



Pos	No	Name	Club	Age Cat	Gender	Run 1	Pos	T1	Bike	Pos	T2	Run 2	Pos	Finish	Penaltys	World Champs	Euro Champs
1	34	JULIAN LINGS		25 - 29	M	00:32:37	1	00:00:33	00:58:59	3	00:00:41	00:17:12	2	01:50:02		YES	YES
2	87	HUGH MACKENZIE	PRO-VO2	30 - 34	M	00:32:45	2	00:00:59	00:58:35	1	00:01:00	00:18:20	26	01:51:39		YES	NO
3	114	IAN CARDY	DB MAX TRI	35 - 39	M	00:33:13	5	00:00:43	01:00:35	10	00:01:00	00:17:24	4	01:52:55		YES	YES
4	270	STUART HALL	DEVON & SOMERSET FIRE & RESCUE	45 - 49	M	00:33:58	11	00:01:00	01:00:04	6	00:00:57	00:17:19	3	01:53:18		YES	YES
5	99	RICH SUMPSTER	LABICICLETA	30 - 34	M	00:33:41	10	00:00:36	01:00:35	11	00:00:58	00:17:42	11	01:53:32		NO	NO
6	151	LEE RANKIN	DB MAX TRI	35 - 39	M	00:34:02	13	00:00:54	01:00:23	7	00:00:48	00:17:44	12	01:53:51		YES	YES
7	120	MARK COULDWELL	CEEPO TFN RT	35 - 39	M	00:33:11	4	00:00:42	01:03:03	22	00:00:52	00:17:33	6	01:55:21		NO	NO
8	102	GARETH THOMAS		30 - 34	M	00:32:59	3	00:00:37	01:03:19	24	00:01:00	00:17:33	7	01:55:28		YES	YES
9	30	SIMON HODGKINSON	NEWCASTLE (STAFFS) TRI CLUB	25 - 29	M	00:34:13	16	00:01:00	01:00:03	5	00:01:06	00:19:19	57	01:55:41		YES	NO
10	200	CHARLES HAMMON	OPTIMA RACING TEAM	40 - 44	M	00:34:22	20	00:00:47	01:02:00	13	00:00:53	00:18:12	22	01:56:14		YES	YES
11	221	CHRIS NICOLL	DERBY TRI	40 - 44	M	00:34:20	19	00:01:08	01:02:36	17	00:00:55	00:17:38	10	01:56:37		YES	YES
12	6	BENJAMIN CROSS	OXFORD BROOKES ATHLETICS CLUB	20 - 24	M	00:34:17	18	00:00:45	01:01:57	12	00:00:59	00:18:41	35	01:56:39		YES	NO
13	18	BILLY ZILLER	LOUGHBOROUGH UNIVERSITY	20 - 24	M	00:34:07	15	00:00:48	01:03:45	28	00:00:58	00:17:11	1	01:56:49		YES	YES
14	8	RYAN HANLON	MERSEY TRI	20 - 24	M	00:34:40	23	00:00:52	01:00:34	9	00:00:50	00:17:54	15	01:56:50	2 min	YES	YES
15	53	PETER WILBY		25 - 29	M	00:35:11	31	00:00:56	01:02:15	16	00:00:46	00:18:32	31	01:57:40		YES	YES
16	361	PETER WHEDDON	BAD TRI	55 - 59	M	00:36:36	63	00:00:43	01:00:25	8	00:00:39	00:19:19	58	01:57:42		YES	YES
17	9	SAMUEL HATFIELD	DURHAM UNI TRI CLUB	20 - 24	M	00:35:35	38	00:00:46	01:02:03	14	00:00:56	00:19:04	46	01:58:24		NO	NO
18	40	TYLER O'CALLAGHAN	DELOITTE SPORT	25 - 29	M	00:35:19	33	00:00:48	01:03:23	25	00:00:59	00:18:06	19	01:58:35		NO	NO
19	232	MARK SHEPHERD	BANJO CYCLES	40 - 44	M	00:34:56	28	00:00:50	01:03:42	27	00:00:48	00:18:20	28	01:58:36		YES	YES
20	336	JEREMY TOMLINSON	FIFE AC	50 - 54	M	00:35:40	42	00:00:52	01:02:40	18	00:00:56	00:18:33	32	01:58:41		YES	YES
21	45	ADAM SPEER	24/7 TRIATHLON CLUB	25 - 29	M	00:34:50	26	00:01:06	01:04:14	38	00:00:46	00:17:59	16	01:58:55		NO	NO
22	97	IAN ROBERTS	ASHURST BIKE CLUB	30 - 34	M	00:34:35	21	00:01:00	01:03:50	31	00:00:56	00:19:02	45	01:59:23		YES	YES
23	413	EIMEAR MULLAN	TEAM MILTON KEYNES	25 - 29	F	00:34:55	27	00:00:43	01:04:59	43	00:00:53	00:18:04	18	01:59:34		NO	NO
24	128	STEWART GUYNAN	PHOENIX TRI CLUB	35 - 39	M	00:34:02	14	00:01:13	01:05:29	53	00:01:17	00:17:34	8	01:59:35		YES	YES
25	214	STEVE MCKEOWN	NORTH HERTS ROAD RUNNERS	40 - 44	M	00:34:56	29	00:00:59	01:03:51	33	00:00:55	00:19:01	44	01:59:42		YES	YES
26	70	WAYNE EWENS	TEAM FEAT	30 - 34	M	00:33:58	12	00:01:01	01:05:48	56	00:00:44	00:18:20	27	01:59:51		YES	YES
27	83	BRIAN JENKINS	EAST LONDON TRIATHLETES	30 - 34	M	00:34:14	17	00:01:01	01:04:16	39	00:01:32	00:18:55	42	01:59:58		NO	NO
28	229	MAL ROSE	RAF TRI	40 - 44	M	00:36:16	51	00:01:02	01:03:59	35	00:01:05	00:17:49	13	02:00:11		YES	YES
29	225	KEVIN PRITCHARD	ARMY TRIATHLON	40 - 44	M	00:36:24	56	00:00:58	01:02:56	20	00:00:56	00:19:12	52	02:00:26		YES	YES
30	321	ROBERT MCLEAN	ANGUS BIKE CHAIN	50 - 54	M	00:37:15	76	00:01:13	00:59:25	4	00:01:37	00:21:18	167	02:00:48		YES	YES
31	162	NICK SHASHA		35 - 39	M	00:33:13	6	00:00:52	01:08:32	115	00:00:50	00:17:50	14	02:01:17		YES	NO
32	429	LUCY GOSSAGE	TFN TRI CLUB	30 - 34	F	00:35:15	32	00:00:49	01:06:12	63	00:00:46	00:18:18	24	02:01:20		YES	NO
33	58	JAMES ALLEN	SHEFFIELD TRI	30 - 34	M	00:35:49	45	00:01:01	01:03:55	34	00:00:57	00:19:53	86	02:01:35		YES	YES
34	85	LUKE KIELY	SHEFFIELD TRI	30 - 34	M	00:35:24	34	00:01:13	01:05:00	44	00:00:56	00:19:04	47	02:01:37		YES	YES
35	25	TIM DOWNING	CAMBRIDGE TRI	25 - 29	M	00:36:30	60	00:01:11	01:03:48	29	00:01:07	00:19:11	49	02:01:47		NO	NO
36	156	MATT SANDERSON	TRIATHLONCOACHING	35 - 39	M	01:43:09		00:00:00	00:00:00		00:00:00	00:00:00		02:02:06			
37	47	PHILIP TUGWELL	TEAM FIT N WELL	25 - 29	M	00:35:32	36	00:01:08	01:06:00	59	00:00:50	00:18:50	37	02:02:20		NO	NO
38	136	IAIN JENNINGS		35 - 39	M	00:35:50	46	00:00:48	01:05:08	47	00:00:54	00:19:40	70	02:02:20		NO	NO
39	122	CARL EGDELL	DARK PEAK FELL RUNNERS	35 - 39	M	00:33:25	7	00:00:59	01:08:34	116	00:01:13	00:18:19	25	02:02:30		NO	NO
40	264	MARK FLINT	NEWCASTLE (STAFFS) TRI CLUB	45 - 49	M	00:35:38	40	00:01:15	01:05:58	58	00:01:19	00:18:26	30	02:02:36		YES	NO
41	189	ANDY DAY	POLICE SPORT UK TRIATHLON	40 - 44	M	00:36:15	50	00:01:00	01:03:50	32	00:01:16	00:20:33	113	02:02:54		YES	YES
42	56	PETER WOODWARD	BAD TRI	25 - 29	M	00:34:45	25	00:00:55	01:08:20	107	00:00:50	00:18:09	21	02:02:59		YES	YES
43	62	ALEX BROOKS	FOR GOODNESS SHAKES	30 - 34	M	00:35:36	39	00:01:05	01:06:54	73	00:00:56	00:18:38	33	02:03:09		YES	YES
44	59	SIMON BARKER	SERPENTINE	30 - 34	M	00:35:29	35	00:00:54	01:08:05	102	00:01:08	00:17:35	9	02:03:11		YES	YES
45	207	WILLIAM KAYE	YORK TRIATHLON	40 - 44	M	00:35:54	48	00:00:59	01:04:52	42	00:01:41	00:19:46	73	02:03:12		YES	NO
