

WOODHALL SPA TRIATHLON - PROVISIONAL RESULTS VER. 4

POS.	NAME	SURNAME	NO.	CAT	CLUB	TEAM	SWIM	T1	BIKE	T2	RUN	FINISH
1	MARK	REDWOOD	515	M 35 - 39	BLUESEVENTY TFN RT		00:05:48	00:00:36	00:36:38	00:00:38	00:17:23	01:01:03
2	ROB	JOHNSON	488	M 30 - 34	SPEEDO		00:06:05	00:00:53	00:37:52	00:00:40	00:16:18	01:01:48
3	LUKE	MOSELEY	449	M 30 - 34	SPEEDO		00:06:11	00:00:37	00:37:02	00:00:36	00:17:47	01:02:13
4	NICK	GRIMER	570	TEAM	SPALDING TRI CLUB	SPALDING COMBINED 1	00:05:35	00:00:34	00:39:07	00:00:33	00:16:26	01:02:15
5	PETER	GOODFELLOW	571	M 40 - 44	EQUUS		00:06:07	00:00:33	00:38:03	00:00:32	00:17:26	01:02:41
6	STEVEN	PALEY	1	M 35 - 39	LINCOLN TRI CLUB		00:06:07	00:00:27	00:38:26	00:00:34	00:18:39	01:04:13
7	ANDREW	POWELL	7	M 35 - 39			00:06:58	00:00:48	00:38:26	00:00:36	00:17:26	01:04:14
8	JAMES	GRAHAM	576	TEAM	SPALDING TRI CLUB	TEAM GRAHAM	00:05:08	00:00:34	00:43:24	00:00:31	00:16:35	01:06:12
9	PETER	BARNES	541	M 45 - 49	LINCOLN TRI CLUB		00:07:42	00:00:46	00:38:07	00:00:43	00:19:03	01:06:21
10	DEL	PITCHER	31	M 40 - 44	POLICE SPORT UK/BLUESEVENTY TFN RT		00:06:18	00:00:28	00:40:44	00:00:36	00:18:32	01:06:38
11	BRUNO	NIKOLOFF	566	M 45 - 49	CHARWOOD TRIATHLON		00:06:28	00:00:40	00:42:55	00:00:46	00:16:59	01:07:48
12	FINLEY	THOMPSON	569	M 15 - 19	GRIMSBY TRI CLUB		00:05:53	00:00:42	00:41:42	00:00:38	00:19:36	01:08:31
13	SANDY	TELFER	508	M 45 - 49			00:07:06	00:01:14	00:40:26	00:00:42	00:19:15	01:08:43
14	MICHAEL	TAYLOR	549	M 30 - 34	LINCOLN TRI / RAF TRI		00:06:57	00:00:53	00:42:04	00:00:47	00:18:03	01:08:44
15	GILLIAN	ADAMS	412	F 35 - 39	SPEEDO		00:07:14	00:00:46	00:40:15	00:00:43	00:19:53	01:08:51
16	JONATHAN	FRARY	550	M 30 - 34	GI TRI		00:06:40	00:00:41	00:42:02	00:00:32	00:19:06	01:09:01
17	STEVE	EMERTON	551	M 35 - 39	DERBY TRI CLUB		00:06:41	00:00:43	00:42:28	00:00:41	00:18:43	01:09:16
18	ADRIAN	STOTT	544	M 35 - 39	LEEDS BRADFORD TRI		00:06:51	00:01:02	00:38:42	00:00:50	00:21:53	01:09:18
19	JONATHAN	SHEEHAN	487	M 45 - 49	STAMFORD TRI CLUB		00:07:09	00:01:15	00:42:08	00:00:47	00:18:18	01:09:37
20	ANTON	NEWELL	513	M 40 - 44	MANSFIELD TRIATHLON CLUB		00:07:31	00:00:45	00:40:06	00:01:00	00:20:24	01:09:46
21	GAVIN	HODGSON	184	M 30 - 34	LINCOLN TRI		00:06:53	00:00:42	00:42:22	00:00:41	00:19:31	01:10:09
22	WAYNE	MCANEANEY	500	M 35 - 39	TFN TRI CLUB		00:07:04	00:01:26	00:40:15	00:00:57	00:20:42	01:10:24
23	PETER	ORME	297	M 50 - 54	DERBYSHIRE POLICE		00:09:11	00:00:49	00:41:30	00:00:38	00:18:26	01:10:34
24	SIMON	BURTON	527	M 30 - 34	TFN TRI CLUB		00:08:10	00:01:33	00:43:13	00:00:50	00:16:57	01:10:43
25	DANIEL	RAMSDEN	477	M 40 - 44			00:07:20	00:01:00	00:39:04	00:00:56	00:22:28	01:10:48
26	JASON	FRARY	538	M 40 - 44	HUMBERSIDE FIRE AND RESCUE SERVICE		00:07:08	00:00:51	00:42:29	00:00:50	00:20:04	01:11:22
27	JAMES	FOSTER	472	M 30 - 34			00:07:25	00:00:59	00:40:41	00:00:47	00:21:34	01:11:26
28	OLLIE	LORD	535	M 30 - 34	RETFORD AC		00:06:29	00:00:43	00:43:35	00:00:45	00:19:57	01:11:29
29	CHRIS	HOLLIS	451	M 40 - 44			00:08:48	00:00:44	00:40:32	00:00:33	00:20:57	01:11:34
30	DWANE	DONNOR	271	M 30 - 34			00:08:16	00:00:46	00:42:30	00:00:37	00:19:32	01:11:41
31	SHAUN	ROBINSON	338	M 35 - 39	GRIMSBY TRI CLUB		00:08:02	00:01:02	00:41:12	00:00:54	00:20:56	01:12:06
32	PHILIP	WILKINSON	542	M 45 - 49			00:07:14	00:00:45	00:44:06	00:00:44	00:19:21	01:12:10
33	ALISTAIR	RUDD	524	M 45 - 49	SPALDING TRI CLUB		00:07:20	00:01:07	00:42:50	00:00:59	00:19:58	01:12:14
34	JACK	CARPENTER	557	M 20 - 24	SPALDING TRI CLUB		00:06:27	00:00:45	00:44:38	00:00:38	00:20:05	01:12:33
35	RYAN	SCOTT	332	M 25 - 29	DBMAX TRI		00:08:17	00:01:03	00:42:30	00:00:52	00:20:09	01:12:51
36	NEIL	WALKER	531	TEAM		TEAM WALKER	00:07:14	00:00:41	00:42:21	00:00:45	00:21:56	01:12:57
37	NICK	BAILEY	537	M 40 - 44	GRIMSBY TRI CLUB		00:06:57	00:00:54	00:44:39	00:00:49	00:19:55	01:13:14
38	DAVE	GATES	482	M 55 - 59	LINCOLN WHEELERS		00:08:11	00:01:04	00:40:23	00:01:12	00:22:26	01:13:16
39	RICHARD	MCLELLAN	124	M 20 - 24	TRI-ANGLIA		00:08:33	00:00:32	00:45:27	00:00:28	00:18:16	01:13:16
40	ANDREW	MCCOY	3	M 15 - 19	LINCOLN TRI CLUB		00:06:47	00:01:05	00:44:22	00:00:24	00:20:40	01:13:18
41	IAN	BURDIS	521	M 40 - 44	MANSFIELD TRIATHLON CLUB		00:07:30	00:00:45	00:43:08	00:00:43	00:21:22	01:13:28
42	PETER	OVERVOORDE	463	M 50 - 54	BARRACUDA TRI CLUB		00:08:26	00:01:07	00:42:53	00:00:51	00:20:15	01:13:32
43	RICHARD	MARSHALL	417	M 25 - 29			00:08:47	00:01:03	00:43:35	00:00:46	00:19:30	01:13:41
44	GRAHAM	JOYCE	241	M 35 - 39	SPEEDO		00:07:51	00:01:03	00:43:20	00:00:53	00:20:46	01:13:53
45	ANDREW	SANGSTER	511	M 50 - 54	HUMBERSIDE FIRE AND RESCUE SERVICE		00:08:10	00:01:15	00:43:30	00:01:03	00:19:59	01:13:57
46	MARK	LAWSON	435	M 35 - 39	BARRACUDA TRI CLUB		00:07:53	00:01:11	00:43:55	00:01:36	00:19:33	01:14:08
47	MICHAEL	STAINES	464	M 50 - 54	SPALDING TRI CLUB		00:08:06	00:01:05	00:42:37	00:01:15	00:21:10	01:14:13
48	TONY	SHEPHERD	554	M 40 - 44	HOLMFIRTH HARRIERS		00:06:55	00:00:57	00:42:27	00:00:48	00:23:07	01:14:14
49	PETER	BURNS	507	M 45 - 49	WALDEN TRI		00:07:19	00:01:18	00:43:41	00:00:43	00:21:18	01:14:19
50	GRAHAM	MOFFATT	361	M 40 - 44	4LIFE TRI CLUB		00:08:46	00:00:58	00:46:59	00:00:49	00:16:48	01:14:20
51	SEAN	POWERS	495	M 30 - 34	ROYAL AIR FORCE TRIATHLON		00:07:30	00:00:41	00:44:40	00:00:32	00:21:18	01:14:41
52	DAVE	PORTESS	28	M 20 - 24			00:08:45	00:01:20	00:44:28	00:01:20	00:18:55	01:14:48
53	NICK	BESTWICK	499	M 35 - 39	ABSOLUTE TRI CLUB		00:07:30	00:00:59	00:46:13	00:00:37	00:19:31	01:14:50
54	EDDIE	KNIGHTS	122	M 45 - 49			00:10:23	00:01:05	00:42:27	00:00:57	00:19:58	01:14:50
55	JAMES	BRAY	328	M 25 - 29	WE LOVE MOUNTAINS RT		00:08:33	00:01:14	00:44:43	00:00:42	00:19:42	01:14:54
56	CHRIS	MARTIN	410	M 25 - 29	MANSFIELD TRIATHLON CLUB		00:08:05	00:01:05	00:43:18	00:00:56	00:21:35	01:14:59
57	SIMON	WOOD	279	M 40 - 44			00:08:10	00:01:11	00:45:17	00:00:53	00:19:33	01:15:04
58	ADAM	NICHOLSON	562	M 30 - 34	LINCOLN TRI CLUB		00:06:18	00:00:43	00:46:15	00:00:40	00:21:13	01:15:09
59	JAMES	GRAHAM	553	M 40 - 44	SPALDING TRI CLUB		00:07:10	00:00:58	00:44:19	00:01:04	00:21:42	01:15:13
