



Southwell Sprint Triathlon 2011



Pos	Race No	Name	Club	Cat	Gender	Swim	Pos	T1	Bike	Pos	T2	Run	Pos	Finish
1	647	CHRIS BROWN	LEEDS BRADFORD	Team	Team	00:05:01	3	00:01:06	00:27:31	7	00:00:35	00:15:47	6	00:50:00
2	650	CARL SHAW	BLUE SEVENTY TFN RT	30-34	Male	00:04:59	2	00:00:46	00:27:21	6	00:00:40	00:16:18	8	00:50:04
3	648	CHRIS DALE	BLUE SEVENTY TFN RT	20-24	Male	00:05:03	4	00:01:27	00:27:49	9	00:00:36	00:15:16	2	00:50:11
4	622	MARK COULDWELL	BLUE SEVENTY TFN RT	35-39	Male	00:06:49	42	00:00:41	00:26:36	3	00:00:43	00:15:26	3	00:50:15
5	582	RICHARD TEARE	EQUUS	25-29	Male	00:06:55	48	00:00:40	00:26:24	2	00:00:41	00:15:47	5	00:50:27
6	608	BEN IVES	WE LOVE MOUNTAINS RT	20-24	Male	00:07:01	53	00:00:52	00:25:44	1	00:00:42	00:16:59	14	00:51:18
7	626	PETE GOODFELLOW	EQUUS	40-44	Male	00:06:22	17	00:00:42	00:27:01	4	00:00:41	00:16:56	13	00:51:42
8	618	GRAHAM WADSWORTH	MY LIFE PERSONAL TRAINING	25-29	Male	00:06:46	38	00:00:37	00:28:25	12	00:00:42	00:15:28	4	00:51:58
9	641	SIMON GEORGE	LINCOLN TRI CLUB	30-34	Male	00:05:58	10	00:00:43	00:27:56	10	00:00:38	00:17:16	19	00:52:31
10	649	GREG CHERRY	TFN TRI CLUB	25-29	Male	00:04:57	1	00:00:49	00:28:53	19	00:00:36	00:17:19	20	00:52:34
11	617	DAVID GARNER	TRI-1ST	25-29	Male	00:06:30	23	00:01:11	00:27:13	5	00:00:47	00:17:00	15	00:52:41
12	1	STEVEN PALEY	LINCOLN TRI CLUB	35-39	Male						00:01:06	00:17:43	36	00:52:50
13	3	DEL PITCHER	POLICE SPORT UK/CEEPO/TFN RT	40-44	Male						00:01:06	00:17:21	21	00:53:24
14	642	MATT GLOVER	TFN TRI CLUB	30-34	Male	00:06:43	35	00:00:27	00:28:32	14	00:00:40	00:17:41	34	00:54:03
15	640	ALEX MEAD		30-34	Male	00:06:10	15	00:00:52	00:28:46	17	00:00:45	00:17:35	28	00:54:08
16	592	CHRIS BENNETT	ABSOLUTE COACHING RT	30-34	Male	00:07:09	65	00:00:48	00:28:03	11	00:00:42	00:17:27	24	00:54:09
17	6	ANDREW POWELL		35-39	Male						00:00:46	00:17:03	17	00:54:25
18	607	BRUNO NIKOLOFF	CHARNWOOD TRI CLUB	45-49	Male	00:06:37	30	00:00:43	00:30:19	50	00:00:53	00:16:09	7	00:54:41
19	542	DANNY WYER		30-34	Male	00:07:02	56	00:01:04	00:28:31	13	00:00:40	00:17:36	29	00:54:53
20	635	IAN SMITH	NEWCASTLE (STAFFS) TRI CLUB	50-54	Male	00:06:33	27	00:00:49	00:28:34	15	00:01:00	00:17:57	40	00:54:53
21	584	MARK WILLIAMSON		30-34	Male	00:06:43	34	00:01:09	00:29:46	37	00:00:45	00:16:45	11	00:55:08
22	643	TONY LOWE	TFN TRI CLUB	40-44	Male	00:05:31	7	00:01:17	00:30:00	40	00:00:49	00:17:31	26	00:55:08
23	576	SEBASTIEN BONICEL		35-39	Male	00:07:05	62	00:00:38	00:29:01	21	00:00:39	00:17:49	37	00:55:12
24	630	MATT SANDERSON	WWW.TRIATHLONCOACHING.UK.COM	35-39	Male	00:06:50	43	00:00:51	00:28:54	20	00:00:58	00:17:40	31	00:55:13
25	629	PHIL WESTMORLAND	BLUE SEVENTY TFN RT	30-34	Male	00:06:32	24	00:00:45	00:29:23	27	00:00:41	00:18:16	48	00:55:37
26	583	GARETH CASTLEDINE	ABSOLUTE COACHING RT	25-29	Male	00:07:37	113	00:00:57	00:29:09	23	00:00:40	00:17:24	23	00:55:47
27	610	HANNAH SHOOTER	MANSFIELD TRI CLUB	30-34	Female	00:06:02	12	00:00:57	00:30:27	53	00:00:41	00:17:41	33	00:55:48
28	612	GORDON MONAGHAN	TFN TRI CLUB	30-34	Male	00:06:22	18	00:00:53	00:29:44	35	00:00:51	00:18:21	51	00:56:11
29	633	STEFAN GARTON	MERSEY TRI	20-24	Male	00:05:59	11	00:00:56	00:29:42	33	00:00:44	00:18:51	65	00:56:12
30	609	LEE EVANS	MANSFIELD TRI CLUB	35-39	Male	00:06:36	29	00:00:47	00:29:17	26	00:00:39	00:18:54	67	00:56:13
31	514	JOHN GOLDING	LEICESTER TRI CLUB	40-44	Male	00:08:02	161	00:00:53	00:29:44	36	00:00:47	00:16:54	12	00:56:20
32	363	STEVEN BAGGOTT	IVANHOE RUNNERS	30-34	Male	00:07:55	145	00:00:43	00:29:28	29	00:00:38	00:17:40	32	00:56:24
33	197	CARL EGDELL	DARK PEAK FELL RUNNERS	35-39	Male	00:09:16	335	00:00:58	00:30:36	61	00:00:55	00:14:58	1	00:56:43
34	644	CHARLIE HOWICK	4 LIFE TRI CLUB	15-19	Male	00:05:07	5	00:01:23	00:30:54	72	00:00:38	00:18:48	62	00:56:50
35	481	ADAM CARNEY	TFN TRI CLUB	35-39	Male	00:07:47	133	00:00:43	00:30:14	48	00:00:46	00:17:23	22	00:56:53
36	627	DAN PHILPOTTS		35-39	Male	00:06:26	21	00:01:03	00:29:38	31	00:00:45	00:19:17	80	00:57:09
37	564	KIERON FORD	LEICESTER TRI CLUB	25-29	Male	00:06:47	39	00:01:08	00:30:33	57	00:00:42	00:18:08	47	00:57:18
38	645	GEORGE HOWICK	4 LIFE TRI CLUB	15-19	Male	00:06:03	13	00:01:01	00:30:54	73	00:00:36	00:18:45	59	00:57:19

39	522	SANDY TELFER		45-49	Male	00:07:25	94	00:01:31	00:29:16	25	00:00:52	00:18:18	50	00:57:22
40	567	ANDREW SCLATER	CHARNWOOD TRI CLUB	30-34	Male	00:07:23	89	00:00:44	00:30:04	41	00:00:52	00:18:31	55	00:57:34
41	313	PETER ORME	DERBYSHIRE POLICE	50-54	Male	00:09:19	339	00:00:54	00:29:10	24	00:00:42	00:17:33	27	00:57:38
42	529	ANTON NEWELL	MANSFIELD TRI CLUB	40-44	Male	00:07:48	138	00:00:52	00:28:49	18	00:00:57	00:19:18	82	00:57:44
43	4	STEVE BUTLER	TFN TRI CLUB	45-49	Male						00:01:23	00:19:39	97	00:57:47
44	624	NICHOLAS EVANS	NOTTINGHAM UNIVERSITY TRIATHLON SQUAD	20-24	Male	00:06:13	16	00:01:32	00:32:35	129	00:00:39	00:17:02	16	00:58:01
45	414	SIMON LLOYD	DERBY TRI CLUB	35-39	Male	00:07:43	123	00:01:03	00:29:43	34	00:00:46	00:18:47	61	00:58:02
46	593	JONATHAN FRARY		30-34	Male	00:06:58	52	00:00:47	00:30:31	55	00:00:38	00:19:17	81	00:58:11
47	599	JACK CARPENTER	SPALDING TRI CLUB	20-24	Male	00:06:49	41	00:00:49	00:30:55	75	00:00:41	00:19:07	75	00:58:21
48	632	SHEM ARDRON	LEICESTER TRI CLUB	15-19	Male	00:05:56	9	00:00:51	00:31:47	107	00:00:52	00:18:58	72	00:58:24
49	483	ALAN LEATHER	DERBY TRI CLUB	40-44	Male	00:08:10	177	00:00:58	00:29:06	22	00:00:45	00:19:27	87	00:58:26
50	492	TIM DOYLE	TFN TRI CLUB	40-44	Male	00:08:01	159	00:01:03	00:30:33	58	00:01:10	00:17:50	38	00:58:37
51	544	MARK ATKIN	ABSOLUTE TRIATHLON CLUB	40-44	Male	00:07:18	79	00:00:46	00:30:41	66	00:00:45	00:19:07	74	00:58:37
52	613	PETE GORE	POLICE SPORT UK TRIATHLON	35-39	Male	00:06:43	36	00:00:54	00:31:36	96	00:00:43	00:18:45	60	00:58:41
53	620	EMILIE VERROKEN	TEAM MI RACING	30-34	Female	00:06:42	32	00:00:46	00:31:01	80	00:00:42	00:19:52	114	00:59:03
54	621	DOMINIC MISIUDA		35-39	Male	00:06:32	25	00:01:10	00:32:31	127	00:00:59	00:17:54	39	00:59:06
55	507	MARTIN ROGERS		30-34	Male	00:07:12	71	00:01:21			00:00:00	00:50:35	584	00:59:08
56	587	KARL GLENDENNING	ABSOLUTE TRIATHLON CLUB	35-39	Male	00:07:43	124	00:01:05	00:30:37	62	00:00:47	00:18:57	71	00:59:09
57	509	SIMON ALLEN	ABSOLUTE TRIATHLON CLUB	35-39	Male	00:07:42	120	00:01:15	00:29:56	39	00:01:01	00:19:24	86	00:59:18
58	516	NEIL COPLAND	ABSOLUTE TRIATHLON CLUB	40-44	Male	00:08:10	176	00:01:14	00:29:35	30	00:01:02	00:19:18	83	00:59:19
59	486	JONATHAN BICKNELL	CHARNWOOD TRI CLUB	45-49	Male	00:08:16	192	00:00:59	00:30:38	64	00:01:03	00:18:23	53	00:59:19
60	559	LUKE MATHEWS		25-29	Male	00:06:55	49	00:00:51	00:31:46	104	00:00:49	00:18:59	73	00:59:20
61	594	XAVIER LEUTHROT	SHEFFIELD TRI CLUB	35-39	Male	00:07:30	102	00:00:59	00:31:00	78	00:00:48	00:19:08	76	00:59:25
62	557	STEPHEN MELHUIH	MANSFIELD TRI CLUB	45-49	Male	00:07:20	85	00:01:02	00:30:48	67	00:00:49	00:19:40	99	00:59:39
63	623	CHRIS HUNT	TFN TRI CLUB	45-49	Male	00:06:42	33	00:00:46	00:30:06	42	00:00:48	00:21:18	200	00:59:40
64	571	OLLIE LORD	RETFORD AC	30-34	Male	00:06:52	44	00:00:48	00:31:29	93	00:00:46	00:19:47	108	00:59:42
65	614	TIM METCALFE	TFN TRI CLUB	40-44	Male	00:07:16	76	00:01:02	00:31:24	89	00:01:13	00:18:51	66	00:59:46
66	383	GRAHAM MOFFATT	4 LIFE TRI CLUB	40-44	Male	00:08:46	263	00:01:00	00:33:05	162	00:00:48	00:16:21	9	01:00:00
67	591	NEIL STEVENS		25-29	Male	00:06:55	47	00:01:05	00:32:25	125	00:00:52	00:18:48	63	01:00:05
68	558	JEFF MORRIS	TEAM TRIUK / RAF TRIATHLON	50-54	Male	00:07:07	63	00:01:04	00:31:12	84	00:00:58	00:19:46	107	01:00:07
69	628	JONATHAN OVERMENT	WWW.TRIATHLONCOACHING.UK.COM	40-44	Male	00:06:33	28	00:01:09	00:31:14	87	00:01:04	00:20:16	133	01:00:16
70	459	ROBERT MCNAMARA	CHARNWOOD TRI CLUB	40-44	Male	00:07:45	131	00:00:49	00:30:26	52	00:00:47	00:20:33	149	01:00:20
71	519	JAMES EVERSON-CRANE	CHARNWOOD TRI CLUB	45-49	Male	00:08:05	167	00:00:24	00:34:11	209	00:01:00	00:16:43	10	01:00:23
72	116	TOM ELLIOTT		25-29	Male	00:08:20	198	00:01:42	00:29:48	38	00:01:00	00:19:34	94	01:00:24