46	134	STUART HOPKINS	RUGBY TRI CLUB	35 - 39	M	00:33:27	8	00:01:21	01:10:00	135	00:01:12	00:17:27	5	02:03:27		YES	YES
47	124	STEVEN GARNER	WEST CUMBRIA TRI	35 - 39	M	00:34:45	24	00:02:16	01:06:46	72	00:01:36	00:18:07	20	02:03:30		YES	YES
48	294	ADRIAN ROBERTS	YSTWYTH	45 - 49	M	00:35:39	41	00:01:04	01:05:46	55	00:01:31	00:19:31	65	02:03:31		YES	YES

49	11	FINLAY MCANDREW	EDINBURGH UNI TRI CLUB	20 - 24	M	00:34:39	22	00:01:01	01:08:19	106	00:01:12	00:18:21	29	02:03:32	YES	NO
50	13	JASON MOORE	BEDFORDSHIRE ROAD CYCLING CLUB	20 - 24	M	00:38:16	100	00:00:49	01:03:27	26	00:02:05	00:19:15	54	02:03:52	YES	YES
51	39	SEBASTIAN NAVARRO	VOTWO.CO.UK	25 - 29	M	00:37:34	84	00:00:46	01:05:08	48	00:01:07	00:19:21	59	02:03:56	YES	YES
52	243	HARRY WALKER		40 - 44	M	00:36:18	53	00:00:59	01:02:08	15	00:01:39	00:22:57	240	02:04:01	YES	YES
53	144	JOHN MUNRO	ABSOLUTE COACHING RACE TEAM	35 - 39	M	00:36:26	58	00:01:10	01:06:08	61	00:01:04	00:19:15	53	02:04:03	YES	YES
54	90	TOMAS O'LOUGHLIN	TRI LONDON	30 - 34	M	00:35:32	37	00:00:58	01:06:27	68	00:02:12	00:18:55	43	02:04:04	NO	NO
55	163	MATT SHILLABEER	ASHURST BIKE CLUB	35 - 39	M	00:36:30	59	00:00:56	01:04:49	40	00:01:07	00:20:49	137	02:04:11	YES	YES
56	419	DANIELLE STEWART	COVENTRY CYCLE CENTRE	25 - 29	F	00:36:18	54	00:00:51	01:07:00	77	00:01:18	00:18:50	38	02:04:17	YES	YES
57	14	SIMON POTTER		20 - 24	M	00:36:17	52	00:00:52	01:05:54	57	00:00:57	00:20:20	105	02:04:20	YES	YES
58	92	IAIN PAY		30 - 34	M	00:36:49	67	00:01:18	01:05:19	51	00:01:07	00:19:48	77	02:04:21	YES	YES
59	211	ANTHONY LABRAM	CUMBRIA POLICE	40 - 44	M	00:37:14	75	00:01:03	01:05:29	52	00:01:04	00:19:33	66	02:04:23	YES	YES
60	167	ANDY THORNTON	DERBY TRI	35 - 39	M	00:38:08	98	00:01:12	01:05:03	45	00:01:08	00:19:18	55	02:04:49	YES	YES
61	95	JAMES PRYKE		30 - 34	M	00:39:13	126	00:01:07	01:03:09	23	00:01:04	00:20:18	103	02:04:51	NO	NO
62	208	JOHN KETLEY	BARRACUDA TRI	40 - 44	M	00:38:37	115	00:01:03	01:04:03	36	00:01:18	00:19:52	84	02:04:53	NO	NO
63	7	MICHAEL DOWDS	LOUGHBOROUGH UNIVERSITY	20 - 24	M	00:37:12	74	00:01:26	01:05:11	49	00:01:04	00:20:09	97	02:05:02	YES	YES
64	91	EDWARD PAULL	SOMERSET RC TRI	30 - 34	M	00:36:19	55	00:01:08	01:07:37	89	00:01:12	00:18:53	40	02:05:09	YES	YES
65	23	DANIEL COLEGATE		25 - 29	M	00:36:31	61	00:00:47	01:07:01	79	00:00:56	00:20:25	108	02:05:40	NO	YES
66	335	NIGEL STEVENS	DORKING & MOLE VALLEY AC	50 - 54	M	00:36:55	69	00:00:58	01:06:45	71	00:01:16	00:19:53	87	02:05:47	YES	YES
67	440	JO WALKER	LINCS SQUAD	30 - 34	F	00:37:01	70	00:01:05	01:07:26	85	00:01:05	00:19:11	51	02:05:48	YES	NO
68	268	ANTONY GREEN	TEAM FEAT	45 - 49	M	00:39:32	141	00:01:26	01:02:54	19	00:01:23	00:20:35	116	02:05:50	YES	YES
69	235	ROGER SPENCER		40 - 44	M	00:37:31	82	00:01:06	01:06:17	64	00:01:35	00:19:24	60	02:05:53	YES	YES
70	160	ROB SELBY	ABINGDON & VALE TRI CLUB	35 - 39	M	00:39:39	146	00:00:48	01:04:05	37	00:00:53	00:20:35	117	02:06:00	NO	YES
71	244	KARL WEBSTER	DERBYSHIRE POLICE	40 - 44	M	00:37:57	92	00:01:10	01:07:11	81	00:01:06	00:18:41	34	02:06:05	YES	YES
72	153	DARREN RIDOUT		35 - 39	M	00:37:09	71	00:01:23	01:08:35	117	00:01:03	00:17:59	17	02:06:09	YES	YES
73	121	THOMAS CURTIS		35 - 39	M	01:47:32		00:00:00	01:08:28		00:00:00	00:00:00		02:06:15		
74	126	MARK GOWER	CRAWLEY TRI CLUB	35 - 39	M	00:39:41	148	00:00:57	01:03:48	30	00:01:20	00:20:39	119	02:06:25	YES	YES
75	289	DAVID OLNEY	BEDFORDSHIRE ROAD CYCLING CLUB	45 - 49	M	00:36:10	49	00:01:20	01:08:21	108	00:01:30	00:19:06	48	02:06:27	NO	YES
76	328	SIMON OSBORNE	PENCOED TRI	50 - 54	M	00:37:41	87	00:01:02	01:07:04	80	00:00:49	00:19:51	82	02:06:27	YES	YES
77	217	FRANK MONTAGUE		40 - 44	M	00:37:33	83	00:00:47	01:06:23	66	00:01:08	00:20:50	141	02:06:41	YES	YES
78	227	ANDREW RICHARDSON	VO2 MAXIMUM RT	40 - 44	M	00:36:45	65	00:00:58	01:08:41	120	00:00:51	00:19:28	62	02:06:43	YES	YES
79	175	IAN ANDERSON		40 - 44	M	00:34:58	30	00:01:30	01:10:24	140	00:01:54	00:18:12	23	02:06:58	YES	YES
80	256	PETER BARNES	LINCOLN TRI	45 - 49	M	00:40:39	182	00:01:03	01:02:56	21	00:00:55	00:21:28	172	02:07:01	YES	YES
81	42	JON SHIELD		25 - 29	M	00:35:52	47	00:01:13	01:07:27	87	00:01:33	00:21:01	152	02:07:06	YES	YES
82	108	PHILLIP WOOD		30 - 34	M	00:38:34	112	00:00:55	01:06:35	69	00:00:47	00:20:28	109	02:07:19	YES	YES
83	155	JAMES ROBINSON		35 - 39	M	00:37:11	72	00:01:08	01:07:44	94	00:01:04	00:20:17	101	02:07:24	NO	NO
84	17	JAMES WALKER	KESWICK AC	20 - 24	M	00:38:28	105	00:00:58	01:06:58	76	00:01:05	00:20:23	107	02:07:52	YES	YES
85	86	STEFAN LAWRENCE		30 - 34	M	00:36:51	68	00:00:59	01:07:14	83	00:01:18	00:21:51	193	02:08:13	YES	YES
86	67	LIAM DEEN	CRAWLEY TRI CLUB	30 - 34	M	00:36:46	66	00:01:28	01:08:39	119	00:01:32	00:19:57	88	02:08:22	YES	YES
87	421	LOUISE BARDSLEY	TVT	30 - 34	F	00:38:33	110	00:00:50	01:08:36	118	00:01:00	00:19:31	64	02:08:30	YES	YES
88	75	JONATHAN FRARY		30 - 34	M	00:38:44	118	00:00:56	01:07:51	97	00:00:57	00:20:02	95	02:08:30	NO	YES
89	119	DEON COETZEE	TRI UK	35 - 39	M	00:35:40	43	00:00:56	01:12:06	170	00:01:04	00:18:45	36	02:08:31	NO	NO
90	473	MICHELLE PARSONS	TRI UK	45 - 49	F	00:39:08	125	00:01:13	01:06:26	67	00:01:14	00:20:38	118	02:08:39	NO	NO
91	278	JOHN LEVICK	WEST YORKSHIRE POLICE	45 - 49	M	00:37:40	86	00:01:03	01:09:25	131	00:00:57	00:19:42	71	02:08:47	NO	NO
92	184	BRADLEY BOULTON	SHEFFIELD TRI	40 - 44	M	00:38:06	97	00:01:21	01:07:42	93	00:01:28	00:20:11	98	02:08:48	NO	NO
