



Clumber 10K Provisional Results ver.2

Email Enquiries - steve@onestepbeyond.org.uk

Pos	Race #	First Name	Last Name	Division	Club	Total	MPH
1	190	MISKO	ABRAMIUK	M 40 +	RACING TNT	36:43	10.13
2	129	TIM	DOUGHTY	M 15 - 39	WORKSOP HARRIERS	36:58	10.06
3	231	GRAHAM	HODGES	M 40 +	LINCOLN TRI	37:47	9.85
4	255	MATTHEW	NUTT	M 40 +	FORMULA ONE CC	39:22	9.45
5	289	STEVEN	WELHAM	M 40 +		39:37	9.39
6	111	JOHN	BINHAM	M 15 - 39		39:45	9.36
7	192	PAUL	ARCHER	M 40 +		40:12	9.25
8	256	STUART	OCKELFORD	M 40 +		40:16	9.24
9	291	IAN	WHYMAN	M 40 +		40:19	9.23
10	35	GLENN	OLLIVANT	M 15 - 39		40:44	9.13
11	182	PETER	TOWNSEND	M 15 - 39		40:53	9.1
12	207	SIMON	CLARKE	M 40 +		41:01	9.07
13	163	TOM	PARKINSON	M 15 - 39		41:25	8.98
14	271	DANNY	SCOTT	M 40 +		41:39	8.93
15	114	IAIN	BROWN	M 15 - 39		41:57	8.87
16	216	JOHN	ELVIDGE	M 40 +		42:42	8.71
17	304	DANIEL	HADFIELD	M 40 +		42:49	8.69
18	265	MARTYN	ROWLAND	M 40 +		43:03	8.64
19	179	SCOTT	TESTER	M 15 - 39		43:07	8.63
20	117	DAVID	BURKITT	M 15 - 39	SHEFFIELD RUNNING CLUB	43:10	8.62
21	258	DALE	PARKINSON	M 40 +	GAINSBOROUGH STRIDERS	43:11	8.61
22	199	DAVID	BLOW	M 40 +		43:32	8.55
23	224	KEVIN	GUTTRIDGE	M 40 +	ASKERN & DISTRICT RC	43:37	8.53
24	217	SIMON	FOSTER	M 40 +		43:46	8.5
25	127	LEE	DAVIS	M 15 - 39		44:02	8.45
26	174	MARK	SPRATLEY	M 15 - 39		44:18	8.4
27	308	PETER	HEPTON	M 40 +		44:23	8.38
28	277	GREG	SUTHERLAND	M 40 +		44:32	8.35
29	80	ELEANOR	LEAKE	F 40 +		44:44	8.32
30	116	JAMIE	BUCKLAND	M 15 - 39	GI TRI	44:49	8.3
31	165	ROBERT	PEARSON	M 15 - 39		44:56	8.28
32	138	RICHARD	HILL	M 15 - 39		44:57	8.28
33	266	KEVIN	RUANE	M 40 +		44:58	8.27
34	201	KEVIN	BOULTER	M 40 +		45:07	8.25
35	140	LEWIS	HOPKINSON	M 15 - 39		45:14	8.22
36	136	MATT	GREENHILL	M 15 - 39		45:27	8.18
37	34	LAETITIA	MOAKES	F 15 - 39	SUTTON IN ASHFIELD HARRIERS	45:39	8.15
38	159	MATT	NAYLOR	M 15 - 39		45:41	8.14
39	253	MATTHEW	NEAL	M 40 +	TICKHILL RUNNING & ATHLETIC CLUB	45:43	8.14
40	124	LAWRENCE	COLLINS	M 15 - 39		45:49	8.12
41	176	DAVID	SURFLEET	M 15 - 39		45:51	8.11
42	169	NICK	PRYCE	M 15 - 39	LAKESIDE LINCOLN	45:54	8.1
43	134	IAN	GOODALL	M 15 - 39		46:16	8.04
44	121	MICHAEL	CLAYTON	M 15 - 39		46:18	8.03
45	262	MATT	RIDGE	M 40 +		46:19	8.03
