

Southwell Sprint Triathlon 2010

Provisional Results

	Name	Surname	Race No	Category	Club	Swim	T1	Cycle	T2	Run	Time
1	Andy	Tarry	543	M 40 - 44	CEEPO TFN RT	00:05:42	00:00:40	00:25:19	00:00:30	00:14:45	00:46:58
2	Alastair	Johnson	549	M 30 - 34	CEEPO TFN RT	00:05:27	00:00:39	00:26:03	00:00:32	00:15:44	00:48:27
3	Chris	Dale	546	M 15 - 19	CEEPO TFN RT	00:05:58	00:00:46	00:28:10	00:00:36	00:15:35	00:51:08
4	Rich	Sumpter	538	M 25 - 29	WWW.LABICICLETA.CO.UK	00:06:43	00:00:34	00:27:58	00:00:38	00:16:17	00:52:13
5	Stephen	Lormor	524	M 30 - 34	LINCSQUAD	00:06:32	00:01:03	00:27:27	00:00:42	00:17:01	00:52:48
6	Greg	Cherry	548	M 25 - 29		00:05:16	00:00:38	00:29:13	00:00:35	00:17:05	00:52:50
7	Tom	Hughes	529	M 20 - 24	LEICESTER TRI	00:07:25	00:00:46	00:28:03	00:00:41	00:16:07	00:53:04
8	Jonathon	Riall	542	M 25 - 29	CHARNWOOD TRI	00:06:08	00:00:35	00:28:51	00:00:38	00:17:03	00:53:18
9	Jimmy	McMahon	513	M 30 - 34	CEEPO TFN RT	00:06:26	00:00:31	00:28:33	00:00:34	00:17:22	00:53:30
10	Andy	Bishop	455	M 30 - 34	SHEFFIELD TRI	00:07:09	00:01:13	00:26:18	00:00:41	00:18:21	00:53:45
11	Oliver	Dixon	544	M 15 - 19	CEEPO TFN RT	00:06:22	00:00:44	00:28:21	00:00:36	00:17:43	00:53:49
12	Andrew	Stuart	473	M 25 - 29	TFN TRI CLUB	00:07:05	00:00:50	00:26:56	00:00:45	00:18:15	00:53:53
13	Steven	Wigglesworth	467	M 45 - 49	VEGETARIAN C&AC	00:08:12	00:00:46	00:26:58	00:00:47	00:17:55	00:54:41
14	Andrew	Benson	525	M 25 - 29		00:06:33	00:01:11	00:29:01	00:00:56	00:17:00	00:54:43
15	Phil	Westmorland	534	M 30 - 34	CEEPO TFN RT	00:06:29	00:00:56	00:28:35	00:00:40	00:18:11	00:54:53
16	John	Pope	541	M 45 - 49	CEEPO TFN RT	00:06:05	00:00:39	00:29:26	00:00:46	00:18:05	00:55:04
17	Jack	Hall	545	M 15 - 19		00:05:41	00:00:36	00:30:02	00:00:36	00:18:06	00:55:04
18	Lucy	Smith	526	F 15 - 19	LOUGHBOROUGH TRIATHLON	00:05:47	00:00:37	00:29:58	00:00:34	00:18:14	00:55:13
19	Bruno	Nikoloff	520	M 45 - 49	CHARNWOOD TRI	00:06:48	00:00:51	00:30:29	00:00:51	00:16:15	00:55:16
20	Joe	Santry	508	M 25 - 29	SPEEDO	00:06:28	00:00:52	00:29:09	00:00:35	00:18:18	00:55:26
21	Jo	Walker	426	F 30 - 34	LINCSQUAD	00:06:43	00:00:48	00:29:55	00:00:42	00:17:18	00:55:29
22	Chris	Pratt	539	M 20 - 24	SPALDING TRIATHLON CLUB	00:06:12	00:00:56	00:28:46	00:00:47	00:18:46	00:55:30
23	Chris	Bennett	485	M 25 - 29	ABSOLUTE TRI	00:07:25	00:00:40	00:29:36	00:00:36	00:17:30	00:55:49
24	Richard	Billington	420	M 40 - 44	1485 TRI CLUB	00:07:46	00:00:46	00:29:17	00:00:48	00:17:10	00:55:50
25	Matthew	Wakefield	531	M 30 - 34		00:06:08	00:00:51	00:29:52	00:00:38	00:18:24	00:55:56
26	Steven	Roe	480	M 40 - 44	SHEFFIELD TRI	00:06:55	00:01:03	00:27:11	00:00:42	00:20:04	00:55:57
27	Steven	Baggott	263	M 30 - 34	IVANHOE RUNNERS	00:08:38	00:00:35	00:29:01	00:00:37	00:17:38	00:56:32
28	Calvin	Leach	338	M 35 - 39		00:06:22	00:00:54	00:30:55	00:00:33	00:17:46	00:56:34
29	Darren	Ridout	488	M 30 - 34	DERBY TRI	00:07:21	00:01:00	00:30:31	00:00:58	00:16:45	00:56:39
30	Edward	Walters	489	M 35 - 39	DERBY TRI	00:07:55	00:00:59	00:27:54	00:00:58	00:18:54	00:56:44
31	Paul	Searson	385	M 35 - 39		00:07:17	00:00:58	00:28:00	00:00:42	00:19:55	00:56:54
32	John	Golding	454	M 40 - 44	LEICESTER TRI	00:07:58	00:00:52	00:30:39	00:00:45	00:16:48	00:57:04
33	John	Dyer	530	M 35 - 39	TFN TRI CLUB	00:06:10	00:00:51	00:29:28	00:00:38	00:20:01	00:57:11
34	Ian	Lahart	402	M 30 - 34	BRAT	00:07:59	00:00:51	00:30:26	00:00:46	00:17:09	00:57:14