73	565	REBEKAH DUSSEK	4 LIFE TRI CLUB	Team	Team	00:07:10	67	00:01:05	00:33:29	176	00:00:41	00:18:03	44	01:00:28
74	56	JAMES WALLWORK			Male	00:07:21	86	00:01:24	00:30:35	60	00:01:16	00:19:53	115	01:00:29
75	326	GIRVAN WRIGHT		40-44	Male	00:08:45	257	00:00:49	00:31:56	112	00:00:39	00:18:23	52	01:00:32
76	117	CHRIS KILBURN		25-29	Male	00:09:30	371	00:01:35	00:30:56	76	00:01:01	00:17:30	25	01:00:32
77	366	SHAUN ROBINSON	GRIMSBY TRI	35-39	Male	00:08:11	179	00:01:29	00:29:39	32	00:00:57	00:20:18	137	01:00:34
78	446	CHRIS HOLLIS		40-44	Male	00:08:05	168	00:00:48	00:30:23	51	00:00:40	00:20:42	162	01:00:38
79	501	CAMPBELL STEEL		25-29	Male	00:06:26	22	00:01:16	00:32:35	130	00:00:42	00:19:39	98	01:00:38
80	539	DAVID CROSSLEY	ABSOLUTE TRIATHLON CLUB	30-34	Male	00:07:29	99	00:01:13	00:31:46	105	00:00:51	00:19:20	84	01:00:39
81	456	ANDY TUCK		45-49	Male	00:08:13	184	00:01:09	00:30:37	63	00:00:51	00:19:51	113	01:00:41
82	569	PAUL HARRIS	IVANHOE RUNNERS	30-34	Male	00:07:18	80	00:00:46	00:31:47	106	00:00:40	00:20:17	135	01:00:48
83	439	WAYNE TURNER	NOTTS POLICE	40-44	Male	00:09:03	300	00:01:16	00:30:49	68	00:00:56	00:18:54	68	01:00:58
84	452	MICHAEL STAINES	SPALDING TRI CLUB	50-54	Male	00:08:19	195	00:01:10	00:30:30	54	00:01:06	00:20:00	122	01:01:05
85	419	ANDREW KERRY	HOLMFIRTH HARRIERS	45-49	Male	00:08:45	258	00:01:01	00:30:53	70	00:00:45	00:19:45	105	01:01:09

86	466	DAVID MATTHEWMAN	CHARNWOOD TRI CLUB	25-29	Male	00:07:29	100	00:00:57	00:32:56	149	00:00:40	00:19:08	77	01:01:10
87	323	MARK EPTON	TFN TRI CLUB	35-39	Male	00:09:43	391	00:01:30	00:30:07	44	00:00:58	00:18:56	70	01:01:14
88	434	RICHARD MARSHALL		25-29	Male	00:09:06	313	00:00:58	00:30:50	69	00:00:47	00:19:33	92	01:01:14
89	598	ADAM GRANT	RAF/LINCOLN TRI	25-29	Male	00:06:57	51	00:00:34	00:31:45	103	00:00:51	00:21:07	192	01:01:14
90	429	SAMUEL SPENCER	LINCOLN TRI CLUB	40-44	Male	00:07:42	122	00:01:00	00:31:12	85	00:00:45	00:20:39	157	01:01:18
91	158	ROBERT ROPER	WORKSOP HARRIERS	40-44	Male	00:10:01	421	00:01:09	00:31:10	83	00:01:00	00:18:03	45	01:01:23
92	478	MARK JESZKE		35-39	Male	00:08:54	281	00:00:56	00:30:54	71	00:00:51	00:19:49	110	01:01:24
93	527	NIGEL FARROW		50-54	Male	00:08:25	208	00:01:06	00:31:00	79	00:01:07	00:19:50	112	01:01:28
94	487	PAUL SCOTTING	TFN TRI CLUB	50-54	Male	00:08:24	207	00:00:47	00:31:02	81	00:00:54	00:20:21	142	01:01:28
95	603	ADAM NICHOLSON	LINCOLN TRI CLUB	30-34	Male	00:05:38	8	00:00:47	00:33:42	189	00:00:45	00:20:36	154	01:01:28
96	477	DAVE GATES	LINCOLN WHEELERS	55-59	Male	00:08:22	203	00:01:11	00:29:24	28	00:00:52	00:21:41	236	01:01:30
97	511	NICK BESTWICK	ABSOLUTE TRIATHLON CLUB	35-39	Male	00:07:17	78	00:01:02	00:32:42	134	00:00:44	00:19:45	106	01:01:30
98	530	KAREN MARSHALLSAY	NEWCASTLE (STAFFS) TRI CLUB	30-34	Female	00:07:24	91	00:00:55	00:32:24	124	00:00:47	00:20:02	123	01:01:32
99	506	SEAN POWERS	ROYAL AIR FORCE TRIATHLON	30-34	Male	00:07:24	92	00:01:19	00:31:31	95	00:00:41	00:20:49	171	01:01:44
100	406	TIM TURNER	ABSOLUTE TRIATHLON CLUB	40-44	Male	00:08:12	181	00:01:34	00:30:10	45	00:00:48	00:21:04	190	01:01:48
101	462	SCOTT BAKER	ABSOLUTE TRIATHLON CLUB	45-49	Male	00:08:51	275	00:01:09	00:30:06	43	00:01:11	00:20:33	148	01:01:50
102	547	KARL HEMMING		40-44	Male	00:07:15	75	00:01:23	00:32:34	128	00:00:59	00:19:42	102	01:01:53
103	346	BOHDAN DAWYD		20-24	Male	00:08:28	215	00:01:02	00:30:59	77	00:01:04	00:20:33	150	01:02:06
104	573	BENJAMIN SHEPHERD	RAF TRIATHLON	30-34	Male	00:07:28	98	00:00:48	00:32:06	117	00:00:41	00:21:04	189	01:02:07
105	606	JONATHAN COOPER		40-44	Male	00:07:23	90	00:01:11	00:33:09	166	00:01:13	00:19:13	79	01:02:09
106	541	DANIEL MOORE	SHEFFIELD TRI CLUB	30-34	Male	00:07:36	111	00:00:50	00:30:16	49	00:00:49	00:22:41	318	01:02:12
107	515	LOUISE ALLEN	ABSOLUTE TRIATHLON CLUB	30-34	Female	00:07:31	105	00:01:30	00:31:07	82	00:00:43	00:21:26	212	01:02:17
108	597	CHRISTOPHER POOLEY		50-54	Male	00:07:01	54	00:01:51	00:32:28	126	00:01:02	00:19:56	120	01:02:18
109	467	DANIEL TAYLOR		25-29	Male	00:08:01	160	00:00:58	00:32:58	153	00:00:44	00:19:37	95	01:02:18
110	524	ANDREW SANGSTER	HUMBERSIDE FIRE AND RESCUE SERVICE	50-54	Male	00:07:40	118	00:01:08	00:33:03	160	00:00:57	00:19:32	91	01:02:20
111	525	JULIE LAMBOURNE	TFN TRI CLUB	45-49	Female	00:08:16	191	00:00:54	00:31:12	86	00:00:57	00:21:03	188	01:02:22
112	572	JOE TAYLOR		30-34	Male	00:06:48	40	00:01:17	00:32:51	142	00:01:09	00:20:19	140	01:02:24
113	238	CARLOS FERNANDEZ LENCE		35-39	Male	00:09:11	320	00:01:42	00:32:12	118	00:01:45	00:17:36	30	01:02:26
114	562	NATHAN HUGHES	DERBY TRI CLUB	20-24	Male	00:07:07	64	00:00:55	00:30:14	47	00:00:51	00:23:22	364	01:02:29
115	543	JAMES LYALL		35-39	Male	00:07:57	149	00:00:49	00:32:14	119	00:00:48	00:20:42	161	01:02:30
116	237	TREVOR ALLT		35-39	Male	00:09:52	407	00:00:42	00:31:38	100	00:00:38	00:19:44	104	01:02:34
117	561	SAM GOODLASS		20-24	Male	00:07:14	74	00:01:00	00:32:59	154	00:01:15	00:20:07	128	01:02:35
118	286	PAUL SLATER	MANSFIELD TRI CLUB	40-44	Male	00:09:23	352	00:01:12	00:28:38	16	00:02:26	00:20:58	183	01:02:37
119	554	CARL JORDAN	MANSFIELD TRI CLUB	40-44	Male	00:07:26	96	00:01:22	00:33:13	169	00:01:08	00:19:28	90	01:02:37
120	546	IAN POTTER	CHARNWOOD TRI CLUB	40-44	Male	00:07:24	93	00:01:06	00:32:39	131	00:00:56	00:20:36	153	01:02:41
121	472	PHIL HEWETT		35-39	Male	00:07:38	115	00:01:13	00:32:52	144	00:01:03	00:20:04	126	01:02:50
122	464	EDWARD JOHNSON		25-29	Male	00:07:28	97	00:01:12	00:32:22	122	00:01:12	00:20:37	156	01:02:51
123	570	KAREN BELL	CHARNWOOD TRI CLUB	40-44	Female	00:07:43	125	00:01:06	00:33:02	158	00:00:59	00:20:03	124	01:02:53
124	413	ALEX SISSONS		30-34	Male	00:08:01	158	00:01:31	00:31:29	92	00:00:57	00:21:04	191	01:03:02
125	423	CHRIS TRZCINSKI	CHARNWOOD TRI CLUB	50-54	Male	00:08:49	272	00:01:06	00:30:38	65	00:01:01	00:21:31	220	01:03:05
126	375	PAUL AUBREY	LINCOLN TRI CLUB	Team	Team	00:08:23	204	00:00:33	00:30:10	46	00:00:38	00:23:29	371	01:03:13
127	590	EMILY AULT	CHARNWOOD TRI CLUB	24 + Under	Female	00:08:01	157	00:01:06	00:34:35	231	00:01:10	00:18:26	54	01:03:18
128	503	SIMON TAYLOR	SILVER BULLETS TRI	30-34	Male	00:09:15	331	00:01:28	00:31:25	90	00:00:53	00:20:18	136	01:03:19
129	508	JOHN ELWELL	SILVER BULLETS TRI	35-39	Male	00:07:37	114	00:01:05	00:33:47	193	00:00:55	00:19:55	117	01:03:19
130	601	ALISTAIR MONCRIEFF		25-29	Male	00:07:43	126	00:00:56	00:32:17	120	00:00:52	00:21:32	223	01:03:20
131	448	MARK KEARNEY		45-49	Male	00:08:28	216	00:00:57	00:31:18	88	00:00:44	00:21:54	259	01:03:21
132	357	JAMIE BOOKS	ARMY TRIATHLON ASSOCIATION	30-34	Male	00:08:45	259	00:01:11	00:32:49	141	00:00:56	00:19:41	100	01:03:22

133	212	MARK DODES		30-34	Male	00:07:19	81	00:01:06	00:34:14	212	00:00:43	00:20:08	130	01:03:30
134	83	MARK HARRISON		30-34	Male	00:10:44	484	00:01:49	00:32:01	115	00:01:02	00:17:58	42	01:03:34
135	373	JOSEPH KEMISH		35-39	Male	00:07:03	58	00:01:49	00:34:05	206	00:01:42	00:18:55	69	01:03:34
136	374	ROBERT COGINGS	DERBY TRI CLUB	40-44	Male	00:08:24	206	00:01:17	00:33:06	163	00:00:53	00:19:55	118	01:03:35
137	276	ROB PEARSON	SHEFFIELD TRI CLUB	55-59	Male	00:10:07	430	00:01:04	00:30:54	74	00:02:13	00:19:23	85	01:03:41
138	574	JAMES MERRITT	BALANCED PERFORMANCE	35-39	Male	00:08:04	166	00:01:11	00:31:31	94	00:01:06	00:21:50	254	01:03:42
139	589	GARY GOACHER	DERBYSHIRE POLICE	45-49	Male	00:07:19	82	00:00:51	00:33:38	186	00:00:53	00:21:02	187	01:03:43
140	548	NIGEL LEAKER		45-49	Male	00:07:59	153	00:01:25	00:32:59	155	00:01:14	00:20:08	131	01:03:45
141	412	MATTHEW PEACH		30-34	Male	00:08:34	227	00:01:02	00:33:17	172	00:01:01	00:19:55	116	01:03:49
142	575	MARY HARDWICK	RUTLAND RUNNING CLUB	50 +	Female	00:07:04	60	00:00:54	00:32:53	147	00:01:10	00:21:53	256	01:03:54
143	638	NIGEL JAMES	LEICESTER TRI CLUB	55-59	Male	00:06:54	45	00:01:06	00:32:54	148	00:00:58	00:22:05	271	01:03:57
144	435	HARRIET JOHNSON		25-29	Female	00:08:29	218	00:01:19	00:35:28	278	00:00:43	00:17:59	43	01:03:58