60	ALISTAIR	MONCRIEFF	34	M 25 - 29			00:07:23	00:01:23	00:45:57	00:00:46	00:19:46	01:15:15
61	MIKE	JONES	519	M 45 - 49	4LIFE TRI CLUB		00:07:43	00:01:04	00:46:47	00:00:48	00:18:54	01:15:16
62	STEPHEN	RIGGOTT	217	M 30 - 34			00:09:07	00:01:13	00:43:47	00:00:48	00:20:25	01:15:20
63	CALLUM	MCPARTLIN	543	M 15 - 19	SPALDING TRI CLUB		00:07:00	00:00:45	00:43:30	00:01:11	00:23:03	01:15:29
64	NICOLA	MOORE	497	F 40 - 44	HUMBERSIDE FIRE AND RESCUE SERVICE		00:08:13	00:01:12	00:44:09	00:01:11	00:20:44	01:15:29
65	JOHN	YOUNG	429	M 35 - 39	SPALDING TRI CLUB		00:08:47	00:00:50	00:43:09	00:00:58	00:21:51	01:15:35
66	NEIL	STEVENS	548	M 25 - 29			00:06:52	00:00:57	00:46:35	00:00:52	00:20:21	01:15:37
67	DARREN	BUNKER	256	M 45 - 49			00:09:02	00:00:47	00:44:45	00:00:41	00:20:23	01:15:38
68	STEVE	PETERSON	563	M 35 - 39			00:05:40	00:01:09	00:46:06	00:01:02	00:21:43	01:15:40
69	RICHARD	NORTH	408	M 35 - 39			00:09:06	00:00:56	00:44:09	00:00:49	00:20:41	01:15:41
70	ADAM	GRANT	555	M 25 - 29	RAF/LINCOLN TRI		00:06:27	00:00:43	00:46:09	00:00:43	00:21:50	01:15:52
71	BILL	HASLAM	459	M 50 - 54	STAMFORD TRI CLUB		00:08:51	00:01:02	00:44:12	00:00:54	00:20:54	01:15:53
72	PATRICK	CUTMORE	556	M 15 - 19			00:06:29	00:01:20	00:44:47	00:00:54	00:22:25	01:15:55
73	CAMPBELL	STEEL	532	M 25 - 29			00:06:59	00:01:13	00:46:46	00:00:42	00:20:15	01:15:55
74	CHRIS	PRATT	572	M 25 - 29	SPALDING TRI CLUB		00:06:08	00:00:43	00:43:50	00:00:59	00:24:18	01:15:58
75	MARK	KEARNEY	453	M 45 - 49			00:08:20	00:01:03	00:43:25	00:00:48	00:22:25	01:16:01
76	ROSS	TAYLOR	310	M 40 - 44			00:08:49	00:01:02	00:45:04	00:00:49	00:20:21	01:16:05
77	STEVEN	THOMPSON	518	M 35 - 39	SPALDING TRI CLUB		00:07:27	00:00:43	00:43:59	00:01:19	00:22:42	01:16:10
78	ADAM	ROUND	421	M 30 - 34	LINCOLN TRI CLUB		00:08:24	00:01:07	00:43:43	00:00:46	00:22:12	01:16:12
79	MATTHEW	PEACH	397	M 30 - 34			00:08:24	00:01:07	00:46:02	00:00:44	00:20:02	01:16:19
80	WAYNE	KEW	296	M 45 - 49	MABLETHORPE RUNNING CLUB		00:09:04	00:00:47	00:45:40	00:00:39	00:20:12	01:16:22
81	MARK	STENTON	506	M 40 - 44			00:06:57	00:00:54	00:44:37	00:00:53	00:23:07	01:16:28
82	STEPHEN	RACE	523	M 40 - 44	GRIMSBY TRI CLUB		00:06:46	00:01:05	00:46:05	00:00:51	00:21:57	01:16:44
83	BEN	WADD	393	M 25 - 29	RAF TRI		00:07:50	00:01:47	00:47:22	00:00:51	00:18:55	01:16:45
84	MARY	HARDWICK	546	F 50 - 54	RUTLAND RUNNING CLUB		00:06:49	00:00:54	00:45:11	00:01:06	00:22:46	01:16:46
85	NICKY	SHAW	431	F 15 - 24			00:07:49	00:01:05	00:45:15	00:01:03	00:21:40	01:16:52
86	JOHN	BUDWORTH	238	M 40 - 44	ABSOLUTE TRI CLUB		00:09:04	00:01:06	00:45:42	00:00:49	00:20:13	01:16:54
87	PAUL	BREWSTER	39	M 45 - 49	STAMFORD TRI CLUB		00:09:52	00:01:32	00:43:48	00:00:58	00:20:56	01:17:06
88	STEPHEN	DARNELL	404	M 45 - 49	TEWKESBURY TRIATHLON CLUB		00:09:29	00:00:59	00:44:02	00:00:50	00:21:49	01:17:09
89	JAMES	CORLETT	409	M 25 - 29	ABSOLUTE TRI CLUB		00:08:01	00:01:08	00:45:46	00:00:59	00:21:17	01:17:11
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92	ASHLEY	CHAPMAN	481	M 45 - 49	TFN TRI CLUB			00:07:41	00:00:55	00:46:44	00:00:55	00:21:15	01:17:30
93	DANIEL	SCOTT	422	M 30 - 34				00:08:10	00:01:25	00:44:24	00:01:08	00:22:24	01:17:31
94	ROB	WALKER	357	M 40 - 44				00:08:27	00:01:00	00:44:47	00:00:53	00:22:24	01:17:31
95	PHIL	HEWETT	475	M 35 - 39				00:07:18	00:00:43	00:46:55	00:00:54	00:21:45	01:17:35
96	PAUL	ROSE	280	M 40 - 44				00:09:00	00:01:19	00:44:30	00:01:25	00:21:22	01:17:36
97	JOHN	CAMERON	526	M 45 - 49	GRIMSBY TRI CLUB			00:07:44	00:00:53	00:43:48	00:00:42	00:24:30	01:17:37
98	WILLIAM	GILLESPIE	283	M 40 - 44				00:09:11	00:01:07	00:42:37	00:00:38	00:24:10	01:17:43
99	HARRIET	JOHNSON	437	F 25 - 29				00:07:52	00:01:08	00:49:33	00:00:35	00:18:40	01:17:48
100	BRIAN	BEISLY	325	M 55 - 59				00:09:47	00:01:16	00:43:51	00:01:00	00:21:56	01:17:50
101	CHRISTOPHER	ROTHWELL	327	M 20 - 24	ABSOLUTE TRI CLUB			00:08:01	00:00:46	00:47:20	00:00:38	00:21:06	01:17:51
102	TOM	DREW	471	M 45 - 49	SPALDING TRI CLUB			00:08:24	00:00:48	00:47:52	00:00:44	00:20:03	01:17:51
103	LAURENCE	SLANN	490	M 20 - 24				00:06:57	00:01:05	00:48:29	00:00:44	00:20:37	01:17:52
104	JASON	DARK	346	M 35 - 39				00:08:44	00:01:10	00:46:36	00:00:51	00:20:35	01:17:56
105	GERRY	HYDE	163	M 45 - 49	GRANTHAM AC			00:10:50	00:00:51	00:45:53	00:00:52	00:19:30	01:17:56
106	GARETH	EVANS	51	M 45 - 49				00:07:26	00:01:32	00:45:20	00:01:24	00:22:15	01:17:57
107	CLAIRE	MACKINDER	388	F 25 - 29				00:07:35	00:01:02	00:47:17	00:00:58	00:21:10	01:18:02
108	DAVID	REGLER	416	M 40 - 44	GRIMSBY TRI CLUB			00:08:18	00:01:20	00:46:25	00:00:58	00:21:01	01:18:02
109	JIM	SUTHERLAND	201	M 50 - 54				00:09:47	00:01:07	00:43:37	00:00:58	00:22:34	01:18:03
110	MARK	HURRELL	351	M 40 - 44	ADWICK TRI CLUB			00:08:36	00:01:01	00:48:05	00:01:13	00:19:09	01:18:04
111	PAUL	FEATHERSTONE	352	M 40 - 44				00:08:59	00:01:18	00:44:24	00:00:50	00:22:33	01:18:04
112	JEREMY	PAGE	379	M 50 - 54	GRANTHAM AC			00:08:33	00:01:18	00:46:18	00:00:48	00:21:09	01:18:06
113	PAUL	AUBREY	254	M 40 - 44	LINCOLN TRI CLUB			00:08:56	00:01:01	00:43:55	00:00:42	00:23:33	01:18:07
114	GARY	MARTIN	343	M 35 - 39	GRIMSBY TRI CLUB			00:09:08	00:01:02	00:45:37	00:00:48	00:21:38	01:18:13
115	NIGEL	LEAKER	525	M 45 - 49				00:07:23	00:01:22	00:47:25	00:01:08	00:21:03	01:18:21
116	CRAIG	BARROWCLIFFE	561	M 30 - 34				00:06:32	00:01:00	00:47:01	00:01:01	00:22:49	01:18:23
117	DEAN	BETTS	446	M 40 - 44	RAF TRI			00:07:11	00:01:06	00:46:16	00:00:59	00:22:54	01:18:26
118	SANDY	WALSTER	468	F 30 - 34	GRIMSBY TRI CLUB			00:07:52	00:00:47	00:47:15	00:00:45	00:21:47	01:18:26
119	PAUL	SMITH	259	M 40 - 44	LINCOLN TRI CLUB			00:09:27	00:00:47	00:45:25	00:00:59	00:21:48	01:18:26
120	ROB	GILFOYLE	194	M 40 - 44	LINCOLN TRI CLUB			00:09:31	00:00:51	00:43:12	00:00:49	00:24:04	01:18:27
121	NICHOLAS	TOMASZEWSKI	460	M 50 - 54				00:08:25	00:01:14	00:46:55	00:00:57	00:20:59	01:18:30
122	ADRIAN	WOOLLAS	64	M 30 - 34	LINCOLN TRI CLUB			00:08:54	00:00:36	00:47:02	00:00:35	00:21:34	01:18:41
