

DAVID LLOYD LINCOLN SPRINT TRIATHLON

Provisional Results 2010

Pos	Cat	Name	Surname	Age	Swim	T1	Cycle	T2	Run	Finish
1	1	Mark	Redwood	M 35 - 39	00:05:36	00:01:07	00:35:53	00:00:44	00:16:40	01:00:02
2	1	Steven	Paley	M 30 - 34	00:05:53	00:01:02	00:37:14	00:00:47	00:17:49	01:02:48
3	1	Rich	Sumpter	M 25 - 29	00:06:16	00:01:01	00:38:45	00:00:44	00:16:31	01:03:21
4	2	Ian	Smith	M 30 - 34	00:05:26	00:00:58	00:38:49	00:01:29	00:16:59	01:03:45
5	1	Oliver	Dixon	M UNDER 20	00:05:49	00:01:07	00:38:30	00:00:50	00:17:41	01:04:01
6	2	Greg	Cherry	M 25 - 29	00:04:56	00:01:03	00:40:07	00:00:42	00:17:18	01:04:09
7	3	Gordon	Irvine	M 30 - 34	00:07:07	00:01:12	00:38:04	00:01:29	00:16:21	01:04:16
8	1	Steven	Wigglesworth	M 45 - 49	00:06:25	00:01:19	00:37:30	00:01:03	00:18:41	01:05:01
9	3	Jonathon	Riall	M 25 - 29	00:05:49	00:00:59	00:39:38	00:01:01	00:17:44	01:05:15
10	1	Chris	Pratt	M 20 - 24	00:05:46	00:01:08	00:39:34	00:01:02	00:17:54	01:05:26
11	2	Steve	Butler	M 45 - 49	00:06:46	00:01:13	00:38:22	00:01:01	00:18:30	01:05:55
12	2	Kyle	Campbell	M 35 - 39	00:06:27	00:01:10	00:39:20	00:01:00	00:18:01	01:05:59
13	3	Paul	Searson	M 35 - 39	00:06:56	00:01:17	00:38:12	00:01:00	00:20:01	01:07:29
14	4	Gavin	Hodgson	M 30 - 34	00:06:50	00:01:03	00:40:52	00:00:46	00:18:15	01:07:49
15	2	Jack	Hall	M UNDER 20	00:05:23	00:00:56	00:42:35	00:00:52	00:18:01	01:07:49
16	1	Mick	Oliver	M 40 - 44	00:06:22	00:01:27	00:39:56	00:00:53	00:19:31	01:08:12
17	4	Alan	Wheeler	M 35 - 39	00:08:47	00:01:29	00:39:39	00:00:50	00:17:54	01:08:42
18	3	Peter	Barnes	M 45 - 49	00:07:21	00:01:13	00:40:12	00:00:51	00:19:02	01:08:42
19	5	Roland	Evans	M 35 - 39	00:07:05	00:01:43	00:40:32	00:01:10	00:18:12	01:08:45
20	5	Mike	Masters	M 30 - 34	00:06:05	00:01:29	00:42:03	00:00:53	00:18:41	01:09:14
21	6	Andrew	Howarth	M 30 - 34	00:06:56	00:01:14	00:40:38	00:01:10	00:19:16	01:09:17
22	2	Alan	Leather	M 40 - 44	00:07:46	00:01:21	00:39:59	00:00:50	00:19:24	01:09:22
23	3	Dale	Norris	M 40 - 44	00:07:56	00:01:42	00:38:47	00:01:31	00:19:30	01:09:28
24	4	Chris	Hollis	M 40 - 44	00:07:10	00:01:07	00:41:08	00:00:58	00:19:25	01:09:50
25	6	Andrew	Powell	M 35 - 39	00:07:22	00:01:35	00:42:19	00:00:54	00:17:40	01:09:53
26	7	Adrian	Stott	M 35 - 39	00:07:03	00:01:40	00:39:28	00:01:15	00:20:36	01:10:05
27	5	Tim	Savage	M 40 - 44	00:08:34	00:01:30	00:40:44	00:00:59	00:18:18	01:10:08
28	8	Iain	Hamilton	M 35 - 39	00:05:42	00:02:03	00:42:14	00:01:13	00:19:10	01:10:26
29	9	David	Giles	M 35 - 39	00:05:39	00:01:19	00:41:51	00:00:56	00:21:01	01:10:49
30	10	Edward	Walters	M 35 - 39	00:07:15	00:01:34	00:38:14	00:01:33	00:22:10	01:10:50
31	6	Neil	Copland	M 40 - 44	00:07:24	00:01:31	00:40:55	00:01:17	00:19:54	01:11:03
32	4	Steve	Young	M 25 - 29	00:07:26	00:01:40	00:43:59	00:01:12	00:16:46	01:11:06
33	7	Damien	Shakespeare	M 30 - 34	00:07:24	00:01:43	00:42:11	00:01:03	00:18:43	01:11:08
34	11	Mark	Epton	M 35 - 39	00:08:27	00:01:49	00:39:43	00:01:13	00:20:05	01:11:20
35	7	Richard	Ellingworth	M 40 - 44	00:07:09	00:02:58	00:42:02	00:03:06	00:16:10	01:11:27
36	5	Josh	Todd	M 25 - 29	00:07:18	00:01:47	00:41:43	00:01:33	00:19:09	01:11:34
37	8	Simon	Oldacre	M 40 - 44	00:07:46	00:01:21	00:41:50	00:00:58	00:20:03	01:12:00
38	9	Jeremy	Nicholson	M 40 - 44	00:07:39	00:01:38	00:39:52	00:01:32	00:21:17	01:12:00
39	6	Jon	Henderson	M 25 - 29	00:06:39	00:01:28	00:45:16	00:00:54	00:17:41	01:12:01
40	4	Sandy	Telfer	M 45 - 49	00:06:51	00:01:39	00:43:50	00:00:59	00:18:40	01:12:03
41	5	Scott	Slorach	M 45 - 49	00:06:47	00:01:44	00:42:40	00:01:12	00:20:03	01:12:29
42	6	Carl	Groves	M 45 - 49	00:07:14	00:02:06	00:41:35	00:01:55	00:19:38	01:12:31
43	10	Patrick	Garry	M 40 - 44	00:06:47	00:02:01	00:42:40	00:01:06	00:20:03	01:12:39
44	7	Steve	Saunders	M 45 - 49	00:08:40	00:01:01	00:43:56	00:01:13	00:17:53	01:12:45
45	1	Michael	Staines	M 50 - 54	00:07:34	00:01:56	00:41:23	00:01:12	00:20:38	01:12:46
46	12	Adam	Carney	M 35 - 39	00:07:23	00:01:37	00:44:16	00:01:03	00:18:31	01:12:53
47	13	Shaun	Robinson	M 35 - 39	00:08:27	00:01:46	00:40:41	00:01:36	00:20:30	01:13:02
48	7	Neil	Stevens	M 25 - 29	00:06:57	00:01:14	00:44:42	00:01:01	00:19:06	01:13:03
49	11	Julian	Beavis	M 40 - 44	00:09:12	00:01:53	00:43:31	00:01:21	00:17:17	01:13:17