93	168	KELECHI UGONNA		35 - 39	M	00:33:29	9	00:01:26	01:13:03	190	00:01:28	00:19:27	61	02:08:53	YES	NO
94	115	ADAM CARNEY	TFN TRI CLUB	35 - 39	M	00:37:30	79	00:01:14	01:08:18	105	00:01:03	00:20:49	136	02:08:54	NO	NO
95	19	ANDREW ATTHOWE	TRI UK	25 - 29	M	00:40:23	176	00:01:22	01:05:12	50	00:01:05	00:20:53	145	02:08:55	YES	YES
96	152	MICHAEL RICHMOND	WAKEFIELD TRI	35 - 39	M	00:38:35	114	00:01:29	01:06:56	75	00:01:15	00:20:42	124	02:08:57	YES	YES
97	72	THOMAS FEATHER		30 - 34	M	00:38:20	101	00:01:03	01:09:01	128	00:01:02	00:19:45	72	02:09:11	NO	NO
98	113	JASON BURKINSHAW		35 - 39	M	00:38:34	111	00:01:15	01:07:38	90	00:01:01	00:20:44	128	02:09:12	YES	YES
99	300	TIM TWENTYMAN	NEWCASTLE (STAFFS) TRI CLUB	45 - 49	M	00:35:40	44	00:01:49	01:11:14	160	00:01:42	00:18:50	39	02:09:15	YES	YES
100	230	TIM SAVAGE	3XTRI	40 - 44	M	00:38:05	96	00:01:03	01:07:46	95	00:01:18	00:21:15	162	02:09:27	NO	YES
101	320	ALAN MCDONOGH		50 - 54	M	00:37:29	78	00:01:35	01:10:25	142	00:01:15	00:18:53	41	02:09:37	NO	NO
102	250	DOUGLAS ADAMSON	MONIFIETH TRIATHLON CLUB	45 - 49	M	00:37:16	77	00:01:07	01:10:46	148	00:01:10	00:19:18	56	02:09:37	NO	YES
103	283	JON MEEK		45 - 49	M	00:40:02	162	00:01:21	01:06:37	70	00:00:56	00:20:48	134	02:09:44	YES	YES
104	299	DAVID STEWART	MONIFIETH TRIATHLON CLUB	45 - 49	M	00:38:38	116	00:01:27	01:09:03	129	00:01:15	00:19:35	67	02:09:58	YES	YES
105	331	GRAHAM HODGES	LINCOLN TRI	50 - 54	M	00:37:30	80	00:00:49	01:10:57	154	00:01:02	00:19:48	78	02:10:06	YES	YES
106	325	RAYMOND MORRIS	NEWCASTLE (STAFFS) TRI CLUB	50 - 54	M	00:39:33	143	00:01:20	01:07:13	82	00:01:17	00:20:47	133	02:10:10	YES	YES

107	267	ANDREW GOODCHILD	TRI-ANGLIA	45 - 49	M	00:40:35	181	00:00:58	01:06:22	65	00:00:56	00:21:21	169	02:10:12		YES	YES
108	27	KIERON FORD	LEICESTER TRI CLUB	25 - 29	M	00:39:00	123	00:01:21	01:09:34	132	00:01:02	00:19:35	68	02:10:32		NO	NO
109	5	ADAM COATES	MEYNELL VALLEY HUNTERS TRI	20 - 24	M	00:38:32	109	00:01:19	01:08:26	112	00:01:41	00:20:40	121	02:10:38		YES	YES
110	198	CHRIS GORSE	WAKEFIELD TRI	40 - 44	M	00:39:25	135	00:01:33	01:07:40	91	00:01:15	00:20:48	135	02:10:41		NO	YES
111	212	ANDY LAKELAND	RACING TNT	40 - 44	M	00:36:43	64	00:01:32	01:11:44	166	00:01:13	00:19:30	63	02:10:42		NO	NO
112	100	PETER SWINNERTON	NEWCASTLE (STAFFS) TRI CLUB	30 - 34	M	00:39:28	138	00:01:02	01:07:59	101	00:01:22	00:20:53	146	02:10:44		YES	YES
113	308	JIM CONNOLLY		50 - 54	M	00:38:30	106	00:01:05	01:10:02	136	00:01:25	00:19:46	74	02:10:48		YES	YES
114	125	RICHARD GILL		35 - 39	M	00:37:54	90	00:01:23	01:08:49	122	00:01:24	00:21:32	179	02:11:02		YES	YES
115	279	THOMAS MACDONALD	WE LOVE MOUNTAINS RACING TEAM	45 - 49	M	00:41:14	199	00:01:19	01:06:11	62	00:01:08	00:21:15	163	02:11:07		YES	YES
116	281	SIMON MCCARTHY	ABSOLUTE TRI	45 - 49	M	00:39:32	142	00:01:58	01:08:09	104	00:01:11	00:20:28	110	02:11:18		YES	YES
117	368	HOWARD DOE	TEAM FEAT	60 - 64	M	00:39:39	147	00:01:21	01:07:52	98	00:01:06	00:21:28	173	02:11:26		YES	NO
118	314	DEAN HARDIE	CELTIC TRI	50 - 54	M	00:41:03	193	00:00:57	01:08:30	113	00:00:59	00:20:01	94	02:11:30		YES	YES
119	181	CHRIS BOOKER	W YORKS POLICE	40 - 44	M	00:39:45	151	00:01:15	01:08:52	124	00:01:16	00:20:28	111	02:11:36		YES	YES
120	456	CHRISTINE HOWARD	DERBYSHIRE POLICE	40 - 44	F	00:37:43	88	00:01:22	01:12:27	175	00:01:06	00:19:11	50	02:11:49		YES	YES
121	351	JOHN MCAVOY		55 - 59	M	00:39:52	157	00:01:53	01:07:50	96	00:01:25	00:21:03	154	02:12:03		YES	YES
122	454	ANJA HEIJNEN	VOTWO	40 - 44	F	00:40:08	169	00:01:20	01:07:53	99	00:01:39	00:21:16	164	02:12:16		NO	NO
123	104	COLIN WELLER		30 - 34	M	00:39:14	127	00:01:17	01:10:34	144	00:01:25	00:19:53	85	02:12:23		YES	YES
124	80	DEREK HAYDEN	TFN TRI CLUB	30 - 34	M	00:39:20	131	00:00:55	01:10:51	151	00:00:59	00:20:34	115	02:12:39		NO	NO
125	332	STEVE REGAN-WATTS	DB MAX TRI	50 - 54	M	00:40:34	180	00:01:22	01:07:33	88	00:01:41	00:21:29	175	02:12:39		NO	YES
126	439	ANNA TURVEY		30 - 34	F	00:39:01	124	00:01:33	01:11:00	155	00:01:20	00:19:57	89	02:12:51		YES	YES
127	311	NICK FARNELL	LUDLOW TRI CLUB	50 - 54	M	00:40:54	189	00:01:11	01:07:26	86	00:01:03	00:22:19	206	02:12:53		YES	NO
128	218	PAUL MORRIS		40 - 44	M	00:39:47	159	00:01:18	01:11:05	158	00:00:54	00:19:51	80	02:12:55		YES	YES
129	359	MICHAEL SKIVINGTON	MVH TRI CLUB	55 - 59	M	00:41:40	205	00:01:20	01:07:42	92	00:01:26	00:20:56	151	02:13:04		YES	YES
130	357	STEPHEN ROBERTS	OOTRI (OSWESTRY OLYMPIANS)	55 - 59	M	00:39:23	132	00:01:42	01:09:34	133	00:01:23	00:21:08	158	02:13:10		YES	NO
131	2	SAMUEL PARKER	4LIFE TRI	18 - 19	M	00:37:11	73	00:00:53	01:12:01	169	00:01:01	00:22:09	202	02:13:15		YES	YES
132	36	RICHARD MARSHALL		25 - 29	M	00:40:05	165	00:01:07	01:09:37	134	00:01:04	00:21:36	183	02:13:29		YES	YES
133	143	IAIN MCKINNEY	WAKEFIELD TRI	35 - 39	M	00:38:47	119	00:00:56	01:11:58	168	00:01:08	00:20:44	127	02:13:33		NO	NO
134	313	JOE GARDIAS	COLNAGO TRIATHLON SQUAD	50 - 54	M	00:41:46	208	00:01:21	01:06:07	60	00:01:15	00:23:07	245	02:13:36		YES	YES
135	54	PHILIP WILSON	WAKEFIELD TRI	25 - 29	M	00:38:22	102	00:00:59	01:13:23	198	00:00:59	00:19:58	90	02:13:41		YES	YES
136	193	ADAM DUDLEY	MANCHESTER TRIATHLON CLUB	40 - 44	M	00:37:38	85	00:01:45	01:12:31	176	00:01:14	00:20:33	114	02:13:41		NO	NO
137	234	MARTIN SMYLLIE		40 - 44	M	00:43:05	242	00:01:18	01:05:31	54	00:01:07	00:22:41	220	02:13:42		YES	YES
138	201	OWEN HARRIS	TFN TRI CLUB	40 - 44	M	00:39:43	149	00:01:42	01:09:07	130	00:01:18	00:21:55	195	02:13:45		YES	YES