35	Alan	Leather	422	M 40 - 44	DERBY TRI	00:08:04	00:00:57	00:28:31	00:00:40	00:18:58	00:57:14
36	Simon	Mccarthy	483	M 45 - 49	ABSOLUTE TRI	00:07:32	00:00:52	00:29:42	00:00:37	00:18:37	00:57:21
37	Michael	Jones	423	M 25 - 29	ABSOLUTE TRI	00:08:00	00:01:06	00:28:47	00:00:50	00:18:44	00:57:29
38	Steven	Ardron	540	TEAM	LEICESTER TRI	00:06:14	00:00:37	00:31:10	00:00:36	00:18:52	00:57:33
39	Charlie	Howick	547	M 15 - 19	4LIFE TRI CLUB	00:06:08	00:00:37	00:30:14	00:00:41	00:19:55	00:57:37
40	Paul	Robertshaw	457	M 50 - 54	BRAT	00:07:30	00:01:05	00:30:05	00:00:51	00:18:05	00:57:39
41	Nigel	James	537	M 50 - 54	LEICESTER TRI	00:07:12	00:00:49	00:29:41	00:00:42	00:19:22	00:57:50
42	Simon	Gray	533	M 35 - 39	LEEDS & BRADFORD TRI CLUB	00:06:26	00:00:51	00:29:46	00:00:49	00:20:01	00:57:55
43	Sandy	Telfer	492	M 45 - 49	SLEAFORD STRIDERS	00:06:41	00:01:06	00:31:02	00:00:52	00:18:14	00:57:57
44	Tom	Waller	507	M 30 - 34		00:07:17	00:00:58	00:30:47	00:00:45	00:18:07	00:57:57
45	Simon	Neumann	330	M 30 - 34		00:08:40	00:00:55	00:29:30	00:00:47	00:18:12	00:58:07
46	Peter	Barnes	493	M 45 - 49		00:07:54	00:01:00	00:29:17	00:00:40	00:19:18	00:58:11
47	David	Giles	535	M 35 - 39	4LIFE TRI CLUB	00:06:04	00:00:48	00:30:18	00:00:39	00:20:22	00:58:13
48	John	Wilson	500	M 50 - 54		00:07:35	00:00:57	00:29:38	00:00:45	00:19:22	00:58:20
49	Andrew	Mccoy	5	M 15 - 19	LINCOLN TRI	00:07:14	00:01:19	00:30:58	00:00:32	00:18:19	00:58:24
50	Andrew	Larrington	399	M 30 - 34	ARMY	00:08:09	00:00:57	00:30:44	00:00:46	00:17:58	00:58:35
51	Andy	Foster	527	M 45 - 49	LEICESTER TRI	00:07:14	00:01:05	00:30:57	00:00:41	00:18:37	00:58:36
52	Dale	Norris	398	M 40 - 44	LEICESTER TRI	00:08:24	00:01:10	00:28:11	00:01:01	00:19:48	00:58:38
53	Chris	Hayes	503	M 30 - 34		00:07:09	00:00:59	00:30:18	00:00:49	00:19:26	00:58:43
54	Garreth	Stead	435	M 40 - 44		00:07:17	00:00:57	00:30:38	00:00:44	00:19:05	00:58:44
55	Marc	Turner	448	M 35 - 39	RICHARD ALLEN FITNESS	00:07:45	00:00:57	00:30:25	00:00:48	00:18:47	00:58:44
56	Neil	Dowsett	428	M 35 - 39	LINCOLN TRI	00:08:02	00:01:07	00:30:17	00:00:49	00:18:41	00:58:59
57	Nicholas	Cousins	343	M 30 - 34	TFN TRI CLUB	00:09:00	00:00:37	00:30:28	00:00:40	00:18:20	00:59:09
58	Andrew	Powell	393	M 35 - 39		00:07:50	00:01:01	00:30:45	00:00:53	00:18:41	00:59:12
59	Richard	Marshall	319	M 25 - 29		00:08:38	00:00:59	00:30:17	00:00:40	00:18:42	00:59:19
60	Neil	Stevens	509	M 25 - 29		00:07:25	00:01:01	00:31:12	00:00:39	00:19:33	00:59:53
61	Paul	Scotting	414	M 45 - 49	TFN TRI CLUB	00:08:33	00:00:43	00:30:35	00:00:43	00:19:18	00:59:55
62	Jason	Lavine	329	M 30 - 34		00:08:45	00:01:37	00:29:51	00:00:52	00:18:49	00:59:57
63	Jason	Crookes	433	M 15 - 19	LINCOLN TRI	00:07:28	00:00:38	00:32:48	00:00:32	00:18:36	01:00:05
64	Simon	Allen	304	M 35 - 39	ABSOLUTE TRI	00:08:21	00:00:39	00:30:37	00:00:40	00:19:51	01:00:10
65	Scott	Slorach	490	M 45 - 49		00:07:10	00:00:58	00:30:36	00:00:59	00:20:27	01:00:13
66	Adam	Carney	389	M 35 - 39		00:07:52	00:01:21	00:32:24	00:00:50	00:17:47	01:00:17
67	Foster	Jeanette	446	F 35 - 39	LEICESTER TRI	00:07:55	00:00:53	00:31:06	00:00:45	00:19:43	01:00:24
68	Chris	Hunt	17	M 45 - 49	TFN TRI CLUB	00:07:06	00:00:53	00:30:15	00:00:46	00:21:26	01:00:29
69	Robbie	Smith	365	M 35 - 39		00:08:04	00:01:03	00:30:45	00:00:59	00:19:47	01:00:41
70	Paul	Gilbert	362	M 40 - 44	ABSOLUTE TRI	00:07:18	00:00:58	00:30:53	00:00:45	00:20:46	01:00:42

