

Southwell Sprint Triathlon 2018 - Final Results - Published on 20th April 2018



Pos	Bib #	First Name	Last Name	Cat	Cat Pos	Swim	T1	Bike	T2	Run	Finish
1	650	Simon	George	M35 - 39	1	00:05:46	00:00:42	00:25:48	00:00:24	00:14:18	00:47:00
2	643	Andrew	Tarry	M45 - 49	1	00:05:47	00:00:47	00:27:01	00:00:27	00:14:55	00:48:58
3	551	Team	Sygnature A(S) Team	Relay	1	00:07:15	00:01:04	00:25:28	00:00:45	00:15:51	00:50:25
4	634	Peter	Goodfellow	M45 - 49	2	00:06:29	00:00:43	00:27:19	00:00:37	00:15:26	00:50:36
5	647	William	Kirk	M20 - 24	1	00:06:01	00:00:52	00:28:37	00:00:33	00:14:43	00:50:48
6	590	Chris	Cope	M35 - 39	2	00:07:06	00:00:47	00:27:46	00:00:35	00:15:01	00:51:18
7	641	Tom	Jackson	M25 - 29	1	00:06:08	00:00:56	00:28:31	00:00:40	00:15:25	00:51:41
8	614	Adam	Jackson	M30 - 34	1	00:06:43	00:00:51	00:28:25	00:00:36	00:15:15	00:51:52
9	565	Philip	Williams	M30 - 34	2	00:07:39	00:00:57	00:28:07	00:00:39	00:14:34	00:51:58
10	638	Christopher	Davis	M35 - 39	3	00:05:26	00:00:59	00:27:37	00:00:38	00:17:38	00:52:20
11	642	Jon-Paul	Hemmings	M35 - 39	4	00:06:00	00:00:42	00:29:00	00:00:28	00:16:14	00:52:27
12	599	Neil	Buckley	M40 - 44	1	00:06:28	00:01:02	00:27:26	00:01:01	00:16:48	00:52:47
13	619	Martin	Ball	M40 - 44	2	00:06:46	00:00:41	00:28:55	00:00:29	00:16:01	00:52:54
14	555	Carl	Egdell	M45 - 49	3	00:08:09	00:00:48	00:28:22	00:00:33	00:15:11	00:53:05
15	630	Ben	Anderson	M40 - 44	3	00:06:10	00:00:53	00:27:43	00:00:38	00:17:55	00:53:21
16	625	Matthew	Horsfield	M30 - 34	3	00:06:31	00:00:51	00:28:45	00:00:36	00:17:27	00:53:42
17	574	Dale	Brownlessá	M40 - 44	4	00:07:18	00:00:54	00:28:38	00:00:48	00:16:33	00:54:12
18	631	Christopher	Wood	M40 - 44	5	00:06:48	00:00:53	00:29:50	00:00:42	00:16:01	00:54:16
19	580	Tony	Alcock	M45 - 49	4	00:08:38	00:01:05	00:27:21	00:00:36	00:17:02	00:54:44
20	531	Hannah Katy	Peel	F35 - 39	1	00:07:33	00:01:04	00:28:20	00:01:08	00:16:57	00:55:04
21	525	Darren	Kelly	M45 - 49	5	00:07:26	00:01:00	00:28:27	00:00:50	00:17:21	00:55:06
22	559	Nick	Morgan-Hughes	M55 - 59	1	00:07:28	00:00:41	00:28:19	00:00:34	00:18:14	00:55:19
23	562	Gareth	Hughes	M30 - 34	4	00:07:30	00:00:43	00:29:24	00:00:36	00:17:04	00:55:19
24	592	Jonathan	Henderson	M35 - 39	5	00:06:56	00:01:11	00:30:27	00:00:33	00:16:11	00:55:20

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25	578	Zac	Goodspeed	M40 - 44	6	00:06:57	00:00:49	00:28:48	00:00:44	00:18:03	00:55:24
26	637	Craig	Oliver	M35 - 39	6	00:05:40	00:01:06	00:29:52	00:00:47	00:18:28	00:55:25
27	484	Richard	Marshall	M35 - 39	7	00:08:04	00:00:52	00:29:11	00:00:32	00:16:49	00:55:30
28	585	Alistair	Rudd	M55 - 59	2	00:07:29	00:01:16	00:27:53	00:00:51	00:17:59	00:55:31
29	488	Clint	Sawyer	M40 - 44	7	00:08:40	00:00:52	00:28:13	00:00:42	00:17:13	00:55:42
30	570	Jonathan	Hirst	M35 - 39	8	00:07:16	00:00:56	00:28:54	00:00:43	00:17:52	00:55:43
31	607	Team	Team Bloom	Relay	2	00:07:05	00:00:52	00:32:59	00:00:31	00:14:58	00:55:56
32	640	Jonathan	Bayliss	M25 - 29	2	00:05:11	00:01:28	00:30:52	00:00:36	00:17:48	00:55:57
33	604	Neil	Ruff	M50 - 54	1	00:07:47	00:00:48	00:27:50	00:00:43	00:18:53	00:56:04
34	458	Ross	Taylor	M45 - 49	6	00:07:48	00:01:12	00:29:14	00:00:45	00:17:04	00:56:04
35	575	Christopher	Tacká	M40 - 44	8	00:07:07	00:00:45	00:30:23	00:00:35	00:17:19	00:56:12
36	563	Martyn	Taylor	M30 - 34	5	00:06:33	00:00:56	00:29:56	00:00:33	00:18:13	00:56:13
37	536	Beth	Wilmot	F40 - 44	1	00:07:17	00:00:58	00:29:55	00:00:59	00:17:04	00:56:15
38	600	Simon	Sharp	M45 - 49	7	00:07:10	00:00:56	00:28:53	00:00:41	00:18:38	00:56:20
39	596	Chloe	Scotchbrook	F20 - 24	1	00:06:16	00:00:47	00:31:40	00:00:30	00:17:05	00:56:20
40	610	Stuart	Johnson	M25 - 29	3	00:06:31	00:01:17	00:31:50	00:00:42	00:16:00	00:56:23
41	446	Amy	Rockall	F35 - 39	2	00:08:19	00:01:09	00:28:38	00:00:43	00:17:32	00:56:24
42	303	James	Vandersluis	M25 - 29	4	00:08:15	00:01:38	00:29:05	00:01:21	00:16:04	00:56:24
43	618	Adam	Johnston	M35 - 39	9	00:07:07	00:00:54	00:30:43	00:00:49	00:16:53	00:56:29
44	595	Paul	Manington	M35 - 39	10	00:06:42	00:01:39	00:31:05	00:00:33	00:16:32	00:56:33
45	533	Neil	Smith	M55 - 59	3	00:08:07	00:00:58	00:30:18	00:01:02	00:16:06	00:56:34
46	5	Kyle	Campbell	M45 - 49	8	00:06:47	00:00:48	00:29:37	00:01:04	00:18:17	00:56:36
47	649	Ben	Marsters	M30 - 34	6	00:05:36	00:00:56	00:31:14	00:00:33	00:18:15	00:56:36
48	598	Neil	Sorrell	M40 - 44	9	00:07:12	00:00:57	00:29:46	00:00:47	00:17:55	00:56:40
49	584	Stephen	Chambers	M50 - 54	2	00:07:00	00:00:52	00:30:00	00:00:43	00:18:04	00:56:41
50	549	Dave	Asher	M35 - 39	11	00:07:23	00:00:45	00:30:23	00:00:38	00:17:30	00:56:42
51	601	Team	Crookies	Relay	3	00:06:15	00:00:53	00:31:48	00:00:29	00:17:19	00:56:45
52	524	Rory	Standishá	M15 - 19	1	00:07:27	00:00:47	00:28:41	00:00:41	00:19:13	00:56:51
53	547	Simon	Mowbray	M30 - 34	7	00:07:44	00:01:06	00:31:11	00:00:47	00:16:02	00:56:53
54	623	Jonathan	Bower	M50 - 54	3	00:07:16	00:00:55	00:30:46	00:00:39	00:17:21	00:56:59
55	646	David	Fryer-Winder	M20 - 24	2	00:06:09	00:00:45	00:31:55	00:00:33	00:17:39	00:57:03
56	227	Anina	Atkinson	F20 - 24	2	00:06:47	00:00:58	00:31:56	00:00:50	00:16:32	00:57:04