DAVID LLOYD LINCOLN SPRINT TRIATHLON

Provisional Results 2010

50	14	Pete	Walton	M 35 - 39	00:07:23	00:01:34	00:43:14	00:01:43	00:19:41	01:13:37
51	3	Jason	Crookes	M UNDER 20	00:06:53	00:01:07	00:45:01	00:00:48	00:19:51	01:13:41
52	2	Jonathan	Collins	M 50 - 54	00:07:06	00:01:35	00:44:10	00:01:07	00:19:42	01:13:44
53	1	Sarah	Haslam	F 45 - 49	00:07:30	00:01:46	00:45:57	00:01:27	00:17:15	01:13:59
54	8	Russell	Newmarch	M 30 - 34	00:06:25	00:01:49	00:42:39	00:01:11	00:21:56	01:14:04
55	15	Simon	Allen	M 35 - 39	00:07:47	00:01:18	00:42:49	00:01:03	00:21:06	01:14:07
56	2	Leon	Sheldon	M 20 - 24	00:05:39	00:02:02	00:43:59	00:01:09	00:21:20	01:14:12
57	12	Tim	Turner	M 40 - 44	00:08:11	00:01:59	00:42:28	00:01:14	00:20:31	01:14:24
58	8	Nigel	Leaker	M 45 - 49	00:07:04	00:02:07	00:42:52	00:02:04	00:20:26	01:14:35
59	16	Brian	Corcoran	M 35 - 39	00:06:47	00:01:44	00:46:00	00:01:05	00:19:06	01:14:46
60	8	Tom	Findlay	M 25 - 29	00:07:51	00:01:35	00:44:41	00:00:59	00:19:42	01:14:50
61	17	Nick	Bestwick	M 35 - 39	00:07:15	00:01:31	00:45:54	00:00:52	00:19:40	01:15:14
62	9	Marc	Fairclough	M 30 - 34	00:09:10	00:02:17	00:43:26	00:01:39	00:18:43	01:15:17
63	10	Kevin	Dean	M 30 - 34	00:08:46	00:01:46	00:44:13	00:01:38	00:18:55	01:15:22
64	9	Wayne	Kew	M 45 - 49	00:08:44	00:01:45	00:44:30	00:01:03	00:19:18	01:15:23
65	18	Chris	Spavin	M 35 - 39	00:08:31	00:01:34	00:42:33	00:01:09	00:21:43	01:15:33
66	1	Louise	Allen	F 30 - 34	00:07:38	00:01:32	00:43:49	00:00:58	00:21:35	01:15:34
67	11	Trevor	Allt	M 30 - 34	00:09:26	00:01:54	00:43:14	00:01:01	00:20:01	01:15:38
68	3	David	Pears	M 20 - 24	00:08:12	00:02:32	00:42:54	00:01:20	00:20:40	01:15:41
69	12	Paul	Charnock	M 30 - 34	00:08:09	00:01:51	00:45:25	00:01:02	00:19:17	01:15:46
70	19	David	Preston	M 35 - 39	00:07:22	00:01:37	00:45:14	00:01:28	00:20:19	01:16:02
71	10	Ashley	Chapman	M 45 - 49	00:07:25	00:01:44	00:45:32	00:01:14	00:20:07	01:16:05
72	13	Frazer	Mathias	M 30 - 34	00:07:50	00:03:05	00:43:11	00:02:43	00:19:16	01:16:08
73	13	Chris	Macdonald	M 40 - 44	00:06:21	00:01:31	00:45:36	00:01:15	00:21:21	01:16:08
74	14	Adam	Nicholson	M 30 - 34	00:05:11	00:01:11	00:47:59	00:01:14	00:20:32	01:16:10
75	20	Mark	Whitfield	M 35 - 39	00:07:28	00:01:53	00:46:41	00:01:00	00:19:12	01:16:16
76	9	Sam	Goodacre	M 25 - 29	00:07:31	00:01:26	00:46:05	00:01:08	00:20:08	01:16:20
77	1	Alan	Woodcock	M 55 - 59	00:08:03	00:01:59	00:45:11	00:01:27	00:19:38	01:16:21
78	10	Nicky	Butt	M 25 - 29	00:07:35	00:01:42	00:45:08	00:00:55	00:20:59	01:16:22
79	21	Eddie	Curry	M 35 - 39	00:07:10	00:01:17	00:45:44	00:01:03	00:21:17	01:16:34
80	1	Michelle	Wright	F 25 - 29	00:06:39	00:01:30	00:45:50	00:00:58	00:21:37	01:16:37
81	11	Glenn	Wilcox	M 45 - 49	00:07:57	00:02:58	00:45:01	00:01:51	00:18:54	01:16:43
82	12	Simon	Neve	M 45 - 49	00:07:52	00:02:20	00:43:40	00:01:32	00:21:19	01:16:46
83	1	Christine	Shouksmith	F 50 +	00:07:28	00:01:42	00:34:50	00:11:56	00:20:52	01:16:51
84	11	Thierry	Bessede	M 25 - 29	00:08:27	00:01:31	00:44:54	00:01:11	00:20:52	01:16:57
85	14	Lee	Wallhead	M 40 - 44	00:06:39	00:02:08	00:45:49	00:01:58	00:20:26	01:17:02
86	3	Kevin	Dunne	M 50 - 54	00:06:56	00:01:48	00:46:17	00:01:23	00:20:37	01:17:04
87	2	Dave	Miller	M 55 - 59	00:08:22	00:01:19	00:45:59	00:00:48	00:20:33	01:17:04
88	15	Adam	Round	M 30 - 34	00:08:14	00:01:51	00:43:32	00:01:18	00:22:09	01:17:07
89	4	Jeremy	Page	M 50 - 54	00:08:30	00:02:08	00:46:03	00:01:14	00:19:41	01:17:38
90	22	Nicholas	Appleyard	M 35 - 39	00:08:17	00:01:51	00:42:40	00:01:13	00:23:38	01:17:41
91	13	Simon	Fletcher	M 45 - 49	00:08:01	00:01:40	00:46:45	00:01:24	00:19:52	01:17:44
92	2	Rebecah	Taylor	F 30 - 34	00:06:52	00:02:04	00:45:56	00:01:05	00:21:45	01:17:45
93	23	Bill	Netcher	M 35 - 39	00:07:04	00:01:58	00:48:09	00:01:01	00:19:35	01:17:49
94	15	Samuel	Spencer	M 40 - 44	00:08:27	00:01:55	00:45:09	00:01:11	00:21:07	01:17:52
95	24	Pedro	Acha	M 35 - 39	00:09:04	00:02:06	00:47:05	00:01:01	00:18:40	01:17:59
96	25	Andrew	Clark	M 35 - 39	00:08:19	00:01:13	00:45:23	00:01:07	00:21:55	01:18:00
97	16	Christopher	Scarr	M 30 - 34	00:08:15	00:02:36	00:46:57	00:01:20	00:18:51	01:18:01
98	16	Simon	Wilkinson	M 40 - 44	00:09:31	00:02:23	00:43:27	00:02:02	00:20:53	01:18:18
99	5	Tom	Dalziel	M 50 - 54	00:09:46	00:01:42	00:42:52	00:02:10	00:21:53	01:18:26