46	94	MARIE	SLY	F 40 +		46:20	8.03



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47	166	RICHARD	PEASE	M 15 - 39		46:31	8
48	101	LISA	WELHAM	F 40 +		46:32	7.99
49	137	SCOTT	HIBBERSON	M 15 - 39		46:46	7.95
50	232	DAVID	HOLLOWAY	M 40 +		46:46	7.95
51	306	CRAIG	FLEMING	M 15 - 39		46:56	7.92
52	108	SAM	BAILEY	M 15 - 39		47:01	7.91
53	227	DARELL	HARRIS	M 40 +		47:01	7.91
54	177	JAMES	TAYLOR	M 15 - 39		47:02	7.91
55	147	DAN	LEE	M 15 - 39		47:04	7.9
56	241	PAUL	KIRK	M 40 +		47:11	7.88
57	47	HELEN	STEAD	F 15 - 39		47:31	7.83
58	288	SIMON	WARD	M 40 +		47:33	7.82
59	206	PAUL	CARTLEDGE	M 40 +		47:34	7.82
60	302	LIAM	DAY	M 15 - 39		48:06	7.73
61	283	GARRY	TOPHAM	M 40 +		48:09	7.73
62	264	TREVOR	ROGERS	M 40 +	TICKHILL RUNNING & ATHLETIC CLUB	48:18	7.7
63	208	KYLE	CLOUGH	M 40 +		48:20	7.7
64	214	DAVID	DUERDEN	M 40 +		48:40	7.64
65	125	JAMES	CRABB	M 15 - 39		48:45	7.63
66	285	SUNIL	VIDHANI	M 40 +	RETFORD AC	48:49	7.62
67	276	JAMES	SMITH	M 40 +		48:51	7.62
68	161	ADAM	OLDFIELD	M 15 - 39		48:53	7.61
69	202	CRAIG	BREWER	M 40 +	LAKESIDE LINCOLN	48:57	7.6
70	175	MARK	STELMACH	M 15 - 39	HEADSHRINKERS AC	49:02	7.59
71	156	LUKE	MICHELSON	M 15 - 39	TOTEMIC ALE DRINKERS & RUNNERS	49:03	7.58
72	186	DANIEL	WILSON	M 15 - 39	MANSFIELD TRIATHLON CLUB	49:31	7.51
73	150	NICK	MADDOCKS	M 15 - 39		49:33	7.51
74	13	MICKAYLA	FLEMING	F 15 - 39		49:33	7.51
75	298	MARTIN	ATTRUP	M 40 +		49:38	7.49
76	278	STEVE	SWALLOW	M 40 +		49:40	7.49
77	226	RICHARD	HARRISON	M 40 +	CITY OF HULL	49:46	7.47
78	155	TIM	MEEKINGS	M 15 - 39		49:52	7.46
79	148	MILES	LEE	M 15 - 39		50:04	7.43
80	275	SHAUN	SINGLETON	M 40 +	SHEFFIELD RUNNING CLUB	50:06	7.43
81	286	CHRISTER	VINCENT	M 40 +		50:07	7.42
82	243	TIMOTHY	LEAKE	M 40 +		50:09	7.42
83	282	WYN	THOMAS	M 40 +	NOTFAST RC	50:23	7.38
84	64	ELAINE	CARR	F 40 +		50:24	7.38
85	269	JULIAN	SANDERSON	M 40 +		50:26	7.38
86	110	ROSS	BARTON	M 15 - 39	NORTH NOTTS OLYMPIC ROAD CLUB	50:28	7.37
87	10	GILLIAN	ENTWISTLE	F 15 - 39		50:29	7.37
88	18	JODIE	GOODALL	F 15 - 39		50:31	7.36
89	31	EVE	MAKEPEACE	F 15 - 39		50:33	7.36
90	152	MARK	MCKONE	M 15 - 39		50:41	7.34
91	248	SEAN	MCGINLEY	M 40 +		50:42	7.34
92	103	MANDY	WOODTHORPE	F 40 +	HARTSHOLME RUNNERS LINCOLN	50:46	7.33