145	538	MATT HACKLAND		30-34	Male	00:07:22	87	00:00:55	00:33:11	168	00:00:57	00:21:36	229	01:04:01
146	453	CHRIS MARTIN	MANSFIELD TRI CLUB	25-29	Male	00:08:27	213	00:01:25	00:31:36	97	00:01:44	00:20:53	176	01:04:05
147	211	PHIL TUTTLE	NORFOLK IN CHANCE	30-34	Male	00:08:54	282	00:01:58	00:33:50	194	00:01:16	00:18:07	46	01:04:05
148	475	PATRICIA WILSON	TEAM MANVERS	45-49	Female	00:08:18	193	00:01:01	00:33:08	165	00:01:00	00:20:39	158	01:04:06
149	361	JAMIE MARVIN		30-34	Male	00:08:33	223	00:01:21	00:36:06	306	00:00:53	00:17:15	18	01:04:08
150	532	DARREN HARDY		30-34	Male	00:08:45	260	00:01:26	00:31:36	98	00:01:10	00:21:16	197	01:04:13
151	646	TIMOTHY SWAN-SMITH	TRA/BADAC	35-39	Male	00:08:13	185	00:01:10	00:32:39	132	00:01:01	00:21:12	195	01:04:15
152	296	SIMON MARRIOTT		30-34	Male	00:08:40	242	00:01:36	00:31:37	99	00:00:53	00:21:31	221	01:04:17
153	430	NICKY SHAW		24 + Under	Female	00:08:08	174	00:01:16	00:32:49	140	00:01:09	00:20:57	181	01:04:19
154	549	RICH BARNES	NOTTINGHAM UNIVERSITY TRIATHLON SQUAD	20-24	Male	00:07:10	68	00:01:53	00:35:37	283	00:00:56	00:18:43	58	01:04:19
155	457	ANDY MCKIBBIN		20-24	Male	00:08:15	189	00:01:16	00:34:15	215	00:01:06	00:19:43	103	01:04:35
156	396	BRUCE SHANN	SILVER BULLETS TRI	55-59	Male	00:09:34	378	00:01:05	00:32:03	116	00:01:10	00:20:45	167	01:04:37
157	344	LAUREN BRADSHAW	ABSOLUTE TRIATHLON CLUB	25-29	Female	00:09:00	291	00:01:04	00:33:45	192	00:00:49	00:20:07	129	01:04:45
158	288	SIMON HAYDOCK		50-54	Male	00:09:47	398	00:01:13	00:31:48	109	00:01:08	00:20:51	173	01:04:47
159	568	STEVE HENCHLEY	RACING TNT	30-34	Male	00:07:04	61	00:01:44	00:34:44	239	00:00:59	00:20:16	132	01:04:47
160	616	CLIVE SMITH	ETWALL EAGLES SC	40-44	Male	00:07:49	142	00:00:42	00:33:17	171	00:01:18	00:21:43	241	01:04:49
161	578	ANDREW FYNNEY		45-49	Male	00:07:12	72	00:01:42	00:33:53	196	00:01:01	00:21:01	185	01:04:49
162	596	JAMES GRAHAM	SPALDING TRI CLUB	40-44	Male	00:08:40	239	00:01:01	00:32:46	138	00:01:09	00:21:20	205	01:04:56
163	432	ADAM COX		25-29	Male	00:09:26	362	00:01:50	00:31:55	111	00:01:05	00:20:43	164	01:04:59
164	536	JONATHAN WALKER	DERBY TRI CLUB	45-49	Male	00:08:12	182	00:01:06	00:34:00	200	00:01:13	00:20:28	146	01:04:59
165	428	CHRIS HOLMES		35-39	Male	00:09:13	325	00:01:14	00:32:51	143	00:00:53	00:20:55	178	01:05:06
166	11	CHARLES MCDONAGH	NOTTINGHAM UNIVERSITY TRIATHLON SQUAD	20-24	Male	00:09:08	318				00:01:10	00:17:58	41	01:05:06
167	204	JIM SUTHERLAND		50-54	Male	00:10:17	453	00:01:12	00:31:28	91	00:01:08	00:21:02	186	01:05:07
168	301	STEVE MENDES		30-34	Male	00:08:40	237	00:01:05	00:34:04	204	00:00:54	00:20:29	147	01:05:12
169	308	PAUL PEARCE	LEICESTER TRI CLUB	45-49	Male	00:09:15	332	00:01:23	00:31:48	108	00:01:10	00:21:37	232	01:05:13
170	463	ALAN CHURCHER	SHEFFIELD TRI CLUB	60 +	Male	00:08:53	279	00:01:07	00:32:52	145	00:01:11	00:21:16	196	01:05:19
171	236	CLIVE BUCK	MANSFIELD TRI CLUB	30-34	Male	00:09:22	347	00:01:07	00:34:49	244	00:00:52	00:19:11	78	01:05:21
172	493	BILL NETCHER		35-39	Male	00:08:23	205	00:01:31	00:34:58	252	00:00:50	00:19:39	96	01:05:21
173	256	JOHN BUDWORTH	ABSOLUTE TRIATHLON CLUB	40-44	Male	00:09:01	294	00:01:08	00:33:02	159	00:01:45	00:20:28	145	01:05:24
174	488	GAVIN DOWSETT	LINCOLN TRI CLUB	30-34	Male	00:07:53	144	00:01:21	00:33:03	161	00:01:00	00:22:08	276	01:05:25
175	520	LOUISE BENNETT	CYCLING BARGAINS - METALTEK RACING TEAM	35-39	Female	00:07:58	150	00:00:54	00:33:40	188	00:00:53	00:22:01	267	01:05:26
176	485	BO HAYWOOD	LINCOLN TRI CLUB	24 + Under	Female	00:07:38	116	00:01:21	00:35:13	265	00:00:51	00:20:26	144	01:05:29
177	586	JOEL EDWARDS	ABSOLUTE TRIATHLON CLUB	30-34	Male	00:07:34	109	00:00:46	00:34:21	219	00:00:59	00:21:51	255	01:05:31
178	250	LINDA MURRAY	MANX TRI CLUB	35-39	Female	00:07:47	134	00:01:44	00:32:58	152	00:01:17	00:21:47	248	01:05:33
179	107	BRENDON BIRCH	ABSOLUTE TRIATHLON CLUB	35-39	Male	00:09:29	367	00:01:50	00:31:45	102	00:00:50	00:21:47	250	01:05:41

180	474	DIANE HAMILTON	POLICE SPORT UK	40-44	Female	00:08:33	225	00:01:04	00:33:21	173	00:01:04	00:21:41	237	01:05:43
181	427	JAMES CORLETT	ABSOLUTE TRIATHLON CLUB	25-29	Male	00:07:38	117	00:01:21	00:32:53	146	00:01:18	00:22:34	306	01:05:44
182	343	FRAZER DULSON		15-19	Male	00:08:20	199	00:01:14	00:34:48	243	00:00:48	00:20:35	152	01:05:45
183	146	RICHARD NORTH		35-39	Male	00:09:31	373	00:01:32	00:32:45	137	00:01:03	00:20:56	180	01:05:47
184	460	FIONA RIDLEY	NEWCASTLE (STAFFS) TRI CLUB	45-49	Female	00:08:21	200	00:00:58	00:32:46	139	00:01:05	00:22:39	313	01:05:49
185	358	CHRISTOPHER NAVARRO		30-34	Male	00:08:29	217	00:01:29	00:34:02	202	00:01:08	00:20:42	163	01:05:50
186	307	DARREN HANSON		45-49	Male	00:10:23	458	00:02:37	00:33:32	183	00:01:36	00:17:43	35	01:05:51
187	391	GARY TUDBURY	4 LIFE TRI CLUB	45-49	Male	00:09:23	351	00:01:07	00:30:34	59	00:01:08	00:23:43	389	01:05:55
188	433	ANDREW MARRIOTT		25-29	Male	00:09:05	308	00:02:04	00:31:50	110	00:01:19	00:21:37	231	01:05:55
189	451	NICHOLAS TOMASZEWSKI		50-54	Male	00:08:44	252	00:01:06	00:34:56	250	00:01:02	00:20:19	138	01:06:07
190	637	ANTHONY MOIR	LINCOLN TRI CLUB	35-39	Male	00:06:07	14	00:01:16	00:35:27	275	00:01:07	00:22:16	285	01:06:13
191	232	ROSS CLARKE		30-34	Male	00:09:05	309	00:01:04	00:34:28	226	00:01:04	00:20:33	151	01:06:14
192	319	ANDREW SOUTHGATE		40-44	Male	00:08:44	253	00:00:56	00:34:31	229	00:00:47	00:21:23	209	01:06:21
193	177	PAUL HURDLEY	LINCOLN TRI CLUB	35-39	Male	00:12:27	540	00:01:25	00:33:06	164	00:01:08	00:18:17	49	01:06:23
194	476	BRIAN JOBE	ABSOLUTE TRIATHLON CLUB	40-44	Male	00:07:59	154	00:01:40	00:31:43	101	00:01:33	00:23:32	372	01:06:27
195	271	TOM DALZIEL	4 LIFE TRI CLUB	50-54	Male	00:09:52	408	00:01:10	00:32:24	123	00:01:08	00:21:55	262	01:06:29
196	563	MYLES TAYLOR		20-24	Male	00:06:55	50	00:01:36	00:34:48	242	00:01:16	00:21:54	260	01:06:29
197	229	ANTHONY HOLDSWORTH		30-34	Male	00:09:17	337	00:01:03	00:32:57	151	00:01:17	00:21:56	263	01:06:30
198	449	BILL HASLAM	STAMFORD TRI CLUB	50-54	Male	00:09:32	374	00:00:57	00:33:37	185	00:01:03	00:21:22	207	01:06:31
199	278	GARRY SIDDON		35-39	Male	00:09:14	329	00:00:46	00:35:00	255	00:00:51	00:20:45	168	01:06:36
200	500	HELEN DUSSEK	4 LIFE TRI CLUB	40-44	Female	00:08:00	156	00:01:09	00:35:01	256	00:00:55	00:21:33	225	01:06:38
201	382	ROB WALKER		40-44	Male	00:08:44	254	00:01:13	00:33:32	182	00:00:51	00:22:22	295	01:06:42
202	535	REBECAH TAYLOR	GI-TRI	30-34	Female	00:07:03	59	00:01:45	00:34:04	205	00:01:02	00:22:48	327	01:06:42
203	585	LINN LANGELAND	TFN TRI CLUB	25-29	Female	00:06:54	46	00:01:08	00:36:54	343	00:00:54	00:20:55	179	01:06:45
204	377	PAUL GILBY		40-44	Male	00:08:14	186	00:01:37	00:34:59	253	00:01:11	00:20:45	165	01:06:46
205	625	CHLOE BARTON	ABSOLUTE COACHING RT	24 + Under	Female	00:05:22	6	00:01:21	00:35:02	257	00:00:44	00:24:21	420	01:06:50
206	253	PHIL NIGHTINGALE		40-44	Male	00:09:11	321	00:01:17	00:34:35	232	00:01:14	00:20:36	155	01:06:53
207	490	VICTORIA PARGETTER	BRAT	30-34	Female	00:07:48	140	00:01:04	00:34:22	220	00:00:46	00:22:57	338	01:06:57
208	533	RICHARD MCLULLICH		30-34	Male	00:07:44	128	00:01:35	00:38:13	403	00:00:49	00:18:38	56	01:06:59
209	416	TIMOTHY SCANLON		35-39	Male	00:08:56	285	00:01:33	00:34:11	210	00:01:11	00:21:12	194	01:07:03
210	473	EDDIE CURRY	ABSOLUTE TRIATHLON CLUB	40-44	Male	00:08:21	201	00:01:29	00:34:33	230	00:00:57	00:21:45	245	01:07:05
211	560	ANDREA ROBINETT	STAMFORD TRI CLUB	25-29	Female	00:07:49	141	00:01:15	00:34:02	201	00:01:40	00:22:24	300	01:07:10
212	53	ADRIAN WOOLLAS		30-34	Male	00:09:39	385	00:00:42	00:34:37	234	00:00:59	00:21:17	199	01:07:14
213	497	DALE MOLINARI		20-24	Male	00:08:35	228	00:01:36	00:34:15	214	00:01:01	00:21:48	251	01:07:15
214	528	BILL HITCHCOCK	NYP TRI	60 +	Male	00:08:00	155	00:00:51	00:33:31	180	00:01:00	00:23:54	404	01:07:16
215	426	THOMAS THATCHER	TFN TRI CLUB	20-24	Male	00:08:41	244	00:00:57	00:36:02	304	00:00:56	00:20:40	160	01:07:16