DAVID LLOYD LINCOLN SPRINT TRIATHLON

Provisional Results 2010

100	17	John	Farmer	M 40 - 44	00:07:16	00:02:23	00:45:23	00:01:07	00:22:18	01:18:30
101	6	Bill	Haslam	M 50 - 54	00:09:36	00:01:52	00:44:14	00:01:18	00:21:30	01:18:32
102	17	Dwane	Donnor	M 30 - 34	00:10:12	00:02:16	00:44:32	00:02:02	00:19:34	01:18:38
103	18	Tim	Lupton	M 30 - 34	00:08:31	00:02:37	00:45:37	00:01:17	00:20:46	01:18:51
104	19	Steve	Mendes	M 30 - 34	00:08:58	00:01:31	00:46:44	00:02:27	00:19:13	01:18:56
105	18	Alan	Cook	M 40 - 44	00:07:22	00:01:37	00:45:17	00:01:13	00:23:27	01:18:59
106	12	Nick	Cotton	M 25 - 29	00:06:43	00:01:44	00:47:41	00:01:32	00:21:18	01:19:02
107	14	Mark	Rowley	M 45 - 49	00:07:16	00:02:48	00:44:54	00:02:10	00:21:57	01:19:08
108	26	Keith	Wynne	M 35 - 39	00:09:02	00:02:43	00:44:27	00:01:15	00:21:53	01:19:23
109	4	James	Wilson	M 20 - 24	00:07:43	00:02:21	00:48:08	00:01:19	00:19:52	01:19:26
110	1	John	Helliwell	M 60 +	00:09:33	00:01:39	00:45:47	00:01:29	00:21:00	01:19:31
111	27	Jason	Evershed	M 35 - 39	00:05:32	00:01:31	00:44:43	00:01:12	00:26:47	01:19:48
112	15	Darren	Bunker	M 45 - 49	00:11:18	00:01:37	00:42:01	00:01:07	00:23:48	01:19:54
113	16	Andrew	Humphrey	M 45 - 49	00:08:44	00:01:50	00:46:58	00:01:19	00:21:12	01:20:06
114	19	Rob	Walker	M 40 - 44	00:08:08	00:01:56	00:44:53	00:01:24	00:23:44	01:20:06
115	20	Iain	Taylor	M 30 - 34	00:07:30					01:20:08
116	28	Andrew	Tramaseur	M 35 - 39	00:09:27	00:01:58	00:46:59	00:01:39	00:20:06	01:20:12
117	1	Tara	Truman	F 35 - 39	00:07:08	00:01:33	00:48:01	00:01:07	00:22:22	01:20:13
118	13	Ashley	Hildred	M 25 - 29	00:07:17	00:02:10	00:49:42	00:02:00	00:19:02	01:20:13
119	20	Paul	Rose	M 40 - 44	00:08:21	00:02:27	00:46:18	00:01:35	00:21:35	01:20:18
120	1	Fiona	Bayes	TEAM	00:08:58	00:01:01	00:46:03	00:01:03	00:23:21	01:20:28
121	14	Chris	Martin	M 25 - 29	00:08:11	00:02:03	00:47:19	00:01:26	00:21:30	01:20:31
122	29	Simon	Beckett	M 35 - 39	00:07:29	00:02:31	00:48:54	00:01:27	00:20:10	01:20:34
123	15	Stewart	Gunthorpe	M 25 - 29	00:07:42	00:02:26	00:48:28	00:00:56	00:21:05	01:20:40
124	5	Edward	Johnson	M 20 - 24	00:08:28	00:02:04	00:47:00	00:01:29	00:21:38	01:20:41
125	1	Mel	Berry	F 40 - 44	00:06:31	00:01:46	00:47:15	00:01:19	00:23:48	01:20:42
126	30	Phil	Hewett	M 35 - 39	00:07:40	00:02:19	00:47:30	00:01:11	00:22:01	01:20:44
127	17	Gerry	Hyde	M 45 - 49	00:11:47	00:02:00	00:45:22	00:01:07	00:20:33	01:20:50
128	31	Ross	Taylor	M 35 - 39	00:09:42	00:02:07	00:46:58	00:01:10	00:21:05	01:21:05
129	2	Sue	Day	F 45 - 49	00:07:00	00:01:45	00:49:48	00:01:15	00:21:22	01:21:12
130	32	Matt	Greenhill	M 35 - 39	00:07:31	00:01:59	00:46:59	00:01:26	00:23:22	01:21:18
131	21	Andy	Barron	M 40 - 44	00:09:58	00:01:58	00:48:02	00:01:11	00:20:08	01:21:19
132	7	John	Williamson	M 50 - 54	00:09:09	00:02:39	00:46:10	00:01:24	00:21:57	01:21:21
133	21	Jason	Aspden	M 30 - 34	00:09:29	00:02:02	00:45:27	00:01:33	00:22:48	01:21:22
134	22	Adam	Bradley	M 40 - 44	00:08:27	00:02:20	00:47:19	00:01:37	00:21:44	01:21:29
135	2	Lauren	Hibbert	F 25 - 29	00:07:48	00:02:45	00:49:47	00:01:02	00:20:06	01:21:31
136	1	Katie	Cook	F UNDER 24	00:06:35	00:01:35	00:49:48	00:01:18	00:22:15	01:21:35
137	3	Andrea	Robinett	F 25 - 29	00:07:29	00:02:06	00:48:41	00:01:45	00:21:33	01:21:37
138	22	Daniel	Paternoster	M 30 - 34	00:07:04	00:01:38	00:46:56	00:01:16	00:24:44	01:21:41
139	18	Thomas	Whalen	M 45 - 49	00:08:55	00:02:12	00:44:43	00:01:44	00:24:04	01:21:42
140	33	Shane	Cook	M 35 - 39	00:06:25	00:02:15	00:46:34	00:02:12	00:24:14	01:21:42
141	19	Ian	Tyler	M 45 - 49	00:07:55	00:02:05	00:49:31	00:00:51	00:21:28	01:21:53
142	2	Karen	Brooks	F 50 +	00:08:31	00:02:21	00:42:40	00:01:44	00:26:35	01:21:53
143	34	Chris	Wilson	M 35 - 39	00:08:00	00:01:58	00:47:37	00:01:11	00:23:06	01:21:55
144	23	Kayne	Rukas	M 30 - 34	00:08:37	00:02:39	00:47:54	00:01:16	00:21:31	01:21:59
145	4	Liam	Doyle	M UNDER 20	00:06:48	00:01:52	00:48:35	00:02:36	00:22:15	01:22:08
146	2	Trevor	Pick	TEAM	00:09:41	00:01:15	00:46:36	00:00:56	00:23:40	01:22:10
147	6	David	Kemp	M 20 - 24	00:08:07	00:02:23	00:45:23	00:01:49	00:24:27	01:22:12
148	7	Shaun	Dunn	M 20 - 24	00:09:33	00:01:59	00:49:42	00:01:05	00:20:02	01:22:23
149	8	Steve	Cooper	M 50 - 54	00:08:36	00:02:16	00:46:17	00:01:38	00:23:38	01:22:26