93	250	PHIL	METTAM	M 40 +		50:57	7.3



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94	210	NICK	CRADDOCK	M 40 +		51:00	7.29
95	32	TRACEY	MANDERS	F 15 - 39		51:01	7.29
96	284	COLIN	TULLEY	M 40 +		51:05	7.28
97	293	PHILIP	WYNN	M 40 +		51:08	7.28
98	303	MARTIN	FICKLING	M 15 - 39		51:26	7.23
99	171	MARK	SCHOLEFIELD	M 15 - 39		51:32	7.22
100	203	PETER	BROOMHEAD	M 40 +		51:33	7.22
101	113	SAM	BROOMHEAD	M 15 - 39		51:34	7.21
102	246	LEE	MARSHALL	M 40 +	SPINKHILL STRIDERS	51:51	7.17
103	36	CATHERINE	PARK	F 15 - 39		51:51	7.17
104	254	MARK	NURSE	M 40 +	WITHERNSEA HARRIERS	51:53	7.17
105	181	ZAC	TODD	M 15 - 39		51:56	7.16
106	105	CHRIS	ANTHONY	M 15 - 39		52:03	7.15
107	233	DAVID	HOUSLEY	M 40 +		52:08	7.14
108	252	NEILL	MISON	M 40 +	FERNWOOD RUNNING CLUB	52:11	7.13
109	287	IAN	VOGAN	M 40 +	ACKWORTH ROAD RUNNERS & AC	52:13	7.12
110	77	MAXINE	ISON	F 40 +	TOTLEY AC	52:17	7.12
111	7	VICKY	CLARKE	F 15 - 39	GRANTHAM RUNNING CLUB	52:17	7.12
112	237	RICHARD	HUTHWAITE	M 40 +		52:19	7.11
113	239	CHRIS	JONES	M 40 +		52:19	7.11
114	122	MARK	CLOUGH	M 15 - 39		52:29	7.09
115	274	RUSS	SINGLETON	M 40 +		52:39	7.07
116	120	HENRY	CHARLTON	M 15 - 39		52:41	7.06
117	41	LUCY	SAXELBY	F 15 - 39		52:46	7.05
118	75	WENDY	HOBSON	F 40 +	TOTEMIC ALE DRINKERS & RUNNERS	53:02	7.01
119	151	AHRON	MASON	M 15 - 39		53:04	7.01
120	131	PAUL	FISHLEIGH	M 15 - 39		53:05	7.01
121	12	TRACEY	FISHLEIGH	F 15 - 39		53:05	7.01
122	102	PATRICIA	WELLS	F 40 +		53:07	7
123	290	DAVID	WELLS	M 40 +		53:07	7
124	149	CHRISTOPHER	LEWIS	M 15 - 39		53:10	7
125	268	JONATHAN	SALT	M 40 +		53:31	6.95
126	43	EMMA	SHIPMAN	F 15 - 39		53:33	6.95
127	247	PETER	MASONBROOK	M 40 +		53:48	6.91
128	21	STEPHANIE	HALL	F 15 - 39		53:53	6.9
129	204	CHRIS	BURFORD-BRADSHAW	M 40 +		53:58	6.89
130	160	STEPHEN	NEWBY	M 15 - 39		54:02	6.88
131	100	DAWN	WEBB	F 40 +	SLEAFORD STRIDERS ATHLETICS CLUB	54:02	6.88
132	84	CATHRINE	MHEMBERE	F 40 +	SISTERS ON SUNDAY	54:10	6.87
133	90	SU	PITT	F 40 +		54:10	6.87
134	153	SHAUN	MCKONE	M 15 - 39		54:13	6.86
135	133	MARK	FROST	M 15 - 39		54:15	6.86
136	1	SHARON	BARTON	F 15 - 39	MANSFIELD TRIATHLON CLUB	54:18	6.85
137	236	JOHN	HUNT	M 40 +		54:21	6.84
138	158	MARK	NAYLOR	M 15 - 39		54:23	6.84