Southwell Sprint Triathlon 2010

Provisional Results

71	Paul	Harries	390	M 30 - 34		00:08:40	00:01:12	00:32:15	00:00:37	00:17:56	01:00:43
72	Michael	Staines	408	M 50 - 54	SPALDING TRIATHLON CLUB	00:08:03	00:01:12	00:30:28	00:00:54	00:20:08	01:00:48
73	Simon	Fletcher	453	M 45 - 49	RACING TNT	00:07:56	00:01:00	00:32:02	00:00:50	00:18:57	01:00:49
74	Adam	Nicholson	494	M 30 - 34		00:05:43	00:00:44	00:33:24	00:00:37	00:20:18	01:00:49
75	Greg	Albiston	412	M 25 - 29		00:07:46	00:00:47	00:30:46	00:00:49	00:20:42	01:00:53
76	Jack	Carpenter	512	M 20 - 24	SPALDING TRIATHLON CLUB	00:07:19	00:01:00	00:32:10	00:01:03	00:19:26	01:01:00
77	Garry	Davy	484	M 40 - 44	PLANET X	00:07:23	00:00:59	00:34:27	00:00:56	00:17:18	01:01:07
78	Gary	Goacher	504	M 45 - 49	DERBYSHIRE POLICE	00:07:19	00:00:50	00:30:53	00:00:52	00:21:12	01:01:08
79	Tim	Dunne	510	M 40 - 44	TFN TRI CLUB	00:07:04	00:00:43	00:31:16	00:00:39	00:21:28	01:01:14
80	Stephen	Hale	518	M 30 - 34		00:07:12	00:01:10	00:31:25	00:00:58	00:20:28	01:01:16
81	Sam	Marsters	142	M 30 - 34	SHEFFIELD TRI	00:08:10	00:01:17	00:29:29	00:00:55	00:21:26	01:01:19
82	Malcolm	Sullivan	3	M 40 - 44		00:07:47	00:01:02	00:31:00	00:00:48	00:20:39	01:01:20
83	Andy	Linfield	413	M 20 - 24		00:08:32	00:01:30	00:32:45	00:00:37	00:17:55	01:01:21
84	Claire	Armstrong	442	F 30 - 34	THE TRIATHALON COACH	00:07:43	00:01:14	00:32:05	00:00:41	00:19:39	01:01:25
85	Nick	Bestwick	438	M 35 - 39	ABSOLUTE TRI	00:07:13	00:00:38	00:33:53	00:00:34	00:19:16	01:01:36
86	Nigel	Farrow	443	M 50 - 54	WORKSOPS HARRIERS	00:08:06	00:01:03	00:30:47	00:00:55	00:20:47	01:01:40
87	Nigel	Leaker	470	M 45 - 49		00:06:47	00:01:34	00:31:45	00:01:09	00:20:25	01:01:42
88	Stuart	Hinde	514	TEAM	LEEDS LINCOLN LIONS	00:06:20	00:00:37	00:34:00	00:00:38	00:20:08	01:01:45
89	James	Wallwork	79	M 25 - 29		00:09:18	00:01:34	00:29:30	00:01:07	00:20:16	01:01:47
90	Mathew	Barrowcliffe	463	M 25 - 29		00:07:14	00:00:53	00:32:23	00:00:43	00:20:32	01:01:47
91	Antony	Ryder	499	M 30 - 34	SHERRIFF'S OF SHARDLOW	00:07:11	00:01:05	00:32:58	00:00:58	00:19:33	01:01:47
92	Daniel	Moore	308	M 30 - 34	SHEFFIELD TRI	00:08:01	00:00:46	00:29:28	00:00:46	00:22:45	01:01:48
93	David	Mellor	355	M 35 - 39		00:08:01	00:01:17	00:32:41	00:01:07	00:18:50	01:01:58
94	Nicky	Butt	419	M 25 - 29		00:08:14	00:01:20	00:31:57	00:00:42	00:20:00	01:02:17
95	Paul	Kingsley	418	M 40 - 44		00:07:53	00:01:01	00:32:56	00:01:03	00:19:40	01:02:35
96	Colin	Campbell	310	M 35 - 39		00:08:25	00:00:54	00:32:21	00:01:25	00:19:30	01:02:39
97	Gavin	Dowsett	405	M 30 - 34	LINCOLN TRI	00:08:06	00:01:03	00:32:54	00:00:44	00:19:50	01:02:40
98	Richard	Ballantine	280	M 45 - 49	KEIGHLEY & CRAVEN ATH. CLUB	00:09:02	00:00:58	00:32:49	00:01:00	00:18:50	01:02:42
99	Arun	Lobo	300	M 15 - 19	ABSOLUTE TRI	00:08:47	00:00:58	00:31:54	00:00:59	00:20:01	01:02:42
100	Simon	Browne	354	M 40 - 44		00:08:19	00:00:57	00:31:49	00:01:18	00:20:17	01:02:42
101	George	Howick	532	M 15 - 19	4LIFE TRI CLUB	00:07:00	00:00:46	00:33:14	00:00:55	00:20:50	01:02:47
102	Niall	Temple	185	M 35 - 39	DTC	00:08:24	00:01:04	00:31:57	00:00:57	00:20:27	01:02:51
103	Robert	Roper	268	M 40 - 44	WORKSOP HARRIERS	00:08:45	00:01:13	00:33:54	00:00:45	00:18:12	01:02:51
104	Joel	Edwards	497	M 30 - 34	ABSOLUTE TRI	00:07:03	00:01:11	00:33:06	00:00:50	00:20:42	01:02:55
105	Wayne	Kew	285	M 45 - 49	MABLETHORPE RUNNING CLUB	00:09:07	00:00:51	00:32:39	00:00:40	00:19:36	01:02:56
106	David	Lemon	182	M 40 - 44	DERBY TRI	00:10:27	00:01:12	00:30:59	00:00:52	00:19:24	01:02:57
107	Fraser	Poole	528	M 30 - 34		00:07:22	00:01:17	00:33:27	00:00:47	00:20:07	01:03:02
108	Rob	Pearson	223	M 55 - 59	SHEFFIELD TRI	00:10:17	00:01:18	00:32:12	00:01:16	00:17:58	01:03:03
109	Jeffrey	Grainger	134	M 30 - 34		00:07:54	00:01:34	00:33:56	00:00:39	00:19:01	01:03:07
110	Chloe	Barton	506	F 15 - 19	ABSOLUTE TRI	00:06:03	00:00:50	00:34:35	00:00:38	00:20:58	01:03:07
111	Jeremy	Fryer	417	M 40 - 44		00:08:10	00:01:08	00:31:57	00:01:30	00:20:22	01:03:09
112	Louise	Allen	456	F 30 - 34	ABSOLUTE TRI	00:08:02	00:01:00	00:31:19	00:00:47	00:22:02	01:03:14
113	Daniel	Taylor	407	M 25 - 29		00:08:08	00:00:48	00:33:53	00:00:52	00:19:36	01:03:19
114	Tim	Turner	249	M 40 - 44	ABSOLUTE TRI	00:09:11	00:01:16	00:31:19	00:00:57	00:20:35	01:03:20
115	Dave	Miller	369	M 55 - 59	LINCOLN TRI	00:08:59	00:00:34	00:33:10	00:00:35	00:20:00	01:03:20
116	Christine	Shouksmith	451	F 50 +		00:08:01	00:00:55	00:32:31	00:00:47	00:21:08	01:03:25
117	Joe	Taylor	219	M 30 - 34		00:07:13	00:01:10	00:32:20	00:01:21	00:21:20	01:03:28
118	Michelle	Wright	486	F 25 - 29	STAMFORD TRI CLUB	00:07:11	00:01:12	00:32:34	00:00:51	00:21:41	01:03:30
119	Jp	Skipper	410	M 35 - 39		00:08:20	00:01:00	00:32:22	00:01:05	00:20:46	01:03:35
120	Leon	Rumble	498	M 25 - 29		00:07:14	00:01:20	00:33:50	00:00:37	00:20:34	01:03:38
121	Stephen	Broughton	242	M 35 - 39		00:09:34	00:01:23	00:31:47	00:00:48	00:20:05	01:03:39
122	Lee	Cuthbert	459	M 40 - 44		00:07:42	00:01:00	00:33:05	00:01:25	00:20:25	01:03:40
123	Eddie	Curry	397	M 35 - 39	ABSOLUTE TRI	00:07:24	00:00:40	00:33:19	00:00:40	00:21:38	01:03:43
124	James	Lyall	450	M 35 - 39		00:07:23	00:01:05	00:33:51	00:00:51	00:20:37	01:03:50
125	Mark	Jeszke	125	M 30 - 34		00:09:47	00:00:35	00:32:16	00:00:57	00:20:13	01:03:51
126	Tom	Roberts	370	M 30 - 34		00:08:01	00:01:09	00:33:49	00:01:04	00:20:05	01:04:12
127	Richard. b.	Annable.	468	M 30 - 34	TFN TRI CLUB	00:07:50	00:00:53	00:31:29	00:00:37	00:23:22	01:04:14
128	Frazer	Dulson	350	M 15 - 19		00:08:21	00:01:17	00:33:53	00:00:50	00:19:51	01:04:15
129	Chris	Riches	97	M 35 - 39		00:09:17	00:01:08	00:31:49	00:01:34	00:20:26	01:04:18
130	Jeremy	Page	295	M 50 - 54		00:09:02	00:01:19	00:33:36	00:00:53	00:19:27	01:04:19
131	Kathryn	Goldthorpe	437	F 35 - 39	BARNESLEY ROAD CLUB	00:08:12	00:00:49	00:33:23	00:00:49	00:21:08	01:04:23
132	Ashley	Chapman	469	M 45 - 49		00:07:59	00:01:16	00:34:14	00:00:57	00:19:58	01:04:27
133	Edith	Wilmshurst	447	F 40 - 44		00:08:03	00:01:03	00:34:51	00:00:42	00:19:54	01:04:36
134	Mark	Whitfield	400	M 35 - 39		00:07:38	00:01:15	00:34:16	00:00:52	00:20:44	01:04:47
135	Simon	Hall	360	M 55 - 59	NOTTINGHAM CLARION	00:08:16	00:01:52	00:32:16	00:01:11	00:21:10	01:04:48
136	Trevor	Allt	143	M 30 - 34		00:10:27	00:00:57	00:32:13	00:00:58	00:20:13	01:04:51
137	Alan	Woodcock	32	M 55 - 59		00:08:38	00:01:25	00:33:56	00:01:02	00:19:57	01:05:00
138	Graham	Wallis	225	M 40 - 44		00:10:32	00:01:08	00:32:19	00:01:06	00:19:55	01:05:04
139	Paul	Barton	259	M 40 - 44	ABSOLUTE TRI	00:08:02	00:01:05	00:31:45	00:01:03	00:23:11	01:05:08
140	Glenn	Tinsley	394	M 40 - 44		00:08:47	00:01:29	00:33:19	00:00:53	00:20:40	01:05:10
141	Kelly	Weall	406	F 30 - 34	TFN TRI CLUB	00:08:24	00:01:22	00:34:11	00:01:21	00:19:50	01:05:10