139	266	MICHAEL GILL		45 - 49	M	00:40:20	174	00:01:28	01:07:53	100	00:01:10	00:22:57	238	02:13:48		NO	NO
140	303	MARK YORK	LINCS SQUAD	45 - 49	M	00:40:30	179	00:01:22	01:05:05	46	00:01:35	00:25:20	299	02:13:52		NO	YES
141	242	DAVID VICKERS		40 - 44	M	00:38:32	108	00:01:39	01:12:09	171	00:01:17	00:20:17	102	02:13:54		NO	NO
142	137	RICHARD JONES	TRIATHLON EUROPE	35 - 39	M	00:39:00	122	00:01:29	01:10:26	143	00:01:54	00:21:07	157	02:13:56		YES	YES
143	178	DOUGLAS BATES		40 - 44	M	00:37:49	89	00:01:08	01:13:13	193	00:01:02	00:20:51	143	02:14:03		NO	YES
144	185	GRAHAM BOYD	CHARNWOOD TRI	40 - 44	M	00:41:05	194	00:01:39	01:08:24	110	00:02:56	00:20:00	91	02:14:04		YES	YES
145	410	ANNA CROOKS		25 - 29	F	00:39:19	130	00:00:58	01:13:02	188	00:01:13	00:19:38	69	02:14:10		NO	YES
146	425	CHARLOTTE EASTON		30 - 34	F	00:43:12	246	00:02:05	01:04:50	41	00:01:18	00:22:46	227	02:14:11		YES	YES
147	33	CHRIS KILBURN		25 - 29	M	00:36:25	57	00:01:15	01:15:49	235	00:00:56	00:19:51	81	02:14:16		NO	NO
148	123	MARK EPTON	ASHFIELD RC	35 - 39	M	00:41:24	204	00:02:05	01:06:55	74	00:01:17	00:22:41	221	02:14:22		NO	NO
149	241	ANDREW VEITCH	LINCS SQUAD	40 - 44	M	00:42:05	212	00:01:10	01:08:52	125	00:00:52	00:21:28	174	02:14:27		NO	YES
150	418	ZOE SMITH	RUTLAND RUNNING CLUB	25 - 29	F	00:38:28	104	00:00:57	01:13:40	200	00:00:53	00:20:40	120	02:14:38		YES	YES
151	245	GARY WOLSTENCROFT	MANCHESTER TRIATHLON CLUB	40 - 44	M	00:39:19	129	00:01:15	01:11:33	163	00:01:53	00:20:43	125	02:14:43		YES	YES
152	430	KATE HODGKISS	HARWICH RUNNERS	30 - 34	F	00:40:55	191	00:01:10	01:10:49	149	00:01:08	00:20:45	131	02:14:47		YES	YES
153	277	PETER STUART JONES		45 - 49	M	00:41:16	200	00:00:57	01:10:25	141	00:00:59	00:21:17	165	02:14:54		YES	NO
154	197	CHRIS GAUNTLETT	SHEFFIELD TRI	40 - 44	M	00:41:56	209	00:01:13	01:08:43	121	00:01:11	00:22:03	198	02:15:06		YES	YES
155	12	KIERAN MONTGOMERY	EDINBURGH UNI TRI CLUB	20 - 24	M	00:40:17	172	00:01:04	01:11:00	157	00:01:19	00:21:27	171	02:15:07		YES	YES
156	71	MARC FAIRCLOUGH	CHARNWOOD TRI	30 - 34	M	00:39:29	140	00:01:05	01:12:50	184	00:01:20	00:20:44	130	02:15:28		YES	YES
157	362	BRIAN WHITE	TEAM TRISPORTS	55 - 59	M	00:39:16	128	00:01:18	01:13:15	195	00:01:27	00:20:16	100	02:15:32		NO	NO
158	356	WILLIAM REED	TRI TEAM WESSEX	55 - 59	M	00:39:49	155	00:01:01	01:13:16	196	00:00:55	00:20:44	129	02:15:45		YES	YES
159	43	KONRAD SIEBRITS	TRI LONDON	25 - 29	M	00:38:34	113	00:01:02	01:07:00	78	00:01:25	00:27:46	336	02:15:47		YES	YES
160	317	PETER HOLLINS		50 - 54	M	00:41:17	201	00:01:08	01:10:41	146	00:01:01	00:21:48	189	02:15:55		NO	YES
161	288	GARY NEWITT		45 - 49	M	00:42:48	232	00:00:58	01:08:31	114	00:01:26	00:22:22	207	02:16:05		NO	NO
162	338	STEPHEN VALENTINE		50 - 54	M	00:39:49	156	00:01:58	01:08:07	103	00:02:12	00:24:02	267	02:16:08		YES	YES
163	447	MAREE BLOSSOM JESSON	NORTHAMPTON ROAD RUNNERS	35 - 39	F	00:39:59	161	00:01:26	01:12:52	185	00:01:18	00:20:42	122	02:16:17		YES	YES
164	224	MATTHEW PERRY		40 - 44	M	00:42:12	220	00:01:17	01:08:50	123	00:01:17	00:22:42	224	02:16:18		YES	YES

165	310	MARK ELLIOTT	WORCESTER TRI CLUB	50 - 54	M	00:40:50	185	00:01:11	01:11:41	164	00:01:38	00:21:02	153	02:16:22		YES	YES
166	295	CHRISTOPHER ROYLES	4LIFE TRI	45 - 49	M	00:42:38	228	00:00:58	01:08:56	127	00:01:10	00:22:49	231	02:16:31		NO	NO
167	276	KEN JEFFERY		45 - 49	M	00:40:07	166	00:01:25	01:12:49	182	00:01:24	00:20:49	138	02:16:34		NO	NO
168	363	MICK ANGLIM	TEAM FEAT	60 - 64	M	00:42:27	223	00:01:07	01:08:52	126	00:01:28	00:22:40	218	02:16:34		YES	YES
169	194	WAYNE DURRANT		40 - 44	M	00:38:27	103	00:02:27	01:13:45	203	00:01:51	00:20:06	96	02:16:36		NO	NO
170	441	NAOMI WARR	DERBY TRI	30 - 34	F	00:40:14	171	00:01:10	01:12:52	186	00:01:13	00:21:07	156	02:16:36		YES	YES
171	471	VALERIE MARTIN	DALES RT	45 - 49	F	00:40:56	192	00:01:27	01:12:10	172	00:01:08	00:20:56	150	02:16:37		NO	YES
172	352	PETER NEAL	ROTHERHAM HARRIERS & AC	55 - 59	M	00:36:35	62	00:01:41	01:17:23	260	00:01:15	00:19:50	79	02:16:44		YES	YES
173	103	SIMON TOOTELL	WOOTTON RR	30 - 34	M	00:39:54	159	00:01:29	01:14:35	216	00:01:08	00:19:52	83	02:16:58		YES	YES
174	88	JONATHAN MCVICAR	LEEDS BRADFORD TRI CLUB	30 - 34	M	00:39:26	137	00:01:04	01:14:04	208	00:00:55	00:21:36	182	02:17:05		YES	YES
175	444	DONNA EDMONDSON BOOKER	LEEDS BRADFORD TRI CLUB	35 - 39	F	00:39:23	133	00:01:02	01:12:50	183	00:01:48	00:22:06	200	02:17:09		YES	YES
176	318	IAN IMESON		50 - 54	M	00:40:18	173	00:01:21	01:08:25	111	00:01:17	00:25:57	308	02:17:18		YES	YES
177	350	STEWART LABELINSKI	LVRC	55 - 59	M	00:40:27	178	00:02:37	01:10:22	139	00:01:22	00:22:33	212	02:17:21		NO	NO
178	424	CATHERINE DULLA	NEWCASTLE (STAFFS) TRI CLUB	30 - 34	F	00:37:30	81	00:01:16	01:17:35	262	00:01:32	00:19:46	75	02:17:39		YES	YES
179	164	CHRIS SPAVIN	LINCS SQUAD	35 - 39	M	00:44:40	274	00:01:30	01:07:21	84	00:01:18	00:22:53	235	02:17:42		NO	NO
180	60	KEVIN BLACK		30 - 34	M	00:38:03	94	00:01:55	01:16:05	238	00:01:37	00:20:14	99	02:17:54		NO	NO
181	406	KIRSTY ANDERSON	TEAM DILLON	25 - 29	F	00:40:47	183	00:01:22	01:12:22	174	00:02:03	00:21:22	170	02:17:56		YES	YES
182	448	HELEN RUSSELL	TRI UK	35 - 39	F	00:41:09	196	00:01:41	01:13:01	187	00:01:24	00:20:55	149	02:18:10		YES	YES
183	435	ESTHER RODRIGUEZ	CAMBRIDGE TRI	30 - 34	F	00:38:04	95	00:01:31	01:17:21	259	00:01:19	00:20:00	92	02:18:15		YES	YES
