

TRIATHLON

David Lloyd LINCOLN

PAIN IS TEMPORARY
FAILURE IS FOREVER

DAVID LLOYD LINCOLN TRIATHLON - PROVISIONAL RESULTS

RESULTS ENQUIRIES - STEVE@ONESTEPBEYOND.ORG.UK

POS	RACE NO	FIRST	LAST	CAT	CAT POS	CLUB	TEAM NAME	SWIM	T1	BIKE	T2	RUN	FINISH	NOTES
1	436	MARK	REDWOOD	M 35 - 39	1ST	TFN		5:55	0:40	36:44	0:44	18:22	1:02:27	
2	474	RICHARD	TEARE	M 30 - 34	1ST	EQUUS		6:30	0:31	37:03	1:21	18:03	1:03:30	
3	492	GREG	CHERRY	M 25 - 29	1ST			5:03	0:27	39:29	0:44	17:53	1:03:38	
5	480	PETE	SHUTTLEWORTH	M 30 - 34	2ND	SHEFFIELD TRI		5:43	0:53	37:34	0:58	18:29	1:03:39	
4	434	PAUL	LUNN	M 40 - 44	1ST	STAMFORD TRI		7:17	0:34	36:29	0:46	18:30	1:03:39	
6	488	SIMON	GEORGE	M 30 - 34	3RD	LINCOLN TRI		5:36	0:33	38:56	0:50	18:31	1:04:28	
7	479	RYAN	HEPWORTH	M 25 - 29	2ND	WE LOVE MOUNTAINS RT		5:45	0:42	37:44	1:10	19:11	1:04:34	
8	482	JOSEPH	WILSON	M 25 - 29	3RD	ROLLINGSTOCKCYCLES.CO.UK		6:02	0:55	38:22	1:03	18:17	1:04:41	
9	410	DANNY	WYER	M 35 - 39	2ND			6:55	0:27	38:38	0:46	18:44	1:05:31	
10	460	MICHAEL	TAYLOR	M 30 - 34	4TH	LINCOLN TRI (RAF TRI)		6:18	0:39	40:14	0:49	17:46	1:05:47	
11	477	DARREN	SHARPE	M 35 - 39	3RD	RAF TRI		6:31	0:40	39:07	1:02	18:37	1:06:00	
12	478	PETER	GOODFELLOW	M 40 - 44	2ND	EQUUS		6:26	0:30	38:56	0:55	19:33	1:06:22	
14	489	FINLEY	THOMPSON	M 15 - 19	1ST	GRIMSBY TRI		5:35	0:36	40:30	0:49	19:04	1:06:36	
13	459	LUKE	MATHEWS	M 25 - 29	4TH	LINCSQUAD		6:05	0:49	39:40	0:57	19:03	1:06:36	
15	445	JAMES	CORLETT	M 25 - 29	5TH	ABSOLUTE TRI		6:18	0:47	39:17	0:34	19:59	1:06:57	
16	427	JONATHAN	FRARY	M 30 - 34	5TH	GI TRI		6:33	0:45	39:27	0:57	19:15	1:07:00	
17	407	GAVIN	BARRON	M 30 - 34	6TH	TRI-ANGLIA		7:27	0:59	38:57	0:59	18:38	1:07:02	
18	344	KEVIN	DAWSON	M 40 - 44	3RD	STRATEGIC LYONS		8:33	1:34	36:19	1:17	19:28	1:07:11	
19	412	PETER	BUCKLEY	M 40 - 44	4TH	TAMWORTH RMCC TRI		7:12	1:04	38:34	1:16	19:05	1:07:13	
20	447	HUWIE	DAVIES	M 40 - 44	5TH	GOOLE		7:00	0:35	38:51	0:54	20:06	1:07:27	
21	382	EDWARD	JOHNSON	M 25 - 29	6TH			6:54	0:49	38:57	1:22	19:24	1:07:28	
22	463	ANDREW	STOKES	M 30 - 34	7TH	RACING TNT		5:48	1:17	40:05	0:46	19:58	1:07:55	
23	417	AARON	WARD	M 25 - 29	7TH	BURNTWOOD TRI		6:43	0:46	40:19	1:13	19:05	1:08:08	
24	435	JAMES	ROBINSON	M 35 - 39	4TH	STAMFORD TRI		6:47	0:52	39:22	0:52	20:30	1:08:25	
25	425	MELISSA	JACOBI	TEAM	1ST		TEAM JACOBI	7:18	0:36	39:46	0:48	20:24	1:08:54	
26	485	JACK	SEXTY	M 20 - 24	1ST			5:56	1:03	41:42	1:08	19:24	1:09:15	
27	473	JACK	CARPENTER	M 20 - 24	2ND	SPALDING TRI		6:27	0:29	41:45	0:49	19:48	1:09:20	
28	1	ANDREW	MOSLEY	M 35 - 39	5TH	LINCOLN TRI		7:33	1:28	40:23	0:55	19:01	1:09:22	
29	476	GORDON	MONAGHAN	M 35 - 39	6TH	TFN		6:09	0:43	40:57	0:59	20:33	1:09:23	
30	3	GAVIN	HODGSON	M 30 - 34	8TH	LINCOLN TRI		6:53	0:40	41:21	1:10	19:27	1:09:33	
31	400	TIM	TURNER	M 40 - 44	6TH	ABSOLUTE TRI		7:15	1:11	40:04	0:55	20:17	1:09:45	
32	471	SANDY	TELFER	M 45 - 49	1ST	SLEAFORD STRIDERS		7:00	1:23	40:51	1:02	19:41	1:09:58	
33	361	LUKE	HUBBARD	M 20 - 24	3RD			7:42	1:10	40:20	1:11	19:43	1:10:09	
34	406	JAMES	BRAY	M 25 - 29	8TH	WE LOVE MOUNTAINS RT		7:45	1:04	40:14	0:49	20:20	1:10:13	
35	296	SIMON	COLE	M 35 - 39	7TH	CHARNWOOD TRI		7:25	1:00	40:27	0:58	20:35	1:10:26	
36	245	ROB	SMITH	M 40 - 44	7TH	GOOLE STRIDERS		6:07	0:39	42:01	0:58	21:08	1:10:56	
37	450	EMILIE	VERROKEN	F 30 - 34	1ST	EQUUS		6:15	0:48	41:47	1:18	20:49	1:10:59	
38	403	TOM	LAWTON	M 30 - 34	9TH	BUGGERED GERBILS		7:21	1:24	40:47	1:05	20:21	1:11:00	
39	424	JAMES	SHARP	M 30 - 34	10TH			6:30	1:07	41:51	0:53	20:40	1:11:03	
40	484	ALEXANDER	BOWMAN	M 20 - 24	4TH			5:45	1:11	44:06	1:15	18:58	1:11:17	
41	486	MATT	STORR	M 20 - 24	5TH			5:21	0:27	43:19	0:57	21:16	1:11:22	
42	462	PATRICK	CUTMORE	M 15 - 19	2ND			6:18	0:44	40:13	1:08	23:04	1:11:30	
43	454	ZAC	GOODSPEED	M 35 - 39	8TH	ABSOLUTE TRI		6:41	0:52	41:40	1:01	21:26	1:11:41	
44	439	CURTIS	WARNER	M 40 - 44	8TH	CHARNWOOD TRI		7:31	1:05	41:50	1:03	20:10	1:11:42	