Southwell Sprint Triathlon 2010

Provisional Results

142	Thomas	Thatcher	325	M 20 - 24	TFN TRI CLUB	00:08:37	00:01:07	00:34:57	00:00:42	00:19:47	01:05:12
143	Liam	Doyle	478	M 15 - 19	CHARNWOOD TRI	00:07:00	00:01:03	00:35:29	00:00:48	00:20:55	01:05:17
144	Martin	Attrup	479	M 45 - 49	LINCOLN TRI	00:07:42	00:01:24	00:34:30	00:00:53	00:20:51	01:05:24
145	Alan	Whitelock	472	M 40 - 44		00:08:54	00:01:00	00:32:21	00:00:53	00:22:20	01:05:31
146	Chris	Johnson	519	M 35 - 39		00:06:28	00:01:23	00:34:06	00:00:50	00:22:44	01:05:34
147	Steven	Walsh	449	M 30 - 34		00:07:00	00:01:14	00:33:07	00:01:05	00:23:12	01:05:41
148	Matthew	Wolloch	318	M 25 - 29		00:08:30	00:01:29	00:34:16	00:01:00	00:20:29	01:05:47
149	Graham	Allwood	458	M 30 - 34	4LIFE TRI CLUB	00:07:36	00:00:55	00:36:28	00:00:54	00:19:57	01:05:53
150	Karl	Hemming	415	M 40 - 44		00:07:37	00:01:59	00:33:40	00:01:16	00:21:20	01:05:54
151	Chris	Macdonald	474	M 40 - 44		00:09:02	00:01:25	00:33:35	00:00:45	00:21:04	01:05:54
152	Ritchie	Fleet	13	M 30 - 34		00:08:22	00:00:58	00:35:13	00:00:39	00:20:40	01:05:55
153	Josh	Todd	183	M 25 - 29		00:09:04	00:01:16	00:34:28	00:00:52	00:20:13	01:05:56
154	Daniel	Paternoster	505	M 30 - 34	ABSOLUTE TRI	00:07:31	00:01:13	00:33:59	00:00:44	00:22:29	01:05:59
155	Tom	Dalziel	153	M 50 - 54	4LIFE TRI CLUB	00:10:05	00:01:02	00:32:00	00:00:59	00:21:52	01:06:00
156	Thierry	Bessede	332	M 25 - 29	LINCOLN TRI	00:08:53	00:01:03	00:33:05	00:00:52	00:22:04	01:06:01
157	Steve	Mendes	210	M 30 - 34		00:09:02	00:01:00	00:35:25	00:00:49	00:19:46	01:06:04
158	Stuart	Hannan	515	M 30 - 34	TFN TRI CLUB	00:06:33	00:01:07	00:35:15	00:00:54	00:22:14	01:06:06
159	Kevin	Dean	294	M 30 - 34		00:09:06	00:01:53	00:34:03	00:00:39	00:20:29	01:06:12
160	Karen	Bell	387	F 40 - 44	CHARNWOOD TRI	00:08:43	00:01:11	00:33:38	00:00:56	00:21:43	01:06:13
161	Leon	Fairbrother	299	M 30 - 34		00:09:52	00:00:52	00:34:50	00:01:08	00:19:29	01:06:14
162	James	Wilson	323	M 20 - 24		00:08:10	00:01:22	00:34:33	00:01:08	00:21:00	01:06:14
163	Timothy	Scanlon	378	M 35 - 39		00:09:13	00:02:20	00:33:49	00:00:58	00:19:54	01:06:18
164	Helen	Gorman	491	F 35 - 39	TFN TRI CLUB	00:06:27	00:01:01	00:33:48	00:00:50	00:24:10	01:06:18
165	Mike	West	339	M 45 - 49		00:09:26	00:01:55	00:32:45	00:01:15	00:21:00	01:06:24
166	Stefan	Rajecki	224	M 45 - 49		00:09:26	00:01:30	00:30:21	00:01:10	00:23:55	01:06:25
167	Wojciech	Szulc	334	M 20 - 24		00:08:59	00:01:04	00:33:33	00:00:45	00:22:19	01:06:42
168	Bill	Hitchcock	403	M 55 - 59	NYP TRI	00:07:13	00:00:53	00:34:15	00:00:55	00:23:35	01:06:54
169	Chris	Trzcinski	333	M 45 - 49	CHARNWOOD TRI	00:09:09	00:01:22	00:32:52	00:01:11	00:22:21	01:06:58
170	Tara	Truman	336	F 35 - 39	ABSOLUTE TRI	00:07:53	00:00:49	00:35:55	00:00:42	00:21:40	01:07:02
171	Jeremy	Sharpe	353	M 50 - 54	LEICESTER TRI	00:06:55	00:01:31	00:36:51	00:01:03	00:20:41	01:07:03
172	Simon	Wilkinson	135	M 40 - 44		00:10:23	00:01:44	00:31:27	00:01:28	00:22:04	01:07:09
173	Andrew	Clark	315	M 35 - 39	SCT	00:08:53	00:00:44	00:34:06	00:00:46	00:22:38	01:07:10
174	Carl	Jordan	502	M 40 - 44	MANSFIELD TRI CLUB	00:07:44	00:01:36	00:36:06	00:01:00	00:20:44	01:07:12
175	Matt	Halfpenny	367	M 30 - 34		00:08:06	00:01:32	00:34:49	00:01:18	00:21:28	01:07:15
176	Craig	Barrowcliffe	464	M 30 - 34		00:07:02	00:00:55	00:35:20	00:00:41	00:23:21	01:07:21
177	Sam	Hibbert	364	M 15 - 19		00:07:12	00:01:57	00:38:09	00:00:32	00:19:42	01:07:34
178	Robin	Beetge	303	M 35 - 39		00:08:17	00:02:14	00:34:08	00:01:41	00:21:13	01:07:36
179	Anthony	Holdsworth	282	M 25 - 29		00:09:08	00:01:29	00:34:15	00:01:43	00:21:06	01:07:44
180	Paul	Rose	239	M 40 - 44		00:10:32	00:01:08	00:33:35	00:01:22	00:21:07	01:07:46
181	Terence	Stanley	309	M 35 - 39	RACING TNT	00:09:09	00:01:45	00:35:08	00:00:59	00:20:44	01:07:47
182	Ben	Wileman	110	M 25 - 29		00:09:27	00:01:41	00:31:56	00:01:05	00:23:35	01:07:48
183	Richard	Ellingworth	109	M 40 - 44	WITHAM WHEELERS	00:10:14	00:02:01	00:32:08	00:01:22	00:22:02	01:07:49
184	Russell	Main	444	M 40 - 44		00:07:20	00:01:08	00:36:18	00:00:58	00:22:05	01:07:52
185	Andy	Webb	213	M 55 - 59		00:10:16	00:01:36	00:34:11	00:01:03	00:20:44	01:07:53
186	Jason	Aspden	172	M 30 - 34		00:09:45	00:01:19	00:32:48	00:01:02	00:22:58	01:07:55
187	Jam	Bob	460	M 40 - 44	SHEFFIELD TRI	00:08:05	00:02:03	00:36:05	00:00:33	00:21:08	01:07:57
188	Jane	Gardiner	281	F 30 - 34		00:08:55	00:01:36	00:34:13	00:01:09	00:22:12	01:08:08
189	Steve	Fletcher	88	M 35 - 39		00:11:08	00:01:15	00:32:51	00:01:25	00:21:30	01:08:11
190	James	Merritt	495	M 35 - 39		00:08:32	00:01:56	00:34:28	00:01:09	00:22:09	01:08:17
191	Rich	Seabrook	265	M 45 - 49		00:09:55	00:01:48	00:35:05	00:01:01	00:20:29	01:08:21
192	Michael	Taylor	258	M 35 - 39		00:09:52	00:01:40	00:35:00	00:00:53	00:20:56	01:08:24
193	Kurt	Denman	4	M 35 - 39		00:10:18	00:01:11	00:34:28	00:01:29	00:20:56	01:08:25
194	Thomas	Whalen	215	M 45 - 49	SCT	00:09:16	00:01:25	00:33:47	00:01:13	00:22:44	01:08:28
195	Mark	Hopkinson	482	M 40 - 44		00:06:52	00:01:07	00:36:32	00:00:43	00:23:13	01:08:30
196	Jane	Scott	381	F 35 - 39	TFN TRI CLUB	00:08:39	00:01:15	00:35:10	00:00:56	00:22:29	01:08:32
197	Natalie	Cutts	276	F 20 - 24	SHEFFIELD TRI	00:08:35	00:01:07	00:35:19	00:00:57	00:22:32	01:08:33
198	Adam	Bradley	82	M 40 - 44		00:09:17	00:01:50	00:34:18	00:01:35	00:21:32	01:08:34
199	Colin	Matthews	207	M 35 - 39		00:09:10	00:01:13	00:34:39	00:01:09	00:22:20	01:08:34
200	Victoria	Pargetter	432	F 30 - 34	BRAT	00:08:03	00:00:51	00:34:47	00:00:39	00:24:10	01:08:34
201	Hannah	Whitney	476	F 30 - 34		00:07:42	00:01:32	00:37:17	00:01:14	00:20:48	01:08:35
202	Christopher	Navarro	209	M 30 - 34		00:09:07	00:01:24	00:35:27	00:01:18	00:21:19	01:08:38
203	Simon	Perkins	154	M 40 - 44	YAXLEY	00:09:11	00:02:10	00:36:54	00:00:37	00:19:44	01:08:39
204	John	Gibbon	293	M 45 - 49		00:08:58	00:01:07	00:34:14	00:01:12	00:23:08	01:08:42
205	Sandra	Greaves	391	F 45 - 49	LEEDS & BRADFORD TRI CLUB	00:08:37	00:01:09	00:34:33	00:00:57	00:23:22	01:08:42
206	Lee	Wallhead	254	M 40 - 44		00:10:03	00:01:11	00:34:41	00:01:16	00:21:30	01:08:44
207	Rachel	Smith	461	F 40 - 44	DERBY TRI	00:08:02	00:01:14	00:35:12	00:01:01	00:23:15	01:08:46
208	Mark	Coote	188	M 40 - 44	TURTLE SWIMMING CLUB	00:09:30	00:01:32	00:34:40	00:01:16	00:21:48	01:08:48
209	Ian	Clarke	313	M 50 - 54		00:09:03	00:01:02	00:34:55	00:00:52	00:22:58	01:08:52
210	Mhairs	Billington	416	F 40 - 44	1484 TRI CLUB	00:08:19	00:01:05	00:37:40	00:00:57	00:20:48	01:08:52
211	Ian	Tyler	150	M 45 - 49		00:08:44	00:01:26	00:35:52	00:00:42	00:22:07	01:08:54
212	Nicholas	Scott	375	M 25 - 29		00:09:46	00:01:06	00:35:27	00:00:47	00:21:58	01:09:06