DAVID LLOYD LINCOLN SPRINT TRIATHLON

Provisional Results 2010

150	2	John	Royston	M 60 +	00:10:23	00:02:01				01:22:37
151	3	Jan	Johnson	F 50 +	00:08:25	00:01:27	00:47:01	00:01:35	00:24:06	01:22:38
152	3	Kelly	Hill	F 30 - 34	00:08:34	00:02:13	00:49:09	00:00:57	00:21:44	01:22:40
153	4	Caroline	Evans	F 30 - 34	00:07:22	00:01:57	00:48:38	00:01:17	00:23:24	01:22:42
154	35	Mark	Mcquaid	M 35 - 39	00:09:06	00:02:23	00:48:34	00:01:34	00:21:03	01:22:43
155	9	Roland	Stevens	M 50 - 54	00:08:11	00:02:44	00:48:37	00:01:49	00:21:22	01:22:45
156	10	Ian	Clarke	M 50 - 54	00:08:27	00:01:41	00:47:43	00:01:41	00:23:17	01:22:52
157	20	Andy	Bennett	M 45 - 49	00:09:29	00:02:00	00:48:45	00:01:17	00:21:30	01:23:03
158	23	Mark	Oldfield	M 40 - 44	00:08:37	00:01:28	00:48:47	00:01:30	00:22:43	01:23:07
159	2	Lorraine	Garvey	F 35 - 39	00:08:46	00:02:01	00:45:17	00:01:18	00:25:45	01:23:08
160	16	Denis	Kovalyov	M 25 - 29	00:08:45	00:02:25	00:47:33	00:01:18	00:23:09	01:23:14
161	36	Doug	Wing	M 35 - 39	00:11:12	00:02:20	00:47:15	00:02:06	00:20:28	01:23:24
162	4	Amy	Handford	F 25 - 29	00:07:50	00:02:15	00:49:29	00:01:10	00:22:37	01:23:24
163	3	Emma	Worrell	F 35 - 39	00:07:05	00:02:11	00:50:11	00:01:15	00:22:47	01:23:32
164	8	Adrian	Monk	M 20 - 24	00:07:29	00:02:00	00:49:25	00:01:30	00:23:06	01:23:32
165	17	James	Corlett	M 25 - 29	00:08:36	00:02:07	00:49:50	00:01:13	00:21:48	01:23:36
166	24	David	Ramsbottom	M 40 - 44	00:08:05	00:02:09	00:47:43	00:01:43	00:24:03	01:23:45
167	18	Matt	Densham	M 25 - 29	00:09:31	00:02:01	00:48:25	00:01:15	00:22:33	01:23:48
168	37	Tom	Isherwood	M 35 - 39	00:08:32	00:02:36	00:45:59	00:01:35	00:25:03	01:23:49
169	38	Andrew	Marsden	M 35 - 39	00:07:50	00:02:21	00:49:42	00:02:49	00:21:06	01:23:51
170	24	Mark	Haseman	M 30 - 34	00:08:08	00:01:55	00:50:24	00:01:22	00:22:02	01:23:54
171	3	Andy	Webb	M 55 - 59	00:09:50	00:02:26	00:48:01	00:01:14	00:22:21	01:23:55
172	11	Richard	Baugh	M 50 - 54	00:09:44	00:02:02	00:47:21	00:01:29	00:23:31	01:24:10
173	19	Shaun	Round	M 25 - 29	00:08:30	00:01:48	00:50:57	00:01:15	00:21:36	01:24:10
174	12	John	Gladman	M 50 - 54	00:07:45	00:02:13	00:50:15	00:01:41	00:22:14	01:24:11
175	9	Gregor	Trippett	M 20 - 24	00:07:11	00:02:10	00:50:36	00:00:54	00:23:17	01:24:12
176	13	Stephen	Crookes	M 50 - 54	00:09:33	00:01:42	00:48:17	00:01:15	00:23:26	01:24:17
177	25	Mark	Hopkisson	M 40 - 44	00:06:19	00:01:59	00:50:50	00:00:54	00:24:11	01:24:17
178	21	Neil	Cavill	M 45 - 49	00:10:18	00:02:23	00:48:53	00:01:35	00:21:13	01:24:25
179	26	Pradeep	Verma	M 40 - 44	00:07:57	00:01:53	00:49:51	00:02:05	00:22:42	01:24:32
180	39	Richard	Hunter	M 35 - 39	00:08:19	00:01:56	00:51:57	00:01:13	00:21:18	01:24:46
181	27	Martin	Jessop	M 40 - 44	00:08:22	00:02:17	00:50:43	00:01:01	00:22:22	01:24:46
182	40	Martin	Scott	M 35 - 39	00:09:45	00:02:31	00:49:57	00:01:11	00:21:21	01:24:47
183	4	Richard	Smalley	M 55 - 59	00:09:27	00:02:41	00:47:11	00:01:10	00:24:18	01:24:50
184	41	Mark	Craven	M 35 - 39	00:08:14	00:02:02	00:51:08	00:01:35	00:21:48	01:24:50
185	2	Alison	Betts	F 40 - 44	00:07:06	00:01:46	00:51:30	00:01:23	00:23:03	01:24:50
186	22	Mike	Green	M 45 - 49	00:09:45	00:02:50	00:47:28	00:01:42	00:23:17	01:25:05
187	42	Paul	Newell	M 35 - 39	00:09:23	00:03:30	00:48:23	00:01:48	00:22:02	01:25:09
188	43	Christopher	Hyde	M 35 - 39	00:08:00	00:02:38	00:51:58	00:00:57	00:21:44	01:25:20
189	44	Matthew	Boyman	M 35 - 39	00:07:59	00:02:28	00:49:56	00:01:35	00:23:24	01:25:24
190	4	Sarah	Bentley	F 50 +	00:07:40	00:02:02	00:50:09	00:01:30	00:24:02	01:25:25
191	3	Jodie	Hopkisson	F 40 - 44	00:06:39	00:02:07	00:51:02	00:01:01	00:24:34	01:25:26
192	45	Chris	Baker	M 35 - 39	00:07:57	00:02:51	00:48:35	00:01:24	00:24:37	01:25:27
193	5	Jenny	Covey	F 50 +	00:08:37	00:01:29	00:49:51	00:01:29	00:24:03	01:25:31
194	14	Wayne	Clarke	M 50 - 54	00:09:29	00:02:33	00:48:34	00:01:35	00:23:35	01:25:49
195	5	Nicky	Hill	F 30 - 34	00:08:03	00:01:39	00:51:11	00:01:10	00:23:44	01:25:51
196	46	Darren	Liddell	M 35 - 39	00:08:16	00:02:30	00:48:23	00:01:43	00:24:58	01:25:53
197	23	David	Eager	M 45 - 49	00:09:32	00:01:53	00:47:44	00:01:27	00:25:14	01:25:54
198	2	Sara	Mickleburgh	F UNDER 24	00:07:53	00:02:30	00:53:28	00:00:55	00:21:05	01:25:55
199	4	Zakya	Saunderson	F 35 - 39	00:07:30	00:01:54	00:51:43	00:01:03	00:23:47	01:26:00