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45	349	SIMON	WOOD	M 40 - 44	9TH			7:29	1:00	42:04	1:35	19:37	1:11:48	
47	457	KARL	GLENDEENING	M 40 - 44	10TH	ABSOLUTE TRI		7:15	0:44	41:31	1:20	21:01	1:11:53	
48	453	JOSEPH	DALE	M 30 - 34	11TH	LONDON FIELDS		7:39	0:58	44:52	1:25	17:25	1:12:21	
49	464	CHRIS	HOLMES	M 30 - 34	12TH			5:32	0:35	43:12	1:07	21:54	1:12:21	
50	323	SHAUN	ROBINSON	M 35 - 39	9TH	GRIMSBY TRI		8:11	0:56	40:43	1:11	21:21	1:12:23	
51	487	RICHARD	SHARP	M 30 - 34	13TH	YORK TRI		6:06	0:54	41:18	1:03	23:07	1:12:29	
52	367	DANIEL	TAYLOR	M 25 - 29	9TH			8:00	0:38	42:35	1:07	20:24	1:12:45	
53	379	BOHDAN	DAWYD	M 20 - 24	6TH	NO LIMITS RUNNING AND TRI		7:40	0:53	40:49	1:25	21:57	1:12:46	
54	440	BRIAN	JOBE	M 40 - 44	11TH	ABSOLUTE TRI		7:06	0:58	42:50	1:30	20:31	1:12:58	
55	369	SEAN	POWERS	M 30 - 34	14TH	RAF TRI		7:48	0:47	42:13	1:22	21:02	1:13:15	
56	334	RICHARD	MARSHALL	M 25 - 29	10TH			8:05	0:58	42:55	1:04	20:18	1:13:22	
57	2	SAMUEL	SPENCER	M 40 - 44	12TH	LINCOLN TRI		7:51	0:48	42:26	0:49	21:29	1:13:26	
58	394	ANDY	KEETLEY	M 50 - 54	1ST			6:53	1:03	42:44	1:03	21:44	1:13:28	
59	423	STEVEN	ALLEN	M 25 - 29	11TH	ADWICK TRI		6:45	0:51	44:22	0:58	20:34	1:13:33	
60	338	TREVOR	ALLT	M 35 - 39	10TH			8:22	0:39	41:52	1:30	21:25	1:13:49	
46	303	STEVEN	KENNY	M 40 - 44	13TH	CHARWOOD TRI		9:35	1:00	40:19	1:28	19:26	1:13:51	2 MIN NUMBER VIOLATION
61	368	GAVIN	CRANE	M 30 - 34	15TH			7:30	0:40	43:06	1:03	21:35	1:13:55	
62	269	MARK	PRESTON	M 40 - 44	14TH	VELO CLUB LINCOLN		8:15	0:31	43:21	0:56	20:50	1:13:56	
63	362	PAUL	NEWTON	M 40 - 44	15TH	SHEFFIELD TRI		7:50	0:59	42:00	1:21	21:46	1:13:57	
64	430	CHRIS	SHOOTER	M 30 - 34	16TH	MANSFIELD TRI		6:38	0:29	43:40	1:08	22:13	1:14:11	
65	470	MARK	SPEED	M 40 - 44	16TH			6:18	0:51	45:14	1:14	20:33	1:14:13	
66	411	MARK	JESZKE	M 35 - 39	11TH			7:22	0:39	44:19	0:54	20:59	1:14:16	
67	363	JEREMY	NICHOLSON	M 40 - 44	17TH			8:06	1:11	40:36	1:00	23:22	1:14:17	
68	359	TOM	DREW	M 45 - 49	2ND	SPALDING TRI		8:29	0:45	42:57	1:19	20:47	1:14:20	
69	455	HANNAH	RIGHINI - BRAND	F 20 - 24	1ST	LEEDS BRADFORD TRI		5:59	1:04	45:17	1:00	21:02	1:14:24	
70	284	GREG	LYLE	M 30 - 34	17TH	ADWICK TRI		8:25	1:42	43:03	1:03	20:23	1:14:38	
72	219	EDDIE	KNIGHTS	M 45 - 49	3RD	BPL BASSETLAW TRI		8:45	1:03	43:18	1:01	20:38	1:14:47	
71	356	RICHARD	VIDGEN	M 55 - 59	1ST	BARRACUDA		7:57	0:40	44:22	00:35	21:53	1:14:47	
73	446	STEVE	HENCHLEY	M 30 - 34	18TH	RACING TNT		6:58	0:53	45:03	1:04	20:52	1:14:52	
74	329	TIM	SAVAGE	M 40 - 44	18TH	TOROCSC		9:00	1:23	43:46	1:14	19:59	1:15:24	
75	451	MELVYN	HEYWOOD	M 50 - 54	2ND	TFN		7:39	0:39	42:14	1:02	23:50	1:15:25	
76	213	JOHN	WATTAM	M 45 - 49	4TH	BLUE LAGOONERS TRI		7:32	0:53	43:55	1:03	22:34	1:15:59	
77	243	ROBERT	BATEMAN	M 40 - 44	19TH	PSOF		9:18	1:22	42:34	0:52	21:53	1:16:00	
78	448	ANTHONY	WYNNE	M 45 - 49	5TH	ABSOLUTE TRI		7:11	1:00	45:25	1:22	21:05	1:16:05	
79	314	PAUL	AUBREY	M 40 - 44	20TH	LINCOLN TRI		8:41	0:38	41:17	1:31	23:58	1:16:06	
80	352	STEPHEN	WALKER	M 50 - 54	3RD			8:23	1:17	42:17	1:25	22:47	1:16:10	
82	347	ANTHONY	JONES	M 40 - 44	21ST	STAFFORDSHIRE MOORLANDS AC		8:46	1:16	45:24	1:31	19:15	1:16:14	
81	409	NIGEL	LEAKER	M 50 - 54	4TH			7:28	1:08	43:42	1:14	22:40	1:16:14	
83	122	MARTIN	HARKUS	M 35 - 39	12TH			9:28	1:18	42:32	1:06	21:50	1:16:16	
84	326	DAVID	EAGER	M 45 - 49	6TH			8:26	0:49	43:45	1:06	22:24	1:16:32	
85	139	SCOTT	PRYDE	M 35 - 39	13TH			7:23	2:52	45:36	1:58	18:42	1:16:34	
86	388	ROBERT	HEAD	M 40 - 44	22ND	ARMY		7:29	0:44	45:37	0:58	21:44	1:16:34	
87	449	HANNAH	NEILSON	F 20 - 24	2ND			5:13	1:44	46:37	0:57	22:04	1:16:36	
88	332	THOMAS	THATCHER	M 20 - 24	7TH	LINCOLN TRI		8:05	0:36	46:26	1:17	20:21	1:16:47	
91	254	AIMEE	STOCKER	F 30 - 34	2ND	SPALDING TRI		8:15	1:17	43:19	1:07	22:54	1:16:53	