216	311	ANDREW MORRIS		45-49	Male	00:08:43	249	00:01:42	00:34:25	221	00:01:08	00:21:19	201	01:07:17
217	345	GEMMA IRVINE		25-29	Female	00:08:47	268	00:01:16	00:34:44	238	00:01:03	00:21:27	215	01:07:17
218	347	CHRISTOPHER ROTHWELL	ABSOLUTE TRIATHLON CLUB	20-24	Male	00:08:51	276	00:01:17	00:34:49	245	00:00:36	00:21:45	246	01:07:18
219	185	ELIZABETH DAY		30-34	Female	00:10:43	482	00:01:00	00:35:27	276	00:00:35	00:19:33	93	01:07:18
220	218	DAVID EAGER		45-49	Male	00:09:45	395	00:01:01	00:32:59	157	00:00:54	00:22:45	323	01:07:24
221	458	DARREN STAPLES		30-34	Male	00:07:23	88	00:00:55	00:36:15	314	00:00:50	00:22:01	268	01:07:24
222	199	IAN TYLER		45-49	Male	00:08:33	224	00:01:16	00:35:07	259	00:01:10	00:21:19	204	01:07:25
223	540	GEORGIA BALL	LINCOLN WELLINGTON ATHLETICS CLUB	24 + Under	Female	00:08:04	165	00:01:17	00:38:53	426	00:00:38	00:18:39	57	01:07:31
224	207	NICK RAWLING	4 LIFE TRI CLUB	55-59	Male	00:11:01	496	00:01:08	00:32:59	156	00:00:59	00:21:26	213	01:07:33
225	224	BEN WADD		25-29	Male	00:10:03	423	00:01:51	00:35:05	258	00:01:07	00:19:27	88	01:07:33
226	401	ANDREW CLARK	SLEAFORD TOWN RUNNERS	40-44	Male	00:09:04	304	00:00:46	00:34:26	222	00:00:41	00:22:38	310	01:07:35

227	194	WILLIAM DREWE		30-34	Male	00:09:25	356	00:01:19	00:34:35	233	00:00:53	00:21:29	217	01:07:41
228	495	EMMA HUMPHRIES	GAINSBOROUGH AND MORTON STRIDERS	35-39	Female	00:06:32	26	00:01:20	00:36:05	305	00:01:00	00:22:44	322	01:07:41
229	496	SAM HUNT	NOTTINGHAM UNIVERSITY TRIATHLON SQUAD	20-24	Male	00:07:44	129	00:02:02	00:36:28	326	00:01:24	00:20:06	127	01:07:44
230	23	DAVE PORTESS		20-24	Male	00:09:41	386	00:04:47	00:32:21	121	00:02:07	00:18:50	64	01:07:46
231	306	PETER WOODHOUSE		40-44	Male	00:09:03	301	00:01:59	00:33:26	175	00:00:59	00:22:19	289	01:07:46
232	566	JONATHAN VEITCH	ABSOLUTE TRIATHLON CLUB	30-34	Male	00:07:16	77	00:01:13	00:37:20	364	00:00:49	00:21:08	193	01:07:46
233	128	JAMIE FLACK	NORFOLK IN CHANCE	30-34	Male	00:09:56	412	00:01:32	00:33:55	198	00:01:04	00:21:21	206	01:07:48
234	447	RICHARD CHAPMAN		45-49	Male	00:08:22	202	00:01:07	00:34:15	216	00:01:24	00:22:42	319	01:07:50
235	381	PAUL FEATHERSTONE		40-44	Male	00:09:29	368	00:01:20	00:33:30	178	00:01:11	00:22:23	297	01:07:53
236	600	HELEN GORMAN	TFN TRI CLUB	35-39	Female	00:06:25	20	00:01:07	00:34:26	224	00:01:02	00:24:56	448	01:07:56
237	531	JASON CROOKES	LINCOLN TRI CLUB	15-19	Male	00:07:14	73	00:00:53	00:34:42	236	00:00:45	00:24:25	425	01:07:59
238	510	EMILIE BACON	CHARNWOOD TRI CLUB	30-34	Female	00:07:42	121	00:01:44	00:35:10	264	00:01:21	00:22:09	277	01:08:06
239	281	MARK RUHIER	LINCOLN TRI CLUB	40-44	Male	00:09:25	357	00:01:13	00:34:44	237	00:01:03	00:21:44	244	01:08:09
240	114	AARON WARD		20-24	Male	00:07:33	108	00:02:18	00:35:28	277	00:01:15	00:21:36	230	01:08:10
241	394	JEREMY PAGE	GRANTHAM AC	50-54	Male	00:08:53	278	00:01:14	00:35:39	285	00:01:44	00:20:45	166	01:08:15
242	147	STUART BURNS		35-39	Male	00:09:20	342	00:01:17	00:37:03	352	00:00:44	00:19:59	121	01:08:23
243	101	ADAM MULLIGAN		35-39	Male	00:10:06	428	00:02:02	00:32:57	150	00:01:24	00:21:55	261	01:08:24
244	157	DANNY ROSE		40-44	Male	00:10:32	472	00:01:13	00:32:42	135	00:00:47	00:23:14	353	01:08:28
245	421	CHRIS GEESON	TFN TRI CLUB	45-49	Male	00:08:55	284	00:01:28	00:34:19	217	00:01:15	00:22:34	307	01:08:31
246	436	DAVID OAKTON	MANSFIELD TRI CLUB	35-39	Male	00:09:45	396	00:01:15	00:35:07	261	00:01:03	00:21:24	210	01:08:34
247	482	KARL ELWELL	SILVER BULLETS/ WHITE ROSE	35-39	Male	00:07:47	135	00:01:06	00:37:00	347	00:01:07	00:21:34	226	01:08:34
248	102	SIMON WILKINSON		40-44	Male	00:12:27	541	00:01:33	00:32:39	133	00:01:03	00:20:53	175	01:08:35
249	226	NICHOLAS SCOTT	NEWARK AC	25-29	Male	00:10:40	479	00:01:03	00:34:28	225	00:00:49	00:21:37	233	01:08:37
250	127	STEVE MELLOR		30-34	Male	00:09:21	344	00:01:24	00:35:38	284	00:00:39	00:21:36	228	01:08:38
251	441	CHRIS WILE		40-44	Male	00:07:59	152	00:01:29	00:35:59	299	00:00:57	00:22:14	283	01:08:38
252	111	JIM HAYLETT	SOUTH YORKSHIRE POLICE	45-49	Male	00:12:43	548	00:01:08	00:33:34	184	00:00:54	00:20:20	141	01:08:39
253	203	RICHARD BAUGH		50-54	Male	00:10:25	462	00:01:05	00:33:44	191	00:01:01	00:22:24	299	01:08:39
254	372	GRAEME MATTHEWS		35-39	Male	00:10:04	424	00:01:13	00:33:29	177	00:01:42	00:22:15	284	01:08:43
255	248	MATTHEW SCHOFIELD		35-39	Male	00:10:10	437	00:01:43	00:35:23	271	00:01:06	00:20:25	143	01:08:47
256	513	CRAIG SILLETT		40-44	Male	00:07:48	139	00:01:40	00:35:53	295	00:01:08	00:22:19	290	01:08:48
257	619	MARK BOOTH	MANSFIELD TRI CLUB	30-34	Male	00:06:43	37	00:01:39	00:37:01	348	00:01:07	00:22:18	287	01:08:48
258	251	ROB GILFOYLE		40-44	Male	00:10:23	459	00:01:39	00:31:58	113	00:01:25	00:23:24	367	01:08:49
259	303	KEITH WYNNE		40-44	Male	00:09:42	389	00:00:54	00:33:51	195	00:00:48	00:23:39	381	01:08:54
260	552	PAUL MANINGTON	ABSOLUTE TRIATHLON CLUB	30-34	Male	00:08:45	261	00:00:38	00:36:27	324	00:00:46	00:22:19	291	01:08:55
261	193	MARK WILSON		45-49	Male	00:09:59	416	00:01:24	00:36:24	322	00:00:53	00:20:16	134	01:08:56
262	469	SARAH ALTON	SHEFFIELD TRI CLUB	45-49	Female	00:08:38	233	00:01:15	00:35:32	281	00:01:32	00:22:00	266	01:08:57
263	86	TOBY BRITTON		35-39	Male	00:08:46	266	00:02:32	00:36:53	340	00:00:57	00:19:50	111	01:08:58
264	328	SIMON MEADE		50-54	Male	00:08:44	255	00:01:07	00:35:21	270	00:01:12	00:22:41	317	01:09:05
265	272	JOHN WILLIAMSON	TEAM TIMMY/LINCOLN TRI	50-54	Male	00:09:20	341	00:01:58	00:33:55	197	00:01:11	00:22:45	324	01:09:09
266	388	NEIL HARRIS	4 LIFE TRI CLUB	45-49	Male	00:08:42	247	00:00:48	00:34:45	240	00:00:44	00:24:12	411	01:09:11
267	263	SIMON MOSS		45-49	Male	00:10:01	422	00:01:24	00:34:26	223	00:01:04	00:22:22	296	01:09:17
268	266	PAUL NIGHTINGALE	MVH TRI	45-49	Male	00:10:17	454	00:00:46	00:34:20	218	00:00:55	00:23:00	339	01:09:18
269	376	RICHARD KEITH		40-44	Male	00:08:27	212	00:02:12	00:35:13	266	00:01:14	00:22:13	282	01:09:19
270	455	SARAH HASLAM		45-49	Female	00:08:36	231	00:01:28	00:35:18	268	00:01:11	00:22:48	330	01:09:21
271	230	SAMANTHA GARNER		25-29	Female	00:09:28	365	00:01:35	00:37:29	371	00:01:09	00:19:42	101	01:09:23
272	537	JAMES ROARK		20-24	Male	00:07:25	95	00:01:13	00:38:09	401	00:00:59	00:21:41	238	01:09:27
273	333	STEVE BRANDRETH		40-44	Male	00:10:15	448	00:01:33	00:34:56	249	00:00:59	00:21:46	247	01:09:29

274	153	ANDY NEWHAM	LINCOLN TRI CLUB	35-39	Male	00:10:24	461	00:01:30	00:34:14	213	00:00:52	00:22:38	311	01:09:38
275	400	NICOLA DICK	HIGH PEAK	45-49	Female	00:08:15	188	00:01:38	00:37:21	366	00:00:56	00:21:29	216	01:09:39
276	518	DAVID TOMLINSON	SOUTH YORKSHIRE FIRE & RESCUE TRIATHLON	40-44	Male	00:08:11	178	00:01:12	00:34:57	251	00:01:01	00:24:19	418	01:09:40
277	227	PAUL JENNER	TRI BRJ	25-29	Male	00:08:47	271	00:01:40	00:36:11	308	00:01:01	00:22:07	275	01:09:46
278	556	MARTIN ATTRUP	LINCOLN TRI CLUB	45-49	Male	00:09:13	324	00:01:21	00:36:35	333	00:00:59	00:21:42	240	01:09:50
279	284	JASON ASPDEN		35-39	Male	00:09:29	370	00:01:01	00:33:31	181	00:01:07	00:24:45	438	01:09:53
280	468	SAM PERKINS	4 LIFE TRI CLUB	30-34	Male	00:07:47	136	00:01:48	00:35:08	262	00:01:11	00:23:59	405	01:09:53
281	312	STEVE FAIRBURN	ROLAND HILL HARRIERS	50-54	Male	00:07:30	101	00:02:42	00:35:40	287	00:01:49	00:22:12	280	01:09:53
282	213	SIMON LARGE	LEICESTER TRI CLUB	35-39	Male	00:09:26	360	00:01:24	00:36:11	310	00:00:58	00:21:56	264	01:09:55
283	602	TIM WINFIELD		30-34	Male	00:07:30	103	00:01:35	00:36:24	321	00:01:17	00:23:11	352	01:09:57
284	294	PAUL MCCANNAH		25-29	Male	00:08:43	251	00:02:05	00:35:07	260	00:00:59	00:23:06	348	01:10:00
285	526	WAYNE CLARKE	LINCOLN TRI CLUB	50-54	Male	00:07:47	137	00:01:43	00:35:42	289	00:00:59	00:23:53	402	01:10:04
286	504	DWANE DONNOR		30-34	Male	00:09:20	343	00:01:21	00:36:12	311	00:00:54	00:22:20	293	01:10:07
287	393	SIMON TAYLOR	PACTRAC	50-54	Male	00:09:51	405	00:01:34	00:34:50	246	00:01:09	00:22:48	329	01:10:12
288	367	DAVID GREENWOOD		35-39	Male	00:09:22	348	00:01:53	00:35:41	288	00:01:16	00:22:02	270	01:10:14