139	11	RACHAEL	FEATHER	F 15 - 39		54:24	6.84
140	270	CHRISTOPHER	SAWDON	M 40 +		54:30	6.83



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141	109	AMIT	BAJRACHARYA	M 15 - 39		54:34	6.82
142	170	MATTHEW	ROBINSON	M 15 - 39		54:36	6.81
143	53	SAMANTHA	WIBBERLEY	F 15 - 39		54:42	6.8
144	98	SUZANNE	TYSON	F 40 +	KILLAMARSH KESTRELS	54:45	6.79
145	61	LAURA	BENTHAM	F 40 +		54:47	6.79
146	234	RICH	HOWES	M 40 +		54:51	6.78
147	73	HELEN	HAND	F 40 +		54:54	6.78
148	299	JON	RAE	M 40 +		54:54	6.78
149	3	HELENA	BELLAMY	F 15 - 39		54:56	6.77
150	205	RICK	BUTTERY	M 40 +		54:57	6.77
151	167	RICHARD	PEDLEY	M 15 - 39		55:00	6.76
152	89	KAREN	PARRY	F 40 +		55:00	6.76
153	213	MIKE	DONOGHUE	M 40 +		55:07	6.75
154	238	ANDREW	JONES	M 40 +		55:12	6.74
155	157	CRAIG	MULHALL	M 15 - 39		55:13	6.74
156	245	SIMON	MARSH	M 40 +		55:14	6.74
157	260	JOHN	RAYBOULD	M 40 +		55:16	6.73
158	26	CHARLOTTE	JENNINGS	F 15 - 39		55:22	6.72
159	119	KIERON	CARRATT	M 15 - 39		55:24	6.71
160	126	BEN	CUTTS	M 15 - 39		55:28	6.71
161	19	SARAH	GOUGH	F 15 - 39		55:39	6.68
162	135	ADRIAN	GOUGH	M 15 - 39		55:39	6.68
163	8	ALISON	DELANEY	F 15 - 39		55:44	6.67
164	222	GEOFF	GREEN	M 40 +		55:58	6.65
165	132	JASON	FRETWELL	M 15 - 39		56:00	6.64
166	209	PATRICK	CONNOR	M 40 +		56:00	6.64
167	187	DAMON	WOOLLEY	M 15 - 39		56:02	6.64
168	50	DANIELLE	VACCARI	F 15 - 39		56:03	6.64
169	162	RICHARD	PARK	M 15 - 39		56:11	6.62
170	185	PAUL	WHITE	M 15 - 39		56:18	6.61
171	106	JOHN	ATKINSON	M 15 - 39		56:21	6.6
172	310	TOM	PRICE	M 15 - 39		56:22	6.6
173	189	ROBERT	YAW	M 15 - 39		56:25	6.59
174	221	STEPHEN	GIBSON	M 40 +		56:28	6.59
175	74	JOANNA	HARRISON	F 40 +		56:30	6.58
176	259	MARTIN	RAWSON	M 40 +	SPINKHILL STRIDERS	56:34	6.58
177	60	CLAIRE	BARLOW	F 40 +		56:39	6.57
178	251	DAVID	MILLIGAN	M 40 +		56:41	6.56
179	58	ANNA	ADAMS	F 40 +		56:47	6.55
180	200	MARTIN	BOOTH	M 40 +		57:00	6.53
181	30	JANE	MAGEE	F 15 - 39		57:04	6.52
182	229	ALAN	HEWITT	M 40 +		57:17	6.49
183	115	JAMES	BRUNTON	M 15 - 39		57:18	6.49
184	173	MARTYN	SNELL	M 15 - 39		57:18	6.49
185	211	MARK	CROFT	M 40 +		57:22	6.48
186	95	CHRISTINE	STIMPSON	F 40 +	TICKHILL RUNNING & ATHLETIC CLUB	57:23	6.48
187	45	ELIZABETH	SPOONER	F 15 - 39		57:23	6.48