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57	566	Jessica	Denman	F25 - 29	1	00:07:21	00:00:56	00:29:53	00:00:36	00:18:21	00:57:09
58	620	Steven	Walsh	M40 - 44	10	00:08:44	00:01:15	00:30:43	00:00:57	00:15:43	00:57:24
59	564	Matt	Purbrick	M30 - 34	8	00:07:52	00:00:45	00:29:44	00:00:32	00:18:29	00:57:25
60	591	Corinne	Moss	F40 - 44	2	00:07:04	00:01:05	00:29:59	00:00:45	00:18:33	00:57:28
61	629	Nick	Ward	M40 - 44	11	00:06:41	00:01:03	00:31:30	00:00:42	00:17:39	00:57:36
62	639	Gregg	Oldham	M40 - 44	12	00:06:34	00:01:17	00:28:45	00:00:55	00:20:14	00:57:47
63	543	Rhys	Wilkinson	M25 - 29	5	00:06:34	00:01:01	00:32:04	00:00:55	00:17:14	00:57:50
64	445	Ash	Norman	M30 - 34	9	00:07:44	00:01:06	00:30:54	00:00:53	00:17:12	00:57:51
65	617	James	Gregory	M35 - 39	12	00:06:44	00:00:54	00:33:32	00:00:31	00:16:08	00:57:52
66	636	Angus	Greenwood	M50 - 54	4	00:06:48	00:00:54	00:31:35	00:00:40	00:17:58	00:57:57
67	438	Tim	Crosby	M55 - 59	4	00:08:38	00:01:13	00:29:18	00:00:57	00:17:56	00:58:03
68	483	Louis	Dunne	M15 - 19	2	00:07:14	00:00:51	00:31:23	00:00:36	00:17:59	00:58:05
69	606	Alexander (Sandy)	Telfer	M55 - 59	5	00:07:46	00:00:57	00:30:54	00:00:36	00:17:55	00:58:09
70	613	Richard	Bruschi	M30 - 34	10	00:07:02	00:01:10	00:33:36	00:00:23	00:16:33	00:58:15
71	626	Lea	Ball	M30 - 34	11	00:06:42	00:00:57	00:31:56	00:00:50	00:17:54	00:58:21
72	605	James	Raine	M15 - 19	3	00:07:31	00:01:16	00:32:37	00:00:43	00:16:17	00:58:25
73	468	Stephen	Hancock	M45 - 49	9	00:09:13	00:00:43	00:30:21	00:00:33	00:17:39	00:58:31
74	556	Rebekah	Ward	F20 - 24	3	00:07:27	00:00:53	00:33:35	00:00:31	00:16:06	00:58:34
75	382	Christopher	Taylor	M40 - 44	13	00:08:40	00:00:59	00:31:42	00:00:39	00:16:32	00:58:35
76	597	Chris	Firth	M40 - 44	14	00:06:37	00:01:05	00:32:48	00:00:42	00:17:22	00:58:36
77	418	Ed	Walker	M30 - 34	12	00:08:37	00:00:40	00:30:22	00:00:43	00:18:17	00:58:40
78	616	Everth	Hernandez-Nava	M35 - 39	13	00:06:43	00:00:47	00:31:27	00:00:34	00:19:09	00:58:43
79	579	John	Munro	M45 - 49	10	00:07:14	00:00:51	00:32:10	00:00:46	00:17:47	00:58:50
80	497	Richard	Conway	M50 - 54	5	00:08:35	00:00:57	00:31:24	00:00:51	00:17:10	00:59:00
81	403	Tony	Gilbert	M50 - 54	6	00:09:04	00:01:05	00:30:32	00:00:52	00:17:27	00:59:01
82	428	Will	Hayes	M40 - 44	15	00:09:12	00:01:35	00:28:01	00:01:14	00:19:03	00:59:07
83	548	Ben	Smith	M35 - 39	14	00:06:56	00:00:58	00:31:12	00:00:41	00:19:20	00:59:09
84	35	Ian	Phillips	M40 - 44	16	00:11:17	00:01:45	00:30:19	00:01:19	00:14:29	00:59:12
85	589	Harry	Hitchcock	M25 - 29	6	00:07:00	00:00:57	00:31:32	00:00:37	00:19:07	00:59:16
86	491	Tessa	Oughton	F30 - 34	1	00:07:47	00:01:27	00:29:57	00:00:47	00:19:23	00:59:22
87	602	Jonathan	Overment	M45 - 49	11	00:07:45	00:01:25	00:30:46	00:00:52	00:18:35	00:59:25
88	516	Katie	Ball	F25 - 29	2	00:07:38	00:01:31	00:32:33	00:00:49	00:16:52	00:59:26

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89	461	Kerry	Drewery	F45 - 49	1	00:07:59	00:00:50	00:31:21	00:00:39	00:18:37	00:59:28
90	577	Rhidian	Jones	M40 - 44	17	00:08:10	00:01:18	00:31:05	00:01:13	00:17:41	00:59:29
91	530	Martyn	Gammidge	M45 - 49	12	00:08:08	00:00:47	00:31:47	00:00:54	00:17:52	00:59:29
92	387	Max	Ulanowsky	M40 - 44	18	00:08:16	00:01:59	00:29:43	00:00:54	00:18:39	00:59:33
93	568	Addam	Darnell	M30 - 34	13	00:07:23	00:01:17	00:31:04	00:00:55	00:18:55	00:59:35
94	554	Julian	Herriott	M45 - 49	13	00:07:49	00:01:10	00:31:20	00:00:43	00:18:33	00:59:38
95	457	Andy	Cole	M45 - 49	14	00:10:30	00:01:25	00:28:24	00:01:04	00:18:22	00:59:47
96	611	Stuart	King	M30 - 34	14	00:07:08	00:00:51	00:30:47	00:00:41	00:20:19	00:59:48
97	622	Richard	Powell	M45 - 49	15	00:07:16	00:01:38	00:30:46	00:00:40	00:19:26	00:59:48
98	645	Team	The Magpieæes	Relay	4	00:05:59	00:00:57	00:31:56	00:00:28	00:20:31	00:59:53
99	572	L	St Quinton	M35 - 39	15	00:07:17	00:01:24	00:32:53	00:00:56	00:17:52	00:59:53
100	586	Victoria	Bramley	F25 - 29	3	00:06:49	00:01:11	00:32:05	00:00:38	00:19:17	01:00:01
101	545	Stuart	Turner	M25 - 29	7	00:07:48	00:01:14	00:31:13	00:00:44	00:19:04	01:00:05
102	440	Chris	Trzcinski	M55 - 59	6	00:08:49	00:01:08	00:30:58	00:00:49	00:18:27	01:00:13
103	544	Alex	Prettyman	M25 - 29	8	00:07:47	00:01:46	00:32:16	00:00:56	00:17:27	01:00:14
104	537	Steve	Hunt	M55 - 59	7	00:08:14	00:00:54	00:30:57	00:00:39	00:19:28	01:00:14
105	632	Graham	Wallhead	M45 - 49	16	00:06:14	00:01:26	00:30:21	00:01:12	00:21:06	01:00:21
106	603	Matthew	Clarkson	M45 - 49	17	00:07:40	00:02:06	00:30:18	00:01:13	00:19:08	01:00:26
107	340	Gareth	Elliott	M35 - 39	16	00:09:13	00:01:03	00:31:28	00:00:48	00:18:23	01:00:27
108	582	Matthew	Wain	M45 - 49	18	00:07:11	00:00:59	00:32:13	00:01:11	00:18:53	01:00:29
109	527	Andrew	Clark	M45 - 49	19	00:08:19	00:00:53	00:30:47	00:00:48	00:19:42	01:00:31
110	489	Peiter	Severein	M40 - 44	19	00:07:39	00:01:00	00:32:43	00:00:36	00:18:41	01:00:40
111	609	Charlie	Goacher	M15 - 19	4	00:07:02	00:01:05	00:32:34	00:00:38	00:19:23	01:00:44
112	451	Sharon	Taylor	F45 - 49	2	00:08:24	00:01:37	00:31:08	00:00:59	00:18:39	01:00:50
113	404	Chris	Shaw	M55 - 59	8	00:09:39	00:00:58	00:29:39	00:00:53	00:19:38	01:00:50
114	478	Geoff	Collier	M55 - 59	9	00:08:47	00:01:21	00:31:14	00:00:59	00:18:33	01:00:55
115	370	Steve	Saunders	M55 - 59	10	00:08:47	00:01:04	00:32:54	00:00:51	00:17:26	01:01:04
116	459	David	Handley	M45 - 49	20	00:08:57	00:00:50	00:30:39	00:00:43	00:19:56	01:01:06
117	644	Team	atch Out Rob, Adam'S Behind Yr	Relay	5	00:05:45	00:00:47	00:37:00	00:00:28	00:17:06	01:01:08
118	443	Nicholas	Williams	M25 - 29	9	00:08:26	00:01:39	00:32:36	00:00:53	00:17:35	01:01:11
119	260	Matt	Arnold	M45 - 49	21	00:09:32	00:01:18	00:30:04	00:00:56	00:19:21	01:01:13
120	33	Alan	Barker	M40 - 44	20	00:11:40	00:01:36	00:29:03	00:01:37	00:17:18	01:01:17

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121	253	Ben	Atkinson	M40 - 44	21	00:09:38	00:00:48	00:32:47	00:00:42	00:17:22	01:01:20
122	366	Molly	Pacey	F25 - 29	4	00:08:25	00:01:07	00:31:28	00:00:58	00:19:27	01:01:27
123	412	Robert	Pearson	M60 - 64	1	00:09:40	00:01:02	00:30:56	00:01:02	00:18:45	01:01:27
124	369	Rob	Gilfoyle	M45 - 49	22	00:08:45	00:01:16	00:28:05	00:01:30	00:21:50	01:01:28
125	360	Stephen	Nightingale	M30 - 34	15	00:08:51	00:01:16	00:32:44	00:00:53	00:17:43	01:01:30
126	139	Shaun	Sumner	M35 - 39	17	00:10:24	00:01:01	00:31:24	00:00:54	00:17:45	01:01:31
127	375	Andrew	Mitchell	M35 - 39	18	00:09:16	00:01:21	00:32:14	00:01:05	00:17:33	01:01:31
128	474	David	Thornsby-Smith	M50 - 54	7	00:08:27	00:01:02	00:31:51	00:00:43	00:19:27	01:01:32
129	381	Emily	Purbrick	F30 - 34	2	00:10:16	00:01:59	00:29:43	00:00:54	00:18:39	01:01:33
130	352	Ian	Williamson	M60 - 64	2	00:08:52	00:01:17	00:32:03	00:00:47	00:18:32	01:01:33
131	503	Adam	Hylton	M20 - 24	3	00:08:14	00:00:54	00:32:56	00:00:30	00:18:56	01:01:33
132	628	Tom	Blades	M35 - 39	19	00:07:31	00:01:19	00:29:51	00:01:00	00:21:51	01:01:33
133	539	Jack	Callinghamá	M15 - 19	5	00:07:51	00:01:39	00:32:31	00:01:34	00:18:09	01:01:45
134	466	Rebecca	Watt	F55 - 59	1	00:07:46	00:01:01	00:33:04	00:00:51	00:19:02	01:01:46
135	444	Mark	Wallis	M30 - 34	16	00:08:23	00:01:17	00:32:33	00:01:02	00:18:34	01:01:51
136	397	Richard	Sharpe	M45 - 49	23	00:08:20	00:00:45	00:33:10	00:00:33	00:19:01	01:01:51
137	627	Simon	Cragg	M30 - 34	17	00:06:49	00:01:08	00:33:31	00:00:34	00:19:48	01:01:52
138	561	Abigail	Young	F25 - 29	5	00:06:58	00:01:04	00:32:41	00:00:58	00:20:10	01:01:52
139	558	David	Foster	M50 - 54	8	00:07:31	00:01:14	00:32:27	00:00:44	00:19:57	01:01:55
140	333	Denzil	Lynch	M45 - 49	24	00:09:35	00:01:16	00:34:24	00:00:55	00:16:13	01:01:55
141	430	David	Shiels	M45 - 49	25	00:08:30	00:01:13	00:32:36	00:01:08	00:18:26	01:01:55
142	263	Lee	Birbeck	M45 - 49	26	00:09:17	00:01:02	00:31:59	00:00:48	00:19:20	01:01:58
143	648	Jonny	Cook	M25 - 29	10	00:05:56	00:01:09	00:34:39	00:00:38	00:19:37	01:02:01
144	393	Adam	Norton	M40 - 44	22	00:09:18	00:01:15	00:33:42	00:00:45	00:17:02	01:02:04
145	583	Edward	Holliday	M50 - 54	9	00:07:55	00:00:53	00:31:30	00:00:44	00:21:00	01:02:04
146	567	Paul	Horridge	M30 - 34	18	00:07:16	00:01:36	00:32:04	00:01:08	00:20:02	01:02:08
147	453	Elliott	Clark	M35 - 39	20	00:08:01	00:01:54	00:33:31	00:01:21	00:17:23	01:02:11
148	518	Carl	Booker	M35 - 39	21	00:08:07	00:01:36	00:32:34	00:01:53	00:18:01	01:02:11
149	560	Sam	Gardner	M25 - 29	11	00:07:13	00:01:28	00:33:36	00:00:53	00:19:02	01:02:14
150	464	Peter	Robertson	M45 - 49	27	00:08:36	00:01:40	00:31:34	00:01:17	00:19:10	01:02:19
151	467	Adam	Winfield	M45 - 49	28	00:09:06	00:01:10	00:30:56	00:01:15	00:19:53	01:02:22
152	505	David	Pledge	M25 - 29	12	00:08:07	00:01:18	00:34:17	00:00:36	00:18:07	01:02:26