123	DIANE	PARPERIS	474	F 45 - 49	STAMFORD TRI CLUB			00:08:12	00:01:08	00:46:00	00:00:58	00:22:38	01:18:56
124	DAVID	RIDDING	313	M 40 - 44				00:10:44	00:01:15	00:45:29	00:00:54	00:20:34	01:18:56
125	TIMOTHY	SWAN-SMITH	4	M 35 - 39	TRA/BADAC			00:08:57	00:01:17	00:46:58	00:00:54	00:21:02	01:19:08
126	CRAIG	SILLETT	505	M 40 - 44				00:07:15	00:01:24	00:47:24	00:00:52	00:22:14	01:19:09
127	DARREN	STAPLES	470	M 30 - 34				00:06:55	00:00:50	00:49:40	00:00:50	00:20:59	01:19:14
128	BRENDON	BIRCH	202	M 35 - 39	ABSOLUTE TRI CLUB			00:10:07	00:01:32	00:43:39	00:00:49	00:23:10	01:19:17
129	RICHARD	CHAPMAN	452	M 45 - 49				00:08:04	00:01:20	00:46:08	00:01:10	00:22:36	01:19:18
130	BO	HAYWOOD	485	F 15 - 24	LINCOLN TRI CLUB			00:07:17	00:00:55	00:50:56	00:00:48	00:19:27	01:19:23
131	ANDREW	CLARK	381	M 40 - 44	SLEAFORD TOWN RUNNERS			00:09:00	00:00:43	00:46:35	00:00:38	00:22:31	01:19:27
132	ANTHONY	MOIR	501	M 35 - 39	LINCOLN TRI CLUB			00:06:22	00:01:00	00:48:52	00:00:54	00:22:21	01:19:29
133	MARK	SPEED	502	M 40 - 44				00:06:48	00:01:00	00:49:42	00:00:49	00:21:10	01:19:29
134	MYLES	TAYLOR	392	M 20 - 24				00:07:38	00:01:16	00:47:53	00:00:57	00:21:46	01:19:30
135	SIMON	WILKINSON	116	M 40 - 44				00:09:53	00:01:40	00:45:25	00:00:59	00:21:36	01:19:33
136	MARTIN	ATTRUP	530	M 45 - 49	LINCOLN TRI CLUB			00:07:10	00:01:14	00:48:07	00:00:59	00:22:06	01:19:36
137	COLIN	RICHARDSON	292	M 45 - 49				00:08:43	00:01:59	00:47:50	00:00:42	00:20:23	01:19:37
138	STUART	BURNS	145	M 35 - 39				00:09:39	00:00:32	00:48:16	00:00:27	00:20:48	01:19:42
139	DAVID	REED	266	M 40 - 44	GRIMSBY TRI CLUB			00:09:11	00:01:20	00:46:11	00:00:57	00:22:04	01:19:43
140	ANDREW	HUMPHREY	368	M 45 - 49				00:08:50	00:01:33	00:45:35	00:00:56	00:22:50	01:19:44
141	STEVEN	NOLAN	434	M 35 - 39	STAMFORD TRI CLUB			00:08:51	00:01:27	00:46:18	00:00:49	00:22:21	01:19:46
142	LINDA	MURRAY	444	F 35 - 39	MANX TRI CLUB			00:08:08	00:00:58	00:46:55	00:00:51	00:22:56	01:19:48
143	CHRIS	BAKER	428	M 35 - 39				00:06:47	00:01:24	00:46:40	00:00:54	00:24:06	01:19:51
144	DAVID	GREENWOOD	339	M 35 - 39				00:08:53	00:01:16	00:48:14	00:01:09	00:20:25	01:19:57
145	MARK	RUHIER	255	M 40 - 44	LINCOLN TRI CLUB			00:09:00	00:01:10	00:47:14	00:01:03	00:21:36	01:20:03
146	DAVID	FALKINGHAM	399	M 40 - 44				00:08:45	00:01:00	00:46:33	00:00:42	00:23:04	01:20:04
147	SARAH	HASLAM	461	F 45 - 49				00:08:06	00:01:01	00:47:29	00:01:07	00:22:23	01:20:06
148	ANDREW	SOUTHGATE	303	M 40 - 44				00:09:20	00:01:02	00:46:42	00:00:37	00:22:28	01:20:09
149	EDDIE	CURRY	483	M 40 - 44	ABSOLUTE TRI CLUB			00:08:08	00:00:50	00:47:23	00:01:15	00:22:41	01:20:17
150	STEVE	MENDES	277	M 30 - 34				00:10:00	00:00:48	00:48:43	00:00:44	00:20:03	01:20:18
151	CHRIS	HOLMES	411	M 35 - 39				00:08:58	00:00:46	00:48:47	00:00:52	00:20:58	01:20:21
152	MATT	STORR	574	M 20 - 24				00:05:24	00:01:23	00:49:40	00:00:50	00:23:09	01:20:26
153	CHRISTOPHER	ARNO	321	M 40 - 44	SHEFFIELD TRI CLUB			00:08:41	00:01:23	00:49:01	00:00:43	00:20:44	01:20:32
154	PETER	ROSS	439	M 40 - 44				00:08:32	00:01:46	00:47:46	00:01:07	00:21:23	01:20:34
155	TOM	DALZIEL	250	M 50 - 54	4LIFE TRI CLUB			00:09:52	00:01:02	00:45:39	00:00:50	00:23:11	01:20:34
156	NATALIE	FARROW	192	F 25 - 29	LINCOLN TRI CLUB			00:09:01	00:01:05	00:51:29	00:00:36	00:18:35	01:20:46
157	ROLAND	STEVENS	380	M 50 - 54	BOURNE TOWN HARRIERS			00:08:16	00:01:11	00:48:18	00:00:51	00:22:11	01:20:47
158	GRAHAM	WALLIS	152	M 40 - 44				00:11:09	00:01:10	00:46:26	00:01:01	00:21:01	01:20:47
159	KEVIN	HAMLIN	320	M 35 - 39				00:08:43	00:00:59	00:46:42	00:01:03	00:23:28	01:20:55
160	DIANE	HAMILTON	456	F 40 - 44	ABSOLUTE TRI CLUB			00:08:37	00:01:09	00:47:35	00:00:58	00:22:37	01:20:56
161	STEVE	LILLEY	533	M 30 - 34				00:07:29	00:01:23	00:49:26	00:00:56	00:21:44	01:20:58
162	KEN	BALDING	316	M 50 - 54	SPALDING TRI CLUB			00:08:40	00:02:05	00:46:56	00:00:42	00:22:37	01:21:00
163	LAWRENCE	FELLOWS	559	M 25 - 29				00:06:20	00:01:38	00:48:30	00:00:59	00:23:35	01:21:02
164	BEN	MARSHALL	560	M 25 - 29				00:05:32	00:01:15	00:49:57	00:01:06	00:23:13	01:21:03
165	JON	DURANT	373	M 45 - 49	OXFORD TRI			00:08:13	00:00:52	00:47:29	00:01:15	00:23:14	01:21:03
166	ANDY	MCPARTLIN	529	M 40 - 44	SPALDING TRI CLUB			00:07:51	00:01:06	00:47:25	00:00:53	00:23:55	01:21:10
167	ANDY	BARRON	231	M 40 - 44				00:10:14	00:01:17	00:47:42	00:00:56	00:21:01	01:21:10
168	MATTHEW	RAYWARD	207	M 25 - 29				00:09:24	00:01:30	00:48:11	00:00:58	00:21:10	01:21:13
169	COLIN	SMITH	363	M 40 - 44				00:07:52	00:01:33	00:47:00	00:01:22	00:23:27	01:21:14
170	GRANT	FOSTER	230	M 40 - 44				00:08:03	00:01:01	00:47:14	00:01:24	00:23:35	01:21:17
171	MICK	WOOD	225	M 35 - 39	BCTTT			00:11:13	00:02:09	00:44:57	00:01:06	00:21:53	01:21:18
172	RICHARD	BAUGH	200	M 50 - 54				00:10:23	00:01:39	00:45:57	00:00:50	00:22:30	01:21:19
173	MARK	DOYLE	386	M 25 - 29	TFN TRI CLUB			00:07:32	00:00:57	00:50:58	00:01:12	00:20:41	01:21:20
174	RICHARD	HADDOCK	387	M 35 - 39				00:08:05	00:01:25	00:49:44	00:01:01	00:21:07	01:21:22
175	JONATHAN	KINSELLA	517	M 25 - 29				00:08:25	00:01:55	00:48:21	00:01:02	00:21:41	01:21:24
176	SAMANTHA	GARNER	281	F 25 - 29				00:08:52	00:01:21	00:49:59	00:00:59	00:20:14	01:21:25
177	GARY	TUDBURY	370	M 45 - 49	4LIFE TRI CLUB			00:09:06	00:01:08	00:43:13	00:00:56	00:27:04	01:21:27
178	TOBY	HUTTON	539	M 40 - 44				00:07:13	00:01:19	00:46:07	00:01:19	00:25:33	01:21:31
179	JIM	DALTON	458	M 45 - 49	LINCOLN TRI CLUB			00:07:56	00:01:48	00:48:52	00:0		

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184	NICHOLAS	APPLEYARD	345	M 35 - 39	LINCSQUAD		00:08:49	00:01:12	00:45:05	00:01:05	00:25:32	01:21:43
185	SIMON	MOSS	247	M 45 - 49			00:09:39	00:01:04	00:47:18	00:01:08	00:22:37	01:21:46
186	CHRISTIAN	ANDERSON	188	M 30 - 34			00:11:04	00:01:52	00:49:39	00:00:35	00:18:37	01:21:47
187	KELVIN	ARA	493	M 30 - 34			00:09:28	00:01:13	00:49:16	00:00:57	00:20:59	01:21:53
188	ANDREA	ROBINETT	522	F 25 - 29	STAMFORD TRI CLUB		00:07:35	00:01:09	00:47:53	00:01:34	00:23:47	01:21:58