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90	491	PAUL	ENDACOTT	M 20 - 24	8TH			5:36	1:02	46:10	1:41	22:21	1:16:53	
89	244	ROSS	TAYLOR	M 40 - 44	23RD			8:49	1:52	44:00	1:14	20:55	1:16:53	
92	302	GAVIN	RIGG	M 40 - 44	24TH	BCTTT		5:35	2:00	43:55	1:18	24:09	1:16:59	
93	370	PETER	ROSS	M 40 - 44	25TH			7:35	1:28	44:35	1:21	22:05	1:17:06	
94	469	SEAN	CALLOW	M 30 - 34	19TH	TFN		5:38	0:59	46:44	0:59	22:51	1:17:13	
95	443	KATIE	COOK	F 25 - 29	1ST			6:31	0:57	45:44	1:18	22:43	1:17:16	
96	208	ANDY	NEWHAM	M 40 - 44	26TH	LINCOLN TRI		9:00	1:44	43:35	1:02	21:58	1:17:21	
97	351	RICH	SEABROOK	M 45 - 49	7TH			8:41	0:53	44:52	1:38	21:17	1:17:23	
98	321	FRASER	POOLE	M 35 - 39	14TH	ABSOLUTE TRI		7:23	1:00	46:24	1:10	21:27	1:17:26	
99	458	JAMES	GRAHAM	M 40 - 44	27TH	SPALDING TRI		6:22	0:58	45:36	1:43	22:53	1:17:34	
101	281	DAVID	KEMP	M 25 - 29	12TH			8:02	1:10	44:56	1:12	22:18	1:17:39	
100	358	CHRIS	HOLMES	M 40 - 44	28TH			8:12	1:39	44:43	1:14	21:48	1:17:39	
102	236	ADRIAN	WOOLLAS	M 30 - 34	20TH	LINCOLN TRI		8:13	0:45	45:05	1:15	22:24	1:17:42	
103	461	KARL	OWEN	M 30 - 34	21ST	STAMFORD TRI		7:10	1:01	46:03	1:10	22:22	1:17:48	
104	216	FIONA	BEARD	F 30 - 34	3RD	YORK TRI		8:22	1:08	44:11	1:39	22:26	1:17:49	
105	481	GREG	CLARKE	M 40 - 44	29TH	SOUTH AXHOLME SHARKS SC		6:16	1:22	44:49	1:15	24:06	1:17:50	
106	333	BEN	CASSWELL	M 25 - 29	13TH			6:54	1:32	44:59	1:44	22:57	1:18:08	
107	452	ANDY	GRANVILLE	M 25 - 29	14TH	TFN		6:51	1:27	45:55	1:00	23:03	1:18:18	
108	283	STEVEN	SHUTTLEWORTH	M 25 - 29	15TH			8:01	1:12	46:59	1:48	20:17	1:18:18	
109	311	KEVIN	FOULSTON	M 50 - 54	5TH	GRIMSBY TRI		9:10	1:18	45:35	1:13	21:01	1:18:20	
110	415	CHRIS	WOODS	M 35 - 39	15TH	ABSOLUTE TRI		6:59	2:27	45:01	2:03	21:49	1:18:22	
111	331	CHRIS	TRZCINSKI	M 50 - 54	6TH	CHARNWOOD TRI		8:30	1:01	44:04	1:40	23:17	1:18:33	
112	401	JON PAUL	HEMMINGS	M 30 - 34	22ND			6:36	1:23	48:14	1:11	21:26	1:18:52	
113	399	COLIN	MCLEAN	M 55 - 59	2ND	MVH		7:44	2:46	44:11	1:23	22:48	1:18:53	
114	466	JONATHAN	DIXON	M 30 - 34	23RD	LINCSQUAD		7:49	0:42	46:24	1:18	22:41	1:18:56	
115	355	MICHAEL	STAINES	M 55 - 59	3RD	SPALDING TRI		8:11	1:34	44:13	1:25	23:32	1:18:56	
116	437	SARAH	HOLME	F 30 - 34	4TH			6:39	0:58	47:06	1:08	23:07	1:19:00	
117	335	NICK	TEIGE	M 30 - 34	24TH	MEYNELL VALLEY HUNTERS		7:44	1:19	49:52	0:51	20:44	1:19:00	
118	286	DANIEL	SCOTT	M 30 - 34	25TH			8:14	1:09	45:31	1:15	22:59	1:19:11	
119	221	TONY	VOUT	M 50 - 54	7TH	GI TRI		10:21	1:53	45:04	1:38	20:21	1:19:19	
120	366	JANE	SCOTT	F 35 - 39	1ST			7:51	1:13	44:08	1:41	24:28	1:19:24	
121	421	CAMPBELL	STEEL	M 25 - 29	16TH			7:09	1:07	47:24	0:55	22:51	1:19:28	
122	184	ROB	GILFOYLE	M 40 - 44	30TH	LINCOLN TRI		9:20	1:37	41:02	1:40	25:47	1:19:28	
123	105	PAT	HAGAN	M 50 - 54	8TH			10:21	1:58	45:01	1:56	20:12	1:19:30	
124	229	MICK	DAVENPORT	M 50 - 54	9TH			7:41	2:11	44:39	1:50	23:10	1:19:33	
125	278	RYAN	MILLS	M 30 - 34	26TH	RACING TNT		9:31	0:42	44:41	0:55	23:46	1:19:37	
126	392	RICK	FREEMAN	M 40 - 44	31ST	ST GEORGES ACADEMY		7:22	1:21	48:00	1:00	21:53	1:19:37	
127	398	MARTIN	COVEY	M 50 - 54	10TH	MVH		7:43	1:28	44:23	1:34	24:44	1:19:53	
128	189	TOM	MORGAN	M 25 - 29	17TH			9:33	0:37	46:04	1:09	22:29	1:19:55	
129	467	SADIE	AUBREY	TEAM	2ND		LINCOLN TRI JUNIOR GIRLS	6:57	0:34	47:49	0:45	23:57	1:20:04	
130	380	DANIEL	BLYTH	M 25 - 29	18TH	RAF TRI		8:07	0:48	48:10	1:08	21:51	1:20:05	
131	239	JOHN	CATLEY	M 40 - 44	32ND	HALF RICE HALF CHIPS		8:43	1:48	45:13	1:37	22:44	1:20:07	
132	328	SIMON	BECKETT	M 40 - 44	33RD			7:28	2:01	47:20	1:44	21:51	1:20:26	
133	490	SAM	PARKER	M 15 - 19	3RD	4 LIFE TRI		5:24	0:27	39:42	0:53	34:11	1:20:40	
134	339	DAVID	OAKTON	M 35 - 39	16TH	MANSFIELD TRI		8:05	1:00	47:36	1:11	22:54	1:20:48	

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135	325	ANDREW	CLARK	M 40 - 44	34TH	SLEAFORD TOWN RUNNERS		8:23	0:46	47:30	1:10	22:58	1:20:49	
136	223	TOM	DALZIEL	M 50 - 54	11TH	4 LIFE TRI		9:39	0:59	44:21	1:16	24:33	1:20:50	
137	468	NATASHA	BELLAMY	F 15 - 19	1ST			5:45	1:37	50:11	1:26	22:07	1:21:08	
138	172	MICHAEL	GANNON	M 40 - 44	35TH	TEAM MK		8:52	2:57	48:25	1:24	19:38	1:21:18	
139	194	LEE	MACDONALD	M 30 - 34	27TH	THE CLUBHAUS		7:44	1:55	48:22	1:11	22:06	1:21:20	
140	68	ALEX	SLEVIN	M 25 - 29	19TH			9:13	2:26	46:51	0:54	21:55	1:21:22	
141	260	JOHN	WILLIAMSON	M 55 - 59	4TH	LINCOLN TRI		7:51	1:46	46:10	1:28	24:04	1:21:23	
142	199	JEAN - FREDERIC	DUBERN	M 35 - 39	17TH			9:21	1:48	46:29	1:23	22:25	1:21:28	
143	444	KIRSTY	HILLIER	F 25 - 29	2ND	CHARNWOOD TRI		6:31	0:49	49:15	1:00	23:55	1:21:33	
144	191	MICHAEL	DUNCALF	M 25 - 29	20TH	LINDSEY ROADS CYCLING CLUB		9:10	1:34	44:00	1:12	25:40	1:21:38	
145	384	RHIANNA	PARKER - SIMPSON	F 25 - 29	3RD			7:28	2:11	50:27	1:45	19:48	1:21:41	
146	271	DAMIAN	MITCHELL	M 50 - 54	12TH			8:24	1:57	47:12	1:41	22:26	1:21:42	
147	285	PAUL	FRETWELL	M 30 - 34	28TH			8:09	1:53	47:01	1:49	22:51	1:21:44	
148	255	SIMON	HAYDOCK	M 55 - 59	5TH			9:18	1:39	46:00	1:57	22:48	1:21:44	
149	353	KEVIN	DUNNE	M 55 - 59	6TH	LINCOLN TRI		8:02	1:46	47:34	1:46	22:43	1:21:53	
150	373	SAM	PERKINS	M 30 - 34	29TH	4LIFE TRI		7:49	1:05	44:16	1:27	27:15	1:21:54	
151	265	DERRY	O' NEILL	M 45 - 49	8TH			9:09	1:46	46:46	1:57	22:19	1:21:59	
152	428	STEVE	MUNDAY	M 35 - 39	18TH			6:25	1:37	47:39	1:42	24:38	1:22:03	
153	327	PAUL	BEATTIE	M 50 - 54	13TH	GI TRI		7:15	3:07	46:38	1:57	23:17	1:22:15	
154	385	NICK	DEW	M 25 - 29	21ST			9:22	1:36	46:23	1:13	23:45	1:22:22	
155	165	BEN	WADD	M 25 - 29	22ND	RAF TRI		9:10	2:31	47:11	1:18	22:12	1:22:24	
156	209	PAUL	MORRIS	M 40 - 44	36TH			9:48	1:27	46:27	1:11	23:31	1:22:26	
157	426	HELEN	CROSSLEY	F 40 - 44	1ST			6:23	1:19	47:28	1:40	25:41	1:22:33	
158	237	ZAC	TODD	M 30 - 34	30TH			9:16	1:20	47:20	1:31	23:14	1:22:44	
159	185	SIMON	WILKINSON	M 45 - 49	9TH			9:50	2:14	45:47	1:23	23:28	1:22:44	
160	158	IAN	TYLER	M 45 - 49	10TH			8:27	1:20	48:19	1:29	23:17	1:22:55	
161	372	NIKKI	FLETCHER	F 40 - 44	2ND	LINCOLN TRI		7:51	1:36	47:46	1:25	24:20	1:22:59	
162	297	GETHIN	OWEN	M 35 - 39	19TH								1:23:00	NO CHIP WORN
163	431	MAGGI	TEBRAKE	F 45 - 49	1ST	TFN		6:57	1:56	47:56	1:34	24:36	1:23:01	
164	159	MARTIN	WOOD	M 55 - 59	7TH	LINCOLN TRI / LINCOLNSHIRE POLICE		10:42	1:24	45:23	1:26	24:06	1:23:03	
165	197	PAUL	LONGSTAFF	M 35 - 39	20TH			9:47	2:43	47:26	0:58	22:10	1:23:05	
166	341	MICHAEL	MCKINLAY - SMITH	M 35 - 39	21ST	SCISSETT		7:41	2:18	49:30	1:38	21:58	1:23:08	
167	298	STEVE	WHITTLE	M 40 - 44	37TH			8:01	1:18	47:25	1:35	24:51	1:23:10	
168	375	STEVE	BELL	M 40 - 44	38TH			7:13	2:10	47:08	1:58	24:44	1:23:15	
170	225	CRIS	VALLANCE	M 30 - 34	31ST			8:50	2:14	49:03	1:07	22:00	1:23:16	
169	364	ANDY	WILKINSON	M 45 - 49	11TH	YORK TRI		7:33	1:08	46:51	1:11	26:30	1:23:16	
171	320	JAMES	GREGORY	M 30 - 34	32ND			7:47	1:14	51:46	0:45	21:47	1:23:21	
172	293	TIM	ROBINSON	M 35 - 39	22ND			8:41	1:02	49:55	0:56	22:47	1:23:23	
173	393	CHRIS	ROGERS	M 50 - 54	14TH	GRIMSBY TRI CLUB		7:48	1:38	47:09	1:37	25:13	1:23:26	
174	63	MARTIN	GORDON - KERR	M 40 - 44	39TH	CATMOSE TRI		11:29	2:12	45:56	1:20	22:32	1:23:30	
175	262	MARK	ROWLEY	M 50 - 54	15TH			8:32	1:10	47:04	2:10	24:34	1:23:31	
176	231	ANDREW	WATSON	M 40 - 44	40TH	4 LIFE TRI		8:50	1:07	47:40	1:20	24:34	1:23:33	
177	73	DAVE	LONGSTAFF	M 30 - 34	33RD			11:03	1:30	49:33	0:59	20:36	1:23:43	
178	404	ROB	SLATER	M 35 - 39	23RD			6:56	1:09	50:31	1:16	23:55	1:23:48	
179	142	PHILLIP	WATSON	M 20 - 24	9TH	DAVID LLOYD BURTON WATERS		7:56	1:41	49:15	1:03	23:54	1:23:51	