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153	455	Simon	Coatesá	M40 - 44	23	00:08:16	00:01:11	00:34:38	00:00:44	00:17:49	01:02:40
154	456	Liz	Fleuty	F45 - 49	3	00:07:57	00:01:08	00:33:15	00:00:45	00:20:02	01:02:40
155	337	Jonathan	Fowler	M55 - 59	11	00:08:45	00:00:53	00:35:24	00:00:49	00:16:51	01:02:43
156	487	Steven	Whitakerá	M35 - 39	22	00:08:42	00:01:46	00:31:41	00:00:50	00:19:42	01:02:43
157	517	Brendan	Mckeown	M35 - 39	23	00:07:14	00:01:26	00:34:49	00:01:07	00:18:17	01:02:55
158	379	Adam	Round	M35 - 39	24	00:09:59	00:00:57	00:31:08	00:00:40	00:20:44	01:02:59
159	495	Garry	Plant	M45 - 49	29	00:08:16	00:01:09	00:33:08	00:00:39	00:19:50	01:03:04
160	448	Richard	Isbister	M30 - 34	19	00:08:24	00:01:17	00:34:11	00:00:44	00:18:28	01:03:07
161	394	Steve	Wilkinson	M40 - 44	24	00:08:18	00:01:10	00:33:22	00:01:00	00:19:17	01:03:09
162	482	Michael	Staines	M60 - 64	3	00:08:58	00:01:10	00:32:08	00:00:52	00:19:58	01:03:09
163	224	Sam	Hinton	M25 - 29	13	00:07:34	00:01:23	00:35:33	00:00:31	00:18:14	01:03:16
164	355	Ethan	Bringloe	M15 - 19	6	00:08:53	00:00:49	00:34:42	00:00:40	00:18:09	01:03:16
165	319	Glen	Linsell	M40 - 44	25	00:09:23	00:01:52	00:33:03	00:01:10	00:17:59	01:03:29
166	384	James	Gibson	M40 - 44	26	00:08:24	00:01:33	00:32:00	00:00:55	00:20:40	01:03:34
167	439	Paddy	Tighe	M55 - 59	12	00:08:37	00:00:52	00:32:23	00:00:58	00:20:46	01:03:38
168	388	Andrew	Spittlehouse	M40 - 44	27	00:07:56	00:00:51	00:34:23	00:00:40	00:19:48	01:03:39
169	441	Karen	Lynch	F40 - 44	3	00:09:13	00:01:09	00:31:21	00:01:14	00:20:41	01:03:39
170	264	Jason	Goodman	M45 - 49	30	00:09:42	00:02:07	00:32:05	00:01:16	00:18:32	01:03:45
171	345	Stephen	Thornley	M45 - 49	31	00:09:05	00:02:09	00:30:53	00:00:58	00:20:40	01:03:47
172	362	Dean	Melbourne	M30 - 34	20	00:09:21	00:01:20	00:33:16	00:00:55	00:18:55	01:03:50
173	452	Team	Burningduck	Relay	6	00:08:01	00:00:54	00:33:50	00:01:07	00:20:00	01:03:54
174	594	Adam	Walkerá	M35 - 39	25	00:07:44	00:01:03	00:34:34	00:00:35	00:20:04	01:04:02
175	519	Chris	Johnson	M40 - 44	28	00:08:04	00:01:09	00:35:06	00:00:48	00:18:54	01:04:04
176	454	Ollie	Lord	M40 - 44	29	00:07:34	00:01:30	00:33:38	00:00:49	00:20:37	01:04:10
177	557	Michael	Irving	M45 - 49	33	00:07:45	00:00:58	00:33:33	00:01:03	00:20:54	01:04:15
178	368	Dave	Smallman	M45 - 49	32	00:08:26	00:01:32	00:32:31	00:00:51	00:20:54	01:04:15
179	460	Mike	Humphreys	M50 - 54	10	00:09:14	00:01:07	00:33:45	00:01:13	00:18:55	01:04:16
180	576	Emily	Alcock	F15 - 19	1	00:07:12	00:01:05	00:35:42	00:00:46	00:19:34	01:04:21
181	395	Chris	Owen	M45 - 49	34	00:09:13	00:01:39	00:31:50	00:01:07	00:20:34	01:04:24
182	698	Naomi	Worrall	F25 - 29	6	00:08:05	00:01:14	00:35:13	00:00:54	00:19:00	01:04:28
183	522	Richard	Palmer	M45 - 49	35	00:07:50	00:02:30	00:32:46	00:02:14	00:19:11	01:04:34
184	697	Helen	Crossley	F45 - 49	4	00:06:46	00:01:18	00:33:13	00:01:02	00:22:19	01:04:41

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185	289	Jon	Snowball	M40 - 44	30	00:09:39	00:01:26	00:32:17	00:01:17	00:20:00	01:04:41
186	146	Team	Scarlett And Her Minions	Relay	7	00:10:07	00:00:54	00:31:44	00:00:53	00:21:02	01:04:43
187	481	Naomi	Worrall	F25 - 29	7	00:10:42	00:01:46	00:31:41	00:00:50	00:19:42	01:04:43
188	367	Marcus	Smallman	M30 - 34	21	00:09:06	00:01:16	00:34:08	00:00:46	00:19:31	01:04:48
189	500	Craig	Mercer	M55 - 59	13	00:07:50	00:01:05	00:34:19	00:00:43	00:20:51	01:04:50
190	538	Derek	Callingham	M55 - 59	14	00:07:44	00:00:53	00:34:20	00:01:17	00:20:35	01:04:52
191	321	Katie Marie	Roberts	F35 - 39	3	00:08:51	00:01:46	00:35:20	00:00:49	00:18:36	01:04:54
192	365	Patrick	Dobb	M30 - 34	22	00:09:13	00:01:26	00:32:07	00:01:07	00:21:00	01:04:54
193	477	John	Beeston	M55 - 59	15	00:08:38	00:01:25	00:34:13	00:00:57	00:19:42	01:04:56
194	183	Stuart	Harrod	M50 - 54	11	00:07:47	00:02:35	00:31:54	00:01:41	00:21:03	01:05:02
195	490	Scott	Lane	M40 - 44	31	00:07:36	00:00:54	00:36:04	00:00:34	00:19:53	01:05:03
196	581	Bethanie	Dennis	F20 - 24	4	00:06:24	00:01:22	00:35:19	00:00:46	00:21:15	01:05:08
197	158	Ben	Marshall	M30 - 34	23	00:09:37	00:01:44	00:32:53	00:01:53	00:19:03	01:05:11
198	534	Richard	Walker	M55 - 59	16	00:09:14	00:01:56	00:31:48	00:01:16	00:20:55	01:05:12
199	347	Mark	Bringloe	M45 - 49	36	00:08:39	00:01:12	00:34:00	00:00:28	00:20:55	01:05:15
200	573	Ian	Clarke	M35 - 39	26	00:07:29	00:01:15	00:35:07	00:01:04	00:20:49	01:05:15
201	218	Mick	Simpson	M50 - 54	12	00:09:38	00:01:37	00:31:19	00:01:04	00:21:47	01:05:27
202	509	Giurgiu	Valentin	M30 - 34	24	00:08:00	00:01:07	00:34:13	00:01:06	00:21:01	01:05:29
203	615	Rick	Pearson	M35 - 39	27	00:07:03	00:01:28	00:34:10	00:01:20	00:21:26	01:05:30
204	486	Sophie	Bulginá	F30 - 34	3	00:07:37	00:01:11	00:35:05	00:00:45	00:20:51	01:05:30
205	587	Raymond	Craggs	M55 - 59	17	00:07:49	00:02:27	00:34:59	00:00:38	00:19:38	01:05:34
206	479	Terry	Grant	M60 - 64	4	00:08:31	00:01:38	00:33:10	00:01:13	00:21:31	01:05:35
207	462	Richard	Eadsforth	M40 - 44	32	00:08:39	00:01:46	00:34:09	00:01:17	00:19:54	01:05:46
208	305	Nicholas	Dash	M35 - 39	28	00:08:40	00:01:30	00:35:56	00:00:48	00:18:54	01:05:50
209	507	David	Barton	M25 - 29	14	00:09:13	00:01:48	00:33:15	00:00:30	00:21:02	01:05:51
210	330	Albie	Waterton	M20 - 24	4	00:07:44	00:00:54	00:35:40	00:00:49	00:20:46	01:05:55
211	250	Chris	Shaw	M35 - 39	29	00:09:03	00:01:31	00:34:52	00:01:13	00:19:16	01:05:56
212	302	Kahli	Johnson	F40 - 44	4	00:08:44	00:01:21	00:36:07	00:01:01	00:18:51	01:06:06
213	624	Tony	Ward	M50 - 54	13	00:07:13	00:01:32	00:35:41	00:00:47	00:20:53	01:06:07
214	506	Team	Team 3 D	Relay	8	00:07:16	00:00:58	00:38:24	00:00:37	00:18:54	01:06:11
215	252	Alison	Fox	F50 - 54	1	00:09:48	00:01:02	00:34:14	00:00:59	00:20:36	01:06:11
216	295	Paul	Leaney	M60 - 64	5	00:09:47	00:01:57	00:33:32	00:01:29	00:19:26	01:06:14

