



Outlaw – Expected Times

Below are the approximate times that we expect athletes to reach certain stages of the event.

Race Start 06:00

AREA	FASTEST ATHLETE	SLOWEST ATHLETE
Swim Finish	06:45	08:00
Start of Bike Course	06:50	08:15
Radcliffe on Trent (outbound)	07:15	08:45
Hawton (1st lap)	08:00	09:45
Lowdham (outbound)	08:45	11:15
Southwell	09:10	12:00
Lowdham (inbound)	09:50	13:10
Hawton (2nd lap)	10:30	14:30
Radcliffe (inbound)	11:10	15:50
Bike Finish	11:15	16:00
Embankment (1st time)	11:40	17:50
Embankment (2nd time)	13:20	20:20
Finish	14:00	23:00