289	188	ANDY BENNETT		45-49	Male	00:10:16	451	00:01:51	00:35:44	291	00:01:06	00:21:19	202	01:10:16
290	405	PAMELA DUTTON		50 +	Female	00:08:41	245	00:01:06	00:36:38	336	00:01:06	00:22:45	325	01:10:16
291	279	JIMMY YOUNG		40-44	Male	00:09:07	316	00:01:08	00:34:53	247	00:01:06	00:24:04	407	01:10:18
292	454	KEVIN DEAN		30-34	Male	00:10:07	429	00:01:24	00:36:22	319	00:00:50	00:21:39	234	01:10:22
293	407	RICHARD BRENTNALL		40-44	Male	00:09:34	379	00:01:55	00:36:34	330	00:01:06	00:21:16	198	01:10:25
294	202	MICHAEL TOWNDROW	4 LIFE TRI CLUB	50-54	Male	00:10:42	481	00:01:15	00:34:54	248	00:01:06	00:22:32	305	01:10:29
295	410	LORRAINE GARVEY	MANSFIELD TRI CLUB	35-39	Female	00:10:23	460	00:01:11	00:33:38	187	00:01:13	00:24:05	408	01:10:30
296	89	RICHARD MOTTRAM		40-44	Male	00:09:58	415	00:02:02	00:37:24	369	00:00:47	00:20:19	139	01:10:30
297	332	KEVIN HAMLYN		35-39	Male	00:09:24	353	00:01:30	00:34:29	228	00:01:32	00:23:38	380	01:10:33
298	424	IAN CLARKE		50-54	Male	00:09:03	303	00:01:19	00:35:25	273	00:00:56	00:23:50	397	01:10:33
299	241	RICHARD HUNTER		35-39	Male	00:08:38	234	00:01:20	00:37:51	392	00:01:13	00:21:33	224	01:10:35
300	494	JENNIFER RUDGE		30-34	Female	00:07:43	127	00:01:13	00:36:34	331	00:01:21	00:23:45	391	01:10:36
301	121	AARON EDWARDS		25-29	Male	00:10:08	431	00:02:45	00:35:57	298	00:00:54	00:20:57	182	01:10:41
302	268	PHILIP BENNETT		45-49	Male	00:09:33	377	00:00:45	00:36:00	302	00:00:51	00:23:35	375	01:10:44
303	348	ROBIN LYALL		25-29	Male	00:07:36	112	00:01:36	00:36:18	315	00:01:24	00:23:51	398	01:10:45
304	550	HELEN BOTTOM	WAKEFIELD TRIATHLON CLUB	24 + Under	Female	00:07:45	130	00:01:02	00:36:23	320	00:00:49	00:24:49	442	01:10:48
305	370	JAN JOHNSON	EQUUS	50 +	Female	00:08:59	289	00:00:52	00:36:19	316	00:00:48	00:23:54	403	01:10:52
306	217	STEVEN TURNER		35-39	Male	00:10:08	432	00:01:27	00:37:37	382	00:00:55	00:20:46	169	01:10:53
307	408	NICHOLAS DOYLE		45-49	Male	00:07:19	83	00:01:24	00:38:50	424	00:00:46	00:22:39	312	01:10:58
308	245	SAMANTHA SMITHSON	RAF TRIATHLON	35-39	Female	00:08:35	229	00:01:07	00:35:09	263	00:01:46	00:24:25	424	01:11:02
309	588	MARK NEEDHAM		45-49	Male	00:07:20	84	00:01:34	00:35:43	290	00:00:57	00:25:30	473	01:11:04
310	233	CRIS VALLANCE		30-34	Male	00:09:38	384	00:01:02	00:37:07	358	00:01:37	00:21:41	235	01:11:05
311	489	LUCY MOORE		25-29	Female	00:08:14	187	00:01:40	00:37:39	383	00:00:53	00:22:41	315	01:11:07
312	352	DANIEL CLARKE		25-29	Male	00:07:52	143	00:01:32	00:37:41	387	00:01:26	00:22:36	309	01:11:07
313	534	SCOTT LANE	RETFORD AC	30-34	Male	00:07:56	148	00:01:47	00:35:25	272	00:01:23	00:24:41	435	01:11:12
314	517	JOHN CROWDER	LINCS FIRE & RESCUE - USAR	40-44	Male	00:09:01	292	00:01:29	00:35:25	274	00:00:50	00:24:27	427	01:11:12
315	249	CATY DARBY		35-39	Female	00:08:15	190	00:01:42	00:37:31	375	00:01:04	00:22:40	314	01:11:12
316	228	ANDREW BAUMOHL		30-34	Male	00:09:30	372	00:01:18	00:33:23	174	00:01:03	00:26:00	485	01:11:14
317	171	SIMON GORDON		50-54	Male	00:09:13	326	00:01:50	00:39:58	457	00:00:47	00:19:27	89	01:11:15
318	631	LEWIS TUCK		15-19	Male	00:07:02	57	00:00:55	00:39:52	454	00:00:47	00:22:41	316	01:11:17
319	339	KATY JOHNSON	STAMFORD TRI CLUB	24 + Under	Female	00:09:26	359	00:01:35	00:39:36	448	00:00:39	00:20:03	125	01:11:19
320	392	TONY CLAY	4 LIFE TRI CLUB	50-54	Male	00:09:13	327	00:01:08	00:37:33	377	00:01:07	00:22:20	294	01:11:21

321	404	MARK DOYLE	TFN TRI CLUB	25-29	Male	00:08:08	175	00:01:29	00:38:18	409	00:01:20	00:22:10	278	01:11:25
322	420	JOANNE CAULTON	MVH TRI CLUB	24 + Under	Female	00:08:46	264	00:00:59	00:40:12	467	00:00:49	00:20:39	159	01:11:25
323	182	CRAIG WESTON		40-44	Male	00:09:41	387	00:02:30	00:35:57	297	00:01:35	00:21:43	242	01:11:26
324	399	KEITH DUNKINSON		40-44	Male	00:08:25	209	00:02:18	00:34:00	199	00:01:30	00:25:14	460	01:11:27
325	418	MICHAEL TOWNEND	CHARNWOOD TRI CLUB	40-44	Male	00:10:13	443	00:01:30	00:33:17	170	00:01:19	00:25:09	455	01:11:28
326	317	THOMAS WHALEN	SCT	45-49	Male	00:09:50	402	00:01:09	00:34:03	203	00:01:43	00:24:44	436	01:11:29
327	209	JOHN BERNARD CLARKE	SHEFFIELD TRI CLUB	60 +	Male	00:10:25	463	00:01:21	00:34:12	211	00:01:26	00:24:09	409	01:11:33
328	378	SIMON BINGHAM	DAVID LLOYD	40-44	Male	00:09:00	290	00:01:38	00:36:00	300	00:01:19	00:23:37	379	01:11:34
329	161	RICHARD PORTER		40-44	Male	00:09:14	330	00:01:21	00:36:19	317	00:01:05	00:23:36	378	01:11:35
330	409	PADDY TIGHE		45-49	Male	00:09:21	345	00:01:32	00:38:03	398	00:00:47	00:21:53	257	01:11:36
331	285	SALLY CAMM		35-39	Female	00:11:13	507	00:02:32	00:34:38	235	00:01:45	00:21:30	219	01:11:38
332	443	MARTIN JESSOP		40-44	Male	00:09:32	375	00:01:48	00:36:36	334	00:00:49	00:22:54	334	01:11:39
333	445	KATHERINE GILBERT	RUGBY TRIATHLON CLUB	30-34	Female	00:08:41	243	00:01:08	00:36:57	345	00:01:18	00:23:35	376	01:11:39
334	291	SAM SMITH		20-24	Male	00:08:06	170	00:01:35	00:40:34	475	00:01:29	00:19:56	119	01:11:40
335	553	PHILIP WRIGHT		35-39	Male	00:07:10	69	00:01:48	00:38:43	422	00:01:03	00:22:57	337	01:11:41
336	304	JASON WATKINS		40-44	Male	00:09:41	388	00:01:26	00:33:42	190	00:01:28	00:25:25	469	01:11:42
337	390	NICKY HILL	LINCOLN TRI CLUB	35-39	Female	00:08:26	210	00:01:09	00:36:54	341	00:01:00	00:24:13	413	01:11:42
338	219	PHIL WALKER		40-44	Male	00:09:27	363	00:01:25	00:35:52	294	00:01:39	00:23:20	359	01:11:43
339	246	ADRIAN WRIGHT		35-39	Male	00:10:00	418	00:01:28	00:37:21	367	00:01:30	00:21:25	211	01:11:44
340	239	NICKY HUNT		30-34	Female	00:08:35	230	00:01:13	00:39:33	447	00:01:32	00:20:52	174	01:11:45
341	178	PETER HARDMAN	BARRACUDA TRI CLUB	60 +	Male	00:10:35	476	00:01:13	00:34:28	227	00:01:14	00:24:18	417	01:11:48
342	126	JAMES GARMENT		30-34	Male	00:09:47	399	00:01:58	00:36:01	303	00:00:43	00:23:20	360	01:11:49
343	208	MARCUS PLUME		35-39	Male	00:10:16	452	00:01:45	00:34:45	241	00:01:19	00:23:45	390	01:11:50
344	359	JULIE KITCHEN		40-44	Female	00:08:40	240	00:01:17	00:37:35	380	00:00:58	00:23:21	363	01:11:51
345	387	RAYMOND HORROCKS		45-49	Male	00:08:12	183	00:01:47	00:37:52	393	00:00:54	00:23:07	350	01:11:52
346	155	JULIA KANG		35-39	Female	00:08:07	171	00:02:19	00:38:28	414	00:00:48	00:22:10	279	01:11:52
347	141	ADRIAN CHILDS		35-39	Male	00:08:49	273	00:03:08	00:36:54	342	00:01:45	00:21:19	203	01:11:55
348	331	NEIL CLARKE		35-39	Male	00:08:05	169	00:01:24	00:36:20	318	00:01:20	00:25:01	451	01:12:10
349	66	JON MOORHOUSE	MERSEY TRI CLUB	45-49	Male	00:11:40	524	00:01:04	00:36:50	339	00:00:48	00:21:49	252	01:12:11
350	545	RUTH WADSWORTH	MY LIFE PERSONAL TRAINING	30-34	Female	00:07:40	119	00:01:09	00:37:04	355	00:01:06	00:25:15	462	01:12:14
351	329	KELLY HILL		30-34	Female	00:09:02	296	00:01:31	00:37:30	372	00:00:43	00:23:33	373	01:12:19
352	512	MARK SPEED		40-44	Male	00:08:32	221	00:01:17	00:37:46	388	00:01:04	00:23:42	388	01:12:21
353	154	HELEN TANSLEY		35-39	Female	00:09:07	314	00:01:26	00:38:05	399	00:01:30	00:22:20	292	01:12:28
354	139	JODIE NEWMAN		30-34	Female	00:09:36	383	00:01:51	00:38:43	421	00:00:49	00:21:30	218	01:12:29
355	214	PAUL WHITNEY		35-39	Male	00:09:25	358	00:02:23	00:36:00	301	00:01:21	00:23:23	366	01:12:32
356	316	MARTIN CLIFFORD		40-44	Male	00:09:44	392	00:01:37	00:38:16	407	00:00:44	00:22:12	281	01:12:33
357	258	PAUL FLEMING		45-49	Male	00:11:27	519	00:01:29	00:37:05	357	00:00:45	00:21:49	253	01:12:35
358	440	KIRSTY FARROW		25-29	Female	00:09:24	354	00:01:15	00:39:10	431	00:01:03	00:21:43	243	01:12:35
359	470	EMMA SHIPMAN		35-39	Female	00:08:42	248	00:01:45	00:37:03	351	00:01:21	00:23:47	394	01:12:38
360	162	GEORGE BENNETT		45-49	Male	00:08:47	269	00:01:38	00:37:50	391	00:01:06	00:23:19	357	01:12:40
361	63	MARCUS GREENHILL	SILVER BULLETS TRI	35-39	Male	00:08:27	214	00:01:07	00:36:35	332	00:00:55	00:25:44	481	01:12:48
362	136	STEVEN HIRD		30-34	Male	00:10:56	490	00:02:04	00:33:09	167	00:01:29	00:25:12	458	01:12:50
363	173	BRETT CLARKE		50-54	Male	00:11:56	532	00:01:23	00:34:59	254	00:01:23	00:23:09	351	01:12:50