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217	588	Thomas	Edmond	M15 - 19	7	00:06:59	00:00:43	00:37:38	00:00:29	00:20:25	01:06:16
218	449	Stuart	Horner	M35 - 39	30	00:08:47	00:01:10	00:34:16	00:01:08	00:20:55	01:06:19
219	373	Mark	Stephenson	M30 - 34	25	00:09:06	00:01:08	00:36:28	00:00:45	00:18:56	01:06:26
220	357	Tom	Bitous	M15 - 19	8	00:08:02	00:01:44	00:36:50	00:01:03	00:18:47	01:06:28
221	496	Christine	Giles	F45 - 49	5	00:08:41	00:00:48	00:34:08	00:00:41	00:22:15	01:06:35
222	269	Karl	Walker	M50 - 54	14	00:08:59	00:01:33	00:35:36	00:01:52	00:19:12	01:06:44
223	552	Sam	Geeson	M40 - 44	33	00:07:27	00:01:44	00:36:24	00:00:57	00:20:16	01:06:50
224	416	Louise	Perry	F50 - 54	2	00:08:24	00:01:27	00:34:58	00:01:29	00:20:31	01:06:51
225	148	Trevor	Stevens	M60 - 64	6	00:11:30	00:02:15	00:32:42	00:01:29	00:18:55	01:06:52
226	501	Karen	Hames	F60 - 64	1	00:07:34	00:01:33	00:34:06	00:01:34	00:22:06	01:06:55
227	532	Derek	Jones	M50 - 54	15	00:08:06	00:01:07	00:34:24	00:01:04	00:22:46	01:07:00
228	320	Simon	Keogh	M40 - 44	34	00:09:29	00:02:25	00:34:25	00:00:50	00:19:50	01:07:00
229	400	Mark	Ruhier	M50 - 54	16	00:09:20	00:01:19	00:36:26	00:01:16	00:18:38	01:07:01
230	371	Emma	Dalman	F25 - 29	8	00:08:10	00:01:40	00:35:38	00:00:31	00:20:59	01:07:02
231	114	Matt	Naylor	M45 - 49	37	00:10:54	00:02:37	00:33:40	00:01:03	00:18:49	01:07:05
232	423	Vincent	Haywood	M35 - 39	31	00:08:09	00:00:59	00:36:33	00:01:11	00:20:16	01:07:10
233	214	Danny	Rose	M50 - 54	18	00:10:42	00:01:22	00:32:25	00:01:19	00:21:25	01:07:15
234	189	Nigel	Wallis	M50 - 54	17	00:11:33	00:01:48	00:34:23	00:01:33	00:17:56	01:07:15
235	194	Phillip	Jackson	M60 - 64	7	00:10:26	00:01:12	00:34:46	00:00:57	00:19:57	01:07:19
236	211	Anne	Walton	F50 - 54	3	00:09:40	00:01:46	00:33:59	00:01:15	00:20:38	01:07:20
237	411	Karen	Bell	F50 - 54	4	00:08:48	00:01:58	00:35:25	00:01:18	00:19:50	01:07:20
238	480	Stephen	Fowkes	M60 - 64	8	00:08:30	00:01:52	00:35:05	00:01:01	00:20:51	01:07:20
239	433	Jamie	Parr	M45 - 49	38	00:08:04	00:02:01	00:34:00	00:01:27	00:21:50	01:07:23
240	529	Rich	Morton	M45 - 49	39	00:09:04	00:01:06	00:33:59	00:00:59	00:22:16	01:07:27
241	113	Gary	Morrison	M40 - 44	35	00:13:31	00:01:22	00:31:26	00:01:09	00:19:58	01:07:28
242	513	William	Walkeden	M35 - 39	32	00:11:42	00:02:20	00:33:18	00:01:41	00:18:29	01:07:32
243	526	Sally	Dunnett	F35 - 39	4	00:07:48	00:00:54	00:34:31	00:01:02	00:23:17	01:07:34
244	511	Keely	McNiffe	F20 - 24	5	00:07:44	00:01:12	00:35:43	00:00:54	00:21:59	01:07:35
245	299	Will	Page	M20 - 24	5	00:09:52	00:02:47	00:32:06	00:01:19	00:21:29	01:07:36
246	504	Kenton	Jones	M20 - 24	6	00:07:37	00:01:16	00:36:02	00:01:24	00:21:25	01:07:47
247	494	Ian	Wingfield	M45 - 49	40	00:08:15	00:01:20	00:35:56	00:00:51	00:21:24	01:07:47
248	331	Jenny	Wakeman	F60 - 64	2	00:09:05	00:01:36	00:36:53	00:00:44	00:19:30	01:07:50

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249	528	Paul	Thorpe	M45 - 49	41	00:08:07	00:01:35	00:35:09	00:01:33	00:21:29	01:07:56
250	359	Christopher	Rockliffe	M25 - 29	15	00:09:19	00:00:52	00:37:53	00:01:01	00:18:49	01:07:56
251	259	Nigel	Evison	M45 - 49	42	00:11:35	00:01:16	00:34:43	00:01:04	00:19:19	01:07:59
252	472	David	Johnson	M50 - 54	19	00:08:57	00:01:12	00:33:57	00:01:11	00:22:42	01:08:03
253	499	Mark	Mortimore	M50 - 54	20	00:07:55	00:01:41	00:35:42	00:01:06	00:21:44	01:08:09
254	332	Pete	Winchester	M45 - 49	43	00:09:57	00:01:18	00:34:16	00:01:17	00:21:20	01:08:10
255	231	Sarah-Jayne	Graves	F30 - 34	4	00:09:08	00:00:50	00:34:32	00:00:56	00:22:44	01:08:11
256	465	Eddie	Mcadam	M45 - 49	44	00:07:10	00:02:12	00:36:05	00:01:19	00:21:24	01:08:11
257	304	Tom	Lindfield	M30 - 34	26	00:09:59	00:02:30	00:35:27	00:02:06	00:18:08	01:08:13
258	402	Andrew	Bilous	M50 - 54	21	00:07:21	00:01:19	00:36:08	00:01:13	00:22:12	01:08:16
259	228	Michael	Watts	M40 - 44	36	00:10:16	00:02:05	00:35:32	00:00:51	00:19:35	01:08:21
260	399	Gary	Miller	M45 - 49	45	00:10:06	00:02:11	00:34:03	00:01:08	00:20:54	01:08:24
261	313	Ryan	Holden	M35 - 39	33	00:10:54	00:01:39	00:35:21	00:01:25	00:19:11	01:08:31
262	424	Scott	Newbold	M35 - 39	34	00:08:57	00:01:13	00:34:42	00:01:12	00:22:25	01:08:32
263	79	Sam	Dinwiddy	M30 - 34	27	00:09:50	00:02:22	00:34:12	00:01:27	00:20:42	01:08:35
264	204	Richard	Marten	M40 - 44	37	00:10:29	00:01:43	00:35:14	00:00:52	00:20:19	01:08:39
265	349	Donald	Hislop	M50 - 54	22	00:09:47	00:02:11	00:35:22	00:01:08	00:20:13	01:08:43
266	514	Joe	Lawson	M30 - 34	28	00:08:24	00:01:30	00:35:55	00:01:34	00:21:20	01:08:45
267	396	Karen	Round	F35 - 39	5	00:08:16	00:01:32	00:36:26	00:01:11	00:21:20	01:08:47
268	390	Richard	Hawksley	M40 - 44	38	00:08:47	00:01:55	00:34:29	00:01:37	00:21:57	01:08:47
269	419	Stuart	Harper	M35 - 39	35	00:09:05	00:01:53	00:35:14	00:01:25	00:21:11	01:08:50
270	699	Paul	Charlesworth	M50 - 54	23	00:09:06	00:01:07	00:39:00	00:01:01	00:18:35	01:08:51
271	372	Michael	Simpson	M30 - 34	29	00:07:50	00:01:43	00:36:24	00:00:59	00:21:59	01:08:57
272	278	Tom	Dalziel	M55 - 59	18	00:10:39	00:01:14	00:34:31	00:00:56	00:22:05	01:08:57
273	385	Martin	Freeman	M40 - 44	39	00:09:40	00:01:47	00:36:25	00:00:51	00:20:13	01:08:59
274	420	Richard	Marriott	M35 - 39	36	00:08:09	00:02:02	00:36:13	00:01:22	00:21:12	01:09:00
275	635	Richard	Cooper	M50 - 54	24	00:07:11	00:02:45	00:34:19	00:00:56	00:23:49	01:09:02
276	415	Neil	Devonport	M60 - 64	9	00:09:44	00:01:52	00:36:43	00:01:47	00:19:02	01:09:10
277	414	Clive	Hayward	M65+	1	00:08:51	00:01:53	00:35:40	00:01:34	00:21:16	01:09:17
278	84	Joel	Blatherwick	M30 - 34	30	00:10:36	00:01:45	00:36:50	00:00:56	00:19:08	01:09:17
279	485	Chris	Theaker	M40 - 44	40	00:08:09	00:02:22	00:36:51	00:00:53	00:21:01	01:09:18
280	409	Christopher	Troop	M55 - 59	19	00:11:47	00:01:51	00:32:45	00:01:23	00:21:33	01:09:21

