	F 40 - 44			9:55	1:26	1:00:18	0:52	31:22	1:43:51
513	528	ESTHER	ATTRUP	F 15 - 19			7:13	1:53	1:03:45	0:46	30:24	1:43:59
514	138	KAY	PETERS	F 50 - 54			10:21	2:10	1:00:44	1:14	29:49	1:44:16
515	395	RACHAEL	EATON	F 25 - 29			7:29	2:37	1:00:26	0:53	33:27	1:44:51
516	86	TREVOR	PARKINSON	M 55 - 59			11:39	2:15	1:02:55	0:54	27:11	1:44:52
517	42	CAROL	SILVERWOOD	F 50 - 54			10:08	2:09	1:01:23	0:55	30:30	1:45:03
518	347	CHRISTINE	EVERETT	F 25 - 29			8:50	2:59	1:01:39	0:45	30:52	1:45:03
519	83	DIANE	DAWSON	F 35 - 39			11:54	2:07	59:28	1:09	30:28	1:45:04
520	575	SALLY	GILES	F 35 - 39			7:22	1:57	1:02:35	0:59	32:37	1:45:29
521	211	RICHARD	ANDREWS	M 50 - 54			12:47	3:54	1:01:44	1:27	25:49	1:45:39
522	102	SARAH	FARNDON	F 30 - 34			10:21	2:21	1:09:35	0:55	22:50	1:46:00
523	251	TRACEY	MAYFIELD	F 35 - 39	GI TRI		9:57	1:28	58:07	1:02	35:40	1:46:12
524	114	SHARON	NEWBURY	F 40 - 44			10:29	2:11	1:02:05	0:51	30:59	1:46:34
525	120	TANYA	ROSTRON	F 50 - 54			10:34	1:32	1:01:58	1:11	31:31	1:46:44
526	558	LIZA	NEWELL	F 30 - 34			8:53	3:55	59:41	1:08	33:26	1:47:02
527	81	RICKY	STEVENS	M 50 - 54			18:12	3:19	52:24	1:06	32:37	1:47:37
528	468	GEMMA	CAWTE	F 25 - 29			7:54	2:03	1:09:16	0:58	28:04	1:48:13
529	53	ELISABETH	SCOTT	F 35 - 39			11:40	2:51	1:04:03	1:29	28:24	1:48:25
530	125	DEBORAH	POLLARD	F 50 - 54			14:09	4:30	59:22	1:48	28:41	1:48:28
531	116	SIMON	CARRUTHERS	M 40 - 44			11:53	2:36	1:04:44	0:54	29:08	1:49:13
532	47	ANGELICA	RESENDIZ	F 30 - 34			14:25	3:53	1:01:47	1:41	28:22	1:50:06
533	64	TONY	MARTIN	M 45 - 49			18:58	2:32	54:43	1:47	32:18	1:50:16
534	59	ANN	STORR	F 55 - 59			15:18	1:56	1:03:31	1:17	28:52	1:50:53
535	115	RANDEEP	CHUNG	M 35 - 39			15:02	3:48	1:03:41	1:11	27:14	1:50:54
536	276	JASMINE	BURGESS	F 20 - 24			8:16	1:48	1:08:57	1:06	30:50	1:50:56
537	30	TRACEY	GILL	F 50 - 54			14:53	2:19	1:03:00	1:26	29:59	1:51:35
538	31	ANDY	WARD	M 50 - 54			23:34	4:49	55:36	2:47	25:33	1:52:18
539	127	TOM	BRIGGS	M 25 - 29	ABSOLUTE TRIATHLON CLUB		15:41	4:04	1:02:03	1:27	29:52	1:53:04
540	191	LOU MENG JOJO	LEI	F 45 - 49			11:04	2:45	1:02:05	1:51	35:43	1:53:26
541	33	ANTHONY	CLARK	M 40 - 44			13:08	4:23	1:04:06	1:51	30:02	1:53:28
542	198	JAYNE	WALLIS	F 50 - 54			12:24	4:04	1:09:23	1:39	26:03	1:53:32
543	48	KATHRYN	BATTENBOUGH	F 30 - 34			13:05	3:07	1:05:48	1:24	30:39	1:54:01
544	118	ANDREW	TOFTS	M 55 - 59			10:03	3:45	1:01:11	1:17	38:08	1:54:22
545	35	MARGARET	MACRURY	F 50 - 54			17:10	3:19	1:01:18	1:45	31:35	1:55:03
546	51	ANDREW	GILLET	M 40 - 44			10:28	5:53	58:59	2:30	37:26	1:55:13

547	50	JASON	BINGHAM	M 35 - 39			10:29	4:52	57:58	4:30	37:26	1:55:13
548	60	FRAN	CRAWLEY	F 60 +			10:48	3:19	1:06:28	1:30	33:10	1:55:13
549	239	KIRA	GREEN	F 45 - 49	PSOF/GI TRI		11:12	3:16	1:03:46	2:10	35:14	1:55:37
550	205	MARK	CARTER	M 45 - 49			19:50	4:11	1:01:59	1:28	29:07	1:56:32
551	161	KATE	LANCASTER	F 30 - 34			11:11	2:20	1:03:25	1:43	38:03	1:56:40
552	149	HELEN	PENISTAN	F 20 - 24			11:49	2:08	1:07:55	1:10	35:06	1:58:05
553	19	SIMON	LAUGHTON	M 40 - 44	NUTY NOVICES		17:40	2:19	1:05:40	1:43	31:22	1:58:43
554	287	KATHERINE	FOAT	F 25 - 29			9:37	3:25	1:08:57	1:08	36:41	1:59:45
555	275	ZOË	PARPERIS	F 20 - 24			11:14	1:49	1:12:22	1:24	33:09	1:59:55
556	293	FELICITY	BEGLEY	F 30 - 34			11:16	2:09	1:09:09	0:55	36:31	1:59:57
557	103	MARK	TURNER	M 40 - 44			12:01	3:23	1:06:53	1:11	38:08	2:01:35
558	169	ANDY	TAYLOR	M 30 - 34			20:51	6:43	1:06:36	0:58	27:39	2:02:46
559	108	CLAIRE	MORRISON	F 45 - 49	LINCOLN TRI CLUB		11:34	3:07	1:06:57	2:36	43:42	2:07:54
560	17	SHARON	LAUGHTON	F 40 - 44	NUTTY NOVICES		11:44	4:10	1:12:02	1:54	38:45	2:08:33
561	323	KATHERINE	ANDREWS	F 30 - 34	DUNSTON DUCKS		9:43	2:10	1:09:52	0:50	46:29	2:09:02
562	41	SUSAN	NEEDHAM	F 55 - 59	GI TRI		13:35	2:41	1:10:13	1:21	41:33	2:09:21
563	29	JAX	SESSTEIN	F 45 - 49			18:38	2:12	1:17:15	1:57	30:44	2:10:44
564	155	TRACEY	ANDREWS	F 25 - 29			9:45	1:59	1:20:01	0:56	42:31	2:15:11
565	56	MARTIN	THOMAS-TAYLOR	M 45 - 49			30:25	1:34	1:03:33	2:19	39:09	2:16:57
566	36	ELIZABETH JOANNE	HAYWARD	F 25 - 29			19:31	1:10	1:22:52	2:03	50:58	2:36:31