364	287	CRAIG MCKAY	LA SQUADRA	40-44	Male	00:09:15	333	00:01:53	00:33:30	179	00:01:54	00:26:19	491	01:12:51
365	189	DAVID RHINDS		45-49	Male	00:11:34	521	00:01:51	00:35:19	269	00:01:24	00:22:43	321	01:12:51
366	330	SAMANTHA O CONNER	ABSOLUTE TRIATHLON CLUB	40-44	Female	00:09:12	322	00:01:41	00:37:14	361	00:00:58	00:23:47	395	01:12:52
367	168	DAVID HARRIS		45-49	Male	00:11:46	526	00:01:13	00:36:11	309	00:01:24	00:22:27	301	01:13:01

368	280	GUDRUN MEISL	TFN TRI CLUB	45-49	Female	00:08:33	226	00:02:08	00:35:47	292	00:01:13	00:25:23	468	01:13:04
369	99	MAURICE NEEDOFF	ABSOLUTE TRIATHLON CLUB	50-54	Male	00:10:56	491	00:01:35	00:36:55	344	00:01:12	00:22:27	302	01:13:05
370	19	TIM LEICESTER		35-39	Male	00:13:47	574				00:01:05	00:23:41	386	01:13:05
371	59	JOHN ALBANESE	NOTTS POLICE	30-34	Male	00:11:36	523	00:01:18	00:35:52	293	00:01:00	00:23:21	362	01:13:07
372	85	JACKIE HARDMAN	BARRACUDA TRI CLUB	50 +	Female	00:11:41	525	00:02:03	00:36:14	313	00:01:08	00:22:05	272	01:13:11
373	243	STEVE WHITTLE		35-39	Male	00:08:36	232	00:01:16	00:38:13	404	00:00:57	00:24:11	410	01:13:14
374	123	JAMES COLLINS		30-34	Male	00:08:38	235	00:02:23	00:37:20	362	00:00:56	00:24:00	406	01:13:17
375	442	DAVID BENNETT		40-44	Male	00:08:40	241	00:01:26	00:37:37	381	00:01:00	00:24:34	432	01:13:17
376	491	ALEX RAMOWSKI		35-39	Male	00:09:12	323	00:01:15	00:41:17	489	00:00:52	00:20:46	170	01:13:22
377	402	GARY LORY		45-49	Male	00:08:52	277	00:02:17	00:37:41	385	00:01:23	00:23:17	355	01:13:30
378	26	MATT FRAY		25-29	Male	00:12:57	558				00:00:56	00:21:35	227	01:13:34
379	223	DAVID MANN		20-24	Male	00:11:17	510	00:01:49	00:37:03	353	00:01:08	00:22:18	288	01:13:35
380	68	KEVIN SMITH		40-44	Male	00:09:02	297	00:02:08	00:36:50	338	00:01:57	00:23:39	382	01:13:36
381	364	ANGIE CLARK		45-49	Female	00:09:19	340	00:01:54	00:38:33	415	00:01:06	00:22:46	326	01:13:38
382	341	STEWART HILL		40-44	Male	00:10:11	439	00:01:37	00:37:40	384	00:01:20	00:22:51	333	01:13:39
383	206	MARTIN MCSHANE		50-54	Male	00:10:46	485	00:01:31	00:35:29	279	00:01:09	00:24:45	440	01:13:40
384	215	JESS KEARNEY		24 + Under	Female	00:10:14	445	00:01:32	00:37:54	395	00:00:43	00:23:20	361	01:13:43
385	639	TOM SHEPHERD		Team	Team	00:06:39	31	00:01:19	00:40:26	473	00:00:43	00:24:38	434	01:13:45
386	192	JOHN SUMNER	WWW.TRIATHLONCOACHING.UK.COM	55-59	Male	00:12:50	553	00:01:34	00:34:05	207	00:01:03	00:24:15	416	01:13:47
387	137	JAMIE BUCKLAND		30-34	Male	00:08:55	283	00:01:52	00:40:00	460	00:00:57	00:22:05	273	01:13:49
388	327	RICHARD THOMBS		40-44	Male						00:01:44	00:24:33	430	01:13:49
389	298	STEVEN EVANS		50-54	Male	00:09:04	306	00:01:11	00:37:32	376	00:01:13	00:24:54	446	01:13:54
390	283	MATT GREEN	DEVELOP MEDIA	30-34	Male	00:09:28	366	00:01:08	00:37:30	373	00:01:28	00:24:23	422	01:13:57
391	174	VIN NEWTON		50-54	Male	00:10:08	433	00:01:36	00:37:08	359	00:01:26	00:23:41	387	01:13:59
392	353	JOHN SIMPSON		25-29	Male	00:08:07	172	00:01:35	00:35:32	280	00:01:44	00:27:03	507	01:14:01
393	152	ANTONIO COLONNA		35-39	Male	00:10:31	470	00:01:50	00:37:30	374	00:01:26	00:22:51	332	01:14:08
394	368	DARREN LIDDELL		35-39	Male	00:09:01	295	00:01:33	00:37:11	360	00:01:19	00:25:05	453	01:14:09
395	231	JAMES GREGORY		30-34	Male	00:08:41	246	00:01:41	00:39:11	432	00:01:32	00:23:06	349	01:14:11
396	444	SIMON GRAY		35-39	Male	00:09:50	403	00:02:04	00:39:25	442	00:01:11	00:21:42	239	01:14:12
397	484	HELENA STRAW		40-44	Female	00:07:55	146	00:01:52	00:37:34	378	00:01:38	00:25:16	464	01:14:15
398	261	MIKE MITCHELL		45-49	Male	00:09:50	404	00:01:22	00:35:16	267	00:01:01	00:26:49	502	01:14:18
399	438	THOMAS ACLAND		35-39	Male	00:09:35	381	00:01:23	00:36:27	325	00:01:29	00:25:29	472	01:14:23
400	322	JONATHAN FROWD		35-39	Male	00:09:07	315	00:01:22	00:37:01	349	00:01:36	00:25:26	470	01:14:32
401	581	ERIC TURNER		60 +	Male	00:10:00	419	00:01:38	00:37:35	379	00:01:49	00:23:35	374	01:14:37
402	335	LINDA HAYWOOD	LEICESTER TRI CLUB	45-49	Female	00:08:03	164	00:01:35	00:37:41	386	00:01:17	00:26:05	486	01:14:41
403	181	RICHARD SMITH		30-34	Male	00:10:34	473	00:02:12	00:40:15	469	00:00:46	00:20:54	177	01:14:41
404	115	LISA TILFORD		40-44	Female	00:10:12	440	00:01:47	00:38:18	408	00:01:21	00:23:05	346	01:14:43
405	354	CAROL AITCHISON		35-39	Female	00:09:27	364	00:01:23	00:39:27	443	00:01:06	00:23:22	365	01:14:45
406	210	CHARLOTTE WEBB	4 LIFE TRI CLUB	40-44	Female	00:09:05	307	00:01:35	00:39:30	445	00:01:33	00:23:04	343	01:14:47
407	461	BEN DUNNING	ABSOLUTE TRIATHLON CLUB	40-44	Male	00:08:50	274	00:01:31	00:39:22	438	00:01:14	00:23:52	400	01:14:49
408	398	WILLIAM YANDELL		Team	Team	00:08:57	287	00:01:21	00:38:14	406	00:01:31	00:24:49	443	01:14:52
409	81	ANDREW BROADHEAD		35-39	Male	00:09:44	394	00:01:33	00:43:02	509	00:00:46	00:19:47	109	01:14:52
410	184	DERRY O'NEILL		40-44	Male	00:10:57	492	00:01:26	00:35:54	296	00:01:55	00:24:48	441	01:15:00
411	195	JULIE WHALEY	GI-TRI	35-39	Female	00:09:46	397	00:01:22	00:40:05	466	00:01:15	00:22:34	308	01:15:02
412	79	ADAM FENTON-SMITH		40-44	Male	00:10:38	478	00:02:58	00:36:36	335	00:01:50	00:23:04	344	01:15:06
413	362	JAMES MARSHALL		30-34	Male	00:09:25	355	00:01:50	00:39:39	451	00:01:13	00:23:05	347	01:15:12
414	299	NEIL EATHERINGTON		30-34	Male	00:09:05	310	00:01:12	00:38:58	427	00:01:06	00:24:56	449	01:15:17

415	98	ANDY WOLFE		30-34	Male	00:11:23	516	00:01:31	00:37:24	370	00:01:26	00:23:40	383	01:15:24
416	129	LAURA HINCHLIFFE		25-29	Female	00:10:12	441	00:02:01	00:39:08	430	00:00:44	00:23:19	358	01:15:24
417	437	NICK FARROW		35-39	Male	00:09:44	393	00:02:03	00:37:03	354	00:01:18	00:25:19	466	01:15:27
418	580	KIRSTY SHAW	GI TRI	24 + Under	Female	00:07:09	66	00:01:19	00:39:00	428	00:01:12	00:26:49	503	01:15:29
419	64	ANDREW WATSON	ABSOLUTE TRIATHLON CLUB	35-39	Male	00:13:03	560	00:01:47	00:37:02	350	00:01:26	00:22:17	286	01:15:35
420	267	CRAIG LORD		45-49	Male	00:09:03	302	00:01:36	00:38:35	416	00:01:09	00:25:14	461	01:15:37
421	93	IAN FILBY		50-54	Male	00:12:43	549	00:01:23	00:38:36	417	00:01:11	00:21:53	258	01:15:46
422	82	ALEX HUGHES		15-19	Male	00:10:30	469	00:02:02	00:40:20	472	00:00:47	00:22:07	274	01:15:46
423	292	MARK TOPHAM		25-29	Male	00:08:44	256	00:02:07	00:40:38	476	00:00:54	00:23:25	369	01:15:48
424	29	MICHAEL FARNSWORTH		35-39	Male	00:11:07	504				00:00:53	00:23:01	341	01:15:50
425	138	DAMIAN EDDYSHAW		30-34	Male	00:10:13	444	00:01:26	00:40:00	462	00:00:47	00:23:25	370	01:15:51
426	397	JOHN ANDERSON	ABSOLUTE TRIATHLON CLUB	60 +	Male	00:10:47	487	00:01:40	00:36:26	323	00:01:17	00:25:42	480	01:15:52
427	13	ROBERT ANDREW		30-34	Male	00:10:27	466				00:01:02	00:21:47	249	01:15:56
428	297	CHRIS O'BRIEN		30-34	Male	00:13:13	564	00:02:23	00:35:39	286	00:01:43	00:23:00	340	01:15:58
429	108	RICHARD NELSON		25-29	Male	00:08:57	288	00:03:36	00:36:30	328	00:01:48	00:25:10	457	01:16:01
430	369	MARTYN KNOX		35-39	Male	00:08:40	238	00:01:16	00:39:59	459	00:01:14	00:25:02	452	01:16:11
431	417	JASON STEVENS		40-44	Male	00:07:45	132	00:01:53	00:39:12	433	00:00:57	00:26:29	494	01:16:16
432	349	JESSICA EDWARDS		35-39	Female	00:09:29	369	00:02:00	00:37:05	356	00:01:03	00:26:48	500	01:16:25
433	295	LISA CONEYWORTH	ABSOLUTE TRIATHLON CLUB	25-29	Female	00:09:17	338	00:01:38	00:38:38	419	00:01:37	00:25:15	463	01:16:25
434	103	OLIVER JONES		35-39	Male	00:11:03	499	00:02:33	00:37:21	365	00:01:48	00:23:41	385	01:16:26
435	113	PAUL STRINGER		20-24	Male	00:09:11	319	00:02:44	00:40:49	478	00:01:15	00:22:30	304	01:16:29
436	389	DEAN FEETHAM		45-49	Male	00:10:13	442	00:02:14	00:36:28	327	00:01:00	00:26:37	498	01:16:32
437	222	JOE BARLOW		20-24	Male	00:10:52	488	00:02:56	00:37:46	389	00:01:49	00:23:18	356	01:16:41
438	235	ELEANOR WHITTEN	SPEEDO	25-29	Female	00:09:34	380	00:01:24	00:38:51	425	00:02:04	00:24:52	445	01:16:45
439	259	CAROLINE WATERHOUSE	TFN & BEESTON AC	40-44	Female	00:10:31	471	00:01:48	00:39:23	440	00:01:19	00:23:46	393	01:16:47