TRIATHLON

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DAVID LLOYD LINCOLN TRIATHLON - PROVISIONAL RESULTS

RESULTS ENQUIRIES - STEVE@ONESTEPBEYOND.ORG.UK

180	195	CHRISTOPHER	WOOD	M 30 - 34	34TH			7:33	1:46	51:58	1:32	21:02	1:23:54	
181	376	DAVID	MCGILL	M 45 - 49	12TH	SPALDING TRI		7:57	1:27	50:23	1:17	22:50	1:23:55	
182	348	MICHELLE	YATES	F 40 - 44	3RD	TFN		7:26	2:03	48:20	1:44	24:20	1:23:56	
183	386	SCOTT	LANE	M 30 - 34	35TH	RETFORD		7:40	1:30	49:26	1:23	24:03	1:24:04	
184	263	ANDREW	BOOKER	M 45 - 49	13TH			8:27	1:39	46:50	1:23	25:43	1:24:05	
185	249	DARREN	CROOKES	M 40 - 44	41ST			9:19	1:18	48:01	1:05	24:21	1:24:06	
186	266	JONATHAN	FOWLER	M 50 - 54	16TH			9:16	1:58	48:42	2:36	21:48	1:24:22	
187	170	RICHARD	SMITH	M 30 - 34	36TH			9:55	2:21	48:00	1:23	22:43	1:24:26	
188	268	CLINT	SAWYER	M 35 - 39	24TH	LWAC		9:33	2:19	49:19	1:52	21:26	1:24:31	
189	291	STEPHEN	SWABY	M 35 - 39	25TH			8:50	0:51	49:39	1:44	23:28	1:24:35	
190	416	MARK	NEEDHAM	M 45 - 49	14TH			7:07	1:51	49:20	1:00	25:17	1:24:37	
191	360	JESS	ELKINGTON	F 20 - 24	3RD	EXETER UNIVERSITY TRI		7:05	1:42	52:26	0:53	22:42	1:24:50	
192	315	ALAN	ELLIS	M 45 - 49	15TH	LINCOLN TRI		9:05	1:40	48:27	1:17	24:23	1:24:55	
193	456	WHITNEY	LARKIN	F 15 - 19	2ND	TORO CSC		6:08	1:42	52:30	1:31	23:05	1:24:58	
194	383	NICK	WARD-LOWERY	M 25 - 29	23RD			6:49	1:57	48:36	2:11	25:25	1:25:00	
195	211	KEVIN	SMITH	M 40 - 44	42ND			8:23	1:41	48:14	1:40	25:01	1:25:01	
196	134	JAMES	SNAITH	M 35 - 39	26TH			8:29	1:35	49:14	1:15	24:31	1:25:06	
197	350	NICHOLAS	DOYLE	M 45 - 49	16TH			7:15	1:18	49:32	1:54	25:05	1:25:07	
199	240	LUCIE	WAINWRIGHT	F 35 - 39	2ND			7:33	1:28	50:57	1:10	24:09	1:25:19	
198	241	ANDREW	KITCHEN	M 40 - 44	43RD	SHEFFIELD TRI		8:53	1:16	50:24	1:19	23:24	1:25:19	
200	258	CLAIR	HUTCHINGS	F 40 - 44	4TH			8:41	0:37	50:18	1:00	24:52	1:25:29	
201	282	RUTH	WILSON	F 40 - 44	5TH			8:49	1:11	51:05	1:46	22:41	1:25:35	
202	145	RICHARD	PARRY	M 40 - 44	44TH			9:11	2:03	45:25	2:12	26:44	1:25:37	
203	317	ADAM	COX	M 25 - 29	24TH			8:31	1:57	50:07	1:18	23:42	1:25:38	
204	420	KERRY	ROUGH	F 25 - 29	4TH	STAMFORD TRI		7:05	1:20	51:46	1:15	24:12	1:25:39	
206	330	JACQUI	KER	F 30 - 34	5TH	BARRACUDA		7:57	2:38	50:35	1:22	23:10	1:25:44	
205	92	JONNY	SNOWBALL	M 35 - 39	27TH			10:30	1:18	49:39	1:28	22:47	1:25:44	
207	357	RICHARD	PERRY	M 55 - 59	8TH	GRIMSBY TRI		9:06	2:16	46:53	1:09	26:22	1:25:49	
208	164	NICK	BROADBENT	M 50 - 54	17TH	DAVID LLOYD BURTON WATERS		10:11	2:32	49:00	1:07	22:59	1:25:50	
209	374	DOMINIC	GOY	M 35 - 39	28TH			8:07	1:27	48:30	1:27	26:24	1:25:58	
211	242	ALEX	COBB	M 40 - 44	45TH	SPALDING TRI		8:43	1:13	49:39	1:16	25:10	1:26:03	
210	272	JOHN	JOYCE	M 55 - 59	9TH			9:52	2:09	47:52	1:46	24:22	1:26:03	
212	290	JAMES	PETERSON	M 35 - 39	29TH			8:36	1:27	48:58	1:43	25:21	1:26:06	
213	322	CHRIS	EARL	M 35 - 39	30TH	SHEFFIELD TRI		8:11	2:02	50:05	1:36	24:11	1:26:06	
214	31	SCOTT	BARLEY	M 35 - 39	31ST			10:24	2:05	46:58	1:18	25:20	1:26:08	
215	413	HANNA	MORGAN	F 30 - 34	6TH			7:14	1:55	51:55	1:05	24:05	1:26:17	
216	80	DOUGLAS	POOLE	M 60+	1ST			10:37	3:31	47:12	1:03	23:55	1:26:20	
217	226	STEVE	SWALLOW	M 45 - 49	17TH			8:53	3:14	48:56	1:32	23:48	1:26:25	
218	442	CHRIS	ALLEN	M 55 - 59	10TH			7:23	1:50	49:25	1:38	26:08	1:26:26	
219	475	PETER	KILLEEN	M 25 - 29	25TH			7:43	0:53	48:42	1:15	27:53	1:26:30	
220	94	PATRICK	THORNTON	M 40 - 44	46TH			10:19	2:06	48:39	1:28	23:58	1:26:31	
221	264	ELIZABETH	BURGESS	F 40 - 44	6TH			8:37	1:59	51:13	1:30	23:13	1:26:34	
222	232	TYLER	GREGSON	M 20 - 24	10TH			6:55	2:05	49:47	2:15	25:32	1:26:36	
223	173	PAUL	JONES	M 40 - 44	47TH			11:36	1:35	47:43	1:21	24:27	1:26:43	
224	429	LUKE	AISTHORPE	M 25 - 29	26TH		VIRGIN ACTIVE	7:55	0:50	52:51	1:36	23:33	1:26:46	