184	322	JULIAN MELDRUM	LONDON FRONTRUNNERS	50 - 54	M	00:42:48	233	00:01:26	01:10:56	153	00:01:25	00:21:40	185	02:18:15		YES	YES
185	483	GINA VAUGHAN	LEICESTER TRI CLUB	50 - 54	F	00:40:07	167	00:01:12	01:13:13	194	00:01:09	00:22:43	225	02:18:24		YES	NO
186	140	PETE LAUD	TRAIL RUNNING ASSOCIATION	35 - 39	M	00:42:32	226	00:01:37	01:11:00	156	00:01:44	00:21:40	186	02:18:33		NO	NO
187	236	SAMUEL SPENCER		40 - 44	M	00:42:07	215	00:01:20	01:10:40	145	00:01:14	00:23:16	250	02:18:37		NO	NO
188	478	CHRISTINE COSTIFF	SLH TRI CLUB	50 - 54	F	00:40:07	168	00:01:22	01:15:08	231	00:01:17	00:20:45	132	02:18:39		YES	YES
189	437	GEMMA SARGENT	TEAM TRISPORTS	30 - 34	F	00:41:10	197	00:00:56	01:12:13	173	00:01:15	00:23:06	244	02:18:40		YES	YES
190	455	HILARY HILLHOUSE	STRAGGLERS	40 - 44	F	00:40:52	187	00:01:30	01:14:12	209	00:01:18	00:20:49	139	02:18:41		YES	YES
191	174	HASEEB AHMAD	LEICESTER TRI CLUB	40 - 44	M	00:38:51	120	00:02:53	01:12:33	178	00:03:10	00:21:19	168	02:18:46		YES	NO
192	98	SIMON ROLFS	DERBY TRI	30 - 34	M	00:38:38	117	00:01:09	01:18:17	275	00:01:04	00:19:46	76	02:18:54		YES	YES
193	215	GRANT MCKINLAY	MVH TRI CLUB	40 - 44	M	00:39:44	150	00:00:56	01:17:11	255	00:01:05	00:20:00	93	02:18:56		YES	YES
194	323	GREG MOOK		50 - 54	M	00:44:31	272	00:01:24	01:10:42	147	00:01:10	00:21:09	159	02:18:56		YES	NO
195	238	WAYNE STEEL	WAKEFIELD TRI	40 - 44	M	00:42:05	213	00:01:18	01:11:45	167	00:01:21	00:22:33	213	02:19:02		NO	NO
196	302	SIMON WINSLOW	RACING TNT	45 - 49	M	00:40:08	170	00:01:10	01:10:53	152	00:01:20	00:25:31	304	02:19:02		NO	NO
197	358	ROLAND SHAW	TRI ANGLIA	55 - 59	M	00:43:23	250	00:01:06	01:10:49	150	00:01:10	00:22:40	219	02:19:08		YES	YES
198	135	PAUL HURDLEY		35 - 39	M	00:37:56	91	00:01:38	01:18:03	271	00:01:25	00:20:22	106	02:19:24		NO	NO
199	35	ANDREW LOTHIAN	MANCHESTER TRIATHLON CLUB	25 - 29	M	00:40:04	164	00:01:11	01:16:12	240	00:01:06	00:20:51	144	02:19:24		YES	YES
200	107	JIM WILSON	TRITALK.CO.UK	30 - 34	M	00:43:09	244	00:00:53	01:12:31	177	00:00:57	00:21:57	196	02:19:27		NO	NO
201	93	GAVIN PELL		30 - 34	M	00:42:54	239	00:01:23	01:08:23	109	00:01:53	00:25:06	293	02:19:39		NO	NO
202	44	THOMAS SMITH	SOUTH YORKSHIRE POLICE AC	25 - 29	M	00:38:08	99	00:02:02	01:14:30	215	00:02:16	00:22:48	230	02:19:44		NO	NO
203	145	DANNY NELSON		35 - 39	M	00:38:01	93	00:01:23	01:17:37	263	00:01:30	00:21:14	161	02:19:45		NO	NO
204	414	EMMA PEARSON	ABSOLUTE COACHING RACE TEAM	25 - 29	F	00:39:37	144	00:01:12	01:16:11	239	00:01:12	00:21:54	194	02:20:06		YES	YES
205	464	SUE WALKER	EXETER TRIATHLON CLUB	40 - 44	F	00:40:04	163	00:01:12	01:17:17	257	00:01:15	00:20:20	104	02:20:08		YES	YES
206	298	BILL SHONE	STOCKPORT HARRIERS & A.C.	45 - 49	M	00:39:29	139	00:01:42	01:16:13	241	00:02:04	00:20:50	142	02:20:18		YES	YES
207	147	DUNCAN PATTERSON		35 - 39	M	00:40:54	190	00:02:09	01:12:46	181	00:01:27	00:23:14	248	02:20:30		NO	NO
208	402	LUCY FERGUSON	ARMY TRIATHLON	20 - 24	F	00:38:30	107	00:01:20	01:18:54	286	00:01:08	00:20:43	126	02:20:35		YES	YES
209	177	NICK BAILEY	GRIMSBY TRIATHLON CLUB	40 - 44	M	00:42:08	217	00:01:30	01:14:48	226	00:01:16	00:20:54	147	02:20:36		NO	NO
210	15	EDWARD RIDYARD		20 - 24	M	00:41:22	203	00:01:31	01:14:35	217	00:01:27	00:21:45	188	02:20:40		NO	YES
211	10	GARETH HUGHES	RAF TRI	20 - 24	M	00:39:25	136	00:01:16	01:18:30	281	00:01:06	00:20:31	112	02:20:48		YES	YES
212	355	CHRIS PRIESTLEY	TEAM TRISPORTS	55 - 59	M	00:43:09	243	00:01:18	01:12:33	179	00:00:58	00:22:54	237	02:20:52		YES	YES
213	254	RICHARD BALLANTINE	KEIGHLEY AND CRAVEN ATHLETICS CLUB	45 - 49	M	00:40:47	184	00:01:10	01:16:03	237	00:01:11	00:21:49	190	02:21:00		YES	YES
214	482	MARY TWITCHETT	CAMBRIDGE TRI	50 - 54	F	00:41:06	195	00:01:13	01:16:27	244	00:01:15	00:21:11	160	02:21:12		YES	YES
215	210	NIGEL KITCHEN	WAKEFIELD TRI	40 - 44	M	00:42:49	235	00:01:33	01:13:21	197	00:01:10	00:22:37	217	02:21:30		NO	NO
216	407	EMMA BARRACLOUGH	BARRACUDA TRI	25 - 29	F	00:42:10	218	00:01:43	01:14:48	225	00:01:10	00:21:44	187	02:21:35		YES	YES
217	275	NICHOLAS HUDSON	ESPORTA SHEFFIELD	45 - 49	M	00:44:52	277	00:02:01	01:10:09	137	00:01:47	00:22:49	232	02:21:38		NO	NO
218	446	EMMA GILL		35 - 39	F	00:42:15	221	00:01:11	01:14:29	214	00:01:06	00:22:41	222	02:21:42		YES	YES
219	420	CARRINE WALKER	NYP TRI	25 - 29	F	00:42:52	238	00:01:00	01:13:54	204	00:00:58	00:23:15	249	02:21:59		YES	YES
220	4	DAVID BOWKETT	CELTIC TRI	20 - 24	M	00:38:59	121	00:01:22	01:18:23	279	00:00:57	00:22:36	216	02:22:17		YES	YES
221	110	RICHARD ANDERSON	STAMFORD TRI CLUB	35 - 39	M	00:43:14	248	00:01:16	01:14:12	211	00:01:16	00:22:36	215	02:22:34		NO	NO
222	139	RICHARD KNIGHT	WAKEFIELD TRI	35 - 39	M	00:42:51	237	00:01:14	01:14:41	223	00:01:15	00:22:35	214	02:22:36		NO	NO

223	117	ALAN CLARK		35 - 39	M	00:44:07	267	00:01:51	01:11:42	165	00:01:06	00:23:51	262	02:22:37		NO	NO
224	260	DAVID BRAYER	MEYNELL VALLEY HUNTERS TRI	45 - 49	M	00:40:26	177	00:01:46	01:18:22	278	00:01:11	00:20:55	148	02:22:40		YES	YES
225	342	PATRICE BERTRAND	ASHFORD TRI CLUB	55 - 59	M	00:42:36	227	00:01:26	01:14:41	222	00:01:05	00:22:54	236	02:22:42		NO	YES
226	401	FIONA BLAGG	CRAWLEY TRI CLUB	20 - 24	F	00:42:59	240	00:00:54	01:14:35	218	00:00:53	00:23:22	255	02:22:43		YES	YES
227	468	WENDY GOODING	PACTRAC	45 - 49	F	00:41:58	210	00:01:13	01:16:32	247	00:01:23	00:21:39	184	02:22:45		YES	YES