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281	129	Tim	Atkinson	M30 - 34	31	00:12:26	00:01:25	00:35:00	00:01:05	00:19:24	01:09:21
282	341	Alice	Davies	F20 - 24	6	00:08:39	00:01:14	00:38:38	00:00:44	00:20:08	01:09:24
283	612	Chris	George	M30 - 34	32	00:07:15	00:02:13	00:39:15	00:01:13	00:19:26	01:09:24
284	398	Holger	Kessler	M45 - 49	46	00:09:26	00:01:30	00:35:21	00:00:58	00:22:12	01:09:29
285	391	Jen	Senior	F30 - 34	5	00:08:18	00:01:15	00:37:39	00:01:02	00:21:20	01:09:35
286	213	Peter	Mittertreiner	M50 - 54	25	00:09:33	00:01:19	00:35:37	00:01:29	00:21:40	01:09:40
287	389	Andy	Bray	M40 - 44	41	00:08:28	00:01:56	00:35:40	00:00:51	00:22:44	01:09:41
288	165	Paul	Slavin	M40 - 44	42	00:10:26	00:02:13	00:33:55	00:01:47	00:21:19	01:09:42
289	137	Isabelle	Pound	F55 - 59	2	00:08:44	00:01:41	00:37:15	00:01:06	00:20:56	01:09:43
290	271	Helen	Soiris	F50 - 54	5	00:09:28	00:01:35	00:36:24	00:01:26	00:20:58	01:09:52
291	249	Joe	Whitton	M35 - 39	37	00:08:36	00:02:10	00:35:12	00:01:28	00:22:29	01:09:57
292	408	Alastair	Hadfield	M55 - 59	20	00:06:52	00:01:53	00:37:16	00:00:54	00:23:08	01:10:06
293	170	Matthew	Donaghy	M45 - 49	47	00:09:40	00:01:36	00:36:39	00:00:51	00:21:26	01:10:14
294	329	Nicholas	Verity	M45 - 49	48	00:10:32	00:01:21	00:36:07	00:00:49	00:21:57	01:10:18
295	258	Leslie	Gudalajtyis	M45 - 49	49	00:09:44	00:01:01	00:37:04	00:00:48	00:21:41	01:10:20
296	508	Adam	Sellars	M25 - 29	16	00:08:16	00:01:04	00:35:13	00:00:40	00:25:05	01:10:20
297	307	Jayne	Skinnerá	F50 - 54	6	00:08:34	00:01:09	00:36:37	00:01:30	00:22:28	01:10:20
298	383	Craig	Hadfield	M40 - 44	43	00:09:08	00:01:37	00:36:40	00:01:00	00:21:56	01:10:23
299	174	Jonathan	Morgan	M50 - 54	26	00:10:05	00:01:34	00:35:15	00:01:31	00:21:58	01:10:25
300	356	Samantha	Ward	F35 - 39	6	00:09:14	00:01:50	00:38:00	00:01:05	00:20:23	01:10:34
301	223	Charlie	Wells	M20 - 24	7	00:08:44	00:01:51	00:41:29	00:00:27	00:18:05	01:10:37
302	342	Will	Ramirez	M35 - 39	38	00:08:27	00:01:17	00:40:14	00:00:46	00:19:53	01:10:40
303	392	Nicholas	O'malley	M40 - 44	44	00:10:10	00:01:17	00:37:35	00:01:30	00:20:13	01:10:46
304	120	Barry	Hamlin	M45 - 49	50	00:11:27	00:02:45	00:34:40	00:01:46	00:20:11	01:10:51
305	476	Ella	Ball	F15 - 19	2	00:07:54	00:00:58	00:39:04	00:00:42	00:22:15	01:10:55
306	272	Tracey	Gjertsen	F55 - 59	3	00:09:41	00:01:02	00:37:03	00:01:29	00:21:52	01:11:09
307	233	Michael	Stredder	M45 - 49	51	00:09:41	00:01:15	00:39:00	00:00:31	00:20:40	01:11:09
308	374	Joel	Croft	M35 - 39	39	00:09:07	00:01:59	00:35:01	00:00:50	00:24:17	01:11:17
309	237	Nicola	Hubbard	F40 - 44	5	00:09:31	00:01:33	00:38:41	00:00:55	00:20:36	01:11:17
310	296	Sarah	Procter	F35 - 39	7	00:08:30	00:02:12	00:36:44	00:02:20	00:21:34	01:11:22
311	160	William	Nichols	M30 - 34	33	00:11:02	00:01:15	00:39:21	00:01:09	00:18:33	01:11:22
312	463	Jon	Knight	M45 - 49	52	00:09:06	00:01:33	00:36:09	00:01:04	00:23:32	01:11:27

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313	18	Charlie	Fowler	M20 - 24	8	00:10:31	00:02:11	00:36:48	00:02:05	00:19:50	01:11:27
314	354	Bing	Jones	M65+	2	00:09:17	00:03:10	00:34:44	00:01:44	00:22:32	01:11:28
315	132	Sarah	Edmond	F50 - 54	7	00:10:44	00:00:47	00:37:41	00:00:38	00:21:36	01:11:29
316	434	Bill	Hill	M45 - 49	53	00:08:48	00:01:25	00:38:10	00:00:51	00:22:15	01:11:32
317	246	Elizabeth	Cannon	F45 - 49	6	00:09:44	00:01:54	00:37:14	00:01:23	00:21:46	01:11:32
318	190	A	Moss	M55 - 59	21	00:11:37	00:02:04	00:35:51	00:01:35	00:20:24	01:11:33
319	3	David	Cole	M45 - 49	54	00:08:15	00:01:44	00:37:58	00:01:42	00:21:58	01:11:39
320	229	Doug	Wing	M45 - 49	55	00:10:01	00:01:23	00:38:42	00:02:15	00:19:17	01:11:40
321	242	Lorraine	Murphy	F45 - 49	7	00:09:38	00:01:09	00:36:36	00:01:13	00:23:13	01:11:52
322	450	Paul	Townsley	M35 - 39	40	00:08:36	00:01:44	00:36:14	00:01:41	00:23:35	01:11:52
323	144	Mike	Muscott	M60 - 64	10	00:10:54	00:02:11	00:35:32	00:01:16	00:22:03	01:11:57
324	56	Holly	Christopher	F25 - 29	9	00:11:44	00:02:18	00:38:12	00:01:08	00:18:34	01:11:58
325	309	Lee	Bradley	M25 - 29	17	00:09:45	00:01:41	00:32:49	00:01:25	00:26:17	01:11:59
326	338	Neil	Tooby	M55 - 59	22	00:08:55	00:01:53	00:36:54	00:01:39	00:22:41	01:12:04
327	312	Pam	Oliver	F65+	1	00:09:01	00:01:47	00:36:10	00:01:43	00:23:22	01:12:05
328	226	Roisin	Munnally	F30 - 34	6	00:09:13	00:02:58	00:37:58	00:02:10	00:19:46	01:12:08
329	471	Bev	Hendley	F55 - 59	4	00:08:22	00:01:35	00:38:48	00:01:19	00:22:09	01:12:15
330	244	Jack	Amey	M25 - 29	18	00:09:57	00:02:33	00:39:14	00:01:29	00:19:00	01:12:15
331	376	Ayesha	Nacer	F25 - 29	10	00:07:51	00:02:54	00:36:47	00:01:34	00:23:08	01:12:16
332	243	Jack	Race	M20 - 24	9	00:09:19	00:02:56	00:36:41	00:01:09	00:22:10	01:12:16
333	23	Andrew	Bowman	M40 - 44	45	00:10:58	00:01:19	00:39:16	00:01:14	00:19:28	01:12:19
334	265	Anthony	Scott	M45 - 49	56	00:09:54	00:02:32	00:35:31	00:02:03	00:22:27	01:12:27
335	608	Finn	Leuzzi	M15 - 19	9	00:07:34	00:02:01	00:41:51	00:01:10	00:19:50	01:12:28
336	510	Gregory	Crooks	M30 - 34	34	00:10:30	00:02:43	00:38:12	00:00:29	00:20:37	01:12:34
337	169	Dean	Marriott	M45 - 49	57	00:09:54	00:01:59	00:36:26	00:01:30	00:22:49	01:12:39
338	143	John	Richmond	M45 - 49	58	00:11:02	00:02:24	00:36:23	00:01:55	00:21:02	01:12:48
339	429	Matthew	Eyre	M40 - 44	46	00:10:13	00:01:59	00:37:15	00:02:05	00:21:17	01:12:51
340	380	Ian	Beddoes	M35 - 39	41	00:08:52	00:02:11	00:37:42	00:01:06	00:23:29	01:12:53
341	346	Izzy	Sheldon	F25 - 29	11	00:08:46	00:02:06	00:39:43	00:01:13	00:21:06	01:12:56
342	435	Denzil	Phillips	M50 - 54	27	00:08:53	00:01:35	00:38:46	00:01:49	00:21:51	01:12:57
343	234	Andrew	Billings	M55 - 59	23	00:09:27	00:02:16	00:38:03	00:01:05	00:22:08	01:13:00
344	279	Simon	Haydock	M60 - 64	11	00:10:22	00:02:00	00:35:45	00:01:17	00:23:37	01:13:02