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Provisional Results

213	Richard	Baugh	198	M 50 - 54		00:10:28	00:01:07	00:33:55	00:01:11	00:22:23	01:09:07
214	Ros	Goatly	436	F 35 - 39	PACTRAC	00:07:55	00:00:56	00:37:17	00:00:55	00:22:03	01:09:09
215	Andrew	Morris	158	M 45 - 49		00:09:41	00:01:08	00:36:02	00:01:10	00:21:07	01:09:12
216	Jim	Haylett	87	M 45 - 49	SOUTH YORKSHIRE POLICE	00:14:05	00:01:06	00:33:11	00:00:53	00:19:56	01:09:15
217	Mark	Mcquaid	75	M 35 - 39		00:09:51	00:01:59	00:35:00	00:01:33	00:20:50	01:09:16
218	Ben	Lancaster	68	M 30 - 34		00:13:16	00:01:11	00:33:57	00:00:57	00:19:56	01:09:19
219	Matthew	Schofield	275	M 35 - 39		00:10:34	00:01:29	00:35:36	00:01:13	00:20:28	01:09:22
220	Dominic	Halter	103	M 45 - 49		00:09:01	00:01:26	00:35:00	00:01:26	00:22:27	01:09:23
221	Natasha	Johnson	401	F 25 - 29		00:07:32	00:01:09	00:39:10	00:01:00	00:20:31	01:09:24
222	Steve	Squires	314	M 40 - 44	WITHAM WHEELERS	00:09:25	00:01:20	00:35:38	00:01:16	00:21:43	01:09:25
223	Bohdan	Dawyd	33	M 20 - 24		00:10:10	00:01:35	00:35:49	00:00:50	00:21:00	01:09:26
224	Pradeep	Verma	289	M 40 - 44	ABSOLUTE TRI	00:08:11	00:01:08	00:36:43	00:01:15	00:22:07	01:09:26
225	Caroline	Evans	427	F 30 - 34		00:08:11	00:01:29	00:35:02	00:01:00	00:23:42	01:09:26
226	Mark	Haseman	344	M 30 - 34		00:08:23	00:01:31	00:36:56	00:00:52	00:21:47	01:09:31
227	Steve	Hulme	328	M 35 - 39		00:07:52	00:02:02	00:36:27	00:01:16	00:21:53	01:09:33
228	Martin	Jessop	380	M 40 - 44		00:08:59	00:01:19	00:36:45	00:00:41	00:21:48	01:09:34
229	David	Thurston	190	M 45 - 49		00:09:54	00:01:13	00:35:26	00:01:02	00:21:58	01:09:37
230	Edward	Johnson	409	M 20 - 24		00:08:35	00:01:37	00:35:18	00:01:26	00:22:39	01:09:38
231	Paul	Teague	392	M 30 - 34		00:08:29	00:02:12	00:35:28	00:01:21	00:22:12	01:09:45
232	Ian	Lewis	235	M 35 - 39	KEIGHLEY AND CRAVEN A.C.	00:09:03	00:01:11	00:37:48	00:01:00	00:20:46	01:09:49
233	Sarah	Haslam	431	F 45 - 49		00:08:36	00:01:15	00:35:42	00:01:03	00:23:20	01:09:58
234	Tim	Lupton	163	M 30 - 34		00:10:53	00:02:07	00:34:16	00:01:01	00:21:39	01:09:59
235	John	Gladman	404	M 50 - 54	TFN TRI CLUB	00:08:26	00:00:57	00:36:36	00:01:29	00:22:36	01:10:06
236	Bill	Haslam	305	M 50 - 54	STAMFORD TRI CLUB	00:09:50	00:01:26	00:34:45	00:01:52	00:22:11	01:10:07
237	Linn	Langeland	466	F 25 - 29	TOTAL FITNESS NOTTINGHAM	00:07:38	00:01:06	00:38:42	00:00:43	00:22:02	01:10:14
238	John	Stevenson	147	M 30 - 34		00:08:44	00:01:37	00:36:50	00:01:07	00:21:53	01:10:15
239	David	Cartwright	252	M 50 - 54		00:09:49	00:01:40	00:36:15	00:01:20	00:21:09	01:10:17
240	Scott	Liversidge	273	M 35 - 39		00:07:35	00:01:38	00:36:37	00:01:40	00:22:51	01:10:24
241	Nick	Rawling	145	M 50 - 54	4LIFE TRI CLUB	00:14:06	00:02:07	00:32:51	00:01:13	00:20:07	01:10:26
242	Glenn	Wilcox	139	M 45 - 49		00:09:13	00:02:32	00:35:56	00:01:00	00:21:43	01:10:27
243	Kayne	Rukas	228	M 30 - 34		00:09:22	00:01:25	00:35:35	00:01:43	00:22:23	01:10:30
244	Kelly	Hill	261	F 30 - 34		00:09:18	00:01:28	00:36:40	00:00:43	00:22:21	01:10:32
245	Jodie	Hopkisson	327	F 40 - 44		00:07:06	00:01:36	00:36:40	00:00:40	00:24:33	01:10:37
246	Martin	Clifford	160	M 40 - 44		00:10:56	00:01:28	00:36:18	00:00:44	00:21:12	01:10:41
247	Sarah	Bentley	396	F 50 +		00:08:02	00:01:12	00:36:35	00:01:13	00:23:37	01:10:41
248	Steve	Mellor	44	M 30 - 34		00:09:41	00:01:28	00:36:24	00:00:43	00:22:25	01:10:43
249	Steve	Hawkins	434	M 45 - 49	LINCOLN TRI	00:08:31	00:01:13	00:33:47	00:00:59	00:26:16	01:10:48
250	Richard	Hartley	462	M 40 - 44		00:09:41	00:01:31	00:35:25	00:01:04	00:23:05	01:10:49
251	Richard	Chippes	487	M 45 - 49	LEICESTER TRI	00:08:08	00:01:31	00:36:01	00:00:57	00:24:11	01:10:49
252	Jeremy	Wyatt	229	M 30 - 34		00:09:08	00:01:34	00:36:18	00:01:08	00:22:48	01:10:59
253	John	Royston	278	M 60 +	TRIANGLIA	00:10:22	00:02:02	00:36:46	00:00:54	00:20:54	01:11:01
254	Tim	Winfield	78	M 25 - 29		00:09:01	00:02:04	00:36:41	00:01:23	00:21:51	01:11:03
255	Tony	Moran	214	M 45 - 49		00:08:48	00:01:40	00:38:56	00:01:06	00:20:32	01:11:05
256	Michael	Simpson	230	M 20 - 24		00:08:46	00:02:09	00:36:11	00:01:16	00:22:44	01:11:08
257	Matthew	Boyman	98	M 35 - 39		00:09:45	00:01:32	00:36:04	00:01:14	00:22:32	01:11:10
258	Anita	Blow	376	F 35 - 39		00:08:15	00:01:31	00:37:03	00:01:18	00:23:01	01:11:11
259	Gregor	Trippett	144	M 20 - 24		00:07:53	00:01:20	00:37:07	00:00:49	00:24:00	01:11:13
260	Zakya	Saunders	424	F 35 - 39		00:08:03	00:01:27	00:37:34	00:00:51	00:23:15	01:11:14
261	Steven	Mitchell	388	M 35 - 39		00:09:37	00:01:05	00:36:07	00:01:00	00:23:27	01:11:18
262	Alison	Betts	411	F 40 - 44	BRAMCOTE TRI CLUB	00:07:40	00:01:21	00:38:08	00:01:19	00:22:49	01:11:19
263	Lorraine	Garvey	116	F 35 - 39	MANSFIELD TRIATHLON CLUB	00:11:01	00:01:05	00:33:08	00:01:24	00:24:41	01:11:21
264	Andy	Bennett	193	M 45 - 49		00:10:06	00:01:29	00:36:47	00:01:28	00:21:33	01:11:26
265	Simon	Whitman	60	M 35 - 39	ABSOLUTE TRI	00:12:59	00:01:31	00:32:53	00:01:31	00:22:31	01:11:28
266	Trevor	Pick	27	TEAM	LADYBOY	00:11:23	00:00:50	00:33:41	00:00:49	00:24:47	01:11:33
267	Maurice	Needoff	108	M 50 - 54		00:10:48	00:01:25	00:35:56	00:01:31	00:21:51	01:11:33
268	Neil	Frost	218	M 50 - 54		00:08:54	00:01:45	00:35:10	00:01:20	00:24:22	01:11:33
269	Jon	Pitney	358	TEAM	SPEEDO	00:08:19	00:00:39	00:37:37	00:00:47	00:24:11	01:11:36
270	Scott	Oddy	237	M 25 - 29		00:09:55	00:01:14	00:35:58	00:01:00	00:23:32	01:11:42
271	Nicky	Hill	297	F 30 - 34	LINCOLN TRI	00:08:47	00:01:09	00:36:11	00:01:00	00:24:34	01:11:43
272	Liz	Fleuty	311	F 35 - 39	LINCOLN TRI	00:09:15	00:00:56	00:37:14	00:00:52	00:23:32	01:11:51
273	Andrew	Marsden	93	M 35 - 39		00:08:30	00:02:05	00:38:55	00:00:44	00:21:40	01:11:57
274	Phil	Vibert	159	M 40 - 44		00:10:25	00:01:41	00:36:31	00:00:53	00:22:30	01:12:02
275	Shayne	Ardron	352	TEAM	ARLEEBRIDGE TOO FAR	00:07:28	00:00:40	00:38:27	00:00:53	00:24:32	01:12:03
276	Rob	Brown	112	M 35 - 39		00:11:28	00:00:44	00:36:42	00:01:05	00:22:06	01:12:07
277	Gemma	Pugsley	307	F 30 - 34	WALTON AC	00:07:02	00:01:39	00:41:41	00:00:44	00:21:06	01:12:14
278	Bev	Hendley	452	F 45 - 49		00:08:06	00:01:03	00:37:39	00:01:06	00:24:22	01:12:18
279	Liz	Walton	372	F 45 - 49	LINCOLN TRI	00:09:04	00:00:58	00:36:42	00:01:04	00:24:30	01:12:21
280	Paul	Cartledge	94	M 45 - 49		00:11:19	00:02:07	00:34:28	00:01:40	00:22:46	01:12:22
281	Tim	Wells	233	M 30 - 34		00:10:00	00:01:38	00:35:16	00:01:11	00:24:16	01:12:23
282	David	Eager	212	M 45 - 49		00:10:46	00:01:29	00:34:33	00:00:57	00:24:36	01:12:24
283	Jane	Spencer	366	F 40 - 44	CHARNWOOD TRI	00:08:37	00:01:18	00:37:35	00:01:08	00:23:45	01:12:24