189	JOHN	ROYSTON	172	M 60 +	TRI-ANGLIA		00:09:27	00:02:05	00:47:58	00:00:51	00:21:40	01:22:01
190	DAVID	CLAPHAM	309	M 40 - 44			00:08:49	00:00:59	00:49:24	00:00:52	00:22:00	01:22:04
191	DAVID	BENNETT	440	M 40 - 44			00:08:15	00:01:10	00:47:45	00:00:49	00:24:07	01:22:06
192	ESTHER	ATTRUP	504	F 15 - 24	LINCOLN TRI CLUB		00:07:52	00:01:01	00:49:03	00:01:15	00:22:59	01:22:10
193	RYAN	SNOWDEN	326	M 20 - 24			00:08:27	00:01:43	00:47:51	00:00:46	00:23:24	01:22:11
194	MARK	COOTE	236	M 40 - 44			00:09:34	00:01:18	00:48:45	00:00:48	00:21:48	01:22:13
195	JONATHAN	FROWD	307	M 35 - 39			00:08:20	00:01:46	00:47:43	00:00:57	00:23:36	01:22:22
196	MARTIN	HALIFAX	512	M 50 - 54	SPALDING TRI CLUB		00:07:30	00:01:10	00:47:53	00:01:24	00:24:30	01:22:27
197	CHRIS	WILSON	398	M 35 - 39			00:08:30	00:01:07	00:46:21	00:01:14	00:25:20	01:22:32
198	OLIVER	PRITCHARD	355	M 40 - 44			00:09:03	00:01:39	00:46:57	00:01:05	00:23:49	01:22:33
199	ADAM	BRADLEY	154	M 45 - 49			00:09:06	00:01:14	00:49:28	00:00:52	00:21:55	01:22:35
200	THOMAS	WHALEN	301	M 45 - 49	SCT		00:09:08	00:01:27	00:45:43	00:01:19	00:24:58	01:22:35
201	DARREN	LIDDELL	340	M 35 - 39			00:08:27	00:01:21	00:48:40	00:00:57	00:23:11	01:22:36
202	NICHOLAS	GIBSON	427	M 35 - 39			00:06:29	00:01:41	00:49:11	00:01:33	00:23:43	01:22:37
203	SARA	MICKLEBURGH	516	F 15 - 24	STAMFORD TRI CLUB		00:07:26	00:01:35	00:49:25	00:01:20	00:22:54	01:22:40
204	STEVEN	HIRD	139	M 30 - 34			00:09:58	00:01:17	00:45:44	00:00:49	00:25:01	01:22:49
205	MATT	HUGO	177	TEAM	LINCOLN TRI CLUB	TEAM HUGO	00:07:50	00:00:31	00:53:11	00:00:39	00:20:43	01:22:54
206	LORRAINE	GARVEY	425	F 35 - 39	MANSFIELD TRIATHLON CLUB		00:09:24	00:01:08	00:46:18	00:01:17	00:24:55	01:23:02
207	KEITH	DUNKINSON	356	M 40 - 44			00:07:59	00:01:35	00:45:34	00:01:07	00:26:51	01:23:06
208	PAUL	JENNER	213	M 25 - 29	TRI BRJ		00:08:25	00:01:34	00:49:56	00:00:44	00:23:02	01:23:41
209	IAN	SMITH	63	M 30 - 34			00:12:02	00:02:04	00:48:51	00:01:12	00:19:33	01:23:42
210	ELLIE	BETTS	558	F 15 - 24			00:06:51	00:01:26	00:52:23	00:00:46	00:22:17	01:23:43
211	HANNAH	WHITNEY	528	F 30 - 34	LINCOLN TRI CLUB		00:07:04	00:01:43	00:51:58	00:01:07	00:21:55	01:23:47
212	RICHARD	PERRY	183	M 55 - 59	GRIMSBY TRI CLUB		00:09:27	00:01:45	00:49:27	00:01:21	00:21:50	01:23:50
213	CHRISTOPHER	HYDE	349	M 35 - 39			00:08:12	00:01:57	00:50:04	00:01:13	00:22:28	01:23:54
214	JOHN	CROWDER	415	M 40 - 44	LINCS FIRE & RESCUE - USAR		00:08:35	00:01:20	00:48:10	00:00:54	00:24:56	01:23:55
215	JANA	NEWMAN	365	F 30 - 34	BRAT CLUB		00:08:29	00:01:29	00:49:43	00:00:55	00:23:23	01:23:59
216	MARCUS	PLUME	21	M 35 - 39			00:11:05	00:00:57	00:47:28	00:00:41	00:23:48	01:23:59
217	BRETT	CLARKE	165	M 50 - 54			00:07:45	00:00:23	00:50:53	00:00:52	00:24:10	01:24:03
218	JUSTIN	OSBORNE	304	M 30 - 34			00:08:51	00:01:20	00:49:25	00:00:52	00:23:35	01:24:03
219	SCOTT	LANE	272	M 30 - 34	RETFORD AC		00:08:12	00:01:35	00:49:01	00:00:58	00:24:18	01:24:04
220	NIC	RAVENS CROFT	195	M 40 - 44			00:08:56	00:01:42	00:45:36	00:01:52	00:25:59	01:24:05
221	KATY	JOHNSON	384	F 15 - 24	STAMFORD TRI CLUB		00:07:50	00:00:51	00:53:05	00:01:12	00:21:12	01:24:10
222	SARAH	STOTT	407	F 35 - 39	LEEDS BRADFORD TRI		00:08:25	00:01:25	00:49:53	00:01:06	00:23:23	01:24:12
223	DEBBIE	DRINKALL	442	F 35 - 39	SCUNTHORPE TRIATHLON CLUB		00:07:42	00:01:09	00:51:27	00:00:51	00:23:06	01:24:15
224	KELLY	HILL	371	F 30 - 34			00:08:47	00:00:45	00:50:10	00:00:52	00:23:43	01:24:17
225	DAVID	OAKTON	423	M 35 - 39	MANSFIELD TRIATHLON CLUB		00:09:42	00:01:12	00:49:13	00:01:21	00:22:50	01:24:18
226	ANDREW	BOOKER	237	M 40 - 44			00:09:08	00:01:34	00:46:53	00:01:06	00:25:41	01:24:22
227	WAYNE	MOUNTAIN	196	M 40 - 44			00:11:19	00:01:48	00:43:32	00:01:10	00:26:33	01:24:22
228	RACHAEL	BARBER	510	F 15 - 24	TURTLE SWIMMING CLUB		00:06:45	00:00:57	00:53:33	00:00:36	00:22:33	01:24:24
229	ROB	INGLE	169	M 50 - 54	SHEFFIELD TRI CLUB		00:10:07	00:00:50	00:49:14	00:00:42	00:23:32	01:24:25
230	RICHARD	HUNTER	226	M 35 - 39			00:08:19	00:01:11	00:52:17	00:00:38	00:22:02	01:24:27
231	GEORGIA	BALL	491	F 15 - 24	LINCOLN WELLINGTON ATHLETICS CLUB		00:07:35	00:01:00	00:55:44	00:00:39	00:19:34	01:24:32
232	MICHAEL	HASSE	140	M 35 - 39			00:07:53	00:02:03	00:49:10	00:01:27	00:24:02	01:24:35
233	IAIN	D S CHALMERS	248	M 45 - 49	GRIMSBY TRI CLUB		00:09:43	00:01:20	00:50:33	00:01:02	00:21:57	01:24:35
234	JOHN	CULLUM	466	M 45 - 49			00:08:23	00:01:12	00:50:12	00:00:42	00:24:07	01:24:36
235	PATRICK	O'CONNOR	289	M 45 - 49	WAKEFIELD TRIATHLON CLUB		00:10:25	00:01:06	00:47:54	00:00:56	00:24:15	01:24:36
236	MARK	FERNLEY	331	M 25 - 29			00:08:56	00:01:47	00:50:01	00:01:02	00:22:59	01:24:45
237	STEVEN	POOK	350	M 40 - 44	RAF TRI		00:09:53	00:01:27	00:45:58	00:01:12	00:26:17	01:24:47
238	JAMES	GARMENT	333	M 30 - 34			00:09:26	00:02:00	00:48:11	00:00:37	00:24:37	01:24:51
239	RICHARD	SCOTT	445	M 40 - 44	FIRE BRIGADE		00:07:30	00:01:23	00:51:55	00:01:15	00:22:49	01:24:52
240	BECKY	CHADWICK	382	F 30 - 34	RETFORD AC		00:08:36	00:01:14	00:53:42	00:00:32	00:20:49	01:24:53
241	ANDREW	CASSIDY	244	M 45 - 49			00:08:47	00:01:54	00:48:08	00:00:52	00:25:12	01:24:53
242	GREGOR	TRIPPETT	268	M 20 - 24			00:07:26	00:01:08	00:50:12	00:01:05	00:25:05	01:24:56
243	SALLY	CAMM	348	F 35 - 39			00:11:30	00:01:12	00:47:21	00:01:33	00:23:21	01:24:57
244	SHAUN	ROUND	469	M 25 - 29			00:08:51	00:01:08	00:51:31	00:00:52	00:22:36	01:24:58
245	JIM	PRYKE	285	M 40 - 44	DERBY TRI CLUB		00:10:22	00:01:12	00:49:43	00:01:08	00:22:40	01:25:05
246	JAMES	ROARK	520	M 20 - 24			00:06:26	00:01:20	00:54:16	00:00:49	00:22:16	01:25:07
247	MARTIN	JESSOP	441	M 40 - 44			00:09:19	00:01:37	00:50:18	00:00:52	00:23:06	01:25:12
248	NICKY	HILL	406	F 35 - 39	LINCOLN TRI CLUB		00:08:06	00:00:58	00:51:25	00:00:54	00:24:04	01:25:27
249	MADDY	WILSON	6	F 40 - 44	LINCOLN TRI CLUB		00:08:20	00:01:13	00:51:26	00:00:59	00:23:29	01:25:27
250	TOM	WILKINSON	128	M 20 - 24			00:10:43	00:01:48	00:50:53	00:00:35	00:21:32	01:25:31
251	ELLIE	POCOCK	443	F 35 - 39			00:07:47	00:01:15	00:53:56	00:01:01	00:21:46	01:25:45