228	354	RICHARD PIRON	BEDFORD HARRIERS AC	55 - 59	M	00:42:07	216	00:02:06	01:14:36	219	00:01:57	00:22:08	201	02:22:54		NO	NO
229	150	BENNETT PUGSLEY		35 - 39	M	00:39:46	152	00:01:28	01:18:14	273	00:01:18	00:22:10	203	02:22:56		YES	YES
230	449	SANDRA TULLOCH	EAST FIFE TRI CLUB	35 - 39	F	00:43:49	262	00:00:53	01:13:44	202	00:01:11	00:23:19	253	02:22:56		YES	YES
231	452	LYNN EMMETT	TRI-ANGLIA	40 - 44	F	00:40:51	186	00:01:14	01:18:18	277	00:01:11	00:21:30	177	02:23:04		YES	YES
232	326	PETER MURPHY	DEAL TRI	50 - 54	M	00:43:12	247	00:01:25	01:14:00	207	00:01:25	00:23:17	251	02:23:19		NO	NO
233	377	BILL BOYNTON	NEWCASTLE (STAFFS) TRI CLUB	65 - 69	M	00:42:31	225	00:01:32	01:14:56	228	00:01:57	00:22:27	210	02:23:23		YES	YES
234	28	SAM FOWLER		25 - 29	M	00:39:38	145	00:01:25	01:16:16	242	00:01:43	00:24:42	284	02:23:44		NO	NO
235	432	KIRSTIE MORRISON	BATH AMPHIBIANS	30 - 34	F	00:40:23	175	00:01:14	01:19:53	292	00:01:02	00:21:17	166	02:23:49		YES	YES
236	190	TERRY DELA HAYE	TEAM MILTON KEYNES	40 - 44	M	00:43:30	254	00:01:13	01:13:06	192	00:01:28	00:24:34	278	02:23:51		NO	NO
237	29	WILL GLASSON	MEYNELL VALLEY HUNTERS TRI	25 - 29	M	00:41:11	198	00:01:22	01:16:31	246	00:01:15	00:23:39	258	02:23:58		NO	NO
238	353	ROB PEARSON	SHEFFIELD TRI	55 - 59	M	00:39:48	154	00:01:53	01:16:36	249	00:03:05	00:22:44	226	02:24:06		NO	YES
239	228	RICHARD ROPER	TFN TRI CLUB	40 - 44	M	00:41:41	206	00:01:25	01:18:15	274	00:01:14	00:21:33	180	02:24:08		NO	NO
240	247	ANTHONY YEATS	LINCS SQUAD	40 - 44	M	00:43:31	255	00:01:58	01:12:34	180	00:01:12	00:24:55	290	02:24:10		NO	NO
241	329	JEFF OUTHWAITE	WAKEFIELD TRI	50 - 54	M	00:45:46	299	00:01:21	01:11:25	161	00:01:13	00:24:39	281	02:24:24		YES	YES
242	161	MICHAEL SHAKESHEFF		35 - 39	M	00:39:57	160	00:01:10	01:21:20	297	00:01:20	00:20:42	123	02:24:29		NO	NO
243	384	EDWARD SNELLING	WESTON AC	65 - 69	M	00:42:44	231	00:01:46	01:15:10	232	00:01:44	00:23:10	247	02:24:34		YES	YES
244	366	JAMES CHISHOLM	WAKEFIELD TRI	60 - 64	M	00:42:06	214	00:01:25	01:16:48	253	00:01:18	00:23:04	243	02:24:41		YES	NO
245	383	MICHAEL SMALLWOOD	RUGBY TRI CLUB	65 - 69	M	00:45:48	300	00:02:07	01:11:28	162	00:01:11	00:24:17	272	02:24:51		NO	YES
246	470	JULIE LAMBOURNE	TFN TRI CLUB	45 - 49	F	00:45:30	291	00:01:15	01:13:02	189	00:01:14	00:24:12	270	02:25:13		NO	NO
247	142	JOHN MASON		35 - 39	M	00:44:12	268	00:02:31	01:13:59	206	00:02:01	00:22:49	233	02:25:32		NO	NO
248	451	KAREN BELL	CHARNWOOD TRI	40 - 44	F	00:43:58	266	00:01:38	01:15:57	236	00:01:11	00:22:58	241	02:25:42		YES	YES
249	369	CHRIS FAIRBRASS	DEAL TRI	60 - 64	M	00:43:27	252	00:01:21	01:15:04	229	00:01:25	00:24:39	282	02:25:56		YES	YES
250	246	SIMON WOOD	SHEFFIELD TRI	40 - 44	M	00:42:49	236	00:01:28	01:18:39	283	00:01:31	00:21:30	178	02:25:57		NO	NO
251	129	MATTHEW HADDOCK		35 - 39	M	00:44:43	275	00:01:19	01:14:53	227	00:01:09	00:23:59	264	02:26:03		NO	NO
252	339	GRAHAM WARD-THOMPSON	WAKEFIELD TRI	50 - 54	M	00:47:29	325	00:01:33	01:13:25	199	00:01:14	00:22:48	229	02:26:29		NO	NO
253	324	JERRY MOORE		50 - 54	M	00:43:40	259	00:01:54	01:15:06	230	00:02:15	00:23:39	259	02:26:34		YES	YES
254	172	JONATHAN WHITE		35 - 39	M	00:43:51	264	00:00:58	01:17:34	261	00:01:04	00:23:09	246	02:26:36		NO	NO
255	269	NICHOLAS GRIFFITHS		45 - 49	M	00:44:22	269	00:02:35	01:15:40	234	00:01:52	00:22:12	204	02:26:41		NO	NO
256	132	ANTHONY HOLT		35 - 39	M	00:41:19	202	00:01:19	01:21:17	296	00:01:04	00:21:50	191	02:26:49		NO	NO
257	261	JEFF CHAPPILL	LINCS SQUAD	45 - 49	M	00:44:53	278	00:01:29	01:16:31	245	00:01:17	00:22:41	223	02:26:51		NO	NO
258	374	BOB PRINGLE	SHEFFIELD TRI	60 - 64	M	00:42:48	234	00:02:12	01:18:52	284	00:01:33	00:21:29	176	02:26:54		YES	YES
259	340	PAUL WINTER	ESPORTA BRIGHTON	50 - 54	M	00:44:26	271	00:01:16	01:16:45	250	00:01:20	00:23:21	254	02:27:08		YES	YES
260	466	LORRAINE BROWN	FIFE AC	45 - 49	F	00:41:44	207	00:01:16	01:19:58	293	00:01:55	00:22:18	205	02:27:11		YES	YES
261	343	STEPHEN CAM		55 - 59	M	00:43:28	253	00:01:40	01:16:58	254	00:02:34	00:22:33	211	02:27:13		NO	NO
262	409	LUCY CLARKE	SOMERSET RC TRI	25 - 29	F	00:43:24	251	00:01:08	01:17:51	267	00:01:23	00:23:31	257	02:27:17		YES	YES
263	411	HOLLY FERRAR		25 - 29	F	00:43:46	260	00:01:06	01:17:49	266	00:02:16	00:22:25	209	02:27:22		YES	YES
264	438	HELEN SCOTT	MANSFIELD HARRIERS	30 - 34	F	00:43:47	261	00:01:43	01:17:57	269	00:01:23	00:22:51	234	02:27:41		YES	YES
265	182	CHRIS BOTT	SHEFFIELD TRI	40 - 44	M	00:45:50	302	00:01:52	01:13:04	191	00:01:47	00:25:24	302	02:27:57		NO	NO
266	273	ANTONY HIRST		45 - 49	M	00:45:19	286	00:01:47	01:15:16	233	00:01:42	00:23:59	265	02:28:03		NO	NO
267	371	JULIAN HOWE	LEICESTER TRI CLUB	60 - 64	M	00:43:15	249	00:01:36	01:19:47	291	00:01:02	00:22:24	208	02:28:04		YES	NO
268	191	ERIC DELMONT		40 - 44	M	00:44:31	273	00:01:37	01:14:43	224	00:01:24	00:26:00	310	02:28:15		YES	YES
269	24	ADAM COX		25 - 29	M	00:43:04	241	00:01:17	01:14:37	220	00:01:27	00:27:51	338	02:28:16		NO	NO
270	257	OWEN BARRON		45 - 49	M	00:42:15	222	00:01:20	01:22:24	304	00:01:13	00:21:06	155	02:28:18		NO	NO
271	490	ELSPETH KNOTT	HARWICH RUNNERS	60 - 64	F	00:45:41	296	00:01:16	01:14:27	213	00:02:07	00:25:02	291	02:28:33		YES	YES
272	231	ALAN SHELDON	DERBY TRI	40 - 44	M	00:43:34	256	00:01:42	01:17:17	258	00:01:47	00:24:25	275	02:28:45		NO	NO
273	66	CHRISTOPHER DAVEY		30 - 34	M	00:45:24	289	00:01:27	01:10:16	138	00:02:38	00:29:11	346	02:28:56		NO	NO