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188	280	MIKE	TAYLOR	M 40 +		57:25	6.48
189	141	DAVID	JACKSON	M 15 - 39		57:29	6.47
190	196	LEE	BARLOW	M 40 +		57:31	6.47
191	164	CHRISTIAN	PARNELL	M 15 - 39		57:36	6.46
192	38	CLARE	PARNELL	F 15 - 39		57:36	6.46
193	309	RACHAEL	CUNNINGHAM	F 15 - 39		57:45	6.44
194	272	MICHAEL	SELLARS	M 40 +		57:52	6.43
195	2	VICTORIA	BARTOSZEWSKI	F 15 - 39		58:05	6.4
196	82	STELLA	MARSHALL	F 40 +	SPINKHILL STRIDERS	58:10	6.4
197	62	HEATHER	BRADLEY-SMITH	F 40 +	KILLAMARSH KESTRELS	58:15	6.39
198	219	ALISTAIR	FULLER	M 40 +		58:22	6.37
199	305	SARAH	LAMBERT	F 40 +		58:27	6.36
200	107	MARTIN	ATKINSON	M 15 - 39		58:33	6.35
201	57	HAZEL	YANNEY	F 15 - 39		58:43	6.34
202	20	HELEN	GRAVES	F 15 - 39	SLEAFORD TOWN RUNNERS	58:45	6.33
203	123	DANIEL	COLE	M 15 - 39		58:48	6.33
204	294	MICHAEL	YANNEY	M 40 +		58:50	6.32
205	228	DARREN	HESTER	M 40 +	ABSOLUTE TRIATHLON CLUB	58:51	6.32
206	257	ANDY	PARKER	M 40 +		58:56	6.31
207	244	JOSEPH	LINNEY	M 40 +	TICKHILL RUNNING & ATHLETIC CLUB	58:56	6.31
208	195	COLIN	BAILEY	M 40 +		58:59	6.31
209	67	JULIE	DAVIS	F 40 +		59:06	6.29
210	292	ANDREW	WOODROW	M 40 +		59:13	6.28
211	281	DAVID	TERRY	M 40 +	BLUE LAGOON	59:18	6.27
212	76	JANE	HUGHES	F 40 +		59:25	6.26
213	24	SONIA	INSLEY	F 15 - 39	MANSFIELD TRIATHLON CLUB	59:52	6.21
214	350	STEVE	SAUNDERS	NONE	THE MAN UP TEAM	1:00:00	6.2
215	178	STEVE	TAYLOR	M 15 - 39		1:00:07	6.19
216	267	NICK	SALMONS	M 40 +		1:00:28	6.15
217	300	CLAIR	NELSON	F 15 - 39		1:00:29	6.15
218	66	SARA	DALY	F 40 +		1:00:52	6.11
219	63	MICHAELA	BURFORD-BRADSHAW	F 40 +		1:00:55	6.11
220	52	HELEN	WHITE	F 15 - 39		1:00:59	6.1
221	301	CAROL	WATKINSON	F 15 - 39		1:01:19	6.07
222	6	HARRIET	BUCKLEY	F 15 - 39	KILLAMARSH KESTRELS	1:01:33	6.04
223	17	SARAH	GEESON	F 15 - 39		1:02:33	5.95
224	51	AMBER	WALKER-O'BRIEN	F 15 - 39		1:02:37	5.94
225	212	DECLAN	DALY	M 40 +		1:03:03	5.9
226	56	RACHEL	WRIGHT	F 15 - 39		1:03:04	5.9
227	78	BRENDA	KING	F 40 +	ROTHERHAM HARRIERS AND A C	1:03:15	5.88
228	112	CRAIG	BOOTHE	M 15 - 39	HEADSHRINKERS AC	1:03:26	5.86
229	99	CHARLEEN	VANDENBERG	F 40 +		1:03:28	5.86
230	297	VANESSA	SPARKES	F 15 - 39		1:03:49	5.83
231	70	SARAH	FICKLING	F 40 +	KILLAMARSH KESTRELS	1:04:02	5.81