440	54	RYAN SMITH		20-24	Male	00:11:57	533	00:02:17	00:39:41	452	00:00:55	00:22:01	269	01:16:51
441	42	JODY LEGGATE		35-39	Male	00:11:53	530				00:01:00	00:22:43	320	01:16:51
442	523	DAVID PLUNKETT	GRIMSBY TRI	45-49	Male	00:08:19	196	00:01:11	00:37:23	368	00:00:58	00:29:16	542	01:17:07
443	198	RICHARD SMITH		45-49	Male	00:10:15	449	00:01:10	00:38:08	400	00:01:20	00:26:15	490	01:17:08
444	262	DAVID BARNETT		45-49	Male	00:09:47	400	00:01:07	00:40:04	465	00:01:27	00:24:54	447	01:17:19
445	151	JAMES WEBB		35-39	Male	00:08:02	162	00:02:37	00:43:50	515	00:01:33	00:21:22	208	01:17:24
446	505	NATALIE MATTHEWMAN		25-29	Female	00:07:32	107	00:01:55	00:43:40	514	00:01:08	00:23:15	354	01:17:30
447	190	EMMA MARSHALL-TELFER	MABLETHORPE RUNNING CLUB	35-39	Female	00:10:14	446	00:02:00	00:40:33	474	00:01:27	00:23:24	368	01:17:38
448	31	ANDREW BOOKER		40-44	Male	00:10:05	425				00:01:18	00:26:31	496	01:17:46
449	379	ANDREW WATSON		40-44	Male	00:09:22	349	00:01:35	00:39:50	453	00:00:56	00:26:08	488	01:17:51
450	384	MICHAEL ASH		40-44	Male	00:09:59	417	00:02:31	00:38:12	402	00:01:26	00:25:49	482	01:17:57
451	480	JANE MINTOFT	WWW.TRIATHLONCOCHING.UK.COM	50 +	Female	00:09:02	298	00:01:22	00:38:18	410	00:01:48	00:27:29	518	01:17:59
452	95	KAY WALKER	LINCOLN TRI CLUB	30-34	Female	00:11:25	517	00:01:12	00:38:36	418	00:01:20	00:25:27	471	01:18:00
453	180	SIAN LAMBERT		30-34	Female	00:10:10	438	00:01:01	00:39:24	441	00:01:05	00:26:21	492	01:18:01
454	92	ADRIAN RISDALL		45-49	Male	00:13:39	571	00:02:27	00:35:37	282	00:01:45	00:24:44	437	01:18:12
455	172	GREG ELLIOTT		50-54	Male	00:09:42	390	00:02:51	00:39:30	444	00:02:18	00:23:51	399	01:18:12
456	321	LEWIS JONES	4 LIFE TRI CLUB	20-24	Male	00:11:04	500	00:01:29	00:40:17	470	00:01:30	00:23:52	401	01:18:12
457	320	LOU ELKINGTON		45-49	Female	00:09:55	411	00:01:02	00:41:04	484	00:01:58	00:24:13	414	01:18:12
458	604	MARK GORIN	DAVID LLOYD	35-39	Male	00:07:11	70	00:01:34	00:44:55	525	00:00:48	00:23:47	396	01:18:15
459	67	CHRIS GIBSON		35-39	Male	00:12:25	539	00:01:10	00:36:58	346	00:01:36	00:26:07	487	01:18:16
460	51	PETER DEVLIN		60 +	Male	00:12:44	551	00:01:37	00:38:14	405	00:01:59	00:23:46	392	01:18:20
461	44	SIMON FITZWATER		25-29	Male	00:13:14	565	00:01:15	00:41:15	488	00:01:10	00:21:26	214	01:18:20

462	337	NIGEL TRIPPETT		45-49	Male	00:09:06	312	00:02:24	00:38:49	423	00:00:46	00:27:17	516	01:18:22
463	234	MATT REDGATE		30-34	Male	00:08:29	219	00:03:20	00:41:14	487	00:02:19	00:23:03	342	01:18:25
464	360	CHRISTINE HORROCKS		45-49	Female	00:10:00	420	00:01:01	00:41:04	483	00:00:58	00:25:31	474	01:18:34
465	142	NICK SHIER		35-39	Male	00:08:07	173	00:01:36	00:40:00	461	00:01:12	00:27:41	522	01:18:36
466	216	CRAIG JACKSON	HUMBERSIDE FIRE AND RESCUE SERVICE	35-39	Male	00:14:18	578	00:02:41	00:36:30	329	00:01:36	00:23:36	377	01:18:41
467	365	ALISON WRIGHT		50 +	Female	00:09:48	401	00:02:02	00:39:54	456	00:01:24	00:25:36	477	01:18:44
468	334	FIONA DUNBAR		45-49	Female	00:09:01	293	00:01:43	00:38:24	412	00:00:48	00:28:50	538	01:18:46
469	94	ANTHONY RILEY	SUTTON-IN-ASHFIELD HARRIERS & AC	55-59	Male	00:11:33	520	00:00:56	00:40:56	479	00:01:15	00:24:33	431	01:19:13
470	48	ANDY SHARP	ABSOLUTE TRIATHLON CLUB	45-49	Male	00:12:37	546	00:02:05	00:39:17	435	00:01:37	00:23:40	384	01:19:16
471	499	HANNAH MOORHOUSE	MERSEY TRI CLUB	40-44	Female	00:10:58	494	00:01:04	00:39:38	449	00:01:04	00:26:41	499	01:19:25
472	91	PAUL PORTER		40-44	Male	00:10:40	480	00:02:07	00:42:58	508	00:00:56	00:22:55	336	01:19:36
473	338	NICHOLAS GIBSON		35-39	Male	00:08:02	163	00:02:23	00:40:57	480	00:02:02	00:26:13	489	01:19:37
474	14	JONATHAN CASTILE		40-44	Male	00:11:59	534				00:00:46	00:22:54	335	01:19:37
475	342	GARRY MATTHEWS	ABSOLUTE TRIATHLON CLUB	45-49	Male	00:09:16	336	00:02:16	00:37:52	394	00:01:27	00:28:49	537	01:19:40
476	134	ACAYCIA LEWIS	ABSOLUTE TRIATHLON CLUB	25-29	Female	00:10:37	477	00:01:05	00:39:33	446	00:00:49	00:27:42	523	01:19:46
477	143	GLYN DIXON		35-39	Male	00:11:20	515	00:03:10	00:39:18	437	00:01:37	00:24:23	423	01:19:48
478	191	RICHARD PERRY	GRIMSBY TRI	55-59	Male	00:09:22	350	00:01:43	00:45:24	533	00:01:49	00:21:31	222	01:19:49
479	422	NIGEL SMITH		45-49	Male	00:09:07	317	00:02:07	00:39:53	455	00:01:34	00:27:15	514	01:19:56
480	112	ADAM SELLARS	SPALDING TRI CLUB	20-24	Male	00:09:35	382	00:01:50	00:39:22	439	00:00:38	00:28:35	532	01:20:00
481	119	NICOLA SKEGG		45-49	Female	00:11:15	508	00:01:43	00:37:20	363	00:01:15	00:28:32	530	01:20:05
482	52	SIMON TAYLOR-SMITH		35-39	Male	00:09:02	299	00:03:27	00:41:32	490	00:01:12	00:24:59	450	01:20:12
483	175	KATE KACZMARCZYK		45-49	Female	00:11:05	502	00:01:30	00:41:40	492	00:00:49	00:25:18	465	01:20:22
484	595	NATALIE DEAN		25-29	Female	00:07:58	151	00:02:02	00:44:21	520	00:00:43	00:25:21	467	01:20:25
485	150	CLAIRE DUFFIN	RIPLEY RUNNING CLUB	35-39	Female	00:09:57	414	00:02:05	00:41:51	498	00:01:26	00:25:07	454	01:20:26
486	465	SUSANNE TIETZE	SHEFFIELD TRI CLUB	50 +	Female	00:08:46	267	00:01:47	00:40:58	482	00:01:23	00:27:37	520	01:20:31
487	84	MARTIN PEARCE-MCNEILL		35-39	Male	00:10:29	468	00:02:41	00:42:09	499	00:01:01	00:24:19	419	01:20:39
488	309	RORY UNDERWOOD		45-49	Male	00:08:39	236	00:01:48	00:41:42	494	00:01:40	00:26:57	505	01:20:46
489	2	SCOTT HILL		25-29	Male						00:02:14	00:28:32	531	01:20:46
490	244	SHEELAGH POWELL		35-39	Female	00:11:17	511	00:01:43	00:44:43	522	00:01:13	00:21:58	265	01:20:54
491	205	RUTH SUTHERLAND		50 +	Female	00:11:47	527	00:02:07	00:36:12	312	00:01:20	00:29:29	545	01:20:55
492	166	ANDY MERRISON	BARRACUDA TRI CLUB	45-49	Male	00:09:55	410	00:01:44	00:38:02	397	00:01:54	00:29:20	543	01:20:55
493	132	JAMES GOODE		30-34	Male	00:08:56	286	00:01:54	00:44:53	524	00:00:54	00:24:21	421	01:20:58
494	479	ZAKYA EL JAZOULI		35-39	Female	00:08:11	180	00:01:49	00:41:40	493	00:01:08	00:28:13	527	01:21:01
495	87	SIMON KENT		35-39	Male	00:11:06	503	00:01:46	00:40:01	464	00:01:34	00:26:36	497	01:21:03
496	36	STEVEN SMITH	HUMBERSIDE FIRE AND RESCUE SERVICE	40-44	Male						00:02:04	00:22:23	298	01:21:13
497	74	GRAHAM SCOTT		50-54	Male	00:13:33	570	00:01:16	00:41:06	485	00:00:56	00:24:26	426	01:21:17
498	200	KAREN BURNETT	1484 TRI CLUB	45-49	Female	00:09:51	406	00:01:23	00:40:01	463	00:01:22	00:28:58	540	01:21:35
499	156	JOSEPH NAGLE		40-44	Male	00:10:09	436	00:01:30	00:43:25	513	00:01:24	00:25:12	459	01:21:40
500	252	WILLIAM HILL		40-44	Male	00:09:56	413	00:02:32	00:42:13	500	00:01:06	00:25:58	484	01:21:45
501	21	DAVID LEE		45-49	Male	00:08:43	250				00:02:52	00:22:48	328	01:21:49
502	77	GARETH BIDDER	ABSOLUTE TRIATHLON CLUB	35-39	Male	00:12:31	542	00:02:01	00:39:04	429	00:01:08	00:27:07	511	01:21:51
503	179	MALCOLM RAY	BRAMCOTE TRI	60 +	Male	00:11:02	498	00:01:12	00:38:38	420	00:01:00	00:30:05	550	01:21:57
504	315	MICHELLE HARDY		40-44	Female	00:09:06	311	00:02:10	00:45:26	535	00:00:53	00:24:28	428	01:22:03
505	78	JONATHAN MATTHEWS		40-44	Male	00:10:57	493	00:01:43	00:40:58	481	00:02:03	00:26:28	493	01:22:09
506	104	BARRY BROWN		40-44	Male	00:15:07	581	00:01:48	00:39:17	436	00:01:29	00:24:29	429	01:22:10
507	105	LOUISE GEORGE		45-49	Female	00:12:35	545	00:01:30	00:39:17	434	00:01:10	00:27:38	521	01:22:10
508	69	MICHAEL BARTON		40-44	Male	00:12:49	552	00:02:24	00:39:38	450	00:01:24	00:26:29	495	01:22:44

509	425	AMI KETLEY	ABSOLUTE TRIATHLON CLUB	25-29	Female	00:08:26	211	00:01:15	00:43:22	512	00:01:06	00:28:39	534	01:22:48
510	49	BRIAN WALDER		55-59	Male	00:12:18	537	00:02:39	00:41:09	486	00:02:31	00:24:14	415	01:22:51
511	40	VICKI WATSON	ABSOLUTE TRIATHLON CLUB	40-44	Female						00:01:23	00:27:04	509	01:22:51
512	34	MICHAEL BIRD	MANSFIELD TRI CLUB	55-59	Male	00:13:55	576				00:01:33	00:24:50	444	01:22:55
513	340	ANNA SMITH-CLARE		25-29	Female	00:09:15	334	00:02:14	00:44:17	519	00:01:35	00:25:36	478	01:22:57
514	325	HAYLEY SHARMAN		30-34	Female	00:08:18	194	00:01:05	00:45:02	528	00:01:15	00:27:18	517	01:22:58
515	106	SIMON REYNOLDS		35-39	Male	00:11:49	529	00:02:11	00:38:00	396	00:01:30	00:29:33	546	01:23:03