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Provisional Results

284	Adam	Mulligan	74	M 30 - 34					00:21:38	01:12:27	
285	Paul	Fleming	197	M 40 - 44		00:10:37	00:01:42	00:37:17	00:00:49	00:22:08	01:12:34
286	Steve	Brandreth	179	M 40 - 44		00:10:04	00:01:52	00:36:31	00:01:17	00:22:50	01:12:37
287	Richard	Hunter	203	M 35 - 39		00:09:39	00:01:34	00:38:14	00:00:58	00:22:10	01:12:37
288	Martin	Scott	177	M 35 - 39		00:11:41	00:01:50	00:37:05	00:00:49	00:21:15	01:12:43
289	Douglas	Poole	174	M 55 - 59		00:11:57	00:02:49	00:35:23	00:01:16	00:21:18	01:12:46
290	Mark	Wilson	114	M 45 - 49		00:10:13	00:01:28	00:39:18	00:00:41	00:21:10	01:12:54
291	Beth	Damms	267	F 25 - 29		00:10:36	00:00:38	00:38:17	00:01:16	00:22:04	01:12:54
292	Allan	Connolly	217	M 30 - 34		00:09:46	00:02:15	00:37:23	00:02:25	00:21:06	01:12:57
293	Stephen	Hayes	244	M 45 - 49		00:09:57	00:02:19	00:37:18	00:02:06	00:21:19	01:13:01
294	Mark	Mundy	279	M 35 - 39		00:08:58	00:01:38	00:39:27	00:01:17	00:21:39	01:13:03
295	Sally	Wombwell	266	F 40 - 44	BRAMCOTE TRI CLUB	00:10:25	00:01:24	00:36:53	00:00:54	00:23:26	01:13:05
296	John bernard	Clarke	192	M 60 +	SHEFFIELD TRI	00:10:50	00:01:33	00:35:25	00:01:23	00:23:54	01:13:08
297	Darren	Liddell	124	M 35 - 39		00:09:52	00:01:34	00:36:05	00:01:18	00:24:17	01:13:10
298	Gina	Stanley	301	F 35 - 39	RACING TNT	00:07:48	00:01:14	00:39:33	00:01:22	00:23:15	01:13:14
299	Caty	Darby	122	F 35 - 39		00:09:05	00:00:53	00:39:31	00:01:12	00:22:31	01:13:15
300	David	Rhinds	155	M 45 - 49		00:11:37	00:02:12	00:34:56	00:01:54	00:22:37	01:13:19
301	Alex	Navarro	138	M 30 - 34		00:09:16	00:01:18	00:37:51	00:01:09	00:23:49	01:13:25
302	Philip	Bennett	175	M 45 - 49		00:09:52	00:00:39	00:37:27	00:00:56	00:24:28	01:13:25
303	Wayne	Clarke	170	M 50 - 54		00:09:37	00:01:38	00:36:32	00:01:12	00:24:24	01:13:26
304	Ken	Brown	260	M 50 - 54		00:09:38	00:01:46	00:35:59	00:00:58	00:25:06	01:13:28
305	Gary	Tudbury	335	M 45 - 49	4LIFE TRI CLUB	00:09:26	00:01:16	00:33:53	00:01:06	00:27:47	01:13:30
306	Roy	Jackson	337	M 45 - 49		00:08:45	00:01:06	00:37:40	00:01:00	00:25:01	01:13:35
307	Richard	Cutts	270	M 40 - 44		00:10:02	00:01:46	00:36:47	00:01:27	00:23:30	01:13:36
308	Neil	Eatherington	255	M 30 - 34		00:09:31	00:01:05	00:38:35	00:01:10	00:23:14	01:13:38
309	Ally	McMahon	90	M 40 - 44	PRIMAL GYM	00:11:19	00:01:27	00:37:22	00:01:05	00:22:23	01:13:39
310	Bob	Nowicki	105	M 40 - 44		00:10:23	00:01:34	00:35:37	00:01:14	00:24:48	01:13:39
311	Stephen	Gower	383	M 50 - 54		00:09:08	00:01:45	00:36:26	00:01:00	00:25:18	01:13:39
312	Maddy	Crust	166	F 45 - 49		00:11:12	00:01:46	00:37:16	00:01:10	00:22:17	01:13:43
313	Russell	Johnson	85	M 50 - 54		00:11:37	00:01:37	00:35:49	00:02:01	00:22:40	01:13:47
314	Helen	Guest	312	F 25 - 29		00:08:02	00:02:04	00:39:15	00:00:48	00:23:45	01:13:56
315	Mike	Mitchell	195	M 40 - 44		00:10:19	00:01:10	00:35:33	00:00:56	00:25:59	01:13:59
316	Martin	Mcshane	130	M 50 - 54	SHEFFIELD TRI	00:10:50	00:01:32	00:36:15	00:01:25	00:23:56	01:14:02
317	Emma	Maplethorpe	216	F 45 - 49		00:10:36	00:00:57	00:38:07	00:00:55	00:23:25	01:14:03
318	James	Boulton	253	M 45 - 49		00:09:24	00:00:59	00:37:47	00:01:13	00:24:37	01:14:03
319	Neil	Harris	475	M 45 - 49		00:08:04	00:00:48	00:38:45	00:00:45	00:25:39	01:14:03
320	Leonie	Sijtsma	386	F 30 - 34	LEICESTER TRI	00:09:49	00:01:42	00:38:15	00:01:17	00:22:59	01:14:04
321	Sarah	Stott	351	F 35 - 39	LEEDS & BRADFORD TRI CLUB	00:09:12	00:01:21	00:40:00	00:01:00	00:22:32	01:14:07
322	Peter	Todd	148	M 25 - 29		00:09:44	00:01:24	00:40:19	00:00:47	00:21:55	01:14:12
323	Pamela	Dutton	131	F 50 +		00:10:28	00:01:55	00:38:13	00:00:53	00:22:47	01:14:19
324	Linda	Mccarthy	132	F 45 - 49		00:10:36	00:01:26	00:36:19	00:01:54	00:24:01	01:14:19
325	Matthew	Parker	349	M 15 - 19		00:08:26	00:01:07	00:40:59	00:00:41	00:23:03	01:14:19
326	Ian	Scott	157	M 35 - 39	HPRC	00:09:49	00:02:20	00:38:57	00:01:12	00:22:14	01:14:35
327	Tom	Isherwood	342	M 35 - 39	WAKEFIELD TRIATHLON CLUB	00:10:18	00:01:55	00:36:03	00:00:58	00:25:20	01:14:38
328	Jon	Moorhouse	42	M 40 - 44	MERSEY TRI	00:11:24	00:01:14	00:38:23	00:01:14	00:22:30	01:14:48
329	Helen	Parker	326	F 40 - 44		00:09:13	00:01:11	00:40:41	00:00:44	00:23:07	01:14:59
330	Alison	Mccoy	156	F 50 +	LINCOLN TRI	00:11:26	00:01:37	00:38:59	00:00:44	00:22:14	01:15:03
331	Nick	Cotton	523	M 25 - 29		00:07:49	00:01:28	00:39:13	00:00:59	00:25:31	01:15:03
332	Steve	Bailey	199	M 45 - 49	1483 TRI CLUB	00:10:10	00:01:40	00:36:24	00:02:09	00:24:47	01:15:14
333	Wayne	Brooks	187	M 35 - 39	DERBY TRI	00:11:21	00:01:29	00:37:29	00:01:17	00:23:42	01:15:20
334	Adrian	Morris	28	M 30 - 34		00:09:46	00:01:02	00:41:23	00:00:42	00:22:28	01:15:24
335	Simon	Gray	73	M 35 - 39		00:09:03	00:02:06	00:42:34	00:00:56	00:20:46	01:15:28
336	Andy	Gordon	99	M 45 - 49		00:09:41	00:02:24	00:39:00	00:00:57	00:23:27	01:15:31
337	Samantha	"o,conner"	211	F 40 - 44	ABSOLUTE TRI	00:10:13	00:01:46	00:39:45	00:01:00	00:22:55	01:15:41
338	Joe	Marshall	222	M 60 +		00:10:40	00:01:31	00:36:33	00:01:36	00:25:23	01:15:46
339	Chris	Dyson	133	M 20 - 24		00:12:41	00:01:39	00:39:34	00:00:43	00:21:07	01:15:47
340	Lee	Smith	34	M 30 - 34		00:10:59	00:01:54	00:38:24	00:00:44	00:23:45	01:15:48
341	Stephen	Crookes	48	M 50 - 54	LINCOLN TRI	00:10:30	00:01:24	00:37:01	00:01:19	00:25:36	01:15:52
342	Carol	Aitchison	201	F 35 - 39		00:09:37	00:02:06	00:38:18	00:01:20	00:24:27	01:15:52
343	Sarah	Dransfield	221	F 40 - 44	WAKEFIELD TRI CLUB	00:09:15	00:02:00	00:37:46	00:01:31	00:25:18	01:15:54
344	Chantelle	Smith	271	F 30 - 34		00:09:50	00:00:44	00:39:42	00:01:01	00:24:38	01:15:58
345	Laura	Hinchliffe	12	F 25 - 29		00:11:07	00:02:10	00:39:06	00:00:45	00:22:52	01:16:03
346	John	Anderson	149	M 60 +		00:12:16	00:01:34	00:36:33	00:01:14	00:24:26	01:16:04
347	Sadie	Aubrey	196	F 35 - 39	LINCOLN TRI	00:10:34	00:00:43	00:39:57	00:01:08	00:23:42	01:16:07
348	Matthew	Tomlinson	140	M 30 - 34		00:09:38	00:01:40	00:40:44	00:00:41	00:23:23	01:16:09
349	Ruki	Sidhwa	251	F 45 - 49	CRYSTAL PALACE TRIATHLETES	00:10:11	00:01:20	00:40:02	00:01:22	00:23:13	01:16:10
350	Katherine	Hale	441	F 30 - 34		00:08:15	00:01:08	00:41:30	00:00:46	00:24:33	01:16:14
351	Stefanie	Sullivan	316	F 40 - 44	HELEN VOCE TRI CLUB	00:09:59	00:01:31	00:40:11	00:00:41	00:23:54	01:16:18
352	Mike	Crust	165	M 55 - 59		00:10:13	00:01:28	00:39:29	00:01:39	00:23:37	01:16:29
353	Howard	Watkinson	162	M 50 - 54		00:11:34	00:01:34	00:38:52	00:01:13	00:23:33	01:16:49
354	Robert	Andrew	19	M 30 - 34		00:12:06	00:02:57	00:37:57	00:01:31	00:22:28	01:17:01