252	MICHAEL	ASH	362	M 40 - 44			00:09:08	00:02:06	00:48:20	00:01:05	00:25:07	01:25:46
253	JOHN	LARGE	5	M 50 - 54	TFN TRI CLUB		00:07:24	00:01:12	00:52:30	00:01:06	00:23:36	01:25:48
254	AARON	EDWARDS	129	M 25 - 29			00:10:59	00:02:08	00:49:59	00:01:05	00:21:37	01:25:48
255	PETER	HARDMAN	175	M 60 +	BARRACUDA TRI CLUB		00:11:01	00:01:00	00:47:37	00:00:57	00:25:29	01:26:04
256	ROYSTON	PLUMLEY	476	M 40 - 44			00:10:21	00:01:23	00:50:04	00:01:29	00:22:51	01:26:08
257	JAMES	NURSE	181	M 35 - 39			00:09:30	00:01:53	00:52:20	00:00:34	00:21:53	01:26:10
258	CHRIS	SMITH	364	M 40 - 44			00:07:42	00:02:04	00:49:00	00:01:16	00:26:09	01:26:11
259	HEATHER	WESSON	251	F 25 - 29			00:09:57	00:01:39	00:50:30	00:01:18	00:22:49	01:26:13
260	GUDRUN	MEISL	330	F 45 - 49	TFN TRI CLUB		00:09:14	00:01:08	00:49:52	00:01:01	00:25:00	01:26:15
261	ADAM	MULLIGAN	115	M 35 - 39			00:12:05	00:02:01	00:47:19	00:01:11	00:23:41	01:26:17
262	LUKE	AISTHORPE	208	M 25 - 29			00:08:25	00:01:22	00:51:40	00:00:47	00:24:11	01:26:25
263	JESS	ELKINGTON	430	F 15 - 24			00:07:01	00:01:55	00:52:23	00:00:50	00:24:20	01:26:29
264	NEIL	EMERY	315	M 45 - 49	ABSOLUTE TRI CLUB		00:09:18	00:02:35	00:52:07	00:01:12	00:21:20	01:26:32
265	NEIL	CLARKE	319	M 35 - 39			00:08:47	00:01:38	00:49:44	00:01:10	00:25:17	01:26:36
266	DEBBIE	WILSON	418	F 35 - 39			00:08:05	00:01:06	00:50:40	00:00:55	00:26:00	01:26:46
267	JOE	DUANE	16	M 45 - 49			00:10:49	00:01:26	00:48:00	00:00:34	00:26:01	01:26:50
268	NICK	SEARS	49	M 35 - 39	RETFORD AC		00:11:59	00:01:56	00:51:14	00:00:38	00:21:04	01:26:51
269	OWEN	EDWARDS	374	M 45 - 49			00:08:41	00:01:59	00:51:39	00:01:00	00:23:35	01:26:54
270	CRAIG	MCKAY	262	M 40 - 44	LA SQUADRA		00:08:56	00:01:34	00:48:15	00:01:13	00:26:57	01:26:55
271	LUCY	HURLEY	191	F 15 - 24			00:08:11	00:01:54	00:53:07	00:01:26	00:22:17	01:26:55
272	NICHOLAS	WRIGHT	153	M 40 - 44			00:10:26	00:01:42	00:47:21	00:01:05	00:26:26	01:27:00
273	RICH	WATKINS	224	M 35 - 39			00:10:08	00:06:33	00:44:02	00:01:11	00:25:14	01:27:08
274	CHLOE	WILKINSON	432	F 15 - 24								

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276	DANIEL	MCLEOD	496	M 35 - 39		00:06:46	00:01:52	00:53:40	00:01:04	00:23:54	01:27:16
277	TIM	SIMMONS	278	M 35 - 39	RAF TRI	00:09:28	00:01:58	00:50:17	00:02:03	00:23:30	01:27:16
278	HELEN	FLORENCE	203	F 30 - 34		00:09:01	00:02:09	00:50:51	00:00:58	00:24:18	01:27:17
279	LIZ	FLEUTY	473	F 35 - 39	LINCOLN TRI CLUB	00:08:49	00:00:58	00:51:35	00:00:53	00:25:05	01:27:20
280	MARK	NEEDHAM	547	M 45 - 49		00:07:10	00:02:05	00:51:39	00:00:53	00:25:35	01:27:22
281	SIMONE	DARK	354	F 35 - 39		00:08:49	00:01:54	00:52:41	00:01:06	00:22:58	01:27:28
282	TONY	CLAY	376	M 50 - 54	4LIFE TRI CLUB	00:09:07	00:01:12	00:54:06	00:00:54	00:22:18	01:27:37
283	RICHARD	THOMBS	358	M 40 - 44		00:09:38	00:02:14	00:48:44	00:01:44	00:25:18	01:27:38
284	PAULA	ADAMS	344	F 35 - 39	SPEEDO	00:09:29	00:01:48	00:51:15	00:01:18	00:23:49	01:27:39
285	ANDREW	BLACKBURN	314	M 40 - 44	LINCOLNSHIRE FIRE & RESCUE	00:08:03	00:01:46	00:52:03	00:00:47	00:25:01	01:27:40
286	SARAH	DAVEY	498	F 15 - 24	LINCOLN WELLINGTON ATHLETICS CLUB	00:08:22	00:01:38	00:55:13	00:00:37	00:21:55	01:27:45
287	SARAH	DICKINSON	479	F 40 - 44	CLEVELAND TRIATHLON CLUB	00:07:47	00:01:07	00:50:14	00:01:07	00:27:34	01:27:49
288	KIRSTY	FARROW	438	F 25 - 29		00:08:56	00:01:07	00:54:08	00:00:53	00:22:52	01:27:56
289	RICHARD	EBANKS	118	M 45 - 49		00:11:20	00:00:56	00:50:22	00:01:00	00:24:19	01:27:57
290	DAVID	HARRIS	164	M 45 - 49		00:11:38	00:01:16	00:50:24	00:01:05	00:23:39	01:28:02
291	GEORGE	EVANS	73	M 35 - 39		00:10:17	00:02:06	00:50:25	00:01:24	00:23:54	01:28:06
292	VIN	NEWTON	166	M 50 - 54		00:09:55	00:01:24	00:50:44	00:01:05	00:24:59	01:28:07
293	AIMEE	STOCKER	12	F 25 - 29	SPALDING TRI CLUB	00:08:47	00:00:42	00:50:48	00:01:07	00:26:50	01:28:14
294	ADAM	FENTON-SMITH	88	M 40 - 44		00:10:00	00:02:16	00:51:28	00:01:12	00:23:18	01:28:14
295	MARY	SHEPHERD	450	F 35 - 39	HOLMFIRTH HARRIERS	00:07:59	00:00:59	00:52:49	00:01:12	00:25:26	01:28:25
296	DARRELL	BETONEY	147	M 35 - 39	1485	00:09:27	00:01:54	00:51:35	00:00:36	00:24:53	01:28:25
297	SIONA	PITMAN	324	F 30 - 34		00:07:54	00:02:01	00:52:30	00:00:57	00:25:09	01:28:31
298	LEE	BLANCHARD	189	M 35 - 39		00:09:22	00:01:16	00:50:06	00:00:43	00:27:10	01:28:37
299	PHILLIP	SMITH	260	M 45 - 49		00:09:27	00:01:40	00:49:36	00:01:18	00:26:42	01:28:43
300	DAVID	BARNETT	243	M 45 - 49		00:09:54	00:00:54	00:52:26	00:01:03	00:24:26	01:28:43
301	GEORGINA	SHAW	90	F 25 - 29	GRIMSBY TRI CLUB	00:10:07	00:01:27	00:54:42	00:00:58	00:21:30	01:28:44
302	JAMIE	BUCKLAND	337	M 30 - 34		00:08:09	00:01:33	00:55:57	00:00:45	00:22:21	01:28:45
303	SAMANTHA	O'CONNOR	377	F 40 - 44	ABSOLUTE TRI CLUB	00:09:13	00:01:18	00:53:19	00:00:49	00:24:11	01:28:50
304	SARAH	SHORES	396	F 40 - 44		00:08:24	00:01:47	00:54:50	00:00:56	00:22:56	01:28:53
305	CHARLOTTE	WEBB	276	F 40 - 44	4LIFE TRI CLUB	00:07:58	00:00:52	00:55:01	00:01:32	00:23:33	01:28:56
306	DAVID	LEE	27	M 45 - 49		00:09:01	00:01:28	00:53:21	00:01:40	00:23:28	01:28:58
307	NICK	OTTER	265	M 30 - 34		00:08:06	00:01:52	00:54:09	00:01:34	00:23:18	01:28:59
308	GRAHAM	COOK	242	M 40 - 44	BARRACUDA TRI CLUB	00:08:46	00:02:00	00:55:57	00:00:56	00:21:22	01:29:01
309	CAROL	AITCHISON	395	F 35 - 39		00:08:56	00:01:35	00:53:46	00:01:06	00:23:41	01:29:04
310	ROY	JACKSON	367	M 45 - 49		00:08:10	00:01:25	00:49:30	00:01:05	00:28:55	01:29:05
311	SALLY	LADLOW	426	F 40 - 44		00:08:43	00:01:26	00:51:56	00:01:23	00:25:44	01:29:12
312	TOBY	CRIPPS	193	M 35 - 39		00:08:47	00:01:52	00:53:47	00:01:02	00:23:44	01:29:12
313	JACKIE	HARDMAN	131	F 55 - 59	BARRACUDA TRI CLUB	00:11:39	00:02:09	00:51:10	00:01:00	00:23:19	01:29:17
314	KAREN	HODGSON	222	F 40 - 44		00:09:10	00:01:52	00:52:28	00:01:24	00:24:27	01:29:21
315	GEORGE	BENNETT	286	M 45 - 49		00:09:11	00:01:38	00:52:45	00:01:05	00:24:52	01:29:31
316	STEWART	MACKENZIE	178	M 55 - 59		00:10:27	00:01:04	00:51:22	00:01:01	00:25:56	01:29:50
317	KEITH	REED	58	M 40 - 44		00:12:09	00:01:52	00:48:48	00:01:03	00:25:59	01:29:51