516	269	SARAH TEDFORD		45-49	Female	00:10:34	474	00:01:34	00:40:12	468	00:01:41	00:29:15	541	01:23:16
517	225	JOSIE HAYES		25-29	Female	00:10:08	434	00:03:04	00:43:51	516	00:01:44	00:24:34	433	01:23:21
518	302	JULIAN EVANS		35-39	Male	00:11:07	505	00:01:41	00:40:19	471	00:01:48	00:28:45	535	01:23:40
519	8	JIMMY YOUNGER		20-24	Male	00:12:43	550	00:06:22	00:42:30	503	00:01:26	00:21:01	184	01:24:02
520	37	TREVOR BAILEY		45-49	Male	00:10:29	467				00:01:01	00:27:04	508	01:24:06
521	30	RACHEL MOTTRAM		35-39	Female	00:12:02	536				00:00:56	00:25:54	483	01:24:08
522	169	CHRIS GEORGE		45-49	Male	00:10:09	435	00:02:44	00:38:26	413	00:01:41	00:31:13	565	01:24:13
523	163	MICHAEL SCOTT		45-49	Male	00:11:34	522	00:03:28	00:45:06	530	00:01:34	00:22:50	331	01:24:32
524	221	PETER CROSSLAND	NONNAS LA SQUADRA	50-54	Male	00:10:46	486	00:02:23	00:36:39	337	00:01:46	00:33:20	574	01:24:54
525	351	PHILIP SILVER		25-29	Male	00:11:47	528	00:02:58	00:40:44	477	00:02:13	00:27:16	515	01:24:58
526	356	JAMES DUNLOP		25-29	Male	00:09:04	305	00:02:22	00:42:14	501	00:01:54	00:29:26	544	01:25:00
527	110	CHRISTABEL BECH		45-49	Female	00:11:20	513	00:02:08	00:43:21	511	00:01:20	00:26:58	506	01:25:07
528	90	GAIL PHILLIPS		40-44	Female	00:12:22	538	00:01:43	00:39:58	458	00:01:07	00:30:07	552	01:25:17
529	55	AMANDA SEDDON	RACING TNT	45-49	Female	00:13:23	567	00:02:25	00:42:25	502	00:01:43	00:25:32	475	01:25:28
530	24	GARY CLARKE		25-29	Male	00:13:07	562				00:02:30	00:27:57	524	01:25:36
531	290	CHARLOTTE HUGHES		24 + Under	Female	00:08:31	220	00:01:01	00:44:15	518	00:00:47	00:31:11	564	01:25:45
532	61	ZACHERY TODD		30-34	Male	00:14:13	577	00:01:31	00:45:09	532	00:00:49	00:24:12	412	01:25:54
533	50	LISA LEATHBOROUGH		35-39	Female	00:12:55	556	00:02:03	00:41:32	491	00:01:53	00:27:33	519	01:25:56
534	140	LORRAINE NICOL		30-34	Female	00:07:35	110	00:03:48	00:46:39	540	00:01:03	00:27:06	510	01:26:11
535	109	PAUL BIRCH		40-44	Male	00:11:19	512	00:01:51	00:41:44	496	00:01:04	00:30:29	557	01:26:27
536	27	SAM BELL		30-34	Male	00:10:05	426				00:02:05	00:28:25	528	01:27:11
537	160	BRIDGET VERGETTE	STAMFORD TRI CLUB	45-49	Female	00:13:29	569	00:01:38	00:42:52	506	00:01:16	00:28:10	526	01:27:25
538	450	CAROLINE LOCKE		30-34	Female	00:09:14	328	00:02:48	00:47:12	541	00:01:05	00:27:11	512	01:27:30
539	289	PAUL SHREEVES	CHARNWOOD TRI CLUB	60 +	Male	00:11:01	497	00:02:04	00:41:44	495	00:01:48	00:30:59	561	01:27:36
540	310	BRITTE CAIRNS		35-39	Female	00:10:22	457	00:02:13	00:45:07	531	00:01:08	00:28:48	536	01:27:38
541	170	MARIEA CLARKE	LINCOLN TRI CLUB	45-49	Female	00:11:17	509	00:01:41	00:42:58	507	00:01:46	00:30:01	549	01:27:43
542	144	SALLY GARMENT	NOTTS POLICE	30-34	Female	00:10:05	427	00:02:36	00:46:29	539	00:01:30	00:27:13	513	01:27:53
543	242	STEPHEN HILL		35-39	Male	00:07:30	104	00:02:19	00:44:56	526	00:01:34	00:31:37	566	01:27:56
544	183	MATTHEW JONES		30-34	Male	00:12:02	535	00:01:57	00:53:01	553	00:00:42	00:20:51	172	01:28:33
545	176	ROB INGLE		50-54	Male	00:08:46	265	00:00:54	00:55:02	555	00:00:54	00:23:04	345	01:28:40
546	62	DARREN CROXFORD		30-34	Male	00:16:49	584	00:01:57	00:42:49	505	00:01:30	00:25:41	479	01:28:46
547	60	HOLLY CORNISH		24 + Under	Female	00:11:26	518	00:01:40	00:49:37	548	00:00:39	00:25:33	476	01:28:55
548	255	SARAH ECCLES		40-44	Female	00:08:47	270	00:01:59	00:48:20	545	00:01:14	00:28:57	539	01:29:17
549	247	MARK SELF		35-39	Male	00:09:54	409	00:02:11	00:44:51	523	00:02:07	00:30:19	553	01:29:22
550	257	LEE BARLOW		40-44	Male	00:11:20	514	00:03:58	00:43:07	510	00:02:52	00:28:06	525	01:29:23
551	70	SHARON WARD	RACING TNT	40-44	Female	00:13:44	573	00:02:05	00:41:48	497	00:01:27	00:30:23	556	01:29:27
552	124	LIZZIE HUNSCOTT		24 + Under	Female	00:10:43	483	00:01:38	00:46:08	538	00:01:15	00:29:45	547	01:29:29
553	324	VICTORIA EDWARDS		30-34	Female	00:08:19	197	00:01:44	00:52:20	552	00:01:00	00:26:48	501	01:30:11
554	22	BRIAN DOWNES		50-54	Male	00:12:38	547				00:02:48	00:26:52	504	01:30:30
555	274	SARAH LEWIS		50 +	Female	00:10:26	465	00:02:06	00:44:02	517	00:01:18	00:33:14	573	01:31:06

556	120	EMMA GRINDULIS		24 + Under	Female	00:10:19	455	00:02:32	00:47:42	543	00:01:11	00:29:45	548	01:31:29
557	5	HEATHER PARCHMENT	BRAT	40-44	Female	00:15:21	582				00:02:11	00:25:09	456	01:31:41
558	521	ROBERT CAWDRON	SOUTHWELL RUNNING CLUB/TFN TRI CLUB	45-49	Male	00:09:21	346	00:01:44	00:42:45	504	00:01:57	00:36:04	579	01:31:51
559	135	ELLIE GARMENT		25-29	Female	00:10:16	450	00:01:47	00:49:01	547	00:01:29	00:30:05	551	01:32:38
560	38	RICHARD HUGHES		50-54	Male	00:10:55	489				00:02:38	00:35:16	578	01:33:12
561	76	HARISH PATHY		40-44	Male	00:10:34	475	00:02:40	00:45:03	529	00:02:48	00:32:15	569	01:33:20
562	395	ALEX SCANLON	DERBY TRI CLUB	35-39	Female	00:09:26	361	00:02:20	00:45:25	534	00:01:44	00:34:42	577	01:33:37
563	35	ZENA CAMERON		40-44	Female	00:12:57	559				00:00:58	00:24:45	439	01:33:44
564	32	KEITH GEORGE		45-49	Male	00:12:56	557				00:01:02	00:31:00	562	01:33:46
565	240	ALISON ALLSOPP		30-34	Female	00:08:32	222	00:01:52	00:51:31	550	00:01:02	00:30:50	558	01:33:47
566	264	ZOE JONES	SUTTON-IN-ASHFIELD HARRIERS & AC	45-49	Female	00:10:19	456	00:02:19	00:47:35	542	00:01:16	00:32:40	570	01:34:09
567	9	SIMON WOOD		45-49	Male	00:11:04	501				00:02:21	00:34:35	576	01:34:29
568	220	SAMANTHA LINDOE		24 + Under	Female	00:13:03	561	00:02:26	00:49:43	549	00:01:05	00:28:29	529	01:34:46
569	186	STEVE ROBERTS		30-34	Male	00:12:52	554	00:01:34	00:48:08	544	00:01:23	00:30:53	559	01:34:50
570	15	BELINDA LEICESTER		30-34	Female	00:14:21	579				00:01:45	00:33:05	571	01:34:58
571	159	ANDY SHAW		40-44	Male	00:13:16	566	00:03:43	00:45:00	527	00:02:12	00:31:02	563	01:35:13
572	75	ANDREA EARLEY	1485 TRI CLUB	40-44	Female	00:13:40	572	00:02:50	00:45:51	537	00:02:06	00:32:04	568	01:36:31
573	97	DEREK HENCHLEY	RACING TNT	50-54	Male	00:13:27	568	00:05:03	00:44:21	521	00:02:09	00:33:08	572	01:38:08
574	47	SHANE KILBEE		40-44	Male	00:11:07	506	00:02:02	00:45:30	536	00:02:19	00:37:51	581	01:38:49
575	39	HOWARD KING		60 +	Male	00:15:57	583				00:01:29	00:30:22	555	01:40:40
576	125	SARAH BROMLEY		24 + Under	Female	00:10:59	495	00:01:53	01:04:46	559	00:01:30	00:22:28	303	01:41:36
577	122	DAN NORTH		30-34	Male	00:11:53	531	00:01:20	00:58:01	557	00:01:05	00:30:55	560	01:43:14
578	57	DANIEL COLE		25-29	Male	00:13:07	563	00:02:47	00:54:56	554	00:00:59	00:31:56	567	01:43:45
579	72	BRIAN TAYLOR		45-49	Male	00:17:55	585	00:01:49	00:49:00	546	00:01:04	00:34:30	575	01:44:18
580	270	SANDY TRENAM		45-49	Female	00:12:32	544	00:02:01	00:52:07	551	00:01:17	00:40:44	582	01:48:41
581	80	DEBBIE TAYLOR		45-49	Female	00:12:52	555	00:02:58	00:58:49	558	00:01:10	00:36:38	580	01:52:27
582	20	VICTORIA RAYNOR		25-29	Female	00:13:51	575				00:01:56	00:30:22	554	01:53:01
583	45	TRUDY BROTHWELL		50 +	Female	00:14:31	580	00:03:10	00:56:47	556	00:01:37	00:40:48	583	01:56:53
584	12	ANDREW GODFREY		30-34	Male	00:10:26	464				00:01:02	00:28:35	533	11:57:42
DNF	634	BARRY MARSHALLSAY	NEWCASTLE (STAFFS) TRI CLUB	35-39	Male	00:06:23	19	00:00:45	00:27:35	8	00:00:43			DNF
DNF	615	LUCY CHATFIELD	TFN TRI CLUB	30-34	Female	00:07:01	55	00:00:49	00:32:01	114	00:02:55			DNF
DNF	350	RUTH WILLOTT		35-39	Female	00:08:54	280	00:02:33	00:36:08	307	00:02:02			DNF
DNF	130	NATALIE FARROW		25-29	Female	00:09:33	376	00:01:10	00:38:22	411	00:00:46	00:09:14		1 Lap Run
DNF	431	MARVIN BURTON	MARVINBURTON.COM	25-29	Male	00:07:31	106	00:01:12	00:32:43	136	00:00:50	00:09:16		1 Lap Run
DNF	7	SCOTT WRIGLEY		30-34	Male	00:12:31	543				00:01:06	00:11:08		1 Lap Run
DNF	196	SCOTT FRANKLIN	ABSOLUTE TRIATHLON CLUB	40-44	Male	00:10:14	447	00:01:24	00:34:10	208	00:01:17	00:11:54		1 Lap Run
DNF	415	GEMMA WRIGHT		25-29	Female	00:08:45	262	00:01:31	00:37:49	390	00:01:08	00:12:17		1 Lap Run
DNF	88	STUART LAWRIE		35-39	Male									DNF
DNF	471	JAMES ROBINSON		35-39	Male	00:07:55	147	00:00:52	00:30:32	56	00:00:48			DNF