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Provisional Results

355	Robbie	Taylor	245	M 55 - 59	TEAM FAS	00:10:13	00:01:21	00:36:29	00:01:05	00:27:50	01:17:02
356	Charlotte	Wrigley	206	F 30 - 34	RACING TNT	00:09:36	00:01:30	00:38:56	00:00:54	00:26:13	01:17:10
357	Antonio	Colonna	120	M 35 - 39		00:10:58	00:02:46	00:39:10	00:00:56	00:23:23	01:17:15
358	John	Whitworth	119	M 50 - 54		00:08:25	00:02:08	00:38:58	00:01:11	00:26:42	01:17:27
359	Sara	Mickleburgh	346	F 20 - 24	STAMFORD TRI CLUB	00:08:48	00:02:48	00:43:08	00:00:54	00:21:59	01:17:40
360	Sam	Perkins	384	M 25 - 29	4LIFE TRI CLUB	00:07:50	00:01:45	00:39:04	00:01:06	00:27:53	01:17:41
361	Paula	Wheatley	191	F 40 - 44	TFN TRI CLUB	00:09:14	00:01:10	00:39:37	00:00:58	00:26:47	01:17:48
362	Darren	Brimer	340	M 40 - 44		00:09:56	00:01:39	00:41:04	00:00:49	00:24:30	01:18:01
363	Hannah	Moorhouse	11	F 35 - 39	MERSEY TRI	00:11:42	00:01:35	00:38:03	00:01:13	00:25:47	01:18:23
364	Shelley	Anderson	302	F 40 - 44	LINCOLN TRI	00:10:10	00:01:15	00:37:52	00:01:25	00:27:53	01:18:38
365	Julie	Elder	161	F 25 - 29		00:08:56	00:01:18	00:40:40	00:01:12	00:26:31	01:18:40
366	Don	Brooks	243	M 50 - 54	WATTACHED	00:10:14	00:01:25	00:41:46	00:01:50	00:23:36	01:18:53
367	Janice	Taylor	236	F 45 - 49	WAKEFIELD TRI CLUB	00:10:23	00:01:19	00:38:28	00:01:15	00:27:27	01:18:55
368	Simon	Wilkinson	54	M 35 - 39		00:15:03	00:01:21	00:39:26	00:01:02	00:22:05	01:18:59
369	Sharon	Card	322	F 40 - 44	SOUTHWELL RUNNING CLUB	00:09:02	00:01:47	00:41:21	00:00:40	00:26:12	01:19:04
370	Kat	Holmes	306	F 30 - 34		00:10:41	00:02:19	00:36:10	00:01:26	00:28:27	01:19:06
371	Stewart	Shaw	345	M 40 - 44		00:08:49	00:02:16	00:44:54	00:00:46	00:22:22	01:19:10
372	Sarah	Norman	6	F 30 - 34		00:13:09	00:02:11	00:39:26	00:01:24	00:23:05	01:19:17
373	Helen	Streets	146	F 35 - 39		00:11:34	00:01:59	00:39:58	00:01:37	00:24:22	01:19:33
374	Ian	Baker	374	M 35 - 39	TRITALK.CO.UK	00:09:26	00:01:38	00:41:22	00:00:54	00:26:10	01:19:33
375	Anthony	Clifton	129	M 50 - 54		00:10:52	00:01:01	00:39:59	00:00:56	00:26:49	01:19:40
376	Neil	Corry	92	M 30 - 34		00:13:36	00:01:14	00:38:55	00:01:02	00:25:00	01:19:49
377	John	Richardson	178	M 40 - 44		00:10:00	00:01:59	00:40:43	00:01:15	00:25:52	01:19:51
378	Damian	Eddyshaw	43	M 30 - 34		00:10:03	00:01:33	00:41:12	00:00:56	00:26:10	01:19:56
379	Michelle	Currie	21	F 25 - 29		00:11:08	00:02:37	00:37:04	00:02:06	00:27:03	01:20:00
380	David	Gilbert	152	M 35 - 39		00:10:25	00:01:40	00:39:23	00:01:29	00:27:10	01:20:09
381	Craig	Brown	521	M 15 - 19		00:07:28	00:01:24	00:38:47	00:01:49	00:30:41	01:20:12
382	Sarah	Tedford	127	F 45 - 49		00:11:46	00:01:04	00:40:26	00:00:50	00:26:04	01:20:13
383	Neil	Clarke	184	M 30 - 34		00:09:36	00:02:39	00:39:15	00:01:59	00:26:47	01:20:18
384	Nick	Dudley	247	M 50 - 54		00:10:15	00:01:25	00:41:18	00:01:00	00:26:18	01:20:19
385	Alex	Hole	84	M 40 - 44		00:11:47	00:02:06	00:39:52	00:01:13	00:25:25	01:20:26
386	Deborah	Auty	41	F 50 +		00:10:37	00:02:01	00:42:37	00:00:58	00:24:15	01:20:31
387	Jo	Baldwin	262	F 30 - 34		00:12:22	00:02:33	00:38:07	00:00:58	00:26:33	01:20:36
388	Simon	Dunn	202	M 40 - 44		00:09:29	00:02:50	00:39:43	00:01:25	00:27:07	01:20:37
389	Ailsa	Pagan	36	F 40 - 44	RACING TNT	00:10:17	00:02:32	00:40:34	00:01:28	00:25:46	01:20:40
390	Bruce	Wilson	64	M 20 - 24	LINCOLN TRI	00:13:51	00:01:36	00:38:15	00:01:18	00:25:37	01:20:40
391	Simon	Parker	348	M 50 - 54		00:10:10	00:02:23	00:39:38	00:00:39	00:27:51	01:20:44
392	Graham	Bell	208	M 30 - 34		00:10:01	00:03:37	00:38:25	00:01:21	00:27:19	01:20:45
393	Fiona	Dunbar	256	F 40 - 44		00:09:13	00:02:17	00:39:43	00:00:54	00:28:37	01:20:46
394	Mike	Cowin	347	M 60 +		00:11:12	00:00:45	00:39:58	00:00:45	00:28:09	01:20:52
395	Vandra	Jackson	141	F 35 - 39		00:10:33	00:01:43	00:41:53	00:01:04	00:26:02	01:21:16
396	Gavin	Ruler	77	M 45 - 49		00:13:35	00:03:09	00:40:45	00:01:04	00:22:42	01:21:17
397	Anna	Smith-clare	277	F 25 - 29		00:09:16	00:01:59	00:44:48	00:01:27	00:23:57	01:21:30
398	Neil	Koston	24	M 25 - 29		00:11:06	00:01:02	00:43:30	00:00:34	00:25:18	01:21:33
399	Paul	Orgill	49	M 45 - 49		00:12:30	00:03:20	00:40:39	00:00:56	00:24:12	01:21:41
400	Stephen	Smith	107	M 50 - 54	LINCOLN TRI	00:10:46	00:01:26	00:38:35	00:01:07	00:29:57	01:21:53
401	Stephen	Brown	287	TEAM	CAT GIRL AND ROBIN	00:09:10	00:00:55	00:40:42	00:00:49	00:30:16	01:21:55
402	Nick	Romilly	205	M 35 - 39		00:10:52	00:02:54	00:44:02	00:01:49	00:22:28	01:22:08
403	Eleanor	Baliol-key	186	F 30 - 34		00:10:20	00:01:51	00:43:13	00:00:50	00:25:54	01:22:10
404	Paul	Wileman	45	M 55 - 59		00:15:56	00:03:26	00:39:25	00:01:18	00:22:09	01:22:17
405	Liam	Purcell	117	M 25 - 29		00:08:48	00:02:10	00:45:06	00:01:32	00:24:40	01:22:18
406	Paul	Collier	62	M 50 - 54		00:10:11	00:01:49	00:44:56	00:01:03	00:24:30	01:22:32
407	Thomas	Hughes	118	M 30 - 34		00:10:00	00:01:18	00:46:18	00:00:37	00:24:21	01:22:37
408	Abraham	Conteh	89	M 30 - 34		00:13:17	00:02:35	00:43:35	00:01:05	00:22:12	01:22:47
409	Sian	Aiken	46	F 30 - 34		00:12:04	00:00:58	00:45:31	00:00:59	00:23:13	01:22:48
410	Trevor	Bailey	53	M 40 - 44		00:10:35	00:02:01	00:44:10	00:00:58	00:25:02	01:22:49
411	Luke	Birchnall	168	M 15 - 19		00:10:50	00:02:23	00:44:21	00:00:50	00:24:25	01:22:51
412	Lee	Wortley	25	M 30 - 34		00:10:07	00:01:25	00:47:02	00:00:42	00:23:50	01:23:09
413	Sarah	Houlden	71	F 45 - 49		00:11:12	00:01:47	00:41:40	00:00:53	00:27:35	01:23:10
414	Joanna	Baker	286	TEAM	TEAM BAKER	00:08:25	00:00:45	00:42:33	00:00:50	00:30:35	01:23:11
415	Ian	Scrimshaw	69	M 45 - 49	LINCOLN TRI	00:11:35	00:01:31	00:40:43	00:01:53	00:27:30	01:23:14
416	Andrew	Godfrey	20	M 25 - 29		00:13:09	00:02:33	00:40:53	00:01:22	00:25:17	01:23:16
417	Amanda	Seddon	31	F 45 - 49	RACING TNT	00:12:04	00:02:05	00:42:37	00:02:36	00:23:53	01:23:17
418	Oliver	Wood	10	M 15 - 19		00:12:27	00:01:54	00:41:19	00:01:09	00:26:32	01:23:23
419	Arnout	Andrews	8	M 40 - 44		00:11:46	00:03:30	00:38:02	00:01:55	00:28:11	01:23:26
420	Steve	Shotbolt	40	M 40 - 44		00:14:15	00:01:21	00:40:56	00:01:07	00:25:51	01:23:34
421	Ian	Birchnall	167	M 45 - 49		00:09:16	00:03:32	00:41:05	00:01:47	00:28:00	01:23:43
422	James	Widdowson	15	M 30 - 34		00:10:26	00:00:43	00:44:00	00:00:53	00:27:44	01:23:49
423	Rebecca	Bennett	226	F 30 - 34		00:10:28	00:02:30	00:42:04	00:01:12	00:27:32	01:23:49
424	Lynn	Guest	51	F 45 - 49		00:11:08	00:02:08	00:40:13	00:01:50	00:28:30	01:23:52
425	Paul	Whitney	100	M 35 - 39		00:10:28	00:02:58	00:42:34	00:01:09	00:26:41	01:23:52