318	IAN	CLARKE	405	M 50 - 54		00:09:15	00:01:03	00:54:17	00:00:56	00:24:27	01:29:58
319	SIMON	ATKIN	121	M 40 - 44		00:10:42	00:01:23	00:48:34	00:01:04	00:28:15	01:29:58
320	CLAIR	HIBBERT	424	F 30 - 34	GI TRI	00:07:59	00:01:27	00:54:15	00:01:08	00:25:18	01:30:07
321	CATHERINE	WEST	413	F 25 - 29		00:07:12	00:01:55	00:53:42	00:01:16	00:26:04	01:30:09
322	ADAM	WESTROP	105	M 40 - 44		00:10:26	00:02:02	00:50:22	00:00:51	00:26:42	01:30:23
323	SARAH	CLAPHAM	534	F 35 - 39	LINCOLN DISTRICT RUNNERS	00:07:12	00:01:19	00:53:44	00:01:14	00:26:55	01:30:24
324	KATHRYN	PALMER	185	F 50 - 54		00:10:10	00:01:54	00:54:50	00:00:46	00:22:45	01:30:25
325	RUTH	HADDOCK	402	F 35 - 39		00:08:44	00:02:01	00:53:20	00:00:53	00:25:28	01:30:26
326	FIONA	KELMAN	311	F 40 - 44	PACTRAC	00:09:18	00:01:18	00:50:41	00:00:46	00:28:23	01:30:26
327	ANDREW	WATSON	235	M 40 - 44		00:09:28	00:01:34	00:51:38	00:01:11	00:26:40	01:30:31
328	GEORGE	HARDY	32	M 25 - 29		00:10:18	00:02:03	00:55:59	00:00:34	00:21:42	01:30:36
329	NIGEL	STEPHENSON	218	M 30 - 34		00:09:41	00:02:31	00:54:05	00:00:41	00:23:39	01:30:37
330	PAUL	PORTER	94	M 40 - 44		00:11:42	00:01:35	00:54:25	00:00:28	00:22:28	01:30:38
331	ANDREW	WATSON	50	M 35 - 39	ABSOLUTE TRI CLUB	00:12:01	00:01:29	00:52:01	00:01:09	00:24:00	01:30:40
332	BLAKE	HARDING	489	M 15 - 19		00:06:42	00:01:36	00:58:10	00:00:54	00:23:20	01:30:42
333	ANDREW	BUSTIN	37	M 45 - 49		00:09:33	00:02:41	00:52:51	00:00:41	00:25:00	01:30:46
334	EMMA	MARSHALL-TELFER	252	F 35 - 39	MABLETHORPE RUNNING CLUB	00:09:37	00:01:15	00:55:41	00:01:14	00:22:59	01:30:46
335	JODY	LEGGATE	56	M 35 - 39		00:11:41	00:01:56	00:54:27	00:00:43	00:22:02	01:30:49
336	DOMINIC	GOY	146	M 35 - 39		00:11:17	00:01:59	00:50:56	00:01:13	00:25:25	01:30:50
337	JAMES	COLLINS	187	M 30 - 34		00:09:18	00:02:27	00:52:44	00:01:16	00:25:09	01:30:54
338	STEVE	CURRID	369	M 45 - 49		00:08:59	00:01:11	00:52:31	00:01:02	00:27:13	01:30:56
339	RORY	UNDERWOOD	291	M 45 - 49		00:08:56	00:00:51	00:53:43	00:01:01	00:26:26	01:30:57
340	DARREN	KWEE	80	M 40 - 44		00:11:34	00:01:37	00:53:31	00:01:06	00:23:33	01:31:21
341	SARAH	BROMLEY	186	F 15 - 24		00:09:39	00:01:59	00:53:39	00:00:35	00:25:32	01:31:24
342	JULIE	WHALEY	257	F 35 - 39	GI-TRI	00:09:25	00:01:18	00:55:44	00:01:13	00:23:46	01:31:26
343	NIGEL	SMITH	457	M 45 - 49		00:08:10	00:01:42	00:51:32	00:00:52	00:29:11	01:31:27
344	SADIE	AUBREY	329	F 35 - 39	LINCOLN TRI CLUB	00:09:17	00:01:32	00:54:49	00:00:56	00:24:54	01:31:28
345	IAN	FILBY	99	M 50 - 54		00:13:18	00:01:21	00:53:22	00:01:03	00:22:28	01:31:32
346	LAURIE	APPLETON	190	M 35 - 39		00:07:49	00:02:10	00:51:42	00:00:58	00:28:59	01:31:38
347	ANDREW	HOWDEN	141	M 35 - 39	BRIDGTOWN CONA TESTA TRI TEAM	00:09:41	00:00:57	00:54:18	00:00:52	00:25:55	01:31:43
348	RUTH	WILLOTT	390	F 35 - 39		00:08:31	00:02:14	00:50:58	00:01:47	00:28:18	01:31:48
349	ADRIAN	SIMPSON	110	M 30 - 34		00:09:38	00:03:21	00:52:42	00:01:16	00:24:52	01:31:49
350	RICHARD	WEATHERLEY	69	M 30 - 34	LINCOLN TRI CLUB	00:10:11	00:00:44	00:53:47	00:00:39	00:26:39	01:32:00
351	JOYCE	THOMPSON	462	F 55 - 59	CLEVELAND TRIATHLON CLUB	00:08:38	00:01:43	00:54:49	00:01:05	00:25:49	01:32:04
352	LOU	ELKINGTON	360	F 45 - 49		00:09:21	00:02:45	00:53:16	00:01:14	00:25:39	01:32:15
353	GLYN	DIXON	142	M 35 - 39		00:10:35	00:02:35	00:52:03	00:00:58	00:26:10	01:32:21
354	CHRIS	AUBREY	420	TEAM	TEAM TRITASTIC	00:07:41	00:00:34	00:51:41	00:00:34	00:31:56	01:32:26
355	JONATHAN	BILLINGHURST	135	M 30 - 34		00:09:51	00:01:11	00:56:42	00:01:15	00:23:30	01:32:29
356	JACKIE	HAY	480	F 45 - 49	CLEVELAND TRIATHLON CLUB	00:08:33	00:01:48	00:56:56	00:01:10	00:24:03	01:32:30
357	ALISON	WRIGHT	401	F 50 - 54		00:09:43	00:01:44	00:53:31	00:01:07	00:26:25	01:32:30
358	PAUL	ORGILL	52	M 45 - 49		00:12:41	00:01:14	00:54:01	00:00:45	00:23:49	01:32:30
359	KIRSTY	SHAW	552	F 15 - 24	GI TRI	00:06:46	00:01:17	00:54:32	00:01:07	00:28:54	01:32:36
360	DAVID	JOCKEL	391	M 45 - 49		00:08:56	00:01:03	00:53:17	00:01:29	00:27:57	01:32:42
361	HELEN	GISBY	372	F 40 - 44		00:08:48	00:01:54	00:55:24	00:00:40	00:26:06	01:32:52
362	SARAH	WALTON	359	F 45 - 49		00:10:32	00:03:32	00:52:00	00:01:27	00:25:24	01:32:55
363	ANTHONY	RILEY	100	M 55 - 59	SUTTON IN ASHFIELD HARRIERS	00:11:18	00:01:03	00:54:04	00:00:30	00:26:07	01:33:02
364	MICHAEL	BARTON	75	M 40 - 44		00:12:47	00:01:04	00:53:53	00:01:03	00:24:20	01:33:07
365	LEIGH	ALLISS	275	F 40 - 44		00:09:17	00:02:31	00:54:28	00:01:39	00:25:18	01:33:13
366	TOM	WILKINSON	112	M 45 - 49		00:10:29	00:03:01	00:53:32	00:00:46	00:25:25	01:33:13
367	MATTHEW	MACDONALD	134	M 30 - 34		00:12:08	00:02:34	00:51:58	00:01:58	00:24:36	01:33:14

WOODHALL SPA TRIATHLON - PROVISIONAL RESULTS VER. 4

368	NICKI	POWELL	155	F 35 - 39		00:10:07	00:01:44	00:57:30	00:01:16	00:22:54	01:33:31
369	DANIEL	KURZ	133	M 30 - 34		00:09:50	00:04:32	00:51:15	00:03:15	00:24:44	01:33:36
370	CHRISTINA	MILLER	47	F 25 - 29		00:09:10	00:02:26	00:56:16	00:01:36	00:24:10	01:33:38
371	KRIS	WARREN	227	F 40 - 44		00:10:58	00:01:42	00:56:19	00:01:20	00:23:32	01:33:51
372	RUTH	SUTHERLAND	264	F 50 - 54		00:11:03	00:02:16	00:48:40	00:01:09	00:30:45	01:33:53
373	ADAM	SELLARS	123	M 20 - 24	SPALDING TRI CLUB	00:09:35	00:00:53	00:53:24	00:00:28	00:29:36	01:33:56
374	RUARY	EDMOND	219	M 30 - 34		00:09:39	00:02:24	00:57:09	00:01:25	00:23:21	01:33:58
375	EMMA	BENFIELD	353	F 35 - 39	GRIMSBY TRI CLUB	00:08:10	00:01:44	00:58:41	00:01:18	00:24:07	01:34:00
376	MARK	MARSAY	290	M 45 - 49	RAF TRI	00:10:20	00:01:37	00:52:45	00:01:17	00:28:12	01:34:11
377	RICHARD	DONNER	84	M 30 - 34		00:09:09	00:01:24	01:00:18	00:00:46	00:22:36	01:34:13
378	CLAIRE	SCOTT	414	F 30 - 34		00:09:34	00:01:31	00:56:17	00:01:04	00:25:49	01:34:15
379	MATTHEW	CRAVEN	109	M 30 - 34		00:10:33	00:05:07	00:53:27	00:02:07	00:23:03	01:34:17
380	LOUISE	GEORGE	173	F 45 - 49		00:11:52	00:01:04	00:54:11	00:01:00	00:26:10	01:34:17
381	CHARLIE	FOSTER	298	M 55 - 59		00:09:28	00:02:32	00:57:29	00:01:12	00:23:37	01:34:18
382	ANDREW	DIXON	199	M 40 - 44		00:09:31	00:01:28	00:51:00	00:01:07	00:31:12	01:34:18
