



Frequently Asked Questions

Where is it?

The Dash is based at Holkham Hall in Norfolk. Please follow the postcode NR23 1AB which will bring you onto the estate by The Victoria Inn.

How old can athletes be?

The Dash is a fun, but challenging event for children between 4 and 15 years old.

What time is the event likely to start?

The start time for this event is TBC, but we estimate after the Holkham 10K starts at 11:00 which will be slightly earlier than previous years.

When will the Final Race Information be emailed out?

We release the Final Race Information one week before the event date. Final Race Information will be available on the event website.

Where do we park and how much is it?

Parking is accessed via the main North entrance. Please follow the signage and stewards on the day. There may be a charge for weekend parking. This is likely to be around £3, this will be confirmed in the Final Race Information.

When/Where do I register?

You will register in the main registration tent on Saturday 6 July, which will be on the area in front of the house, by the cricket pitch. There will be signposts and site plans.

What do I need to bring?

Simple clothes and trainers that you feel comfortable running in, some safety pins for your race number and a smile!

I have a medical condition; do I need to let you know?

Yes, please. We cannot treat you appropriately if we do not know that you have a condition. Please give us information when you enter. We also ask that you write MC on the front of your race number and the full details on the back, so we can treat you as quickly and appropriately as possible.

Can I look at the course before the event?

Yes. The course will be signed by Friday afternoon.

Are there awards for the winners?

Everyone completing the race will get a bespoke medal. There are no presentations for winners as this is a fun event aimed at encouraging youngsters in to the sport.

How do I withdraw?

If you need to withdraw, you must do it in writing to info@osbevents.com before 21 June 2019. Before this time, you will be given a 50% race credit. After this date we cannot issue any form of credit. Your withdrawal will be taken from the date that the email was received, even if it is not actioned for a couple of days. No refunds will be payable in the event of a withdrawal.

Please do not give your place to anyone else as we do not allow transfers for this event. It nullifies the insurance and places them at risk if we do not have their details and they are involved in an accident.