TRIATHLON

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RESULTS ENQUIRIES - STEVE@ONESTEPBEYOND.ORG.UK

226	345	MARTIN	JESSOP	M 40 - 44	48TH			8:32	1:45	51:13	1:00	24:20	1:26:52	
225	109	DAVE	WORSALL	M 50 - 54	18TH			9:56	2:31	46:02	1:12	27:09	1:26:52	
227	274	MATTHEW	SCHOFIELD	M 40 - 44	49TH			9:46	1:34	51:07	1:56	22:31	1:26:56	
228	483	SAM	BROOMHEAD	M 15 - 19	4TH			6:21	1:25	54:22	1:36	23:12	1:26:58	
229	214	NEIL	BAILEY	M 45 - 49	18TH			9:48	1:42	47:58	1:16	26:13	1:26:59	
230	202	RICHARD	HEPWORTH	M 35 - 39	32ND			8:57	2:46	49:01	2:46	23:30	1:27:01	
231	279	JOSEPH	BEATTIE	M 15 - 19	5TH	GI TRI		8:53	1:43	51:44	1:14	23:26	1:27:03	
232	289	JONATHAN	BILLINGHURST	M 30 - 34	37TH			8:37	2:20	51:03	1:47	23:19	1:27:09	
233	28	MARK	DEANS	M 35 - 39	33RD			10:40	1:39	51:04	1:59	21:51	1:27:16	
234	346	GREG	GILBEY	M 40 - 44	50TH			8:46	2:24	48:40	1:37	25:49	1:27:18	
235	310	ROY	JACKSON	M 45 - 49	19TH	LINCOLN TRI		7:50	1:47	49:17	1:30	26:55	1:27:21	
236	396	ALICE	NEWMAN	F 20 - 24	4TH			7:38	2:12	51:18	1:08	25:07	1:27:24	
237	130	JAMES	MURRAY	M 25 - 29	27TH			10:43	3:27	50:54	1:09	21:11	1:27:27	
238	312	JAN	JOHNSON	F 50+	1ST	EQUUS		9:11	0:44	49:40	1:29	26:27	1:27:34	
239	397	JOHN	GLADMAN	M 50 - 54	19TH	TFN		7:18	1:45	52:28	1:59	24:07	1:27:40	
240	70	JACK	BEAVIS	M 20 - 24	11TH	NOTTINGHAM UNIVERSITY TRI		11:38	1:38	48:45	1:24	24:18	1:27:45	
241	273	KEVIN	RYAN	M 45 - 49	20TH			9:57	3:05	48:51	1:09	25:56.0	1:27:49	
242	295	DARREN	LIDDELL	M 35 - 39	34TH			8:45	1:28	51:29	1:20	24:47	1:27:50	
243	280	CHRIS	PITHEY	M 25 - 29	28TH			6:23	2:40	50:58	2:16	25:44	1:28:01	
244	138	GUDRUN	MEISL	F 45 - 49	2ND	TFN		8:54	1:14	50:26	1:12	26:15	1:28:02	
245	309	MARK	HOLLINGWORTH	M 45 - 49	21ST			7:30	1:42	53:50	1:04	23:55	1:28:03	
246	146	CRAIG	HALL	M 40 - 44	51ST	LINCOLN TRI		11:26	2:27	48:10	0:50	25:11	1:28:07	
247	74	NICHOLAS	BECK	M 40 - 44	52ND			11:00	1:44	50:31	1:21	23:29	1:28:07	
248	169	JAMES	BENTLEY	M 30 - 34	38TH			8:51	2:04	52:19	0:41	24:14	1:28:11	
249	45	DONALD	HISLOP	M 45 - 49	22ND			10:39	2:29	50:19	1:32	23:18	1:28:19	
250	180	BECKI	WAGER	F 30 - 34	7TH	MANSFIELD TRI		9:29	2:31	51:01	1:56	23:22	1:28:21	
251	116	ADAM	FENTON - SMITH	M 40 - 44	53RD			9:23	3:04	49:20	2:31	24:02	1:28:23	
252	157	GRAEME	EWEN	M 45 - 49	23RD	ASPIRE GYM		9:58	1:35	50:17	1:08	25:23	1:28:25	
253	124	SAMUEL	TWELL	M 20 - 24	12TH			7:47	2:30	50:34	0:55	26:42	1:28:30	
254	87	JOHN	TOMLINSON	M 25 - 29	29TH			12:33	2:34	48:58	1:36	22:55	1:28:37	
255	288	MEGAN	BALL	F 15 - 19	3RD			7:35	1:24	56:44	0:51	22:01	1:28:39	
256	336	CLAIRE	HEWITT	F 35 - 39	3RD			7:11	1:29	48:57	1:35	29:30	1:28:45	
257	252	MARY	O' SHEA	F 35 - 39	4TH			9:51	3:15	50:57	1:10	23:32	1:28:48	
258	114	NICKY	HUNT	F 30 - 34	8TH			8:08	2:22	53:50	1:23	23:04	1:28:49	
259	128	THOMAS	ATHERTON	M 25 - 29	30TH			10:02	1:33	51:32	1:14	24:30	1:28:52	
260	391	JASON	WATKINS	M 40 - 44	54TH			7:37	1:24	49:30	1:54	28:28	1:28:54	
261	218	SIMON	MOSS	M 45 - 49	24TH			10:39	1:14	49:22	1:47	25:55	1:28:58	
262	136	SHANE	KENT	M 35 - 39	35TH			9:06	3:58	53:04	0:56	22:10	1:29:16	
263	200	ALAN	HEAP	M 35 - 39	36TH	ADWICK TRI		7:14	2:17	53:38	1:35	24:32	1:29:18	
264	135	PHIL	MCDERMOTT	M 35 - 39	37TH	ABSOLUTE TRI		10:53	1:18	53:25	0:47	22:55	1:29:18	
265	301	DARREN	HESTER	M 40 - 44	55TH	ABSOLUTE TRI		8:16	1:07	51:44	1:29	26:41	1:29:19	
266	233	STEVEN	WHITE	M 25 - 29	31ST			9:01	1:36	51:29	1:22	25:52	1:29:21	
267	381	ROBIN	LYALL	M 25 - 29	32ND			7:31	2:03	51:10	2:18	26:18	1:29:22	
268	313	BRUCE - LEE	NAYLOR	M 55 - 59	11TH	SAS SWIMMING CLUB EPWORTH		9:17	1:34	48:10	1:47	28:33	1:29:23	
269	85	DANIEL	RYALL	M 25 - 29	33RD			11:04	2:49	50:25	2:09	23:15	1:29:44	