274	346	MICHAEL DONOVAN		55 - 59	M	00:42:43	230	00:01:41	01:20:56	295	00:02:17	00:21:35	181	02:29:12		YES	YES
275	474	JULIE TAPLEY	CAMBRIDGE TRI	45 - 49	F	00:45:54	303	00:01:13	01:17:52	268	00:01:05	00:23:25	256	02:29:29		YES	YES
276	271	DAVID HARRISON		45 - 49	M	00:45:35	293	00:01:45	01:11:06	159	00:02:16	00:28:55	344	02:29:37		NO	NO
277	319	CHRISTOPHER LEE	STEYNING AC	50 - 54	M	00:45:35	294	00:00:53	01:17:59	270	00:01:00	00:24:12	271	02:29:39		YES	YES
278	55	CRAIG WINFIELD	FERNWOOD RUNNING CLUB	25 - 29	M	00:42:03	211	00:01:09	01:22:26	305	00:00:58	00:23:18	252	02:29:54		NO	NO
279	293	ROB RIEKIE	TEAM MILTON KEYNES	45 - 49	M	00:39:53	158	00:01:24	01:25:22	328	00:01:13	00:22:05	199	02:29:57		YES	YES
280	192	STEVEN DOLBY	LINCS SQUAD	40 - 44	M	00:46:16	311	00:01:11	01:14:40	221	00:01:14	00:26:43	327	02:30:04		YES	YES

281	403	KATHERINE HENDERSON	DURHAM UNI TRI CLUB	20 -24	F	00:44:43	276	00:07:11	01:14:26	212	00:00:48	00:23:01	242	02:30:09		YES	YES
282	408	LAUREN BRADSHAW	ABSOLUTE TRI	25 - 29	F	00:42:10	219	00:01:03	01:21:24	298	00:01:01	00:24:40	283	02:30:18		YES	YES
283	188	MARTIN CARROLL		40 - 44	M	00:47:24	321	00:01:51	01:13:55	205	00:01:47	00:26:02	312	02:30:59		NO	NO
284	405	SIOBHAN PRISE	EDINBURGH UNI TRI CLUB	20 -24	F	00:43:49	263	00:01:05	01:23:32	317	00:00:51	00:21:50	192	02:31:07		YES	NO
285	179	CARL BENEDETTE	LEEDS BRADFORD TRI CLUB	40 - 44	M	00:46:13	310	00:01:03	01:16:47	252	00:01:02	00:26:28	322	02:31:33		NO	NO
286	68	SHAUN DERBY		30 - 34	M	00:46:04	306	00:01:28	01:17:40	264	00:01:33	00:24:53	289	02:31:38		NO	NO
287	73	NEIL FORMAN		30 - 34	M	00:45:14	284	00:01:00	01:19:22	287	00:00:58	00:25:14	297	02:31:48		NO	NO
288	467	SUSAN BROWN	CAMBRIDGE TRI	45 - 49	F	00:45:49	301	00:02:32	01:17:11	256	00:01:44	00:24:39	280	02:31:55		YES	YES
289	476	AMANDA BENSTEAD	THE TRILIFE.COM	50 - 54	F	00:42:40	229	00:01:29	01:24:24	323	00:01:32	00:22:02	197	02:32:07		YES	YES
290	309	JOHN COTTRELL	NEWCASTLE (STAFFS) TRI CLUB	50 - 54	M	00:46:57	314	00:01:25	01:18:17	276	00:01:22	00:24:42	285	02:32:43		NO	YES
291	21	TOM BRENTON		25 - 29	M	00:42:30	224	00:01:51	01:22:07	302	00:02:31	00:24:19	273	02:33:18		NO	NO
292	222	MARK OLDFIELD		40 - 44	M	00:45:01	279	00:01:53	01:19:23	288	00:01:17	00:25:48	307	02:33:22		NO	NO
293	337	CHRIS TRZCINSKI	CHARNWOOD TRI	50 - 54	M	00:47:35	326	00:01:23	01:16:32	248	00:01:25	00:26:41	326	02:33:36		NO	NO
294	431	ALISON LEDGER	LIMERICK TRIATHLON CLUB	30 - 34	F	00:48:38	334	00:00:55	01:16:46	251	00:00:56	00:26:27	321	02:33:42		NO	NO
295	312	RICHARD FORD		50 - 54	M	00:45:34	292	00:01:13	01:20:36	294	00:01:40	00:24:52	288	02:33:55		YES	YES
296	367	ANDREW CUNNELL	REDDITCH TRIATHLETES	60 - 64	M	00:49:38	339	00:02:34	01:13:44	201	00:02:02	00:25:58	309	02:33:56		YES	YES
297	297	JON SHEEHY		45 - 49	M	00:43:37	258	00:01:29	01:24:03	320	00:01:44	00:24:31	276	02:35:24		NO	NO
298	127	JOHN GRAY		35 - 39	M	00:44:24	270	00:01:34	01:22:28	306	00:01:59	00:25:04	292	02:35:29		NO	NO
299	61	DANIEL BLACKBURN		30 - 34	M	00:46:11	308	00:01:16	01:19:45	290	00:01:15	00:27:16	331	02:35:43		YES	YES
300	265	CHRIS GEESON	TFN TRI CLUB	45 - 49	M	00:47:17	319	00:02:13	01:18:06	272	00:01:54	00:26:33	323	02:36:03		NO	NO
301	461	SUE STOCKLEY		40 - 44	F	00:47:49	327	00:01:21	01:21:39	299	00:01:29	00:24:05	268	02:36:23		NO	NO
302	26	TOM FINDLAY		25 - 29	M	00:45:04	281	00:01:06	01:24:10	321	00:01:29	00:24:34	279	02:36:23		YES	YES
303	76	THOMAS GARROD	WINDRUSH	30 - 34	M	00:45:12	282	00:01:47	01:21:44	300	00:01:30	00:26:34	325	02:36:47		YES	YES
304	307	CHRIS BRAMLEY		50 - 54	M	00:46:58	315	00:01:34	01:18:54	285	00:01:52	00:27:35	335	02:36:53		NO	NO
305	82	GARETH HUNT	SHEFFIELD TRI	30 - 34	M	00:45:45	297	00:02:36	01:22:35	307	00:01:27	00:24:32	277	02:36:55		NO	NO
306	263	MARK FINNIGAN	RACING TNT	45 - 49	M	00:48:41	336	00:01:44	01:18:30	280	00:01:49	00:26:14	316	02:36:58		YES	YES
307	196	ROBERT FORD		40 - 44	M	00:45:37	295	00:02:04	01:23:29	315	00:02:05	00:23:48	261	02:37:03		NO	NO
308	46	DAVID TALBOT		25 - 29	M	00:45:13	283	00:01:44	01:25:06	327	00:01:48	00:23:47	260	02:37:38		NO	NO
309	251	JOHN ALLEN	VOZ MAXIMUM RT	45 - 49	M	00:50:51	345	00:02:27	01:17:42	265	00:01:40	00:25:08	294	02:37:48		NO	NO
310	422	CLARE CLEWER	TFN TRI CLUB	30 - 34	F	00:46:09	307	00:01:19	01:24:55	326	00:01:31	00:24:00	266	02:37:54		NO	NO
311	380	DAVID GILBERT	TRI-ANGLIA	65 - 69	M	00:47:15	317	00:01:35	01:19:35	289	00:01:31	00:28:02	340	02:37:58		YES	YES
312	141	DAVID MARSDEN		35 - 39	M	00:45:25	290	00:01:53	01:22:35	308	00:01:59	00:26:07	313	02:37:59		NO	NO
313	373	HOWARD PELL		60 - 64	M	00:50:42	343	00:01:35	01:16:18	243	00:01:39	00:27:47	337	02:38:01		NO	NO
314	20	PHIL BISHOP		25 - 29	M	00:39:24	134	00:02:00	01:32:44	353	00:01:25	00:22:46	228	02:38:19		NO	NO
315	375	GEOFF RUSSELL	FREEDOM TRI	60 - 64	M	00:45:15	285	00:01:32	01:25:28	329	00:02:13	00:24:07	269	02:38:35		YES	YES
316	220	ANDY NEILL		40 - 44	M	00:47:11	316	00:02:25	01:23:05	312	00:01:42	00:24:24	274	02:38:47		NO	NO
317	416	KATE RITCHIE	MANCHESTER TRIATHLON CLUB	25 - 29	F	00:46:04	305	00:01:43	01:24:54	325	00:01:22	00:24:49	287	02:38:52		YES	YES
318	305	RICHARD BAUGH		50 - 54	M	00:48:21	332	00:01:27	01:22:13	303	00:01:16	00:25:46	305	02:39:03		NO	NO
319	287	STEPHEN NEWELL		45 - 49	M	00:48:24	333	00:01:24	01:23:05	313	00:01:05	00:25:09	295	02:39:07		NO	NO
320	434	SARAH OWEN	NYP TRI	30 - 34	F	00:47:59	329	00:01:07	01:23:49	318	00:01:17	00:25:12	296	02:39:24		NO	NO
