



EVENTS

NOTTINGHAM  
**SPRINT**  
TRIATHLON

750m swim  
20k bike  
5k run

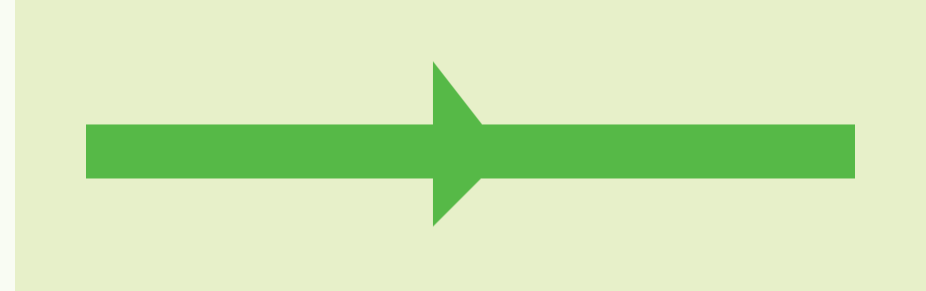
### MAP KEY

**S** START MARKER

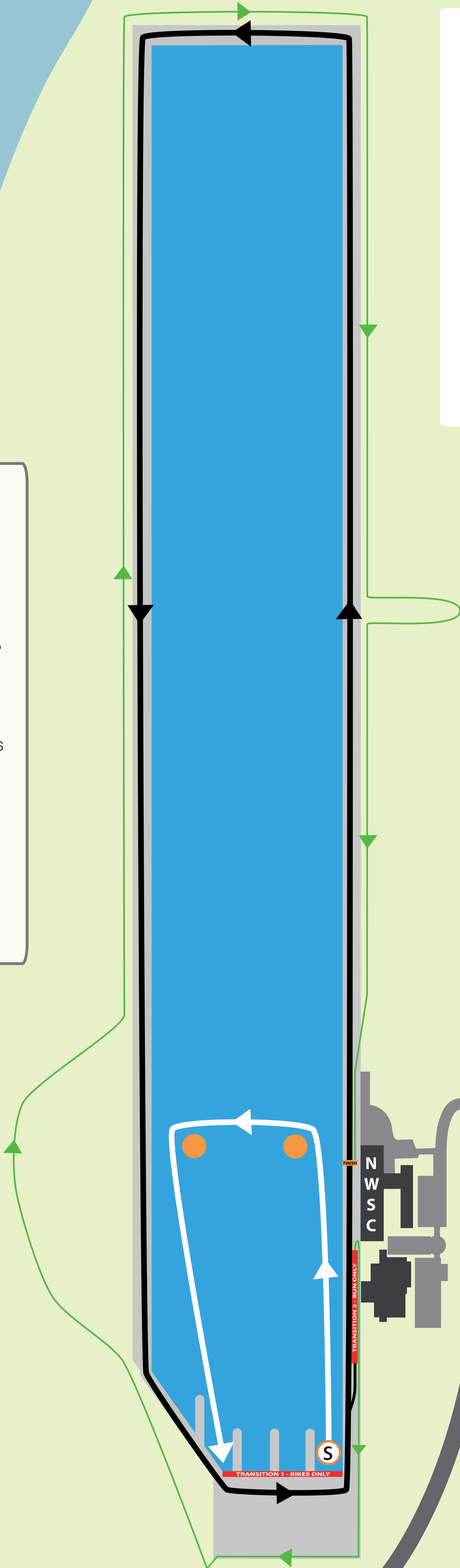
**●** SWIM BOUYS

 SWIM ROUTE = 1 LOOP

 BIKE ROUTE = 4 LOOPS

 RUN ROUTE = 1 LOOP

 TRANSITION AREAS



Adbolton Lane