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345	191	Pauline	Robertson	F35 - 39	8	00:09:45	00:01:32	00:38:16	00:00:57	00:22:35	01:13:07
346	133	Tim	Allwood	M45 - 49	59	00:12:00	00:03:00	00:35:37	00:01:30	00:20:59	01:13:08
347	284	Adam	Warsop	M30 - 34	35	00:11:00	00:01:29	00:37:49	00:01:09	00:21:42	01:13:11
348	317	Katherine	Hall	F30 - 34	7	00:08:06	00:02:39	00:40:02	00:01:33	00:20:53	01:13:15
349	241	Helen	Young	F45 - 49	8	00:09:36	00:02:28	00:38:29	00:01:15	00:21:27	01:13:17
350	520	Richard	Appleton	M40 - 44	47	00:09:06	00:01:25	00:38:53	00:01:45	00:22:07	01:13:18
351	540	John	Gladman	M55 - 59	24	00:07:33	00:01:57	00:39:16	00:02:04	00:22:26	01:13:19
352	314	Chris	Ellis	M35 - 39	43	00:11:13	00:02:13	00:37:18	00:01:58	00:20:38	01:13:22
353	88	Peter	Maguire	M35 - 39	42	00:11:25	00:02:40	00:37:48	00:01:56	00:19:30	01:13:22
354	426	Joanna	Deas	F30 - 34	8	00:08:29	00:01:29	00:38:53	00:01:12	00:23:22	01:13:26
355	351	Nicola	Ellis	F25 - 29	12	00:09:12	00:01:22	00:38:12	00:00:52	00:23:45	01:13:27
356	277	Emily	Baxter	F25 - 29	13	00:09:51	00:01:41	00:39:13	00:01:14	00:21:30	01:13:32
357	93	Barry	Corker	M45 - 49	60	00:10:41	00:03:56	00:36:39	00:01:42	00:20:32	01:13:33
358	184	Philip	Roberts	M50 - 54	28	00:12:22	00:01:50	00:34:25	00:01:27	00:23:37	01:13:44
359	344	Craig	Edwards	M40 - 44	48	00:10:28	00:02:02	00:39:47	00:01:17	00:20:10	01:13:46
360	282	Lucy	Meeks	F25 - 29	14	00:09:00	00:02:22	00:35:37	00:01:40	00:25:06	01:13:47
361	422	Mark	Ingram	M35 - 39	44	00:10:23	00:01:56	00:38:16	00:00:52	00:22:17	01:13:47
362	182	Rowan	Jackson-Stewart	F25 - 29	15	00:09:28	00:02:12	00:39:57	00:00:43	00:21:31	01:13:54
363	407	Pete	Cable	M55 - 59	25	00:08:33	00:01:59	00:37:30	00:01:28	00:24:25	01:13:57
364	285	Simeon	Thomas	M30 - 34	36	00:09:57	00:01:57	00:38:41	00:01:20	00:22:02	01:13:58
365	386	Anne	Stefaniak	F30 - 34	9	00:09:05	00:01:45	00:38:26	00:01:04	00:23:38	01:13:59
366	173	Jonathan	Francis	M45 - 49	61	00:11:43	00:02:10	00:38:42	00:01:19	00:20:04	01:14:00
367	236	Hannah	Peel	F35 - 39	9	00:10:27	00:01:51	00:39:25	00:00:59	00:21:18	01:14:01
368	30	Dave	Robson	M35 - 39	45	00:12:17	00:01:48	00:37:47	00:01:07	00:20:59	01:14:01
369	89	John	Grewcock	M35 - 39	46	00:11:25	00:03:08	00:37:22	00:01:57	00:20:09	01:14:04
370	358	Conner	Harley-Beckett	M20 - 24	10	00:07:48	00:01:47	00:36:07	00:01:24	00:27:15	01:14:23
371	68	Gary	Little	M60 - 64	12	00:14:21	00:02:41	00:32:33	00:02:43	00:22:04	01:14:25
372	363	Andrew	Barranger-Clark	M30 - 34	37	00:09:24	00:01:21	00:35:41	00:01:11	00:26:51	01:14:29
373	300	Benjamin	Parnell	M20 - 24	11	00:10:23	00:02:13	00:41:16	00:01:14	00:19:27	01:14:34
374	268	Craig	Churchill	M45 - 49	62	00:09:21	00:02:07	00:39:17	00:01:23	00:22:25	01:14:35
375	318	David	Barksby	M35 - 39	47	00:09:28	00:02:58	00:40:07	00:01:16	00:21:16	01:14:37
376	493	Graydon	Peacock	M45 - 49	63	00:08:30	00:02:35	00:37:22	00:00:50	00:25:17	01:14:37

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377	442	Cormac	Allison	M20 - 24	12	00:08:25	00:01:36	00:39:44	00:00:49	00:24:09	01:14:46
378	316	Team	The Aardvarks	Relay	9	00:11:19	00:01:09	00:37:23	00:01:49	00:23:04	01:14:47
379	128	David	Watson	M60 - 64	13	00:14:27	00:02:37	00:35:38	00:01:21	00:20:52	01:14:57
380	470	Rafe	Roberts	M50 - 54	29	00:08:43	00:02:32	00:36:34	00:02:04	00:25:10	01:15:05
381	310	John	Williamsoná	M60 - 64	14	00:09:58	00:01:57	00:39:28	00:01:29	00:22:19	01:15:12
382	149	Euan	Fawcett	M15 - 19	10	00:10:00	00:02:02	00:37:49	00:01:33	00:23:48	01:15:14
383	336	Stephanie	Callingham	F15 - 19	3	00:08:37	00:02:17	00:41:35	00:00:40	00:22:06	01:15:17
384	150	Kenny	Reeves	M25 - 29	19	00:10:43	00:01:32	00:42:02	00:00:52	00:20:09	01:15:20
385	322	Jo	Hunt	F45 - 49	9	00:09:20	00:01:07	00:39:54	00:00:44	00:24:13	01:15:20
386	247	Debbie	Carleton	F50 - 54	8	00:10:27	00:02:18	00:37:48	00:01:11	00:24:05	01:15:20
387	70	David	Limb	M45 - 49	64	00:11:28	00:03:30	00:34:37	00:02:28	00:23:18	01:15:23
388	270	Martin	Spencer	M50 - 54	30	00:10:20	00:01:48	00:38:24	00:01:16	00:23:35	01:15:24
389	167	Fiona	Kipling	F25 - 29	16	00:07:54	00:01:52	00:42:47	00:01:01	00:21:51	01:15:26
390	275	Charles	Roberts	M55 - 59	26	00:10:09	00:02:15	00:35:38	00:00:59	00:26:25	01:15:28
391	109	Guy	Parker	M15 - 19	11	00:09:37	00:02:35	00:42:39	00:00:44	00:19:53	01:15:30
392	350	Simon	Allsop	M55 - 59	27	00:09:25	00:02:18	00:38:09	00:01:40	00:23:56	01:15:30
393	140	Matthew	Penn	M45 - 49	65	00:11:24	00:01:41	00:37:26	00:01:33	00:23:38	01:15:43
394	134	Ricky	Richmond	M15 - 19	12	00:12:22	00:02:22	00:40:12	00:01:09	00:19:37	01:15:44
395	542	Martyn	Rushton	M20 - 24	13	00:07:19	00:01:33	00:37:28	00:01:12	00:28:27	01:16:00
396	126	Fay	Winchester	F45 - 49	10	00:11:37	00:01:19	00:38:20	00:01:10	00:23:32	01:16:00
397	281	Elizabeth	Hufton	F25 - 29	17	00:09:03	00:02:11	00:39:49	00:01:39	00:23:19	01:16:03
398	107	Samantha	Mamwell	F30 - 34	10	00:10:41	00:01:30	00:39:02	00:00:53	00:23:55	01:16:03
399	290	Jeffrey	De La Raga	M40 - 44	49	00:10:35	00:01:15	00:39:42	00:01:32	00:23:13	01:16:18
400	469	Mike	Mccabe	M50 - 54	31	00:09:37	00:01:32	00:38:08	00:01:18	00:25:41	01:16:18
401	294	Simon	Willington	M60 - 64	15	00:10:05	00:02:08	00:40:29	00:01:36	00:22:06	01:16:26
402	95	Kevin	Sloan	M50 - 54	32	00:11:46	00:01:53	00:39:15	00:00:57	00:22:37	01:16:30
403	94	Sean	Stevenson	M45 - 49	66	00:09:22	00:03:09	00:38:37	00:01:45	00:23:35	01:16:31
404	254	Simon	Leeming	M40 - 44	50	00:10:27	00:01:38	00:41:42	00:01:28	00:21:16	01:16:33
405	301	Sarah	Whitehead	F40 - 44	6	00:09:55	00:01:29	00:41:08	00:02:07	00:21:53	01:16:34
406	188	Peter	Breitenbach	M50 - 54	33	00:11:28	00:01:56	00:39:25	00:01:43	00:22:05	01:16:39
407	308	Ruary	Edmond	M40 - 44	51	00:09:12	00:01:47	00:40:58	00:00:48	00:23:54	01:16:40
408	78	William	Robertson	M25 - 29	20	00:13:19	00:02:55	00:35:13	00:02:15	00:23:02	01:16:46

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409	106	Sarah	Peaty	F50 - 54	9	00:11:03	00:01:59	00:39:46	00:01:08	00:22:57	01:16:55
410	230	Mark	Bentley	M45 - 49	67	00:11:35	00:02:17	00:40:22	00:00:59	00:21:39	01:16:55
411	171	Hannah	Crawford	F30 - 34	11	00:10:36	00:02:41	00:39:50	00:02:05	00:21:42	01:16:56
412	80	Sam	Jones	M30 - 34	38	00:12:25	00:02:42	00:41:26	00:02:00	00:18:33	01:17:08
413	81	Susan	White	F40 - 44	7	00:11:15	00:02:27	00:40:06	00:01:34	00:21:52	01:17:16
414	238	Jorge	Stevenson	M15 - 19	13	00:07:32	00:02:53	00:47:02	00:00:37	00:19:16	01:17:21
415	502	Luke	Risman	M15 - 19	14	00:09:15	00:03:40	00:40:54	00:01:04	00:22:29	01:17:25
416	267	Julie	Lippitt	F50 - 54	10	00:09:20	00:02:50	00:40:32	00:01:48	00:23:15	01:17:47
417	44	Paul	Bradshaw	M40 - 44	52	00:11:09	00:02:01	00:42:07	00:00:54	00:21:37	01:17:49
418	31	Team	Bluecoat Aspley Dream Team	Relay	10	00:10:18	00:01:13	00:46:07	00:00:56	00:19:28	01:18:03
419	130	Mark	Croft	M35 - 39	48	00:11:35	00:02:08	00:38:56	00:02:11	00:23:12	01:18:04
420	541	Karen	Walker	F40 - 44	8	00:08:05	00:04:07	00:39:38	00:02:25	00:23:51	01:18:08
421	343	Stuart	Gutteridge	M40 - 44	53	00:08:25	00:01:47	00:36:52	00:01:25	00:29:39	01:18:11
422	187	Catherine	Allen	F35 - 39	10	00:11:25	00:02:37	00:40:25	00:02:01	00:21:41	01:18:11
423	195	Chris	Edge	M60 - 64	16	00:12:04	00:03:42	00:37:10	00:01:16	00:24:30	01:18:13
424	222	Samantha	Oliver	F30 - 34	12	00:09:44	00:02:20	00:40:44	00:01:42	00:23:47	01:18:18
425	74	Owen	Harcombe	M55 - 59	28	00:12:51	00:01:30	00:37:41	00:01:31	00:24:48	01:18:24
426	220	Roy	Jones	M55 - 59	29	00:10:17	00:01:52	00:39:18	00:01:38	00:25:32	01:18:39
427	324	Wayne	Harvey	M40 - 44	54	00:08:31	00:02:10	00:42:44	00:02:04	00:23:09	01:18:40
428	262	Hannah	Clare	F35 - 39	11	00:09:21	00:02:54	00:41:10	00:01:27	00:23:46	01:18:40
429	276	Abigail	Bower	F15 - 19	4	00:09:47	00:01:49	00:42:00	00:01:14	00:23:55	01:18:46
430	67	Joanne	Leaning	F45 - 49	11	00:11:34	00:02:49	00:40:36	00:01:21	00:22:25	01:18:47
431	179	Simon	Tgatcher	M50 - 54	34	00:10:55	00:03:17	00:41:29	00:01:19	00:21:51	01:18:53
432	100	John	Tong	M55 - 59	30	00:11:28	00:03:09	00:38:35	00:01:03	00:24:38	01:18:54
433	240	Thomas	Wright	M20 - 24	14	00:09:25	00:01:48	00:40:21	00:00:39	00:26:47	01:19:01
434	311	Karen	Moulding	F55 - 59	5	00:09:22	00:01:23	00:42:25	00:01:37	00:24:17	01:19:05
435	159	Richard	Primett	M30 - 34	39	00:09:17	00:02:14	00:40:47	00:02:05	00:24:44	01:19:09
436	156	Nan	Wood	F40 - 44	9	00:11:43	00:02:23	00:41:57	00:01:26	00:21:41	01:19:12
437	135	Andrew	Gillie	M25 - 29	21	00:11:04	00:03:29	00:43:35	00:01:01	00:20:06	01:19:18
438	112	Jenna	Gotts	F40 - 44	10	00:10:48	00:02:32	00:39:16	00:01:53	00:24:48	01:19:18
439	105	Neil	Tinker	M35 - 39	49	00:12:58	00:01:44	00:43:21	00:01:14	00:20:00	01:19:18
440	406	Tracy	Southwell	F45 - 49	12	00:08:39	00:03:15	00:44:29	00:01:07	00:21:55	01:19:27