321	442	LYNNE CALLAGHAN	NEWCASTLE (STAFFS) TRI CLUB	35 - 39	F	00:43:34	257	00:02:17	01:29:15	342	00:01:29	00:22:57	239	02:39:32		YES	YES
322	186	STEVE BRANDRETH		40 - 44	M	00:45:03	280	00:01:49	01:23:02	311	00:02:23	00:27:16	332	02:39:33		NO	NO
323	171	SAM WHITAKER		35 - 39	M	00:47:16	318	00:02:06	01:22:40	310	00:01:58	00:26:14	317	02:40:14		YES	YES
324	274	IAN HOWIE		45 - 49	M	00:48:15	331	00:01:36	01:24:38	324	00:01:04	00:25:46	306	02:41:19		NO	NO
325	486	JACKIE HARDMAN	BARRACUDA TRI	55 - 59	F	00:48:38	335	00:02:03	01:23:54	319	00:01:37	00:25:17	298	02:41:29		YES	YES
326	423	ALISON COLDWELL	SHEFFIELD TRI	30 - 34	F	00:50:03	341	00:01:43	01:22:37	309	00:01:21	00:26:08	314	02:41:52		NO	NO
327	240	PETER TWIGG	LEEDS BRADFORD TRI CLUB	40 - 44	M	00:45:22	288	00:01:25	01:26:48	331	00:02:53	00:26:01	311	02:42:29		NO	NO
328	417	GEORGINA SHAW	GRIMSBY TRIATHLON CLUB	25 - 29	F	00:46:56	313	00:01:50	01:28:07	338	00:01:49	00:23:58	263	02:42:40		YES	YES
329	404	KATE LAHART	LINCS SQUAD	20 -24	F	00:48:46	337	00:02:52	01:24:14	322	00:01:53	00:25:21	301	02:43:06		NO	NO
330	159	IAN SCOTT		35 - 39	M	00:45:46	298	00:01:58	01:29:21	343	00:01:46	00:24:49	286	02:43:40		NO	NO
331	50	GRAHAM WELLS		25 - 29	M	00:47:24	322	00:01:52	01:27:03	333	00:01:54	00:25:27	303	02:43:40		NO	NO
332	465	KATHLEEN BRANKIN	TEAM MANVERS	45 - 49	F	00:47:54	328	00:02:15	01:26:52	332	00:01:34	00:25:20	300	02:43:55		YES	YES
333	213	GAVIN LEATHERLAND	CHESAPEAKE RR	40 - 44	M	00:45:20	287	00:02:01	01:27:38	335	00:02:28	00:26:33	324	02:44:00		NO	NO
334	415	EMMA PHILLIPS	LINCS SQUAD	25 - 29	F	00:46:11	309	00:01:21	01:27:39	336	00:02:05	00:27:17	333	02:44:33		NO	NO
335	469	LUCY GUEST		45 - 49	F	00:51:55	352	00:01:39	01:23:21	314	00:01:22	00:27:25	334	02:45:42		NO	NO
336	112	JONATHAN BATES		35 - 39	M	00:43:09	245	00:01:19	01:29:10	341	00:01:03	00:31:04	355	02:45:45		NO	NO
337	479	ELIZABETH LAMB	DURHAM UNI TRI CLUB	50 - 54	F	00:47:27	325	00:01:37	01:29:31	344	00:01:17	00:26:58	329	02:46:50		YES	YES
338	428	NATALIE GOOCH	AVSOM TRI CLUB	30 - 34	F	00:46:02	304	00:01:53	01:32:05	350	00:01:33	00:26:18	318	02:47:51		NO	NO

339	296	DAVID SENIOR	WAKEFIELD TRI	45 - 49	M	00:43:51	265	00:01:30	01:33:31	355	00:02:13	00:26:46	328	02:47:51		NO	NO
340	436	NICOLA RUDD-HEARN	GI TRI	30 - 34	F	00:50:10	342	00:01:44	01:28:17	339	00:01:32	00:26:10	315	02:47:53		NO	NO
341	381	DON HUTCHINSON	CAMBRIDGE TRI	65 - 69	M	00:54:25	357	00:01:32	01:21:58	301	00:01:52	00:28:09	341	02:47:56		YES	YES
342	118	NEIL CLARKE		35 - 39	M	00:51:47	351	00:01:59	01:23:30	316	00:02:02	00:29:46	350	02:49:04		NO	NO
343	203	ANDY HAYES	SOTHWELL STRAGGLERS	40 - 44	M	00:51:27	347	00:00:59	01:29:41	345	00:00:51	00:28:21	342	02:51:19		NO	NO
344	462	HELENA STRAW		40 - 44	F	00:54:08	356	00:01:30	01:25:34	330	00:01:31	00:29:17	349	02:52:00		YES	YES
345	487	ANNA PRIESTLEY	TEAM TRISPORTS	55 - 59	F	00:51:35	348	00:01:42	01:31:24	349	00:01:22	00:26:25	320	02:52:28		YES	YES
346	477	MIKA BUTLER	MEYNELL VALLEY HUNTERS TRI	50 - 54	F	00:50:42	344	00:01:54	01:31:05	348	00:01:44	00:27:06	330	02:52:31		NO	NO
347	387	KEITH ROBSON		70 - 74	M	00:51:20	346	00:01:57	01:27:13	334	00:02:29	00:31:39	356	02:54:38		YES	YES
348	84	OLIVER JONES		30 - 34	M	00:48:10	330	00:02:48	01:34:02	356	00:02:59	00:28:01	339	02:56:00		NO	NO
349	41	RICHARD ROBSON		25 - 29	M	00:47:25	323	00:01:19	01:35:22	359	00:01:25	00:30:31	354	02:56:02		NO	NO
350	38	IAN MCINTOSH		25 - 29	M	00:47:23	320	00:02:01	01:36:51	361	00:03:56	00:26:24	319	02:56:35		NO	NO
351	360	MIKE WARD	ABSOLUTE TRI	55 - 59	M	00:53:55	355	00:02:55	01:28:51	340	00:02:17	00:28:59	345	02:56:57		YES	YES
352	183	PHIL BOTTING	4LIFE TRI	40 - 44	M	00:54:49	360	00:01:58	01:30:23	347	00:01:53	00:29:13	347	02:58:16		NO	NO
353	364	BARRY BENNETT		60 - 64	M	00:49:57	340	00:02:07	01:35:06	358	00:01:55	00:29:59	353	02:59:04		YES	YES
354	226	BLAINE QUIGLEY		40 - 44	M	00:53:54	354	00:02:53	01:18:33	282	00:03:13	00:40:35	366	02:59:08		NO	NO
355	330	SIMON PARKER		50 - 54	M	00:54:31	359	00:01:39	01:32:11	351	00:01:31	00:29:53	351	02:59:45		NO	NO
356	484	HELEN WARD		50 - 54	F	00:57:37	366	00:01:32	01:29:54	346	00:01:43	00:29:57	352	03:00:43		NO	NO
357	388	ERIC BARBER	TORBAY TRI	75 - 79	M	00:51:46	350	00:02:34	01:33:08	354	00:02:19	00:31:57	358	03:01:44		YES	YES
358	252	SEAMUS ALLISON	MANSFIELD TRI	45 - 49	M	00:52:37	353	00:02:00	01:32:30	352	00:03:09	00:32:52	360	03:03:08		YES	YES
359	481	SUSANNE TIETZE	SHEFFIELD TRI	50 - 54	F	00:56:19	361	00:01:28	01:35:26	360	00:01:32	00:28:45	343	03:03:30		NO	NO
360	459	HELEN PARKER		40 - 44	F	00:51:39	349	00:01:16	01:42:08	363	00:01:11	00:29:17	348	03:05:31		NO	NO
361	389	KEVIN ROBINSON	CAMBRIDGE TRI	75 - 79	M	00:56:48	364	00:03:49	01:34:02	357	00:03:49	00:32:24	359	03:10:52		YES	YES
362	489	SALLY SMITH	SHEFFIELD TRI	55 - 59	F	00:56:19	362	00:01:25	01:42:35	364	00:02:10	00:31:53	357	03:14:22		NO	NO
363	385	RAYMOND BUNN	WORCS TRI	70 - 74	M	01:07:43	378	00:01:41	01:27:52	337	00:01:48	00:36:19	365	03:15:23		YES	NO
364	491	MARY WELSH	CHARWOOD TRI	65 - 69	F	00:57:19	365	00:02:42	01:44:41	365	00:02:16	00:34:38	363	03:21:36		YES	NO
365	379	PHILLIP DAVIES		65 - 69	M	00:56:40	363	00:02:51	01:45:29	366	00:01:58	00:36:07	364	03:23:05		YES	NO
366	390	MAURICE YOUNG	HALSTEAD ROAD RUNNERS	75 - 79	M	01:06:38	367	00:02:53	01:41:31	362	00:04:09	00:33:07	361	03:28:18		YES	YES