DAVID LLOYD LINCOLN SPRINT TRIATHLON

Provisional Results 2010

200	5	Georgina	Shaw	F 25 - 29	00:11:09	00:02:22	00:49:52	00:01:18	00:21:19	01:26:03
201	6	Jessica	Dobney	F 25 - 29	00:09:18	00:02:10	00:52:46	00:01:03	00:20:44	01:26:04
202	24	Steve	Hawkins	M 45 - 49	00:08:04	00:01:58	00:47:11	00:01:28	00:27:19	01:26:04
203	4	Maddy	Wilson	F 40 - 44	00:08:23	00:01:54	00:51:36	00:01:08	00:23:09	01:26:12
204	28	Paul	Shipley	M 40 - 44	00:07:46	00:02:37	00:52:15	00:02:39	00:20:57	01:26:17
205	5	Alison	Staines	F 35 - 39	00:09:13	00:02:26	00:51:03	00:01:20	00:22:15	01:26:19
206	29	Richard	Chapman	M 40 - 44	00:08:43	00:03:35	00:49:00	00:01:45	00:23:14	01:26:20
207	7	Gemma	Redfern	F 25 - 29	00:09:56	00:01:35	00:51:37	00:01:19	00:21:54	01:26:24
208	5	Digby	Sowerby	M UNDER 20	00:06:56	00:02:22	00:52:57	00:01:06	00:23:00	01:26:24
209	30	Ally	McMahon	M 40 - 44	00:10:28	00:02:21	00:51:21	00:01:06	00:21:10	01:26:28
210	6	Michelle	Yates	F 35 - 39	00:08:41	00:02:18	00:49:40	00:01:16	00:24:37	01:26:34
211	47	Rob	Gilfoyle	M 35 - 39	00:09:38	00:03:03	00:45:56	00:01:41	00:26:17	01:26:37
212	25	Roy	Jackson	M 45 - 49	00:07:21	00:01:45	00:51:51	00:01:12	00:24:30	01:26:42
213	25	Jon	Hardy	M 30 - 34	00:09:05	00:02:11	00:51:37	00:01:04	00:22:49	01:26:48
214	7	Liz	Fleuty	F 35 - 39	00:08:27	00:01:20	00:52:09	00:01:05	00:23:52	01:26:56
215	15	Vin	Newton	M 50 - 54	00:09:26	00:02:17	00:50:18	00:01:47	00:23:11	01:27:02
216	48	Alex	Cobb	M 35 - 39	00:08:45	00:02:25	00:50:53	00:01:43	00:23:18	01:27:07
217	5	Joanne	Shore	F 40 - 44	00:11:00	00:02:41	00:48:13	00:01:22	00:23:51	01:27:10
218	1	Stefan	Richards	NO D.O.B	00:07:05	00:02:36	00:53:29	00:00:56	00:23:03	01:27:11
219	20	Andy	Leeman	M 25 - 29	00:07:47	00:02:08	00:49:02	00:01:53	00:26:20	01:27:12
220	6	Sally	Moody	F 40 - 44	00:08:17	00:02:18	00:50:08	00:01:42	00:25:00	01:27:27
221	21	Scott	Oddy	M 25 - 29	00:08:04	00:02:18	00:48:48	00:01:35	00:26:44	01:27:31
222	49	Nicholas	O'malley	M 35 - 39	00:09:12	00:02:16	00:53:53	00:01:26	00:20:41	01:27:31
223	26	Mark	Wilson	M 45 - 49	00:09:07	00:01:47	00:54:57	00:00:54	00:20:47	01:27:35
224	27	Simon	Moss	M 45 - 49	00:10:32	00:02:47	00:49:39	00:01:13	00:23:27	01:27:40
225	28	Gavin	Ruler	M 45 - 49	00:11:25	00:02:51	00:55:05	00:01:27	00:16:57	01:27:47
226	6	Karen	Hames	F 50 +	00:09:44	00:02:17	00:49:44	00:02:21	00:23:40	01:27:48
227	29	David	Rhinds	M 45 - 49	00:11:44	00:02:59	00:48:17	00:02:02	00:22:47	01:27:51
228	8	Helen	Phillips	F 35 - 39	00:09:24	00:02:24	00:51:30	00:01:18	00:23:25	01:28:04
229	30	David	Harris	M 45 - 49	00:11:09	00:03:39	00:46:46	00:03:12	00:23:17	01:28:05
230	9	Debbie	Wilson	F 35 - 39	00:07:47	00:01:43	00:51:29	00:01:14	00:26:02	01:28:19
231	7	Samantha	"o,conner"	F 40 - 44	00:09:47	00:01:55	00:52:04	00:01:07	00:23:35	01:28:31
232	22	Keith	Cronin	M 25 - 29	00:11:22	00:02:22	00:53:30	00:01:17	00:20:06	01:28:40
233	31	Paul	Porter	M 40 - 44	00:10:38	00:02:26	00:53:21	00:01:10	00:21:04	01:28:42
234	32	John	Crowder	M 40 - 44	00:09:00	00:02:19	00:49:13	00:01:21	00:26:58	01:28:53
235	10	Sarah	Stott	F 35 - 39	00:08:41	00:02:23	00:52:28	00:01:39	00:23:40	01:28:53
236	16	Martin	Mcshane	M 50 - 54	00:09:59	00:02:18	00:49:16	00:02:42	00:24:38	01:28:55
237	6	James	Roark	M UNDER 20	00:06:07	00:01:54	00:56:26	00:01:16	00:23:11	01:28:56
238	8	Melanie	Hayes	F 40 - 44	00:11:47	00:02:32	00:50:16	00:02:53	00:21:32	01:29:03
239	31	James	Boulton	M 45 - 49	00:08:43	00:02:00	00:52:45	00:01:43	00:23:50	01:29:03
240	33	Christopher	Jones	M 40 - 44	00:09:05	00:03:04	00:49:21	00:01:34	00:26:03	01:29:10
241	9	Vanessa	Dillon	F 40 - 44	00:09:04	00:02:55	00:52:41	00:01:12	00:23:16	01:29:11
242	23	Pip	Polack	M 25 - 29	00:08:47	00:03:15	00:50:27	00:02:12	00:24:30	01:29:13
243	17	Ian	Filby	M 50 - 54	00:13:01	00:02:18	00:50:36	00:01:38	00:22:03	01:29:38
244	32	Stuart	Combridge	M 45 - 49	00:12:09	00:01:14	00:50:55	00:01:01	00:24:17	01:29:39
245	33	David	Barnett	M 45 - 49	00:10:05	00:02:19	00:52:30	00:02:02	00:22:42	01:29:40
246	34	Tony	Moran	M 45 - 49	00:08:05	00:02:38	00:56:13	00:01:37	00:21:03	01:29:40
247	34	Arnout	Andrews	M 40 - 44	00:10:16	00:03:05	00:48:58	00:01:34	00:25:56	01:29:52
248	50	Jody	Leggate	M 35 - 39	00:11:28	00:02:36	00:50:49	00:02:59	00:22:10	01:30:04
249	8	Zoe	Tristram	F 25 - 29	00:08:35	00:02:08	00:55:06	00:00:54	00:23:27	01:30:12