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441	198	Andy	Matthews	M60 - 64	17	00:12:10	00:02:01	00:39:53	00:01:35	00:23:49	01:19:29
442	110	David	Mcclory	M40 - 44	55	00:15:39	00:02:52	00:37:41	00:01:31	00:21:54	01:19:39
443	92	Angela	Harrison	F40 - 44	11	00:12:04	00:03:12	00:40:22	00:01:39	00:22:24	01:19:42
444	475	Winston	Davidson	M50 - 54	35	00:08:42	00:03:35	00:41:53	00:00:49	00:24:45	01:19:45
445	96	Georgina	Chattaway	F50 - 54	11	00:12:23	00:01:46	00:39:35	00:00:40	00:25:22	01:19:48
446	261	Emily	Hughes	F30 - 34	13	00:09:52	00:02:52	00:42:43	00:01:01	00:23:22	01:19:53
447	280	Martin	Ball	M65+	3	00:12:41	00:01:22	00:39:21	00:01:11	00:25:17	01:19:54
448	153	Elliott	Duckworth	M25 - 29	22	00:10:37	00:03:17	00:41:43	00:01:52	00:22:25	01:19:56
449	157	Leonie	Brown	F45 - 49	13	00:09:16	00:02:12	00:41:06	00:02:01	00:25:19	01:19:57
450	186	Emily	Hopkinson	F25 - 29	18	00:10:51	00:01:14	00:42:48	00:01:03	00:24:04	01:20:01
451	75	Ben	Shirt	M20 - 24	15	00:12:39	00:05:57	00:33:49	00:04:52	00:22:43	01:20:01
452	154	Alan	Lea	M25 - 29	23	00:12:19	00:01:50	00:44:01	00:01:31	00:20:23	01:20:05
453	306	Lindsey	Neesham	F40 - 44	12	00:09:14	00:01:21	00:42:52	00:01:27	00:25:24	01:20:21
454	101	Yvonne	Twelvetree	F65+	2	00:14:47	00:02:08	00:39:44	00:01:51	00:21:56	01:20:27
455	124	Andy	Battle	M50 - 54	36	00:10:24	00:02:41	00:42:56	00:02:07	00:22:19	01:20:28
456	66	Kerry	Pooles	F45 - 49	14	00:12:07	00:03:31	00:39:28	00:01:28	00:24:21	01:20:56
457	45	Adam	Tattersall	M40 - 44	56	00:10:54	00:01:56	00:40:54	00:01:28	00:25:45	01:21:00
458	152	Victoria	Bunnell	F35 - 39	12	00:09:59	00:03:11	00:44:01	00:01:18	00:22:28	01:21:00
459	210	Ian	Dawsoná	M45 - 49	68	00:11:06	00:02:49	00:41:39	00:01:33	00:23:55	01:21:04
460	104	Chris	Duce	M55 - 59	31	00:11:11	00:02:59	00:42:27	00:01:44	00:22:45	01:21:08
461	65	James	Moore	M45 - 49	69	00:14:01	00:02:12	00:40:30	00:01:53	00:22:35	01:21:12
462	12	Maria	Lebedeva	F30 - 34	14	00:14:41	00:03:01	00:39:26	00:01:55	00:22:07	01:21:12
463	69	Gary	Smith	M55 - 59	32	00:15:52	00:03:34	00:36:02	00:02:10	00:23:38	01:21:19
464	57	Kimberley	Bolland	F30 - 34	15	00:11:01	00:01:28	00:43:25	00:01:23	00:24:01	01:21:20
465	286	Kate	Coombs-Taylor	F25 - 29	19	00:10:28	00:02:24	00:42:05	00:01:17	00:25:38	01:21:24
466	205	Alex	Adams	M40 - 44	57	00:09:57	00:03:44	00:39:36	00:00:55	00:27:13	01:21:28
467	291	Nathalie	Dubois	F30 - 34	16	00:14:09	00:01:06	00:41:27	00:01:34	00:23:12	01:21:30
468	196	Melissa	Bennett	F35 - 39	13	00:09:33	00:01:40	00:47:31	00:00:49	00:21:56	01:21:31
469	116	Val	Austen	F40 - 44	13	00:13:27	00:03:59	00:40:15	00:01:46	00:22:03	01:21:31
470	287	Anna	Plant	F30 - 34	17	00:09:03	00:01:58	00:43:45	00:01:31	00:25:18	01:21:36
471	142	Ros	Jackson	F60 - 64	3	00:12:31	00:01:23	00:42:20	00:01:15	00:24:12	01:21:44
472	103	Anthony	Rush	M60 - 64	18	00:12:52	00:04:33	00:40:57	00:01:13	00:22:26	01:22:04

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473	123	Jagjit	Rai	M50 - 54	37	00:12:51	00:03:47	00:42:44	00:00:47	00:22:02	01:22:14
474	248	Joe	Partner	M30 - 34	40	00:08:56	00:02:35	00:44:10	00:00:48	00:25:57	01:22:28
475	176	Gail	Castledine	F50 - 54	12	00:10:33	00:01:29	00:41:10	00:01:34	00:27:41	01:22:29
476	700	Jon	Howse	M45 - 49	70	00:10:57	00:02:04	00:44:59	00:01:49	00:22:47	01:22:38
477	216	Mary	Swindles	F65+	3	00:11:13	00:02:57	00:40:59	00:02:01	00:25:43	01:22:55
478	85	Graham	Waller	M35 - 39	50	00:14:20	00:04:02	00:37:37	00:02:06	00:24:49	01:22:56
479	62	Nicola	Bennett	F45 - 49	15	00:10:09	00:02:41	00:42:45	00:02:09	00:25:11	01:22:57
480	162	Tracey	Poole	F45 - 49	16	00:12:06	00:01:28	00:42:52	00:02:00	00:24:29	01:22:57
481	7	Kate	Islip	F25 - 29	20	00:11:22	00:02:15	00:42:03	00:01:44	00:25:33	01:22:59
482	127	Joanna	Taylor	F45 - 49	17	00:11:42	00:02:33	00:40:43	00:01:52	00:26:17	01:23:09
483	292	Samantha	Garrison	F35 - 39	14	00:08:23	00:02:06	00:43:34	00:01:52	00:27:16	01:23:14
484	225	David	Brocklebank	M35 - 39	51	00:10:32	00:03:57	00:43:49	00:01:20	00:23:40	01:23:19
485	245	Casey	Foster-Miles	M25 - 29	24	00:11:20	00:02:10	00:39:50	00:01:49	00:28:09	01:23:20
486	193	Barry	Jackson	M55 - 59	33	00:11:40	00:01:52	00:43:00	00:01:44	00:25:05	01:23:23
487	421	Katie	Purcell	F25 - 29	21	00:08:48	00:02:00	00:43:27	00:01:20	00:28:09	01:23:45
488	141	Mary	Penfold	F55 - 59	6	00:11:01	00:02:36	00:44:15	00:01:33	00:24:22	01:23:50
489	288	Andrew	Darge	M35 - 39	52	00:11:06	00:03:24	00:46:49	00:01:15	00:21:20	01:23:57
490	256	Team	Tortoise Team	Relay	11	00:09:40	00:03:33	00:42:36	00:00:44	00:27:24	01:23:58
491	55	Daniel	Bradford	M35 - 39	53	00:15:20	00:03:32	00:42:12	00:00:57	00:21:59	01:24:02
492	185	Adrian	Hayler	M50 - 54	38	00:13:13	00:02:46	00:36:05	00:02:14	00:29:43	01:24:03
493	34	Steven	Henson	M40 - 44	58	00:11:10	00:04:24	00:38:56	00:03:31	00:26:01	01:24:03
494	125	Ben	Parker	M55 - 59	34	00:12:42	00:01:21	-00:00:00	00:50:09	00:19:52	01:24:04
495	297	Helen	Parker	F35 - 39	15	00:08:56	00:02:44	00:44:01	00:02:20	00:26:17	01:24:20
496	239	Joe	Stevenson	M20 - 24	16	00:09:44	00:03:13	00:48:35	00:01:05	00:21:46	01:24:26
497	121	Rachel	Anderson	F40 - 44	14	00:11:24	00:02:59	00:48:15	00:01:11	00:20:36	01:24:27
498	181	Janet	Pullan	F60 - 64	4	00:10:02	00:03:29	00:42:46	00:01:36	00:26:52	01:24:47
499	10	David	Robinson	M35 - 39	54	00:14:54	00:03:38	00:41:43	00:01:49	00:22:42	01:24:48
500	192	Mellissa	Mckeown	F35 - 39	16	00:09:30	00:02:03	00:45:24	00:01:58	00:25:56	01:24:52
501	200	Gary	Hignett	M35 - 39	55	00:15:12	00:02:18	00:40:05	00:01:34	00:25:42	01:24:54
502	168	Patrick	O'sullivan	M45 - 49	71	00:09:41	00:02:36	00:45:42	00:01:11	00:25:43	01:24:55
503	32	Amy	Mitchell	F40 - 44	15	00:12:03	00:02:12	00:45:31	00:00:46	00:24:36	01:25:09
504	58	Jarrold	Tandy	M50 - 54	39	00:12:43	00:02:24	00:42:18	00:01:09	00:26:40	01:25:15