TRIATHLON

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RESULTS ENQUIRIES - STEVE@ONESTEPBEYOND.ORG.UK

270	235	THOMAS	BRITTAIN	M 30 - 34	39TH		9:00	1:39	54:36	1:52	22:39	1:29:48	
271	117	IAN	FILBY	M 50 - 54	20TH		12:24	1:57	48:53	1:52	24:41	1:29:48	
272	275	GRAEME	SMITH	M 45 - 49	25TH	BPL BASSETLAW TRI	8:35	1:49	52:19	1:59	25:06	1:29:51	
273	36	RACHEL	NEEDHAM	F 20 - 24	5TH		10:26	1:47	53:30	0:50	23:20	1:29:54	
274	118	ALASDAIR	MORRISON	M 50 - 54	21ST		8:44	2:36	48:31	1:52	28:13	1:29:58	
275	143	JO	PADLEY	F 20 - 24	6TH		8:31	1:07	51:44	1:26	27:16	1:30:07	
276	198	KATY	JOHNSON	F 25 - 29	5TH	STAMFORD TRI	7:50	2:11	55:30	1:02	23:34	1:30:09	
277	176	ANDY	CHAMBERLAIN	M 45 - 49	26TH	SPALDING TRI	10:31	1:38	51:52	1:13	24:58	1:30:15	
278	299	CHRIS	GIBSON	M 40 - 44	56TH		9:31	1:42	50:23	2:23	26:16	1:30:16	
279	115	SIMON	JONES	M 40 - 44	57TH		11:00	5:49	49:22	0:52	23:16	1:30:21	
280	294	RACHEL	CRAFT	F 30 - 34	9TH	MEYNELL VALLEY HUNTERS	8:34	2:00	52:30	1:31	25:57	1:30:33	
281	441	DARREN	OATES	M 45 - 49	27TH	RISING TIDE RESEARCH	7:42	2:36	53:15	1:01	26:03	1:30:40	
283	270	SALLY	LADLOW	F 40 - 44	7TH		8:49	2:05	52:35	2:11	25:02	1:30:43	
282	238	GRAHAM	TAYLOR	M 35 - 39	38TH		9:36	1:52	55:32	1:30	22:11	1:30:43	
284	179	GLYN	DIXON	M 35 - 39	39TH		10:26	2:04	51:59	1:28	24:47	1:30:45	
285	387	DARREN	GARTON	M 40 - 44	58TH		7:31	1:38	56:03	1:00	24:37	1:30:50	
286	215	HAMISH	MCCONCHIE	M 45 - 49	28TH		10:28	1:25	54:14	1:05	23:36	1:30:50	
287	248	RICHARD	VINCENT	M 40 - 44	59TH		9:24	1:18	52:06	2:26	25:36	1:30:53	
288	97	CARL	HUGHES	M 45 - 49	29TH		10:08	3:44	50:42	1:47	25:01	1:31:24	
289	203	SEAN	ATTON	M 35 - 39	40TH		12:06	2:22	48:54	1:53	26:10	1:31:27	
290	257	STEPHEN	STEAD	M 60+	2ND	DAVID LLOYD BURTON WATERS	9:53	2:06	48:32	2:33	28:25	1:31:30	
291	205	STEVEN	TAYLOR	M 35 - 39	41ST		9:41	2:19	53:33	1:26	24:32	1:31:33	
292	405	JAMES	ROARK	M 20 - 24	13TH		6:25	1:28	57:05	0:54	25:41	1:31:35	
293	44	JODY	LEGGATE	M 35 - 39	42ND		11:51	2:19	53:24	1:01	23:05	1:31:42	
294	175	GRAHAM	TERRY	M 40 - 44	60TH		9:22	3:06	54:35	1:07	23:33	1:31:45	
295	149	RUTH	WILLIAMSON	F 30 - 34	10TH		9:11	2:34	50:14	1:27	28:25	1:31:53	
296	192	ISOBEL	MYERS	F 15 - 19	4TH		7:59	2:53	55:20	2:18	23:24	1:31:56	
297	54	EMMA	SMITH	F 35 - 39	5TH	VEGETARIAN CYCLING & AC	10:35	2:00	51:23	1:51	26:06	1:31:58	
298	318	HELEN	PHILLIPS	F 35 - 39	6TH		8:41	2:14	51:39	1:26	27:57	1:31:59	
299	224	STEWART	MACKENZIE	M 55 - 59	12TH		10:20	3:15	48:39	1:50	27:55	1:32:01	
300	88	MIKE	THOMAS	M 25 - 29	34TH		8:20	2:24	55:17	1:43	24:23	1:32:08	
301	121	JONATHAN	MATTHEWS	M 45 - 49	30TH		8:33	2:16	51:43	2:17	27:20	1:32:09	
302	22	SAMUEL	WARD	M 35 - 39	43RD		9:12	2:30	53:48	1:53	24:59	1:32:24	
303	377	KIERON	SEEKINGS	M 35 - 39	44TH		7:20	2:19	57:58	1:09	23:37	1:32:26	
304	340	NICHOLAS	O' MALLEY	M 35 - 39	45TH		9:11	1:09	56:55	1:52	23:22	1:32:31	
305	50	CHRIS	PAGE	M 20 - 24	14TH		10:01	3:04	54:17	1:39	23:30	1:32:33	
306	259	STEVE	ARMSTRONG	M 60+	3RD		10:39	2:54	48:51	1:47	28:20	1:32:33	
307	40	PAUL	TAYLOR	M 30 - 34	40TH		10:56	4:52	53:24	0:54	22:26	1:32:34	
308	378	GEMMA	WRIGHT	F 25 - 29	6TH		7:45	2:06	53:36	1:32	27:33	1:32:35	
309	246	RUTH	WILLOTT	F 35 - 39	7TH		8:23	1:40	49:33	2:08	30:55	1:32:42	
310	408	ANGELA	MCGILL	F 40 - 44	8TH	SPALDING TRI	7:54	1:38	54:25	1:04	27:39	1:32:42	
311	58	MARK	DOUGHTY	M 35 - 39	46TH		11:31	2:36	50:49	1:38	26:10	1:32:46	
312	207	DANIEL	WILSON	M 40 - 44	61ST	MANSFIELD TRI	10:24	2:23	54:17	1:30	24:11	1:32:47	
313	171	NEIL	UMPLEBY	M 35 - 39	47TH		9:54	1:49	48:22	2:09	30:31	1:32:48	
315	222	JANE	GALLAGHER	F 30 - 34	11TH	SPALDING TRI	9:27	1:19	53:55	2:12	25:55	1:32:50	