383	JOANNE	PYMAN	394	F 35 - 39		00:08:37	00:01:24	00:56:15	00:01:49	00:26:15	01:34:20
384	CHRIS	WATKINS	211	M 25 - 29		00:09:16	00:02:37	00:54:11	00:01:16	00:27:00	01:34:20
385	ANDY	CHAMBERLAIN	61	M 45 - 49	SPALDING TRI CLUB	00:13:14	00:01:07	00:54:11	00:00:39	00:25:11	01:34:22
386	WILLIAM	ALLAN	261	M 25 - 29		00:08:10	00:02:45	01:00:43	00:01:33	00:21:11	01:34:22
387	HAMISH	MCCONCHIE	82	M 45 - 49		00:10:45	00:01:06	00:57:09	00:01:10	00:24:23	01:34:33
388	ALICE	NEWMAN	383	F 15 - 24		00:08:02	00:02:59	00:55:40	00:00:47	00:27:18	01:34:46
389	CRAIG	WILSON	232	M 40 - 44		00:08:22	00:02:41	00:54:16	00:01:21	00:28:08	01:34:48
390	GREGORY	SLANN	206	M 20 - 24		00:08:28	00:02:13	00:55:26	00:01:15	00:27:31	01:34:53
391	PAUL	COOPER	157	M 45 - 49		00:14:08	00:01:02	00:54:57	00:00:44	00:24:06	01:34:57
392	NICK	DENHAM	295	M 45 - 49		00:12:35	00:02:45	00:52:08	00:01:34	00:26:06	01:35:08
393	SCOTT	HILL	98	M 25 - 29		00:11:08	00:01:14	00:52:13	00:00:48	00:29:46	01:35:09
394	SHARON	KITCHEN	269	F 45 - 49		00:09:57	00:02:25	00:55:37	00:01:00	00:26:38	01:35:37
395	RACHEL	COURTNEY	288	F 30 - 34		00:09:28	00:01:19	00:56:50	00:00:40	00:27:22	01:35:39
396	PAUL	JOHNSON	92	M 25 - 29	GRIMSBY TRI CLUB	00:10:04	00:01:25	00:01:05	00:00:37	00:22:37	01:35:48
397	BRIDGET	VERGETTE	228	F 45 - 49	STAMFORD TRI CLUB	00:10:20	00:01:22	00:56:47	00:00:57	00:26:31	01:35:57
398	NICOLA	MICHELLE	419	F 40 - 44		00:08:00	00:02:12	00:55:50	00:01:11	00:28:45	01:35:58
399	PHILLIP	MARSHALL	91	M 20 - 24		00:12:38	00:02:17	00:58:09	00:01:01	00:21:55	01:36:00
400	MICHAEL	BIRD	43	M 55 - 59	MANSFIELD TRIATHLON CLUB	00:14:29	00:02:34	00:51:45	00:01:26	00:25:47	01:36:01
401	PETER	BARBER	171	M 60 +		00:10:34	00:02:16	00:56:15	00:00:49	00:26:23	01:36:17
402	MICHAEL	POTTER	17	M 45 - 49		00:11:09	00:01:22	00:58:11	00:00:53	00:24:51	01:36:26
403	NINA	MARSHALL	108	F 25 - 29		00:11:38	00:02:23	00:54:35	00:00:47	00:27:05	01:36:28
404	ANDREW	BLACKBURN	158	M 45 - 49		00:09:33	00:01:23	00:54:23	00:00:36	00:30:34	01:36:29
405	LEE	COOK	111	M 30 - 34		00:10:04	00:01:12	00:57:55	00:02:16	00:25:36	01:37:03
406	KATE	TUCKER	107	F 35 - 39		00:10:54	00:01:36	00:56:40	00:00:54	00:27:01	01:37:05
407	GRANT	GIBSON	25	M 45 - 49		00:10:56	00:02:16	00:53:13	00:01:31	00:29:14	01:37:10
408	STEVE	ROBINSON	20	M 50 - 54		00:13:08	00:02:21	00:53:16	00:01:07	00:27:26	01:37:18
409	CAROL	O'CONNOR	234	F 45 - 49		00:10:27	00:01:38	00:57:15	00:00:58	00:27:01	01:37:19
410	JONATHAN	MATTHEWS	87	M 40 - 44		00:09:42	00:01:35	00:57:15	00:01:39	00:27:10	01:37:21
411	SUSIE	PETERS	317	F 45 - 49	ABSOLUTE TRI CLUB	00:10:07	00:02:38	01:00:52	00:00:55	00:22:59	01:37:31
412	ALUN	ROBERTS	76	M 40 - 44	LINCOLNSHIRE FIRE & RESCUE RUBBLE MONKEY	00:11:48	00:02:13	00:54:51	00:00:57	00:27:45	01:37:34
413	MELANIE	WHEELER	161	F 40 - 44		00:11:50	00:01:06	00:55:54	00:01:11	00:27:37	01:37:38
414	JOANNA	CHISHOLM	24	F 40 - 44	STAMFORD TRI CLUB	00:13:10	00:02:13	00:52:19	00:01:03	00:28:54	01:37:39
415	BRUCE	WILSON	2	M 25 - 29	LINCOLN TRI CLUB	00:13:01	00:02:26	00:55:42	00:00:46	00:25:46	01:37:41
416	NICOLA	GOY	215	F 35 - 39		00:09:53	00:02:14	00:57:27	00:01:05	00:27:08	01:37:47
417	MALCOLM	RAY	176	M 60 +	BRAMCOTE TRI	00:11:01	00:01:02	00:52:52	00:00:51	00:32:05	01:37:51
418	EMMA	REEVES	210	F 35 - 39		00:12:29	00:02:17	00:55:40	00:00:37	00:26:53	01:37:56
419	JUSTIN	HACKNEY	22	M 40 - 44		00:13:29	00:03:20	00:54:13	00:00:42	00:26:32	01:38:16
420	KAREN	DOUGHTY	102	F 40 - 44		00:10:18	00:02:06	00:57:27	00:00:42	00:27:49	01:38:22
421	STEVE	MARTIN	93	M 30 - 34		00:07:19	00:02:17	00:58:42	00:01:45	00:28:20	01:38:23
422	SHARON	ROBEY	258	F 40 - 44		00:09:53	00:01:31	00:59:15	00:00:43	00:27:15	01:38:37
423	PAUL	O'NEILL	229	M 35 - 39		00:12:47	00:03:28	00:53:57	00:01:33	00:26:53	01:38:38
424	GLENN	DAVIES	249	M 50 - 54							01:38:39
425	VANDRA	JACKSON	300	F 35 - 39		00:10:18	00:01:25	00:57:14	00:00:59	00:28:47	01:38:43
426	VICKI	WATSON	60	F 40 - 44	ABSOLUTE TRI CLUB	00:12:48	00:01:16	00:55:32	00:01:08	00:28:08	01:38:52
427	SHELLEY	ANDERSON	455	F 40 - 44	LINCOLN TRI CLUB	00:09:54	00:01:27	00:53:33	00:01:22	00:33:13	01:39:29
428	CHARLOTTE	WILLIAMSON	221	F 35 - 39		00:13:34	00:02:55	00:56:50	00:00:51	00:25:29	01:39:39
429	AMI	KETLEY	436	F 25 - 29	ABSOLUTE TRI CLUB	00:07:52	00:01:16	00:59:07	00:00:48	00:30:39	01:39:42
430	JASON	KWEE	117	M 45 - 49	LINCOLN TRI CLUB	00:11:16	00:01:39	00:56:23	00:01:06	00:30:05	01:40:29
431	GEORGE	FLETCHER	214	M 30 - 34		00:18:17	00:01:27	00:52:41	00:01:41	00:26:28	01:40:34
432	LOUISE	JACKSON	342	F 30 - 34		00:09:57	00:01:24	00:59:01	00:00:50	00:29:32	01:40:44
433	DIANE	TREACHER	239	F 45 - 49		00:10:29	00:02:38	00:57:15	00:01:00	00:29:28	01:40:50
434	SUE	WALKER	119	F 30 - 34		00:09:48	00:01:55	00:59:49	00:00:39	00:28:41	01:40:52
435	KAREN	LEE	287	F 30 - 34		00:10:14	00:02:24	01:02:51	00:01:00	00:24:25	01:40:54
436	ANDREA	STOCKS	263	F 45 - 49	ROBERTTOWN ROAD RUNNERS	00:10:34	00:01:47	00:57:57	00:02:29	00:28:07	01:40:54
437	GAIL	PHILLIPS	162	F 40 - 44		00:12:46	00:01:13	00:54:35	00:01:19	00:31:25	01:41:18
438	MICHELLE	MEAKINS	347	F 35 - 39	ADWICK TRI CLUB / DONCASTER ATHLETICS CLUB	00:09:00	00:01:45	01:01:27	00:01:26	00:27:44	01:41:22
439	KAREN	PETTITT	137	F 45 - 49		00:11:35	00:01:46	00:58:27	00:01:07	00:28:30	01:41:25
440	WENDY	LANE	179	F 35 - 39	SPALDING TRI CLUB	00:11:26	00:01:26	00:59:28	00:01:42	00:27:25	01:41:27
441	SARAH	MORGAN	72	F 35 - 39		00:12:16	00:02:49	00:58:48	00:00:49	00:26:46	01:41:28
442	ADRIAN	DORR	97	M 45 - 49		00:10:45	00:02:52	01:02:22	00:00:36	00:25:06	01:41:41
443	JANE	GALLAGHER	209	F 30 - 34	SPALDING TRI CLUB	00:12:29	00:02:03	01:01:06	00:00:37	00:25:32	01:41:47
444	MARK	ROBERTS	57	M 35 - 39		00:09:57	00:04:01	00:57:28	00:01:31	00:28:51	01:41:48
445	PETER	WOODHOUSE	284	M 40 - 44		00:09:03	00:01:42	01:08:09	00:00:55	00:22:20	01:42:09
446	MARTIN	KING	170	M 55 - 59		00:09:28	00:03:11	00:51:29	00:01:43	00:36:28	01:42:19
447	AMBER	SPIERS	174	F 35 - 39		00:09:15	00:01:53	00:58:27	00:00:33	00:32:12	01:42:20