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505	207	Jane	Hawkridge	F50 - 54	13	00:08:17	00:03:38	00:41:30	00:01:16	00:30:42	01:25:26
506	38	Neil	Brown	M45 - 49	72	00:09:52	00:02:58	00:43:19	00:01:17	00:28:06	01:25:34
507	97	Fiona	Radford	F55 - 59	7	00:11:49	00:02:38	00:43:53	00:01:37	00:25:38	01:25:37
508	251	Team	Begley	Relay	12	00:14:14	00:02:24	00:49:55	00:00:46	00:18:41	01:26:02
509	99	Simon	Wood	M50 - 54	40	00:12:56	00:03:09	00:41:49	00:01:33	00:26:34	01:26:03
510	206	Rosi	Fieldson	F45 - 49	18	00:10:49	00:02:56	00:42:20	00:01:00	00:28:57	01:26:04
511	212	Jo	Cudmore	F55 - 59	8	00:10:36	00:01:21	00:46:39	00:01:32	00:25:56	01:26:06
512	19	Mark	Webster	M45 - 49	73	00:14:54	00:04:33	00:42:21	00:01:04	00:23:24	01:26:18
513	273	Hamish	Mcconchie	M50 - 54	41	00:13:41	00:02:04	00:41:13	00:00:50	00:28:38	01:26:28
514	108	Brian	Walder	M60 - 64	19	00:13:13	00:03:30	00:42:48	00:02:06	00:25:15	01:26:54
515	257	Carlie	Jones	F30 - 34	18	00:10:38	00:02:18	00:48:40	00:00:46	00:24:39	01:27:03
516	46	Hollie	Peat	F25 - 29	22	00:12:37	00:02:16	00:44:38	00:01:18	00:26:24	01:27:16
517	161	Alison	Rudkin	F45 - 49	19	00:12:07	00:03:08	00:43:41	00:02:40	00:25:49	01:27:28
518	43	Martin	Johnson	M55 - 59	35	00:14:16	00:04:01	00:44:30	00:01:15	00:23:45	01:27:50
519	215	Jon	Moorhouse	M50 - 54	42	00:10:20	00:01:22	00:42:53	00:01:13	00:32:07	01:27:57
520	122	Helen	Chan-Pensley	F40 - 44	16	00:10:35	00:02:48	00:41:45	00:01:36	00:31:33	01:28:19
521	53	Dean	Taylor	M35 - 39	56	00:13:32	00:03:54	00:42:02	00:04:27	00:24:27	01:28:24
522	208	Jamie	Stanton	M45 - 49	74	00:11:37	00:02:25	00:46:07	00:02:59	00:25:17	01:28:27
523	1	Leanne	Sellers	F40 - 44	17	00:13:40	00:02:12	00:46:18	00:01:57	00:24:20	01:28:28
524	52	Cathy	Gibbons	F50 - 54	14	00:13:47	00:01:46	00:43:55	00:01:38	00:27:26	01:28:34
525	118	Grant	Findlay	M45 - 49	75	00:12:51	00:03:23	00:47:06	00:01:08	00:24:19	01:28:49
526	76	Deborah	Parker	F50 - 54	15	00:12:01	00:03:21	00:44:12	00:01:12	00:28:14	01:29:02
527	47	Caroline	Midgley	F40 - 44	18	00:12:38	00:02:04	00:49:41	00:01:00	00:23:42	01:29:07
528	83	Tom	Vickers	M30 - 34	41	00:12:45	00:04:13	00:49:07	00:01:40	00:21:34	01:29:20
529	42	Lynda	Crosby	F50 - 54	16	00:11:56	00:04:06	00:46:04	00:01:25	00:26:07	01:29:39
530	87	Rachel	Shiels	F30 - 34	19	00:11:14	00:01:53	00:49:27	00:01:33	00:25:37	01:29:46
531	24	Brandon	White	M20 - 24	17	00:11:18	00:05:52	00:44:00	00:01:12	00:27:22	01:29:47
532	177	Harriet	Eisner	F55 - 59	9	00:10:58	00:02:27	00:50:26	00:01:41	00:24:21	01:29:55
533	51	Karen	Nichols	F60 - 64	5	00:13:25	00:03:21	00:46:01	00:01:35	00:26:17	01:30:41
534	4	Mark	West	M45 - 49	76	00:15:23	00:04:14	00:40:17	00:02:37	00:28:18	01:30:51
535	20	Greville	Seddon	M60 - 64	20	00:18:16	00:02:23	00:41:18	00:02:29	00:26:33	01:31:03
536	77	Laura	Teague	F35 - 39	17	00:11:54	00:02:18	00:49:30	00:01:42	00:25:52	01:31:18

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537	117	Natalie	Hickinbottom	F40 - 44	19	00:10:13	00:03:18	00:48:25	00:01:04	00:28:19	01:31:21
538	54	Simon	Bowler	M35 - 39	57	00:10:10	00:03:21	00:48:52	00:02:29	00:26:28	01:31:21
539	2	Maria	Masterson	F45 - 49	20	00:13:27	00:02:48	00:48:01	00:03:45	00:24:03	01:32:06
540	37	Annette	Hammonds	F45 - 49	21	00:10:58	00:02:33	00:48:31	00:02:13	00:28:15	01:32:31
541	136	Michelle	Castanho	F50 - 54	17	00:11:03	00:02:24	00:47:38	00:01:51	00:29:36	01:32:34
542	119	Carl	Fender	M45 - 49	77	00:12:36	00:01:43	00:49:17	00:01:24	00:27:35	01:32:37
543	28	Lucas	Campbell	M25 - 29	25	00:10:41	00:02:40	00:46:42	00:01:30	00:31:32	01:33:06
544	86	Lauren	Alcock	F20 - 24	7	00:11:16	00:03:12	00:49:12	00:00:58	00:28:51	01:33:30
545	199	Leon	Moorhouse	M15 - 19	15	00:08:49	00:02:05	00:49:32	00:00:36	00:32:54	01:33:57
546	521	Joanne	Peel	F30 - 34	20	00:08:35	00:03:44	00:51:28	00:01:25	00:28:58	01:34:11
547	571	Amanda	Smith	F30 - 34	21	00:07:26	00:02:36	00:54:50	00:01:24	00:28:16	01:34:34
548	9	Mark	Smith	M50 - 54	43	00:17:11	00:02:59	00:49:34	00:02:01	00:23:13	01:35:00
549	102	Gabrielle	Ball	F30 - 34	22	00:12:15	00:04:09	00:48:36	00:03:13	00:27:56	01:36:11
550	21	Teresa	Rae	F45 - 49	22	00:14:04	00:04:01	00:46:01	00:04:09	00:28:12	01:36:29
551	71	Jayne	Mitchell	F45 - 49	23	00:11:44	00:04:12	00:53:03	00:01:33	00:26:05	01:36:39
552	59	Rob	Turner	M55 - 59	36	00:12:37	00:04:03	00:45:56	00:01:36	00:32:29	01:36:43
553	39	Paul	Beckett	M45 - 49	78	00:18:13	00:02:34	00:46:25	00:01:46	00:27:54	01:36:53
554	111	Jacqueline	Mitchell	F35 - 39	18	00:13:15	00:01:12	00:52:44	00:01:04	00:28:42	01:36:59
555	64	Lloyd	Fox	M35 - 39	58	00:14:01	00:02:29	00:50:37	00:01:19	00:28:56	01:37:24
556	98	Jamie	Crosby	M50 - 54	44	00:13:53	00:03:43	00:48:07	00:02:18	00:29:34	01:37:37
557	178	Mark	Derbyshire	M50 - 54	45	00:16:10	00:04:11	00:44:11	00:01:50	00:31:13	01:37:37
558	283	Team	Let's Give This A Tri!	Relay	13	00:12:50	00:01:03	00:55:43	00:01:18	00:27:09	01:38:05
559	11	Jessica	Mccall	F25 - 29	23	00:11:39	00:06:46	00:52:44	00:04:46	00:22:57	01:38:54
560	27	Lisa	Tandy	F45 - 49	24	00:15:19	00:01:43	00:53:35	00:01:18	00:27:27	01:39:25
561	63	Garry	Richardson	M45 - 49	79	00:13:54	00:02:44	00:49:51	00:03:18	00:29:42	01:39:31
562	151	Katherine	Robinson	F30 - 34	23	00:11:40	00:02:37	00:51:32	00:03:05	00:31:40	01:40:35
563	22	Elinor	Page	F45 - 49	25	00:14:54	00:04:39	00:49:39	00:02:04	00:30:34	01:41:51
564	26	Georgina	Smith	F25 - 29	24	00:12:56	00:02:49	00:56:07	00:01:52	00:28:27	01:42:13
565	90	Mark	Pitfield	M40 - 44	59	00:15:07	00:03:17	00:49:51	00:02:36	00:31:50	01:42:42
566	25	Sam	Griffin	M25 - 29	26	00:16:54	00:03:51	00:57:01	00:01:39	00:23:38	01:43:05
567	266	Tessa	Turton	F40 - 44	20	00:10:50	00:02:20	00:56:45	00:01:06	00:33:09	01:44:12
568	202	Sarah	Bentley	F45 - 49	26	00:12:05	00:03:25	00:53:35	00:01:31	00:35:47	01:46:24

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569	255	Leon	Jarvis	M45 - 49	80	00:52:53	00:00:49	00:34:42	00:00:40	00:18:09	01:47:16
570	131	Gail	Rowark	F45 - 49	27	00:13:04	00:05:46	00:51:26	00:02:18	00:34:44	01:47:20
571	197	Kay	Gibson	F40 - 44	21	00:10:24	00:06:34	00:52:19	00:02:31	00:36:26	01:48:17
572	17	Karen	Hopper	F40 - 44	22	00:14:52	00:03:35	01:01:43	00:02:03	00:27:42	01:49:57
573	61	Kathryn	Reynolds	F35 - 39	19	00:14:19	00:05:35	01:00:02	00:01:23	00:32:13	01:53:35
574	13	Mark	Mccall	M55 - 59	37	00:16:09	00:05:26	01:01:26	00:02:40	00:46:02	02:11:45