DAVID LLOYD LINCOLN SPRINT TRIATHLON

Provisional Results 2010

250	26	Neil	Eatherington	M 30 - 34	00:09:01	00:01:59	00:53:46	00:01:36	00:23:51	01:30:17
251	27	Neil	Clarke	M 30 - 34	00:07:17	00:03:29	00:52:35	00:01:47	00:25:23	01:30:35
252	35	Paul	Stimpson	M 45 - 49	00:10:18	00:03:36	00:52:07	00:01:22	00:23:10	01:30:36
253	51	Simon	Wilkinson	M 35 - 39	00:14:01	00:01:36	00:52:24	00:00:51	00:21:48	01:30:43
254	3	Katy	Johnson	F UNDER 24	00:08:02	00:02:18	01:00:33	00:00:51	00:18:58	01:30:44
255	10	Julie	Kitchen	F 40 - 44	00:08:13	00:01:45	00:56:01	00:01:13	00:23:43	01:30:57
256	18	Nicholas	Humphry	M 50 - 54	00:09:13	00:02:33	00:52:19	00:01:38	00:25:12	01:30:58
257	24	Parminder	Dhillon	M 25 - 29	00:13:57	00:02:30	00:50:34	00:01:24	00:22:36	01:31:03
258	6	Charlotte	Wrigley	F 30 - 34	00:09:16	00:02:04	00:52:54	00:01:14	00:25:36	01:31:07
259	35	Barry	Brown	M 40 - 44	00:09:52	00:03:41	00:53:22	00:01:18	00:22:53	01:31:09
260	19	Ian	Leatherland	M 50 - 54	00:09:54	00:02:38	00:55:21	00:00:55	00:22:33	01:31:23
261	36	Peter	Reeve	M 40 - 44	00:09:09	00:02:35	00:51:46	00:01:05	00:26:54	01:31:31
262	37	Jason	Stevens	M 40 - 44	00:08:45	00:03:29	00:52:24	00:01:13	00:25:43	01:31:37
263	11	Hannah	Moorhouse	F 35 - 39	00:11:01	00:02:07	00:51:32	00:01:51	00:25:14	01:31:48
264	7	Alison	Mccoy	F 50 +	00:11:08	00:02:41	00:53:51	00:01:22	00:22:49	01:31:53
265	38	Ray	Black	M 40 - 44	00:09:05	00:02:35	00:51:22	00:02:03	00:26:51	01:31:57
266	52	Simon	Gray	M 35 - 39	00:08:18	00:03:04	00:59:16	00:01:19	00:20:03	01:32:02
267	36	Tim	Fletcher	M 45 - 49	00:08:22	00:02:32	00:53:37	00:02:21	00:25:09	01:32:04
268	12	Helen	Streets	F 35 - 39	00:10:20	00:02:58	00:53:22	00:01:32	00:23:51	01:32:06
269	20	Carl	Pepper	M 50 - 54	00:10:26	00:03:16	00:51:03	00:01:55	00:25:30	01:32:12
270	28	Neil	Corry	M 30 - 34	00:11:42	00:03:40	00:49:37	00:03:28	00:23:43	01:32:13
271	37	Rory	Underwood	M 45 - 49	00:08:33	00:02:04	00:53:26	00:01:40	00:26:27	01:32:14
272	3	Lynn	Guest	F 45 - 49	00:07:12	00:02:31	00:52:54	00:01:52	00:27:43	01:32:15
273	25	Peter	Blenkinsop	M 25 - 29	00:08:51	00:02:15	00:59:09	00:00:54	00:21:04	01:32:15
274	26	Andrew	Stevens	M 25 - 29	00:09:41	00:02:22	00:52:19	00:03:14	00:24:50	01:32:28
275	13	Carol	Aitchison	F 35 - 39	00:08:59	00:02:37	00:55:58	00:01:36	00:23:20	01:32:32
276	38	Roger	Hardy	M 45 - 49	00:11:03	00:02:44	00:53:12	00:01:31	00:24:07	01:32:40
277	27	Simon	Hall	M 25 - 29	00:12:07	00:04:28	00:48:24	00:03:36	00:24:05	01:32:42
278	39	Wayne	Jennings	M 40 - 44	00:10:39	00:02:20	00:52:19	00:02:32	00:25:12	01:33:04
279	53	Daniel	Newnham	M 35 - 39	00:09:59	00:02:52	00:52:03	00:01:27	00:26:57	01:33:20
280	39	Craig	Lord	M 45 - 49	00:08:59	00:03:00	00:53:55	00:02:53	00:24:36	01:33:25
281	4	Sarah	Tedford	F 45 - 49	00:10:37	00:03:04	00:52:48	00:02:00	00:25:00	01:33:32
282	54	Jason	Clout	M 35 - 39	00:11:26	00:03:15	00:49:32	00:03:15	00:26:04	01:33:35
283	40	David	Bennett	M 40 - 44	00:08:14	00:02:54	00:54:17	00:01:30	00:26:50	01:33:47
284	55	Michael	Jackson	M 35 - 39	00:10:10	00:02:44	00:51:59	00:02:35	00:26:25	01:33:56
285	11	Shelley	Anderson	F 40 - 44	00:09:18	00:01:46	00:52:42	00:01:31	00:28:39	01:33:59
286	21	Paul	Collier	M 50 - 54	00:09:29	00:02:11	00:57:53	00:01:00	00:23:35	01:34:10
287	41	Nicholas	Doyle	M 40 - 44	00:07:28	00:03:26	00:58:29	00:01:18	00:23:31	01:34:16
288	42	Alex	Hole	M 40 - 44	00:10:57	00:02:37	00:55:01	00:01:12	00:24:29	01:34:18
289	10	Matt	Steadman	M 20 - 24	00:09:22	00:02:24	01:00:54	00:01:23	00:20:12	01:34:18
290	3	Grant	Gibson	TEAM	00:12:39	00:01:30	00:48:22	00:01:00	00:30:51	01:34:24
291	56	Antonio	Colonna	M 35 - 39	00:12:25	00:03:39	00:53:08	00:01:25	00:23:48	01:34:28
292	28	Sam	Perkins	M 25 - 29	00:07:38	00:02:43	00:54:34	00:01:40	00:27:52	01:34:29
293	29	Rick	Tune	M 30 - 34	00:06:52	00:03:18	00:52:44	00:02:48	00:29:05	01:34:49
294	29	Stuart	Saunders	M 25 - 29	00:08:02	00:04:46	00:57:07	00:01:46	00:23:29	01:35:13
295	7	Craig	Brown	M UNDER 20	00:06:46	00:02:17	00:53:20	00:01:54	00:30:56	01:35:16
296	22	Stephen	Smith	M 50 - 54	00:09:48	00:02:41	00:51:27	00:01:22	00:30:04	01:35:23
297	30	Simon	Daley	M 25 - 29	00:10:10	00:03:48	00:58:54	00:02:49	00:19:42	01:35:26
298	5	Dave	Sahman	M 55 - 59	00:08:37	00:03:11	00:55:14	00:02:46	00:25:38	01:35:28
299	40	Rahoul	Subberwal	M 45 - 49	00:09:12	00:02:19	00:54:17	00:01:39	00:28:00	01:35:29