TRIATHLON

David Lloyd LINCOLN

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DAVID LLOYD LINCOLN TRIATHLON - PROVISIONAL RESULTS

RESULTS ENQUIRIES - STEVE@ONESTEPBEYOND.ORG.UK

314	141	STEVEN	BENTHAM	M 35 - 39	48TH			9:17	4:20	54:38	1:28	23:06	1:32:50	
317	98	TIM	WALKER	M 45 - 49	31ST			9:28	1:23	53:04	1:24	27:31	1:32:52	
316	37	PENELOPE	MOORE	TEAM	3RD		GILDERMOORE	10:37	0:56	58:06	1:08	22:03	1:32:52	
318	147	DAVID	HANDLEY	M 40 - 44	62ND			10:05	1:45	50:38	1:52	28:33	1:32:54	
319	110	ADRIAN	RISDALL	M 45 - 49	32ND			11:35	2:40	50:34	1:52	26:15	1:32:58	
320	64	SIMON	BADLEY	M 45 - 49	33RD			10:14	3:19	56:00	0:49	22:51	1:33:15	
321	166	DANIEL	ROSSINGTON	M 25 - 29	35TH			8:03	2:17	52:52	0:58	29:06	1:33:18	
322	125	TRACY	PARKER	F 35 - 39	8TH	DAVID LLOYD BURTON WATERS		8:24	2:28	57:13	1:25	23:57	1:33:29	
323	62	DALE	ELLWOOD	M 35 - 39	49TH			13:00	2:26	49:36	1:55	26:31	1:33:29	
324	84	KAY	WALKER	F 30 - 34	12TH			10:08	1:56	54:06	1:38	25:49	1:33:38	
325	126	JAY	STOCKS	F 40 - 44	9TH	SHEFFIELD TRI		9:50	1:32	54:08	1:25	26:45	1:33:43	
327	174	JANE	CROSBY	F 45 - 49	3RD			9:11	1:44	53:21	1:33	28:02	1:33:53	
326	10	THOMAS	ROBINSON	M 25 - 29	36TH	LINCOLN TRI		9:06	2:13	55:37	1:12	25:44	1:33:53	
329	152	SIMON	WEATHERILL	M 40 - 44	63RD	DYNAMIQUE GYM		9:30	2:24	54:40	1:04	26:14	1:33:55	
328	153	MARK	FORSHAW	M 45 - 49	34TH			10:19	3:13	52:30	2:01	25:49	1:33:55	
330	150	DEBORAH	KERRY	F 30 - 34	13TH			9:09	1:31	56:32	1:12	25:48	1:34:14	
331	112	MIKE	JONES	M 30 - 34	41ST	TORO CSC		9:19	3:06	51:51	1:37	28:19	1:34:14	
332	433	AIDEN	HAMILTON	M 30 - 34	42ND			8:12	1:45	53:36	1:17	29:23	1:34:15	
333	342	JAYNE	WOODS	F 35 - 39	9TH	ABSOLUTE TRI		8:07	2:12	52:48	3:04	28:04	1:34:18	
334	212	RAY	BLACK	M 40 - 44	64TH			8:19	2:19	53:44	2:05	27:50	1:34:18	
335	161	PAUL	HORTON	TEAM	4TH	LINCOLN TRI	TEAM HORTON	13:01	0:53	45:59	0:45	33:46	1:34:26	
337	390	NICOLA	GOY	F 35 - 39	10TH	PACTRAC		8:09	1:49	55:50	1:15	27:30	1:34:34	
336	106	STEVE	ROBINSON	M 50 - 54	22ND			9:11	2:53	52:35	1:23	28:29	1:34:34	
338	250	ANDREW	DIXON	M 45 - 49	35TH			9:04	1:32	50:58	1:42	31:20	1:34:39	
339	182	PAUL	JOHNSON	M 25 - 29	37TH	GRIMSBY TRI		9:27	1:33	59:35	0:43	23:23	1:34:43	
340	95	CHARLOTTE	WILLIAMSON	F 40 - 44	10TH	LINCOLN TRI		9:04	2:48	54:41	1:37	26:33	1:34:45	
342	119	JO	SUMMERS	F 30 - 34	14TH	BPL BASSETLAW TRI		10:00	2:42	55:04	0:51	26:11	1:34:50	
343	162	LOU	ELKINGTON	F 45 - 49	4TH			9:50	2:35	54:51	1:14	26:17	1:34:50	
341	100	STEVEN	BURKE	M 50 - 54	23RD			12:17	2:57	53:17	2:14	24:02	1:34:50	
344	39	PAUL	OSTRYZNIUK	M 25 - 29	38TH	LINCOLN WHEELERS		11:37	5:11	48:00	2:28	27:41	1:34:59	
345	21	NOEL	ADKINS	M 30 - 34	43RD			10:00	2:47	55:17	1:44	25:21	1:35:10	
346	187	DAVID	LEE	M 45 - 49	36TH			9:08	2:31				1:35:12	
347	132	PAULA	WHEATLEY	F 40 - 44	11TH	TFN		9:33	2:07	54:04	1:23	28:18	1:35:28	
348	25	ANTHONY	VICKERS	M 55 - 59	13TH			13:43	2:29	50:41	2:18	26:20	1:35:32	
349	154	PAUL	HART	M 45 - 49	37TH			13:05	1:34	51:00	2:23	27:34	1:35:38	
350	414	SANDIE	MARLOW	F 45 - 49	5TH	STAMFORD TRI		7:43	1:33	55:11	0:57	30:14	1:35:41	
351	103	ANTHONY	RILEY	M 55 - 59	14TH	SUTTON-IN-ASHFIELD HARRIERS		12:28	0:45	54:39	0:52	26:56	1:35:41	
352	140	SIMON	WILKINSON	M 35 - 39	50TH			7:55	2:05	57:41	0:54	27:14	1:35:52	
353	96	SHARON	KITCHEN	F 45 - 49	6TH			9:29	2:09	55:18	1:43	27:16	1:35:58	
354	196	FABIEN	BUREL	M 30 - 34	44TH			8:41	3:45	56:13	1:42	25:53	1:36:15	
355	79	ANDY	MCROBBIE	M 40 - 44	65TH			11:09	3:10	56:06	1:35	24:20	1:36:21	
356	34	ANTHONY	WOOD	M 40 - 44	66TH			13:55	2:56	52:57	2:03	24:34	1:36:27	
357	227	RUARY	EDMOND	M 35 - 39	51ST			9:42	1:42	59:03	2:01	24:37	1:37:07	
358	49	SIMON	GODSON	M 40 - 44	67TH			11:24	5:06	49:48	2:10	28:50	1:37:19	
359	127	TIM	OBHI	M 25 - 29	39TH			9:29	2:06	58:03	1:22	26:26	1:37:28	

TRIATHLON

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DAVID LLOYD LINCOLN TRIATHLON - PROVISIONAL RESULTS

RESULTS ENQUIRIES - STEVE@ONESTEPBEYOND.ORG.UK

360	13	JAMES	MILNES	M 40 - 44	68TH		13:30	5:08	49:20	2:30	27:11	1:37:41	
361	230	MURRAY	HOWITT	M 55 - 59	15TH		8:43	1:54	47:40	2:54	36:32	1:37:45	
363	29	LILY	BEAVEN	F 15 - 19	5TH		11:59	5:11	1:07:29	1:49	11:40	1:38:10	
362	148	IAN	BULLASS	M 40 - 44	69TH		10:05	2:05	56:04	0:56	28:59	1:38:10	
365	316	ALEXANDER	COOKE	M 15 - 19	6TH		9:07	2:46	59:59	1:12	25:07	1:38:12	
364	16	STEVE	NEEDHAM	M 60+	4TH	NOTFAST RC	14:26	3:05	50:59	0:51	28:48	1:38:12	
366	247	CHARLIE	FOSTER	M 40 - 44	70TH		13:18	1:22	54:48	1:23	25:34	1:38:27	2MIN DRAFTING
367	89	BRITTE	CAIRNS	F 35 - 39	11TH		8:38	2:16	59:22	0:55	27:30	1:38:43	
368	93	ANDREW	FOX	M 35 - 39	52ND		11:22	2:27	54:50	0:56	29:07	1:38:43	
369	51	DEAN	HUTCHINSON	M 35 - 39	53RD	RASEN RUGBY CLUB	11:17	2:41	52:56	1:17	30:31	1:38:44	
370	55	CHRIS	BELL	M 25 - 29	40TH		11:02	4:50	56:46	1:17	24:48	1:38:45	
371	253	CHARLES	BOARDMAN	M 45 - 49	38TH	GRIMSBY TRI	8:44	2:14	55:28	2:21	29:58	1:38:46	
372	107	CLAIRE	TOMLINSON	F 25 - 29	7TH	LONDON FIELDS	9:16	4:22	56:55	1:59	26:14	1:38:49	
373	160	PAUL	DUNCAN	M 60+	5TH	DUNSTON DUCKS	11:10	3:54	52:56	1:32	29:22	1:38:56	
374	129	MARTIN	BARRACLOUGH	M 25 - 29	41ST		9:53	2:43	58:17	2:03	26:02	1:39:00	
375	43	ANDREW	TODD	M 30 - 34	45TH		11:14	3:10	1:00:54	1:14	22:39	1:39:13	
376	101	LAURIE	COHEN	F 50+	2ND		9:36	2:50	59:36	2:09	25:02	1:39:15	
377	57	STEVE	BREWER	M 35 - 39	54TH		11:46	4:10	53:38	2:09	27:40	1:39:24	
378	76	NICK	HILLDRITH	M 45 - 49	39TH	DAVID LLOYD BURTON WATERS	12:04	3:27	51:35	2:20	30:11	1:39:39	
379	155	MICHELLE	HARDY	F 40 - 44	12TH		8:54	2:35	1:00:58	1:02	26:28	1:39:59	
380	228	SARAH	TABERNER	F 35 - 39	12TH		8:52	3:06	59:39	2:26	26:10	1:40:14	
381	186	JACQUI	GRAY	F 35 - 39	13TH	LINCOLN TRI	8:47	2:33	59:28	1:18	28:12	1:40:19	
382	19	STEVEN	CLAPTON	M 25 - 29	42ND		11:20	4:50	56:31	2:36	25:04	1:40:23	
383	20	GRAHAM	GLOSSOP	M 25 - 29	43RD		11:57	3:29	57:07	0:44	27:12	1:40:31	
385	33	ANDY	KING	M 40 - 44	71ST		11:40	4:16	55:32	1:01	28:10	1:40:40	
384	67	RUSSELL	JONES	M 50 - 54	24TH		11:39	2:52	56:17	1:06	28:44	1:40:40	
386	131	ROBERTA	BILLINGSLEY	F 40 - 44	13TH	LINCOLN TRI	10:22	4:11	46:22	13:23	26:29	1:40:49	
387	56	MATTHEW	MACDONALD	M 30 - 34	46TH		12:10	5:55	53:47	2:33	26:31	1:40:59	
388	220	RORY	UNDERWOOD	M 45 - 49	40TH		8:56	1:19	59:07	1:22	30:26	1:41:12	
389	438	ROSALIND	COOPER	F 15 - 19	6TH		7:44	1:14	1:03:43	0:55	27:41	1:41:19	
390	66	ELAINE	ATKINSON	F 40 - 44	14TH		10:42	3:32	57:31	2:10	28:00	1:41:57	
391	111	DANIEL	COLE	M 30 - 34	47TH		9:36	1:58	58:23	1:11	31:08	1:42:19	
392	151	IAN	POWIS	M 40 - 44	72ND		11:09	3:21	55:12	2:25	30:16	1:42:26	
393	7	MIKE	TAYLOR	M 45 - 49	41ST		16:01	0:58	56:01	0:45	28:40	1:42:26	
394	46	GRAEME	TWELL	M 50 - 54	25TH		9:54	3:23	1:00:52	1:24	26:57	1:42:30	
395	23	SAMANTHA	ILIFFE	F 25 - 29	8TH		11:29	4:04	1:03:10	1:27	22:21	1:42:33	
396	402	LAUREN	DULSON	F 20 - 24	7TH		8:07	2:48	1:00:48	1:15	30:06	1:43:07	
397	11	SARAH	MORGAN	F 25 - 29	9TH		9:35	4:04	58:37	1:33	29:26	1:43:18	
398	86	CAMERON	JACKSON	M 25 - 29	44TH		11:01	3:19	1:01:23	1:06	26:59	1:43:49	
399	26	MICHAEL	BIRD	M 55 - 59	16TH	MANSFIELD TRI	13:22	2:57	56:34	2:01	29:10	1:44:06	
400	324	KATHERINE	SMITH	F 30 - 34	15TH		8:31	3:26	1:02:23	1:50	28:12	1:44:23	
401	41	FAYE	BOWSER	F 25 - 29	10TH		12:43	3:13	59:34	1:29	27:45	1:44:46	
402	69	JUSTIN	HACKNEY	M 40 - 44	73RD		12:15	2:22	1:01:59	2:15	26:20	1:45:12	
403	251	ROB	BEATON	M 45 - 49	42ND		10:42	3:11	1:00:08	2:03	29:12	1:45:18	
404	61	SIMON	EAST	M 35 - 39	55TH		12:58	4:23	56:18	2:02	29:39	1:45:22	