232	97	PAMELA	TARN	F 40 +		1:04:05	5.8
233	183	LUKE	UNDERWOOD	M 15 - 39		1:04:11	5.8
234	81	SUE	LITCHFIELD	F 40 +	WOODTHORPE HUFFERS AND PUFFERS	1:04:49	5.74



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235	93	SUZANNE	ROGERS	F 40 +		1:04:50	5.74
236	218	BARRY	FRETWELL	M 40 +		1:05:24	5.69
237	242	STEPHEN	LAYTON	M 40 +		1:05:27	5.68
238	193	PETE	AUSTIN	M 40 +		1:05:48	5.65
239	25	JACQUELINE	JACKSON	F 15 - 39		1:05:59	5.64
240	240	RODNEY	KING	M 40 +		1:06:01	5.63
241	223	ALAN	GREIG	M 40 +		1:06:05	5.63
242	72	KIRA	GREEN	F 40 +	GI TRI	1:06:08	5.63
243	9	CAROLINE	EDDINGTON	F 15 - 39		1:06:28	5.6
244	215	JOHN	EDDINGTON	M 40 +		1:06:29	5.6
245	68	RUTH	DUERDEN	F 40 +		1:06:37	5.58
246	15	JANE	FOSTER	F 15 - 39		1:06:46	5.57
247	40	CATHERINE	ROBERTS	F 15 - 39	JOG DERBYSHIRE	1:07:30	5.51
248	22	SOPHIE	HARDING	F 15 - 39		1:07:30	5.51
249	44	JANICE	SKIPPER	F 15 - 39		1:07:33	5.51
250	23	LEANDA	HODSON-MACKEY	F 15 - 39		1:07:46	5.49
251	49	FI	THOMPSON	F 15 - 39		1:08:32	5.43
252	198	TIMOTHY	BAYLISS	M 40 +		1:08:43	5.41
253	130	STEVEN	DUDEY	M 15 - 39		1:08:47	5.41
254	33	LOUISE	MARSDEN	F 15 - 39		1:08:48	5.41
255	307	SUSAN	DENCH	F 40 +		1:08:56	5.4
256	312	JOANNE	CRUICKSHANKS	F 40 +		1:08:57	5.4
257	311	CHRISTINE	WINNING	F 40 +		1:09:20	5.37
258	88	JULIE	OCKELFORD	F 40 +		1:09:22	5.36
259	273	MARTIN	SHAW	M 40 +		1:09:54	5.32
260	42	BETHAN	SHAW	F 15 - 39		1:09:55	5.32
261	295	ZBIGNIEW	ZACHARKIEWICZ	M 40 +		1:10:33	5.27
262	104	ELAINE	ZACHARKIEWICZ	F 40 +	SPINKHILL STRIDERS	1:10:34	5.27
263	27	REBECCA	KAY	F 15 - 39		1:11:03	5.24
264	184	STUART	VICKERS	M 15 - 39		1:11:27	5.21
265	28	STACEY	KIDBY	F 15 - 39		1:12:03	5.16
266	86	LOIS	NICHOLL	F 40 +		1:12:45	5.11
267	65	DENISE	CARTER	F 40 +		1:12:45	5.11
268	83	CLARE	MCKECHNIE	F 40 +		1:13:15	5.08
269	79	SUE	LAYTON	F 40 +		1:13:15	5.08
270	191	IVAN	APPELQVIST	M 40 +		1:13:57	5.03
271	85	CAROLINE	MITCHELL	F 40 +		1:14:02	5.02
272	145	MIKE	KIRKHAM	M 15 - 39		1:14:49	4.97
273	46	HANNAH	SPRATLEY	F 15 - 39		1:14:55	4.97
274	235	HARRY	HUGHES	M 40 +		1:17:27	4.8
275	180	RICHARD	THORNELOE	M 15 - 39		1:17:55	4.77
276	55	CAROLINE	WOOD	F 15 - 39		1:21:19	4.57
277	5	KERRY	BRAMLEY	F 15 - 39		1:24:31	4.4