DAVID LLOYD LINCOLN SPRINT TRIATHLON

Provisional Results 2010

300	5	Emma	Maplethorpe	F 45 - 49	00:10:49	00:02:39	00:54:53	00:01:29	00:25:46	01:35:39
301	9	Hannah	Potter	F 25 - 29	00:09:35	00:02:49	00:54:38	00:01:47	00:26:53	01:35:45
302	57	Andrew	Howden	M 35 - 39	00:10:57	00:02:51	00:51:54	00:03:09	00:26:54	01:35:48
303	7	Katrina	Polack	F 30 - 34	00:11:39	00:03:00	00:56:39	00:01:10	00:23:59	01:36:29
304	6	Alison	Boardman	F 45 - 49	00:07:50	00:03:13	00:52:01	00:03:24	00:30:07	01:36:37
305	58	Steve	Parkin	M 35 - 39	00:12:42	00:02:44	00:57:17	00:00:57	00:23:04	01:36:47
306	8	Helen	Clarke	F 30 - 34	00:09:14	00:03:06	00:56:12	00:01:36	00:26:49	01:36:59
307	7	Ingrid	Haywood	F 45 - 49	00:08:45	00:03:27	01:00:51	00:01:26	00:22:34	01:37:06
308	4	Louise	Montgomery	TEAM	00:09:06	00:01:32	00:59:21	00:01:09	00:26:15	01:37:27
309	23	John	White	M 50 - 54	00:10:41	00:03:19	00:55:54	00:03:30	00:24:03	01:37:31
310	12	Caroline	Waterhouse	F 40 - 44	00:07:46	00:02:18	01:01:23	00:02:08	00:24:00	01:37:38
311	43	Adrian	Jackson	M 40 - 44	00:14:18	00:03:16	00:50:56	00:03:02	00:26:14	01:37:49
312	59	Ian	Kirk	M 35 - 39	00:13:01	00:04:14	00:55:58	00:03:53	00:20:59	01:38:07
313	9	Philippa	Harris	F 30 - 34	00:11:14	00:02:51	00:56:55	00:01:20	00:25:49	01:38:11
314	13	Paula	Wheatley	F 40 - 44	00:09:53	00:02:00	00:56:41	00:01:18	00:28:28	01:38:23
315	10	Kay	Walker	F 30 - 34	00:11:10	00:02:16	00:54:30	00:01:16	00:29:13	01:38:27
316	14	Vandra	Jackson	F 35 - 39	00:09:39	00:01:52	00:59:20	00:01:09	00:26:32	01:38:34
317	41	Ian	Scrimshaw	M 45 - 49	00:11:52	00:02:08	00:55:34	00:01:33	00:27:25	01:38:35
318	30	David	Paddison	M 30 - 34	00:12:58	00:03:27	00:58:24	00:01:27	00:22:22	01:38:41
319	44	William	Sowerby	M 40 - 44	00:07:19	00:02:26	01:03:13	00:02:14	00:23:26	01:38:42
320	45	Alun	Roberts	M 40 - 44	00:12:57	00:03:17	00:54:04	00:02:18	00:26:23	01:39:02
321	11	Guy	Tristram	M 20 - 24	00:08:48	00:03:08	01:01:03	00:01:21	00:24:39	01:39:02
322	6	Michael	Bird	M 55 - 59	00:13:21	00:04:01	00:53:19	00:02:30	00:25:57	01:39:11
323	5	Jacqueline	Gibson	TEAM	00:10:45	00:02:47	01:01:21	00:00:55	00:23:25	01:39:16
324	31	Rupert	Pearson	M 25 - 29	00:10:24	00:03:22	00:54:44	00:03:22	00:27:25	01:39:20
325	42	David	Ramsar	M 45 - 49	00:09:43	00:02:49	00:57:26	00:01:29	00:27:52	01:39:22
326	15	Linda	Rawlins	F 35 - 39	00:09:40	00:03:33	00:58:27	00:01:08	00:26:32	01:39:23
327	46	Jason	Kwee	M 40 - 44	00:10:45	00:03:07	00:55:27	00:01:59	00:28:08	01:39:29
328	43	Graham	Scott	M 45 - 49	00:12:15	00:02:07	00:58:38	00:01:19	00:25:12	01:39:35
329	16	Melanie	Wheeler	F 35 - 39	00:11:33	00:01:55	00:57:04	00:01:21	00:28:34	01:40:30
330	11	Stacey	Atkins	F 30 - 34	00:10:22	00:02:22	00:57:16	00:01:37	00:29:01	01:40:41
331	44	James	Saunders	M 45 - 49	00:09:01	00:04:41	00:54:20	00:02:53	00:30:30	01:41:28
332	17	Tracey	Lowton	F 35 - 39	00:09:20	00:02:48	01:02:10	00:01:17	00:26:42	01:42:20
333	12	Barry	Hann	M 20 - 24	00:10:52	00:03:29	00:58:59	00:02:30	00:26:45	01:42:38
334	18	Pippa	Cox	F 35 - 39	00:09:12	00:03:03	01:02:38	00:01:14	00:26:52	01:43:01
335	19	Emma	Wardle	F 35 - 39	00:09:19	00:03:55	00:58:23	00:03:46	00:27:36	01:43:02
336	12	Jacqui	Gray	F 30 - 34	00:08:37	00:02:29	01:02:12	00:02:01	00:28:19	01:43:41
337	14	Louise	Kirk	F 40 - 44	00:11:03	00:03:04	00:55:02	00:01:57	00:32:48	01:43:56
338	8	Mariea	Clarke	F 45 - 49	00:10:34	00:02:37	01:00:02	00:02:10	00:28:54	01:44:20
339	24	Paul	Findlay	M 50 - 54	00:12:18	00:03:09	00:59:36	00:01:50	00:27:58	01:44:53
340	47	Matthew	Bramley	M 40 - 44	00:10:11	00:03:36	01:07:56	00:01:35	00:21:33	01:44:53
341	8	Julie	Powis	F 50 +	00:14:16	00:02:35	01:02:54	00:01:32	00:24:33	01:45:53
342	31	John	Fellowes	M 30 - 34	00:08:48	00:02:45	01:07:02	00:01:50	00:25:49	01:46:17
343	10	Nina	Marshall	F 25 - 29	00:10:56	00:03:27	01:06:33	00:01:30	00:24:08	01:46:35
344	48	Andrew	Hopkin	M 40 - 44	00:09:23	00:04:07	01:08:49	00:01:56	00:22:29	01:46:46
345	3	Malcolm	Ray	M 60 +	00:10:37	00:02:43	00:56:32	00:01:36	00:35:23	01:46:53
346	7	Mark	Bamford	M 55 - 59	00:10:23	00:03:20	01:02:18	00:01:57	00:29:02	01:47:03
347	15	Michelle	Kemp	F 40 - 44	00:10:42	00:03:53	00:58:26	00:01:50	00:32:13	01:47:06
348	20	Kate	Melton	F 35 - 39	00:09:23	00:03:11	01:08:03	00:04:23	00:22:41	01:47:43
349	32	Sam	Magee	M 25 - 29	00:08:20	00:03:20	01:10:56	00:01:11	00:23:56	01:47:46