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Provisional Results

426	Malcolm	Ray	70	M 60 +	BRAMCOTE TRI	00:12:17	00:01:08	00:41:22	00:01:03	00:28:07	01:23:59
427	Damian	Mcintegart	113	M 50 - 54	GRANTHAM SQUASH CLUB	00:11:08	00:01:38	00:43:18	00:00:49	00:27:27	01:24:23
428	Phil	Tetley	220	M 35 - 39		00:10:12	00:01:52	00:41:47	00:01:23	00:29:37	01:24:54
429	Kate	Kaczmarczyk	66	F 45 - 49		00:12:29	00:03:00	00:43:27	00:01:50	00:24:38	01:25:27
430	Gillian	Whitworth	106	F 45 - 49		00:11:35	00:02:28	00:41:36	00:01:42	00:28:10	01:25:34
431	Sam	Ellis	18	F 40 - 44		00:12:08	00:02:14	00:45:55	00:00:56	00:24:49	01:26:05
432	Russell	Banton	83	M 25 - 29		00:13:36	00:02:02	00:44:35	00:00:55	00:24:55	01:26:05
433	Carrie	Chapman	292	F 35 - 39		00:09:18	00:02:52	00:48:05	00:01:13	00:24:40	01:26:10
434	Gareth	Bidder	65	M 35 - 39	ABSOLUTE TRI	00:12:32	00:01:51	00:45:39	00:00:59	00:25:36	01:26:40
435	Louisa	Toyne	56	F 40 - 44		00:14:47	00:01:25	00:40:39	00:01:11	00:28:45	01:26:50
436	Michael	Bird	47	M 55 - 59	MANSFIELD TRI	00:13:53	00:03:32	00:40:08	00:02:35	00:26:44	01:26:55
437	Lloyd	Major	250	M 25 - 29		00:10:09	00:02:06	00:43:40	00:02:15	00:28:43	01:26:56
438	Nick	Kimmins	102	M 30 - 34		00:08:10	00:02:21	00:50:05	00:00:55	00:25:39	01:27:13
439	Clay	Cowie	115	M 35 - 39		00:09:59	00:01:35	00:42:48	00:01:36	00:31:18	01:27:20
440	Craig	Lord	169	M 45 - 49		00:10:41	00:02:11	00:44:41	00:01:51	00:27:56	01:27:21
441	Martyn	Knox	284	M 35 - 39		00:09:31	00:01:56	00:48:48	00:00:56	00:26:28	01:27:41
442	Emma	Wardle	136	F 35 - 39		00:09:59	00:02:43	00:43:32	00:02:13	00:29:19	01:27:49
443	Rea	Gill	151	F 30 - 34		00:09:06	00:02:11	00:48:25	00:01:08	00:27:00	01:27:53
444	Stacey	Atkins	2	F 30 - 34		00:11:07	00:01:55	00:43:26	00:01:15	00:30:11	01:27:56
445	Doug	Ing	39	M 45 - 49		00:14:40	00:03:17	00:40:01	00:02:29	00:27:42	01:28:11
446	Chris	George	35	M 45 - 49		00:12:32	00:02:54	00:39:43	00:02:01	00:31:04	01:28:17
447	Mariea	Clarke	26	F 45 - 49		00:11:49	00:01:47	00:43:59	00:01:48	00:29:00	01:28:26
448	Bev	Baker	317	F 40 - 44		00:09:46	00:05:43	00:42:13	00:02:27	00:28:29	01:28:41
449	Patrick	Whur	180	M 40 - 44		00:10:59	00:02:12	00:44:31	00:01:12	00:29:48	01:28:45
450	Heather	Marshall	176	F 50 +		00:10:49	00:02:49	00:41:02	00:02:15	00:31:58	01:28:55
451	Louise	Clarke	241	F 30 - 34		00:09:11	00:02:00	00:49:16	00:00:53	00:28:36	01:30:00
452	Eleanor	Whitten	331	F 25 - 29	SPEEDO	00:09:52	00:02:13	00:44:32	00:01:47	00:31:37	01:30:03
453	Helen	Love	101	F 30 - 34		00:11:12	00:02:56	00:46:36	00:01:24	00:27:57	01:30:08
454	Zoe	Kelly	272	F 35 - 39		00:10:09	00:01:24	00:49:59	00:01:29	00:27:05	01:30:10
455	Andrea	Pearce	81	F 45 - 49		00:10:39	00:03:41	00:46:41	00:02:38	00:26:53	01:30:35
456	Anita	Sutton	181	F 20 - 24		00:11:57	00:02:52	00:44:23	00:01:17	00:30:04	01:30:35
457	Simon	Wood	9	M 40 - 44		00:11:00	00:01:11	00:45:00	00:01:29	00:32:13	01:30:55
458	Julie	Powis	16	F 50 +	SUTTON-IN-ASHFIELD HARRIERS	00:14:08	00:02:16	00:48:32	00:01:24	00:25:31	01:31:53
459	Deborah	Sutton	76	F 40 - 44		00:13:25	00:01:03	00:45:13	00:01:00	00:31:44	01:32:27
460	Bill	Netcher	440	M 35 - 39		00:07:36	00:01:35	01:04:33	00:00:42	00:18:21	01:32:50
461	Sylvia	Yates	61	F 50 +	SHEFFIELD TRI	00:11:47	00:02:24	00:46:15	00:01:32	00:31:18	01:33:18
462	Sarah	Lewis	257	F 45 - 49		00:11:05	00:02:10	00:47:08	00:01:25	00:32:01	01:33:52
463	Melanie	Colton	137	F 25 - 29		00:09:57	00:02:53	00:52:09	00:01:16	00:27:51	01:34:09
464	Catherine	Preece	96	F 30 - 34		00:09:16	00:01:52	00:51:49	00:00:54	00:30:35	01:34:29
465	Catherine	Doyle	111	F 40 - 44		00:13:42	00:03:07	00:50:11	00:01:17	00:27:02	01:35:21
466	Chris	Powell	63	M 35 - 39		00:10:02	00:02:00	00:49:17	00:01:16	00:32:48	01:35:28
467	Jonathon	Love	58	M 60 +		00:18:06	00:02:59	00:46:26	00:01:18	00:27:06	01:35:58
468	Keith	George	37	M 40 - 44		00:12:13	00:02:48	00:51:02	00:01:31	00:30:07	01:37:43
469	Tanya	Rostron	121	F 45 - 49		00:10:13	00:02:24	00:52:56	00:01:46	00:30:34	01:37:56
470	Richard	Robinson	52	M 25 - 29		00:09:35	00:02:58	00:53:44	00:01:17	00:30:25	01:38:01
471	Sharon	Ward	7	F 40 - 44	RACING TNT	00:16:53	00:02:07	00:48:19	00:01:36	00:29:28	01:38:26
472	Ian	Grindrod	80	M 50 - 54		00:11:40	00:03:31	00:53:27	00:01:57	00:30:32	01:41:10
473	Simon	Kemp	30	M 50 - 54		00:17:25	00:03:42	00:46:41	00:01:37	00:33:41	01:43:10
474	Julie	El jazouli	123	F 50 +		00:12:25	00:02:19	00:49:12	00:01:07	00:41:14	01:46:21
475	Gill	Ward	86	F 40 - 44	SPEEDO	00:11:27	00:01:35	00:59:02	00:02:03	00:33:47	01:47:56
476	Andrew	Stewart	67	M 55 - 59		00:14:42	00:03:42	00:55:03	00:01:19	00:37:55	01:52:44
477	Trudy	Brothwell	22	F 50 +		00:15:23	00:02:03	00:53:59	00:01:23	00:42:24	01:55:15
478	Sophie	Bradley	57	F 25 - 29		00:11:28	00:05:13	01:03:27	00:02:47	00:36:15	01:59:12
479	Michael	Bingham	29	M 25 - 29		00:16:59	00:03:59	01:00:36	00:01:17	00:41:51	02:04:44
480	Chloe	Jones	126	F 25 - 29		00:12:38	00:03:14	01:14:43	00:02:27	00:34:20	02:07:24
481	Paul	Morris	320	M 35 - 39		00:10:11	00:01:13	00:34:36	00:01:09	01:48:58	02:36:10