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RESULTS ENQUIRIES - STEVE@ONESTEPBEYOND.ORG.UK

405	75	JOHN	DUNNE	M 45 - 49	43RD	MANSFIELD TRI		11:09	2:38	54:58	2:04	34:48	1:45:39	
406	99	ANDREW	SKINNER	M 50 - 54	26TH			9:41	3:14	56:22	3:13	33:17	1:45:49	
407	133	HENRY	REYNOLDS	M 30 - 34	48TH			12:16	4:18	58:50	2:20	28:44	1:46:31	
408	120	BERNARDINE	HARRISON	F 35 - 39	14TH			10:05	2:58	1:03:06	1:40	28:56	1:46:48	
409	8	PAUL	AMPHLETT	M 30 - 34	49TH			10:15	3:28	1:00:38	1:16	31:09	1:46:48	
410	90	LINDSEY	STUART	F 40 - 44	15TH			11:33	1:36	1:03:21	1:20	29:25	1:47:18	
411	137	ZOE	JONES	F 45 - 49	7TH	MANSFIELD TRI		10:06	3:16	59:20	1:38	33:19	1:47:41	
412	277	ROBERT	CAWDRON	M 45 - 49	44TH	TFN TRI		9:13	1:25	56:53	2:38	37:31	1:47:41	
413	432	HANNAH	NICKLIN	F 25 - 29	11TH			7:15	4:03	1:07:58	2:45	25:41	1:47:42	
414	4	SAM	NUTTER	M 25 - 29	45TH			10:46	3:23	1:04:17	1:02	28:42	1:48:12	
415	30	TINA	GEE	F 50+	3RD			12:45	3:21	1:02:15	2:22	27:32	1:48:17	
416	178	BRIAN	TODD	M 60+	6TH			10:46	2:09	54:32	2:14	39:28	1:49:11	
417	72	JULIE	WILSON	F 45 - 49	8TH			10:16	2:38	1:05:51	1:09	29:25	1:49:20	
418	82	TOM	BRIGGS	M 25 - 29	46TH			13:53	3:42	1:01:12	2:13	28:26	1:49:28	
419	267	MARK	MOTLEY	M 50 - 54	27TH			8:31	4:30	1:00:51	2:30	33:53	1:50:17	
420	188	IAN	DENNANT	M 20 - 24	15TH			10:20	2:03	1:12:26	0:54	24:37	1:50:22	
421	183	KEVIN	IRELAND	M 35 - 39	56TH			9:42	3:47	1:01:16	2:40	33:00	1:50:27	
422	42	SIOBHAN	HUGHES	F 40 - 44	16TH	GI TRI AND TRAC		10:47	3:16	1:05:58	1:26	29:03	1:50:32	
423	38	ALLEN	ROBERTS	M 45 - 49	45TH			13:57	3:11	1:00:50	1:15	31:39	1:50:55	
424	24	RACHEL	DILLON	F 45 - 49	9TH			11:14	3:09	1:05:58	1:28	29:05	1:50:56	
425	83	TANYA	ROSTRON	F 45 - 49	10TH			10:53	2:13	1:05:09	1:14	31:37	1:51:07	
426	14	MICHAEL	JONES	M 25 - 29	47TH			14:52	1:21	1:02:57	1:14	32:16	1:52:42	
427	113	AMERICA	AGUILERA	F 25 - 29	12TH	LINCOLN TRI		10:30	4:16	1:05:21	1:25	31:30	1:53:04	
428	9	GEOFFREY	CLARK	M 60+	7TH	RAMSEY RR		17:51	2:55	1:04:35	1:32	26:37	1:53:31	
429	204	ANNA	SMITH - CLARE	F 25 - 29	13TH			9:22	2:21	1:08:18	2:00	31:39	1:53:42	
430	156	JANE	CARRINGTON	F 40 - 44	17TH	NO LIMITS RUNNING AND TRI		8:01	1:56	1:02:18	1:38	39:53	1:53:48	
431	71	SHARON	KIRBY	F 40 - 44	18TH			12:13	2:13	1:01:19	2:00	36:09	1:53:56	
432	17	JANETTE	AMPHLETT	F 50+	4TH			12:47	5:02	1:01:40	1:41	33:14	1:54:26	
433	12	MICHELLE	KEMP	F 45 - 49	11TH			11:49	3:40	1:01:13	2:14	35:55	1:54:53	
434	27	TOM	TURTON	M 60+	8TH			11:41	6:02	1:06:08	1:25	29:40	1:54:58	
435	53	HAYLEY	FOX	F 35 - 39	15TH	LINCOLN WELLINGTON AC		16:56	1:23	1:09:42	1:22	27:56	1:57:20	
436	5	ELA	LISOWSKA	F 30 - 34	16TH			13:30	1:22	1:13:34	1:16	28:24	1:58:08	
437	15	BRIAN	JONES	M 50 - 54	28TH			14:31	2:15	1:07:51	1:03	32:32	1:58:13	
438	18	JENNIFER	HOLLINGWORTH	F 30 - 34	17TH			12:46	2:30	1:09:15	1:28	32:28	1:58:28	
439	47	HEATHER	WOODS	F 40 - 44	19TH			12:00	3:56	1:07:55	2:53	34:30	2:01:15	
440	77	PAULA	ROTHERAM	F 45 - 49	12TH			9:40	2:34	1:15:40	2:18	33:37	2:03:51	
441	35	ANNA	FRANCIS	F 20 - 24	8TH	DAVID LLOYD BURTON WATERS		13:14	7:02	1:06:06	2:27	36:54	2:05:44	
442	6	JANE	HOLLOWOOD	F 50+	5TH			16:36	2:13	1:15:02	2:02	31:27	2:07:22	
443	65	ANNA	TERRY	F 40 - 44	20TH			11:21	2:36	1:30:58	1:18	30:55	2:17:10	
444	144	KATHERINE	ANDREWS	F 25 - 29	14TH	DUNSTON DUCKS		9:45	3:10	1:24:35	1:28	50:57	2:29:57	