DAVID LLOYD LINCOLN SPRINT TRIATHLON

Provisional Results 2010

350	21	Michelle	Meakins	F 35 - 39	00:08:35	00:02:17	01:06:02	00:01:34	00:29:46	01:48:17
351	25	Norman	Pickup	M 50 - 54	00:10:47	00:05:14	01:00:38	00:01:26	00:30:58	01:49:04
352	45	Steve	Laing	M 45 - 49	00:11:28	00:04:15	01:03:51	00:01:36	00:27:57	01:49:10
353	9	Sue	Frost	F 45 - 49	00:12:39	00:04:07	01:00:26	00:03:05	00:28:56	01:49:15
354	13	Brittany	Fellowes	F 30 - 34	00:09:51	00:04:12	01:05:23	00:04:21	00:25:29	01:49:18
355	6	Sarah	Simpson	TEAM	00:08:23	00:01:13	01:05:48	00:01:00	00:33:06	01:49:33
356	33	Stuart	Humphries	M 25 - 29	00:12:05	00:03:51	01:09:20	00:01:55	00:22:37	01:49:51
357	32	Steven	Collier	M 30 - 34	00:09:55	00:02:26	01:10:57	00:01:13	00:25:34	01:50:08
358	16	Sharon	Kirby	F 40 - 44	00:13:03	00:02:18	01:00:56	00:01:24	00:33:26	01:51:09
359	14	Amanda	Garcia	F 30 - 34	00:12:22	00:01:58	01:03:36	00:01:01	00:32:46	01:51:46
360	33	Mark	Paddison	M 30 - 34	00:11:14	00:03:32	01:06:09	00:01:30	00:29:30	01:51:59
361	8	Geoffrey	Newmarch	M 55 - 59	00:10:11	00:03:16	01:10:27	00:02:39	00:25:42	01:52:17
362	22	Hayley	Ellis	F 35 - 39	00:09:01	00:03:24	01:11:50	00:01:45	00:27:09	01:53:11
363	4	Imogen	Delahoy	F UNDER 24	00:09:47	00:03:03	01:05:52	00:01:59	00:32:46	01:53:31
364	4	Stewart	Crawford	M 60 +	00:12:43	00:02:44	01:04:54	00:01:22	00:31:55	01:53:41
365	1	Clive	Taylor	F 50 +	00:12:57	00:04:56	01:01:08	00:02:16	00:33:06	01:54:25
366	23	Sandra	Hardy	F 35 - 39	00:11:44	00:04:43	01:10:52	00:01:58	00:25:50	01:55:08
367	17	Michelle	Croft	F 40 - 44	00:11:05	00:03:22	01:11:43	00:02:35	00:26:56	01:55:44
368	46	John	Webb	M 45 - 49	00:12:54	00:05:00	01:03:10	00:03:57	00:35:16	02:00:20
369	60	Martyn	Knox	M 35 - 39	00:08:23	00:02:49	01:21:17	00:01:38	00:26:11	02:00:21
370	61	Alan	Saunderson	M 35 - 39	00:14:14	00:05:01	01:02:48	00:01:22	00:40:04	02:03:32
371	24	Claire	Hambling	F 35 - 39	00:12:28	00:02:31	01:18:07	00:01:35	00:30:08	02:04:53
372	25	Kirsteen	Redmile	F 35 - 39	00:10:53	00:03:29	01:21:21	00:02:25	00:32:22	02:10:33
373	9	Trudy	Brothwell	F 50 +	00:14:39	00:03:20	01:07:42	00:02:50	00:44:10	02:12:44
374	9	Andrew	Stewart	M 55 - 59	00:13:39	00:04:38	01:16:14	00:03:11	00:38:24	02:16:09
375	47	Ian	Richmond	M 45 - 49	00:14:17	00:07:03	01:36:34	00:02:57	00:37:21	02:38:14
		David	Mellor	M 35 - 39	00:07:09	00:02:04				
		Paul	Orgill	M 45 - 49	00:11:07	00:02:36	00:48:11			
		Clay	Cowie	M 35 - 39	00:08:02	00:02:56	00:54:34	00:01:46		
		Stephen	Smith	M 50 - 54	00:10:39	00:05:52	00:52:31			
		Gemma	Pugsley	F 30 - 34	00:06:17	00:01:58	01:02:11			
DQ		Jack	Carpenter	M 20 - 24	00:06:37	00:01:02	00:45:05	00:00:55	00:19:16	01:12:56
DQ		Nick	Borrill	M 45 - 49	00:10:56	00:02:36	00:54:08	00:01:16	00:23:31	01:32:29