448	ADELE	SMITH	233	F 45 - 49		00:12:19	00:02:47	01:00:08	00:01:46	00:25:40	01:42:40
449	LEE	COULSON	45	M 20 - 24		00:11:17	00:02:32	01:00:28	00:01:31	00:27:35	01:43:03
450	CARL	TEARE	62	M 40 - 44	TRITALK.CO.UK	00:10:35	00:01:47	00:56:50	00:01:43	00:32:12	01:43:07
451	SUE	FROST	89	F 45 - 49		00:13:22	00:01:47	00:55:33	00:02:14	00:30:23	01:43:19
452	PETER	HILL	13	M 40 - 44	LINCOLN TRI CLUB	00:08:50	00:02:28	00:58:50	00:01:13	00:32:07	01:43:28
453	HEATHER	COLEMAN	216	F 35 - 39		00:12:06	00:02:01	01:00:52	00:01:00	00:27:31	01:43:30
454	SANDIE	MARLOW	168	F 40 - 44	STAMFORD TRI CLUB	00:08:09	00:01:25	01:03:06	00:01:25	00:29:27	01:43:32
455	PAUL	SHINTON	26	M 35 - 39		00:11:01	00:04:21	00:57:26	00:01:00	00:30:09	01:43:57
456	TRACY	SHARP	18	F 40 - 44		00:13:32	00:03:11	00:59:24	00:00:56	00:26:54	01:43:57
457	CLAIRE	GRIEVES	335	F 25 - 29		00:08:34	00:02:27	01:01:11	00:00:58	00:31:14	01:44:24
458	ALICIA	TAYLOR-BELL	204	F 30 - 34		00:13:39	00:02:01	00:57:41	00:00:47	00:30:24	01:44:32
459	STEVEN	ROBERTS	454	M 45 - 49		00:07:51	00:03:04	01:03:21	00:01:19	00:29:06	01:44:41

WOODHALL SPA TRIATHLON - PROVISIONAL RESULTS VER. 4

460	PAUL	DUNCAN	74	M 55 - 59	DUNSTON DUCKS		00:11:10	00:03:02	01:02:21	00:00:55	00:27:24	01:44:52
461	ANDREW	POTTER	15	M 15 - 19			00:11:36	00:00:41	00:52:40	00:00:53	00:39:27	01:45:17
462	LORETTA	WALKER	180	F 30 - 34			00:09:39	00:03:08	01:01:22	00:02:07	00:29:12	01:45:28
463	SOPHIE	FINN	113	F 25 - 29			00:10:01	00:02:19	01:00:18	00:00:50	00:32:21	01:45:49
464	KIM	TAYLOR	467	TEAM	LINCOLN TRI CLUB	DIGBY DAYDREAMERS	00:08:49	00:00:57	01:05:08	00:00:49	00:30:15	01:45:58
465	REBECCA	SHORROCK	41	F 25 - 29			00:14:34	00:01:56	00:55:10	00:01:30	00:33:28	01:46:38
466	RHIAN	COOKE	503	F 15 - 24	LINCOLN TRI CLUB		00:07:08	00:01:16	01:08:15	00:00:45	00:29:27	01:46:51
467	LINDA	RAWLINS	305	F 40 - 44	WERRINGTON JOGGERS		00:09:46	00:02:01	01:07:45	00:00:50	00:26:56	01:47:18
468	TOM	BRIGGS	103	M 20 - 24			00:13:39	00:05:21	00:58:33	00:01:55	00:28:03	01:47:31
469	ANDREW	STEVENSON-JONES	104	M 25 - 29			00:13:40	00:05:18	00:58:35	00:01:55	00:28:04	01:47:32
470	BARBARA	BLANCHARD	149	F 30 - 34			00:11:11	00:01:26	01:00:04	00:00:45	00:34:26	01:47:52
471	CLIVE	BUCK	220	M 30 - 34	MANSFIELD TRIATHLON CLUB		00:09:17	00:01:18	01:15:42	00:01:14	00:20:29	01:48:00
472	SABRENA	HORAN	78	F 25 - 29			00:11:10	00:03:22	01:01:43	00:00:47	00:31:07	01:48:09
473	KAREN	GREGORY	35	F 45 - 49			00:11:15	00:02:45	01:06:03	00:01:13	00:27:10	01:48:26
474	DARREN	GARTON	273	M 35 - 39			00:08:58	00:02:53	01:09:09	00:01:07	00:26:22	01:48:29
475	MICHELLE	PERRY	282	F 25 - 29			00:08:56	00:02:44	00:59:53	00:00:42	00:36:26	01:48:41
476	ANGELA	FLANNIGAN	138	F 30 - 34			00:11:59	00:01:03	01:03:10	00:01:21	00:31:21	01:48:54
477	STEPHEN	AUBREY	79	M 40 - 44			00:15:39	00:02:07	00:58:01	00:00:41	00:32:33	01:49:01
478	CLAIRE	HAMBLING	132	F 40 - 44			00:13:03	00:01:04	01:03:22	00:00:50	00:30:46	01:49:05
479	LINDSEY	STUART	299	F 35 - 39			00:12:48	00:01:53	01:04:48	00:00:59	00:29:23	01:49:51
480	RAYMOND	WALKER	86	M 60 +			00:10:32	00:03:17	01:08:43	00:01:57	00:26:04	01:50:33
481	ANNA	SHEPHERD	167	F 40 - 44			00:10:06	00:02:39	01:09:03	00:00:58	00:28:05	01:50:51
482	ANTHONY	PATTERSON	40	M 50 - 54			00:13:52	00:03:36	01:04:50	00:01:02	00:27:32	01:50:52
483	KATHERINE	BRETAN	101	F 55 - 59			00:20:54	00:01:08	00:57:58	00:01:36	00:29:23	01:50:59
484	REBECCA	DAWBER	83	F 35 - 39			00:12:25	00:03:55	01:01:54	00:01:04	00:31:54	01:51:12
485	TANYA	RADFORD	197	F 25 - 29			00:14:44	00:04:42	00:59:18	00:02:04	00:31:15	01:52:03
486	CHRISTINE	STIMPSON	29	F 55 - 59	TICKHILL RUNNING ATHLETIC CLUB		00:18:10	00:03:16	01:03:25	00:01:43	00:25:40	01:52:14
487	SARAH	FOLEY	144	F 25 - 29			00:09:31	00:01:16	01:08:46	00:00:48	00:32:35	01:52:56
488	ZOE	JONES	312	F 45 - 49	SUTTON IN ASHFIELD HARRIERS		00:09:35	00:02:34	01:05:35	00:00:59	00:34:15	01:52:58
489	RICKY	STEVENS	23	M 50 - 54			00:15:17	00:03:53	00:59:22	00:01:18	00:33:15	01:53:05
490	NICOLA	WOOD	156	F 35 - 39			00:11:40	00:01:29	01:00:45	00:01:15	00:38:53	01:54:02
491	HOWARD	KING	46	M 60 +			00:12:50	00:03:25	01:06:19	00:01:07	00:30:25	01:54:06
492	SIOBHAN	HUGHES	36	F 35 - 39	TRAC		00:11:49	00:03:07	01:09:29	00:02:08	00:28:28	01:55:01
493	SAM	NUTTER	67	M 20 - 24			00:13:18	00:03:43	01:07:59	00:01:12	00:28:57	01:55:09
494	EMMA	SMITH	71	F 35 - 39			00:12:14	00:02:41	01:06:27	00:00:53	00:33:37	01:55:52
495	HELEN	ASKEW	378	F 25 - 29			00:11:54	00:04:24	01:08:00	00:01:54	00:30:30	01:56:42
496	DEBORAH	SCOTT	96	F 45 - 49			00:13:56	00:02:27	01:03:08	00:01:19	00:36:01	01:56:51
497	JULIA	IBBITSON	150	F 30 - 34	FERC		00:11:46	00:02:12	01:09:43	00:01:33	00:31:59	01:57:13
498	ABIGAIL	DORR	143	F 15 - 24			00:13:05	00:02:25	01:11:27	00:00:57	00:29:30	01:57:24
499	PHILIPPA	FLEETWOOD	126	F 45 - 49			00:12:12	00:01:55	01:10:56	00:01:09	00:33:37	01:59:49
500	IAN	LIDDELL	9	M 55 - 59			00:15:02	00:02:47	01:14:48	00:01:43	00:26:35	02:00:55
501	MADÉLINE	BARTON	44	TEAM		PRINCESS PACK	00:11:02	00:00:41	01:10:45	00:00:50	00:38:49	02:02:07
502	LIZ	MCTERNAN	400	F 45 - 49	LINCOLN TRI CLUB		00:08:36	00:04:12	01:22:05	00:02:45	00:25:22	02:03:00
503	HEATHER	WOODS	65	F 40 - 44			00:12:02	00:02:19	01:12:16	00:01:09	00:35:55	02:03:41
504	MERYL	SMITH	66	F 60 +			00:15:49	00:03:30	01:12:08	00:01:39	00:31:14	02:04:20
505	SARAH	COOK	54	F 35 - 39			00:16:39	00:03:16	01:14:28	00:01:21	00:29:34	02:05:18
506	CLARE	ADAMS	246	F 40 - 44			00:10:55	00:03:05	01:10:24	00:01:03	00:40:06	02:05:33
507	HELEN	WARD	59	F 40 - 44			00:13:27	00:02:26	01:08:27	00:00:56	00:41:23	02:06:39
508	VICKY	DARRELL	77	F 25 - 29			00:11:57	00:02:43	01:15:49	00:00:51	00:36:45	02:08:05
509	CATHERINE	DOYLE	120	F 40 - 44			00:11:55	00:02:37	01:26:38	00:00:42	00:29:35	02:11:27
510	REBECCA	WALLER	95	F 30 - 34			00:14:59	00:02:11	01:18:10	00:03:06	00:33:23	02:11:49
511	IAN	RICHMOND	38	M 45 - 49			00:16:05	00:06:13	01:13:38	00:02:15	00:37:44	02:15:55
512	STEPHEN	POTTER	55	M 45 - 49			00:29:00	00:02:13	01:18:08	00:03:05	00:33:23	02:25:49